



All Time XC Records at Van Cortlandt Park, NY

1.25 miles

1	Kenny Evely	2010	6:42.00
2	Andrew Ghizzone	2010	6:53.00
3	Derek Siegal	2010	7:02.00
4	Jp Seebode	2010	7:09.00
5	Arthur Wright	2010	7:14.00
6	Caleb Thomas	2010	7:37.00

2.5 Miles

1	Brian Guterl	2006	12:55.00
2	Allen Eke	2011	13:21.58
3	DJ Thornton	2007	13:45.00
4	Christian Barbosa	2011	14:24.58
5	Derek Siegal	2011	14:38.94
6	Andrew Ghizzone	2011	14:50.96
7	Alex Niziolek	2007	15:00.00
8	Russell Kinney	2007	15:15.00
9	Jp Seebode	2011	15:15.37
10	Collin Dube	2005	15:17.00

5K

1	DJ Thornton	2008	16:19.90
2	Brian Guterl	2005	16:36.00