



All Time XC Records at Freedom Park

2655

1	Nick Rhein	2010	9:18.84
2	Greg Gibbs	2013	9:22.31
3	Brendan McCabe	2013	9:40.93
4	Andrew Ghizzone	2010	10:00.61
5	Arthur Wright	2010	10:05.71
6	Jp Seebode	2010	10:17.99
7	Bishop Williams	2012	10:34.63
8	Derek Siegal	2010	10:35.59
9	Jimmy Perona	2012	10:47.52
10	Brendan O'Connor	2013	11:31.52

5000

1	Allen Eke	2011	16:30.00
2	Andrew Ghizzone	2013	16:40.17
3	Derek Siegal	2013	16:47.98
4	Christian Barbosa	2012	17:24.69
5	Kenny Evely	2013	17:43.97
6	Jimmy Perona	2013	17:44.18
7	Joe Seebode	2010	17:53.59
8	Jp Seebode	2013	17:56.51
9	Matt Roberts	2010	18:12.12
10	Arthur Wright	2013	18:19.64