



Individual All Time XC List - Pleasant Valley Park

3200

1	Connor Dick	(2005)	12:12.00
2	Kevin Mulligan	(2006)	12:20.00
3	Steve Berger	(2005)	12:22.00
4	Scottie Flowers	(2005)	12:45.00
5	Matt O'donnell	(2006)	12:50.00
6	Spencer Davis	(2005)	12:52.00
7	Danny da Costa	(2005)	13:11.00
8	Joe Wilson	(2006)	13:17.00
9	Aaron Pinkard	(2006)	13:36.00
10	Keith Zukowski	(2004)	14:03.00

5000

1	Brian Guterl	(2006)	16:30.00
2	Mike Sprague	(2006)	17:35.00
3	Dave Lenard	(2004)	17:48.00
4	Then Fils-Aime	(2004)	17:59.00
5	Jon Pais	(2004)	18:16.00
6	Matt Peters	(2004)	18:18.00
7	Danny da Costa	(2006)	18:21.00
8	Collin Dube	(2005)	18:31.00
9	Dj Thornton	(2006)	18:58.00
10	Alex Niziolek	(2006)	19:18.00