



## Individual All Time Indoor Track & Field Records

### 55 (Open)

1	Mike Suarez	2008	6.40
2	Shariff Stubbs	2008	6.50
3	Jordan Jimerson	2012	6.61
4	Braeden Rembert	2010	6.70
4	Garrett Ellis	2007	6.70
4	Obafemi Animashaun	2011	6.70
5	Brandon Kelly	2008	6.80
5	Jon Cardadeiro	2005	6.80
5	Steve Franco	2012	6.80
6	Darryl Costello	2012	6.83
7	Mike DeAngelis	2010	6.90
8	Michael Cowherd	2009	6.97
9	Rob Pons	2010	7.10
9	Juan Edney	2011	7.10
9	Alex Milord	2011	7.10
9	Tiago Dos Santos	2012	7.10
10	Chris Pegeron	2007	7.14

### 55 HH (Open)

1	Thomas Wang	2011	7.80
1	Zach Ghizzzone	2012	7.80
2	Christoffe Scott	2012	7.84
3	Rey Lopez	2010	7.90
4	Alex Sarkodie	2011	7.97
5	Collin Johnson	2011	8.20
5	Taylor McLaughlin	2012	8.20
6	Raymond Hyman	2010	8.30
6	Kaream Hassan	2010	8.30
7	Obinna Nwafor	2008	8.38
8	Obafemi Animashaun	2011	8.40
9	Barrington Palmer	2012	8.54
10	Daniel Cruz	2010	8.91

### 55 HH (Relay)

1	Christoffe Scott	2012	7.30
1	Zach Ghizzzone	2012	7.30
2	Alex Sarkodie	2011	7.40
3	Rey Lopez	2010	7.70
4	Thomas Wang	2011	7.80
4	Collin Johnson	2012	7.80
5	Daniel Cruz	2010	7.90
6	Raymond Hyman	2010	8.00
7	Michael Cowherd	2009	8.30
8	Aaron Pinkard	2009	8.50
9	Brandon Kelly	2009	8.70

9	Obafemi Animashaun	2011	8.70
10	Andrew Ghizzzone	2011	8.90

### 60 Y (Open)

1	Garrett Ellis	2007	6.50
2	Shariff Stubbs	2008	6.60
3	Mike Suarez	2007	6.70
4	Michael Cowherd	2008	6.97
5	Brandon Kelly	2009	7.00
5	Braeden Rembert	2010	7.00
5	Kyle Rollins	2006	7.00
6	Mike DeAngelis	2010	7.20
6	Rob Pons	2010	7.20
7	Alex Milord	2010	7.30
8	Ben Pineda	2006	7.50
8	Estuardo Erazo	2005	7.50
9	DJ Benson	2008	7.52
10	Chinelo Brooks	2009	7.70

### 60 Y HH (Open)

1	Obinna Nwafor	2008	8.30
2	Rey Lopez	2008	8.60
3	Kyle Rollins	2006	9.70
4	Jordan Peru	2007	10.00
5	Jim Harbison	2006	10.40
6	Mike Beaty	2007	10.60
7	Aaron Pinkard	2007	10.70

### 1.0 mile (Open)

1	DJ Thornton	2009	4:20.37
2	Brian Guterl	2006	4:29.60
3	Mike Sprague	2007	4:46.90
4	Alex Niziolek	2008	4:56.60
5	Evan Gingrich	2009	4:59.40
6	Danny da Costa	2007	5:09.20
7	Danny Kilkenny	2009	5:09.60
8	Derek Siegal	2010	5:10.00
9	Collin Dube	2005	5:11.20
10	Christian Barbosa	2010	5:13.30

### 1.0 mile (Relay)

1	Christian Barbosa	2011	5:02.30
2	Alex Ledet	2011	5:12.00
3	Andrew Sikora	2011	5:28.20

### 100 (Relay)

1	Jordan Peru	2007	17.20
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## Individual All Time Indoor Track & Field Records

### 2.0 miles (Open)

1	DJ Thornton	2008	10:31.50
2	Brian Guterl	2007	10:31.90
3	Nick Carnet	2008	10:59.50
4	Mike Sprague	2006	11:05.10
5	Kevin Mulligan	2008	11:13.20
6	Collin Dube	2006	11:17.40
7	Alex Niziolek	2007	11:58.40

### 200 (Open)

1	Mike Suarez	2007	22.59
2	Garrett Ellis	2008	22.80
3	Darryl Costello	2011	23.10
4	Obafemi Animashaun	2011	23.70
5	Shariff Stubbs	2008	23.80
5	Braeden Rembert	2011	23.80
6	Jon Cardadeiro	2006	24.02
7	Taylor McLaughlin	2012	24.10
8	Steve Franco	2012	24.20
9	Obinna Nwafor	2007	24.43
10	Ronnie Smith	2011	24.50

### 200 (Relay)

1	Garrett Ellis	2008	21.10
2	Darryl Costello	2012	21.80
3	Jordan Jimerson	2012	21.90
4	Shariff Stubbs	2008	22.00
5	Mike Suarez	2008	22.10
6	Obafemi Animashaun	2012	22.50
7	Michael Veiksans	2010	22.60
7	Obinna Nwafor	2008	22.60
7	Taylor McLaughlin	2012	22.60
8	Jon Cardadeiro	2006	22.80
9	Evan Gingrich	2010	22.90
9	Allen Eke	2010	22.90
9	Alex Sarkodie	2011	22.90
9	Brandon Kelly	2011	22.90
10	Julian Phillips	2007	23.00

### 220 Y (Relay)

1	Garrett Ellis	2008	25.20
2	Mike Suarez	2008	25.40
3	Shariff Stubbs	2008	26.20
4	Jordan Peru	2008	26.30
5	Brandon Kelly	2008	27.00
6	Danny Kilkenny	2008	29.90

7	Gallo Pozzo	2008	30.20
8	Miguel Guerrero	2008	30.90
9	Danny da Costa	2008	55.90
10	Nick Morrisey	2006	56.90

### 300 (Open)

1	Garrett Ellis	2008	35.50
2	Darryl Costello	2011	35.89
3	Jon Cardadeiro	2006	36.50
4	Mike Suarez	2008	36.80
5	Nick Morrisey	2006	36.90
6	Brandon Kelly	2011	37.14
7	Obafemi Animashaun	2012	37.34
8	Shariff Stubbs	2009	37.43
9	Michael Veiksans	2010	37.45
10	Julian Phillips	2007	37.53

### 400 (Open)

1	Garrett Ellis	2008	48.57
2	Mike Suarez	2008	51.14
3	Mike DeAngelis	2012	52.17
4	Obafemi Animashaun	2011	52.21
5	Allen Eke	2010	52.25
6	Taylor McLaughlin	2012	52.38
7	Brandon Kelly	2011	52.41
8	Julian Phillips	2007	52.97
9	Jordan Peru	2009	53.05
10	Michael Veiksans	2010	53.60

### 400 (Relay)

1	Garrett Ellis	2007	48.10
2	Allen Eke	2011	49.80
3	Darryl Costello	2012	49.90
4	Mike Suarez	2008	50.10
5	Mike DeAngelis	2012	50.30
6	James Pierce	2007	50.50
7	Jordan Jimerson	2012	50.60
8	Jon Cardadeiro	2006	50.70
9	Obafemi Animashaun	2012	50.71
10	Evan Gingrich	2011	50.75

### 440 Y (Open)

1	Garrett Ellis	2007	54.70
2	James Pierce	2007	56.00
3	Jon Cardadeiro	2006	56.30
4	Nick Morrisey	2006	57.30
5	Jordan Peru	2008	58.00



## Individual All Time Indoor Track & Field Records

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5	Julian Phillips	2006	58.00
6	Shariff Stubbs	2006	1:00.00
7	Michael Cowherd	2008	1:00.70
8	Mike Suarez	2006	1:00.90
9	Kyle Rollins	2006	1:03.50
10	Alex Milord	2010	1:04.40

### 440 Y (Relay)

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1	Russell Kinney	2007	1:00.60
2	Braeden Rembert	2010	1:03.70
3	Danny Kilkenny	2009	1:04.00
4	Brendan O'reilly	2010	1:04.50
5	Brandon Kelly	2009	1:04.60
6	Jon Riedinger	2009	1:06.20
7	Mark Intel	2009	1:06.40
8	Alex Milord	2010	1:06.50
9	Rob Pons	2009	1:08.00
10	Matt O'Donnell	2007	1:09.20

### 600 (Open)

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1	Allen Eke	2012	1:22.21
2	Mike DeAngelis	2012	1:25.32
3	Andrew Ghizzzone	2012	1:26.84
4	Danny da Costa	2009	1:27.78
5	Kenny Evely	2012	1:29.84
6	Mark Intel	2011	1:29.85
7	Julian Phillips	2007	1:30.10
8	Jon Pais	2005	1:32.83
9	Collin Johnson	2011	1:33.03
10	Arthur Wright	2012	1:34.45

### 600 (Relay)

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1	Arnold Majano	2009	1:49.00
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### 800 (Open)

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1	Allen Eke	2012	1:52.24
2	Evan Gingrich	2011	1:59.11
3	Danny da Costa	2009	2:00.23
4	Andrew Ghizzzone	2012	2:01.46
5	Mike Sprague	2007	2:03.06
6	Kenny Evely	2012	2:03.27
7	Ryan Kilkenny	2007	2:03.61
8	Brian Guterl	2006	2:03.63
9	Mike DeAngelis	2011	2:05.80
10	Mark Intel	2011	2:08.88

### 800 (Relay)

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1	Allen Eke	2012	1:50.80
2	DJ Thornton	2010	1:55.80
3	Andrew Ghizzzone	2012	1:57.90
4	Sean Siburn	2011	1:58.90
5	Kenny Evely	2012	2:00.30
6	Mike Sprague	2007	2:00.40
7	Matt O'Donnell	2010	2:00.80
8	Mike DeAngelis	2012	2:01.20
9	Evan Gingrich	2011	2:01.50
10	Brian Guterl	2006	2:01.60

### 880 Y (Open)

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1	Danny da Costa	2008	2:09.50
2	Ryan Kilkenny	2007	2:10.70
3	Mike Sprague	2007	2:12.00
4	Russell Kinney	2008	2:13.60
5	James Pierce	2006	2:18.00
6	Alex Niziolek	2008	2:18.20
7	Mike DeAngelis	2010	2:24.20
8	Collin Dube	2006	2:25.00
9	Mark Intel	2009	2:27.90
10	Brandon Kelly	2009	2:28.00

### 880 Y (Relay)

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1	Danny da Costa	2008	2:11.50
2	Alex Niziolek	2008	2:14.10
3	Garrett Ellis	2008	2:14.90
4	DJ Thornton	2008	2:19.40

### 1000 (Open)

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1	Allen Eke	2011	2:33.66
2	Danny da Costa	2009	2:40.07
3	Andrew Ghizzzone	2012	2:41.32
4	Evan Gingrich	2009	2:44.66
5	Kenny Evely	2011	2:46.38
6	Mike Sprague	2006	2:49.70
7	Russell Kinney	2007	2:51.20
8	Joe Seebode	2010	2:53.98
9	Brendan O' Reilly	2011	2:57.85
10	Brian Butterly	2011	2:58.92

### 1000 (Relay)

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1	Mike Cahill	2010	2:51.90
2	Joe Seebode	2011	2:57.10
3	Christian Barbosa	2011	3:02.00



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4	Matt Roberts	2012	3:02.10
5	Michael Fuchs	2010	3:02.40
5	Derek Siegal	2011	3:02.40
6	Alex Ledet	2012	3:04.50
7	Andrew Ghizzzone	2011	3:05.40
8	Brian Butterly	2009	3:05.50
9	Arnold Majano	2010	3:14.60

## 1000 Y (Relay)

1	Alex Niziolek	2007	3:19.50
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## 1200 (Relay)

1	Danny da Costa	2009	3:13.30
2	Andrew Ghizzzone	2012	3:13.90
3	Evan Gingrich	2010	3:17.20
4	Matt O'Donnell	2010	3:17.30
5	Kevin Mulligan	2010	3:18.70
6	Mike Sprague	2006	3:18.80
7	Alex Niziolek	2007	3:33.00
8	Sean Siburn	2009	3:33.30
9	Collin Dube	2006	3:33.80
10	Nick Carnet	2008	3:34.60

## 1600 (Open)

1	DJ Thornton	2010	4:12.54
2	Allen Eke	2012	4:23.56
3	Andrew Ghizzzone	2012	4:27.98
4	Brian Guterl	2006	4:33.60
5	Kevin Mulligan	2010	4:34.98
6	Matt O'Donnell	2010	4:39.79
7	Evan Gingrich	2010	4:41.77
8	Mike Sprague	2007	4:43.75
9	Danny da Costa	2009	4:44.59
10	Derek Siegal	2012	4:48.50

## 1600 (Relay)

1	DJ Thornton	2010	4:14.80
2	Allen Eke	2012	4:16.50
3	Brian Guterl	2006	4:24.60
4	Kevin Mulligan	2010	4:36.20
5	Mike Sprague	2006	4:40.40
6	Alex Niziolek	2008	4:49.80
7	Collin Dube	2007	4:55.80
8	Mike Cahill	2009	4:56.00
9	Christian Barbosa	2011	5:02.90
10	Michael Fuchs	2009	5:04.40

## 3000 (Open)

1	DJ Thornton	2007	9:39.92
2	Alex Niziolek	2007	10:08.93

## 3200 (Open)

1	DJ Thornton	2009	9:19.38
2	Mike Cahill	2010	10:02.46
3	Brian Guterl	2006	10:11.81
4	Derek Siegal	2012	10:14.97
5	Joe Seebode	2011	10:18.91
6	Nick Carnet	2008	10:23.30
7	Mike Sprague	2006	10:25.80
8	Christian Barbosa	2012	10:27.38
9	Kevin Mulligan	2009	10:28.34
10	Collin Dube	2007	10:39.38

## High Jump

1	Alex Sarkodie	2011	6' 04.00"
2	Obinna Nwafor	2008	6' 00.00"
2	Thomas Wang	2012	6' 00.00"
3	Michael Cowherd	2009	5' 08.00"
3	Andrew Ghizzzone	2011	5' 08.00"
4	Kaream Hassan	2010	5' 06.00"
4	Taylor McLaughlin	2011	5' 06.00"
4	Christoffe Scott	2011	5' 06.00"
5	Jordan Peru	2009	5' 03.00"
6	Allen Eke	2009	5' 02.00"
7	Kevin Hamilton	2009	4' 10.00"
7	Jon Riedinger	2009	4' 10.00"
8	Joe Nesi	2007	NH' 00.00"
9	Julian Phillips	2006	0' 00.00"
9	James Pierce	2006	0' 00.00"
10	Rey Lopez	2009	

## Long Jump

1	Alex Sarkodie	2010	20' 02.25"
2	Thomas Wang	2011	18' 11.00"
3	Taylor McLaughlin	2011	16' 10.00"
4	Darryl Costello	2011	15' 03.00"

## Pole Vault

1	Andrew Ghizzzone	2011	11' 00.00"
2	Zach Ghizzzone	2011	9' 06.00"

## Shot Put (12 lb)

1	Marcus Sancho	2011	50' 02.50"
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## Individual All Time Indoor Track & Field Records

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2	Marty Davidson	2012	49' 11.75"
3	Charles Eke	2008	49' 09.25"
4	Tommy Freid	2012	49' 08.00"
5	Marc Seemon	2006	43' 09.50"
6	Zaire Ali	2012	43' 08.00"
7	Andrew Campbell	2009	39' 11.25"
8	Chris Traczik	2012	37' 11.75"
9	Thabo D'Anjou	2008	37' 07.00"
10	Tom Sagendorf	2012	36' 07.50"

### Triple Jump

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1	Obinna Nwafor	2008	44' 09.50"
2	Stephen Regman	2008	35' 05.75"