



All Time Individual Indoor Track & Field Records

55 (Open)

1	Imani Beauliere	2013	7.28
2	Alexis Cabbage	2011	7.37
3	Jen Seniszyn	2007	7.39
4	Aliyah Singleton	2012	7.60
5	Jordan Coverson	2013	7.62
6	Dainah Bland	2009	7.70
7	Ashley Broderick	2005	7.72
8	Ivohna Howard	2008	7.80
8	Amanda Ferrigno	2012	7.80
9	Iris Pegeron	2012	7.85
10	Taylor Campbell	2011	7.90

55 HH (Open)

1	Morgan Mclaughlin	2012	8.24
2	Caryn Grabowski	2008	8.70
3	Genesis Fulmer	2008	8.80
4	Alisa Harris	2007	9.16
5	Janelle Gibbs	2012	9.30
6	Bianca Greene	2013	9.45
7	Jordan Coverson	2012	9.57
8	Jasmine Holder	2012	10.00
9	Natalia Saavedra	2012	10.10
10	Ellen McDermott	2009	10.18

55 HH (Relay)

1	Morgan Mclaughlin	2012	7.40
2	Genesis Fulmer	2008	8.30
2	Janelle Gibbs	2012	8.30
3	Caryn Grabowski	2009	8.40
4	Jordan Coverson	2013	8.50
5	Bianca Greene	2013	8.80
6	Ellen McDermott	2009	8.90
7	Kelly Springer	2013	9.00
8	Ayleen Santiago	2010	9.30
9	Ivohna Howard	2008	9.50
9	Natalia Saavedra	2012	9.50
10	Frances Nesi	2009	9.90

60 (Open)

1	Morgan Mclaughlin	2012	9.02
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60 Y (Open)

1	Jen Seniszyn	2007	7.40
2	Ashley Broderick	2007	7.70
3	Ivohna Howard	2007	7.80

3	Miriam Majeski	2007	7.80
4	Angelica Glover	2008	7.90
5	Iris Pegeron	2009	8.00
6	Abigail Calixto	2009	8.30
7	Michelle Veltz	2007	8.60
8	Tejah Larkin	2007	8.90

60 Y HH (Open)

1	Genesis Fulmer	2008	8.80
2	Caryn Grabowski	2008	9.30
2	Alisa Harris	2007	9.30
3	Katie Ryan	2007	10.00
4	Ivohna Howard	2008	10.50

1.0 mile (Open)

1	Jillian Roth	2005	5:36.80
2	Jenna Socci	2009	5:58.70
3	Amanda Dalton	2007	6:04.20
4	Allie Whitefleet	2008	6:04.50
5	Kendra Simcox	2009	6:06.10
6	Gina Egidio	2007	6:22.00
7	Lila Majano	2010	6:26.60
8	Margeaux Hedley	2005	6:31.00
9	Jessica Murawski	2005	7:00.20

100 (Relay)

1	Ivohna Howard	2007	19.90
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2.0 miles (Open)

1	Gina Egidio	2007	13:52.00
2	Bree Kelly	2005	14:00.20
3	Allie Whitefleet	2007	14:20.00

200 (Open)

1	Imani Beauliere	2013	25.39
2	Jen Seniszyn	2004	26.80
3	Alexis Cabbage	2008	27.90
4	Genesis Fulmer	2007	28.01
5	Morgan Mclaughlin	2010	28.20
6	Taylor Campbell	2011	28.30
7	Caryn Grabowski	2008	28.50
8	Janelle Gibbs	2012	28.80
9	Angelica Glover	2008	28.90
9	Iris Pegeron	2011	28.90
10	Bianca Greene	2013	29.33



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200 (Relay)

1	Jordan Coverson	2013	25.10
2	Imani Beauliere	2013	25.30
3	Morgan Mclaughlin	2012	25.40
4	Alexis Cubbage	2011	25.90
5	Jen Seniszyn	2007	26.50
6	Taylor Campbell	2012	26.70
7	Iris Pegeron	2012	27.20
8	Alisa Harris	2007	27.30
8	Janelle Gibbs	2013	27.30
9	Genesis Fulmer	2008	27.40
10	Asia Johnson	2013	27.60

220 Y (Relay)

1	Angelica Glover	2007	30.70
2	Ivohna Howard	2007	31.20
3	Elissa Smart	2007	31.80
4	Michelle Veltz	2007	32.10
5	Danielle Hoff	2007	33.20
6	Nina Napolitano	2007	35.00
7	Ivonne Thompson	2007	35.60
8	Tejah Larkin	2007	37.30
9	Tess Lowe	2006	1:09.90
10	Jillian Roth	2006	1:10.40

300 (Open)

1	Imani Beauliere	2013	41.94
2	Alexis Cubbage	2011	42.72
3	Jordan Coverson	2012	43.23
4	Alisa Harris	2007	44.26
5	Jen Seniszyn	2007	44.68
6	Iris Pegeron	2012	45.24
7	Taylor Campbell	2012	45.28
8	Frances Nesi	2006	46.00
9	Janelle Gibbs	2013	46.36
10	Ashley Broderick	2007	46.40

400 (Open)

1	Alexis Cubbage	2011	59.21
2	Morgan Mclaughlin	2012	1:00.81
3	Jordan Coverson	2013	1:00.90
4	Alisa Harris	2007	1:01.46
5	Tess Lowe	2008	1:02.34
6	Genesis Fulmer	2008	1:03.20
7	Imani Beauliere	2012	1:03.40
8	Jen Seniszyn	2005	1:04.69

9	Janelle Gibbs	2012	1:04.80
10	Iris Pegeron	2012	1:06.00

400 (Relay)

1	Morgan Mclaughlin	2011	58.50
2	Jordan Coverson	2013	59.60
3	Alexis Cubbage	2011	59.80
4	Genesis Fulmer	2008	59.90
5	Alisa Harris	2007	1:01.20
6	Imani Beauliere	2012	1:01.50
7	Asia Johnson	2013	1:01.90
8	Samantha Peters	2008	1:02.90
9	Tess Lowe	2008	1:03.10
10	Janelle Gibbs	2013	1:03.30

440 Y (Open)

1	Alisa Harris	2007	1:04.80
2	Tess Lowe	2008	1:06.40
3	Genesis Fulmer	2008	1:06.80
4	Jen Seniszyn	2007	1:07.90
5	Katie Vargo	2005	1:09.70
6	Katie Colombo	2007	1:10.10
7	Frances Nesi	2005	1:11.30
8	Angelica Glover	2008	1:12.50
9	Katie Ryan	2006	1:14.40
10	Danielle Hoff	2007	1:14.90

440 Y (Relay)

1	Alisa Harris	2007	1:04.50
2	Genesis Fulmer	2008	1:06.00
3	Tess Lowe	2008	1:07.40
4	Alexis Cubbage	2008	1:07.50
5	Samantha Peters	2008	1:07.90
6	Katie Vargo	2007	1:08.00
7	Kendra Simcox	2009	1:09.50
8	Katie Colombo	2007	1:09.90
9	Jillian Roth	2005	1:10.40
10	Jenna Socci	2009	1:11.90

600 (Open)

1	Tess Lowe	2006	1:47.60
2	Kendra Simcox	2009	1:47.85
3	Kate Lowe	2012	1:47.99
4	Asia Johnson	2013	1:48.00
5	Alexis Cubbage	2010	1:48.20
6	Katie Colombo	2007	1:49.20
7	Jordan Coverson	2013	1:49.57



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8	Jillian Roth	2005	1:50.10
9	Katie Vargo	2007	1:51.83
10	Michelle Veltz	2009	1:53.14

800 (Open)

1	Samantha Peters	2008	2:26.20
2	Asia Johnson	2013	2:27.82
3	Tess Lowe	2008	2:31.90
4	Kate Lowe	2013	2:33.36
5	Kendra Simcox	2010	2:34.08
6	Jenna Socci	2009	2:34.09
7	Jillian Roth	2007	2:34.91
8	Allie Whitefleet	2008	2:39.40
9	Amanda Dalton	2007	2:40.79
10	Lila Majano	2012	2:41.00

800 (Relay)

1	Jenny Herron	2013	2:23.60
2	Asia Johnson	2013	2:25.70
3	Samantha Peters	2008	2:27.60
4	Genesis Fulmer	2008	2:29.70
5	Tess Lowe	2008	2:29.80
6	Jenna Socci	2011	2:31.90
7	Kendra Simcox	2009	2:34.00
8	Jillian Roth	2006	2:34.76
9	Kate Lowe	2012	2:35.00
10	Allie Whitefleet	2008	2:36.40

800 Y (Open)

1	Jillian Roth	2005	2:46.00
2	Tess Lowe	2005	2:50.00

880 Y (Open)

1	Samantha Peters	2007	2:35.30
2	Jillian Roth	2006	2:41.84
3	Tess Lowe	2007	2:43.60
4	Katie Colombo	2007	2:45.00
5	Allie Whitefleet	2006	2:49.98
6	Jenna Socci	2008	2:50.80
7	Amanda Dalton	2007	2:58.80
8	Jessica Murawski	2006	3:01.00

1000 (Open)

1	Jenny Herron	2013	3:13.21
2	Asia Johnson	2013	3:15.77
3	Jenna Socci	2009	3:16.37
4	Kendra Simcox	2009	3:17.28

5	Jillian Roth	2006	3:17.30
6	Amanda Dalton	2007	3:26.10
7	Allie Whitefleet	2006	3:33.30
8	Sarah Fox	2011	3:33.37
9	Gina Egidio	2007	3:33.90
10	Dana Couto	2012	3:34.73

1000 (Relay)

1	Amanda Dalton	2007	3:54.90
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1200 (Relay)

1	Jenny Herron	2012	3:59.80
2	Asia Johnson	2012	4:00.90
3	Jenna Socci	2009	4:04.50
4	Kate Lowe	2010	4:05.80
5	Jillian Roth	2007	4:07.00
6	Amanda Dalton	2009	4:13.90
7	Kendra Simcox	2010	4:14.90
8	Allie Whitefleet	2008	4:18.00
9	Tess Lowe	2006	4:22.21
10	Meaghan Geislinger	2005	4:27.00

1600 (Open)

1	Jenny Herron	2013	5:21.40
2	Jenna Socci	2011	5:24.86
3	Jillian Roth	2006	5:33.33
4	Samantha Peters	2008	5:35.01
5	Kendra Simcox	2009	5:35.72
6	Lila Majano	2012	5:45.59
7	Dana Couto	2013	5:47.90
8	Allie Whitefleet	2008	5:50.29
9	Sarah Fox	2011	5:52.10
10	Amanda Dalton	2007	6:08.01

1600 (Relay)

1	Jenna Socci	2011	5:33.80
2	Jenny Herron	2013	5:35.30
3	Jillian Roth	2005	5:36.60
4	Samantha Peters	2007	5:39.70
5	Kendra Simcox	2009	5:43.70
6	Asia Johnson	2012	5:48.30
7	Lila Majano	2012	5:55.90
8	Allie Whitefleet	2006	6:30.80

3200 (Open)

1	Jenna Socci	2009	12:03.50
2	Dana Couto	2013	12:51.00



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3	Bree Kelly	2006	13:15.46
4	Gina Egidio	2006	13:22.65
5	Samantha Peters	2007	13:27.10
6	Allie Whitefleet	2008	13:43.92
7	Olena Lyaschenko	2005	13:58.90
8	Katie Gigl	2006	14:01.87

High Jump

1	Kaity Eppinger	2007	5' 04.00"
2	Caryn Grabowski	2009	5' 02.00"
2	Tiara Brown	2008	5' 02.00"
3	Janelle Gibbs	2012	4' 10.00"
4	Danielle Hoff	2008	4' 09.00"
5	Jasmine Holder	2012	4' 08.00"
6	Ellen McDermott	2009	4' 06.00"
6	Katie Colombo	2007	4' 06.00"
6	Bianca Greene	2012	4' 06.00"
7	Katie Ryan	2006	4' 03.00"

Long Jump

1	Ashley Broderick	2006	15' 03.00"
2	Bianca Greene	2012	14' 05.50"
3	Ivohna Howard	2006	14' 04.00"
4	Jasmine Holder	2011	12' 11.25"
5	Jen Seniszyn	2005	12' 08.00"
6	Shanice London	2011	12' 01.00"
7	Joy Clarke	2012	11' 06.00"

Shot Put (12 lb)

1	Megan Trollo	2011	32' 05.00"
2	Allison Allmer	2011	29' 07.25"
3	Catherine Gbogi	2013	28' 06.50"
4	Nya Rembert	2012	27' 08.00"
5	Yosmeen Harris	2013	27' 07.00"
6	Kathryn Bricki	2012	27' 05.00"
7	Caresse Simmonds	2011	26' 08.00"
8	Jasmine Ramos	2010	26' 00.50"
9	Emily Yanchitis	2009	24' 01.50"
10	Kerianne Doherty	2012	24' 01.00"

Triple Jump

1	Caryn Grabowski	2008	31' 07.00"
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