



# All Time Indoor Track & Field Records - Relay Events

## 1.0 Mile Relay

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1	5:00.00	(2009)	Union County Frosh/Soph Championships	Simcox, Kendra (1:09.50) Calixto, Abigail (1:19.20) Socci, Jenna (1:11.90) Pegeron, Iris (1:19.40)
2	4:29.00	(2008)	Union County Individuals	Cubbage, Alexis (1:07.50) Lowe, Tess (1:07.40) Fulmer, Genesis (1:06.00) Peters, Samantha (1:07.90)
3	4:30.40	(2007)	Union County Individuals	Harris, Alisa (1:04.50) Vargo, Katie (1:08.00) Fulmer, Genesis (1:08.30) Lowe, Tess (1:09.50)
4	5:00.30	(2009)	Union County Frosh/Soph Invitational	Vargo, Katie (1:10.90) Hedley, Margeaux (1:19.30) Murawski, Jessica (1:19.70) Roth, Jillian (1:10.40)
5	4:58.90	(2009)	Union County Frosh/Soph Invitational	Nesi, Frances (1:12.10) Egidio, Gina (1:18.30) Colombo, Katie (1:18.60) Lowe, Tess (1:09.90)
6	00.00	(2006)	Union County Individuals	Vargo, Katie () Nesi, Frances () Lowe, Tess () Harris, Alisa ()
7	5:01.20	(2007)	Union County Frosh/Soph Championships	Colombo, Katie (1:11.00) Hedley, Margeaux (1:20.60) Egidio, Gina (1:15.40) Lowe, Tess (1:14.20)
8	5:00.30	(2006)	Minutemen Games	Vargo, Katie (1:10.90) Hedley, Margeaux (1:19.30) Murawski, Jessica (1:19.70) Roth, Jillian (1:10.40)
9	4:58.90	(2006)	Minutemen Games	Nesi, Francis (1:12.10) Egidio, Gina (1:18.30) Colombo, Katie (1:18.60) Lowe, Tess (1:09.90)

## 1600 Meter Relay

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1	4:45.70	(2009)	Merli Invitational	Pegeron, Iris (1:09.70) London, Shanice (1:16.10) Cubbage, Alexis (1:04.90) Campbell, Taylor (1:15.00)
2	4:24.20	(2010)	Union County Championship	Cubbage, Alexis (1:02.90) Socci, Jenna (1:07.40) Pegeron, Iris (1:08.50) Simcox, Kendra (1:05.40)

## 4 x 200 Meter

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1	2:05.30	(2009)	Frank Burns Relays	Pegeron, Iris (30.50) London, Shanice (34.40) Campbell, Taylor (31.10) Socci, Jenna (29.30)
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## All Time Indoor Track & Field Records - Relay Events

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2	2:10.10	(2010)	Catholic Conference Relays	Campbell, Taylor (30.90) London, Shanice (31.90) Bianco, Christie (32.90) McCloud, Kayla (34.40)
3	2:19.10	(2010)	Catholic Conference Relays	Larkin, Tejah (32.80) Bagger, Kate (36.00) Whitehead, Raven (33.50) Meredith, Larisa (36.80)
4	2:08.60	(2010)	Union County Relay Championship	Campbell, Taylor (31.10) London, Shanice (32.60) Larkin, Tejah (32.80) Fox, Sarah (32.10)
5	2:06.70	(2010)	Non Public State Relays	Campbell, Taylor (30.50) Larkin, Tejah (31.50) Fox, Sarah (33.80) London, Shanice (30.90)
6	2:04.30	(2008)	Frank Burns Relays	Grabowski, Caryn (29.90) Veltz, Michelle (30.90) Hoff, Danielle (32.00) McDermott, Ellen (31.50)
6	2:04.30	(2008)	Frank Burns Relays	Grabowski, Caryn (29.90) Veltz, Michelle (30.90) Hoff, Danielle (32.00) McDermott, Ellen (31.50)
7	1:55.50	(2009)	Catholic Conference Relays	Nesi, Frances (28.50) Grabowski, Caryn (27.90) Bland, Dainah (29.90) Veltz, Michelle (29.20)
8	2:11.40	(2009)	Catholic Conference Relays	McDermott, Ellen (30.90) Hoff, Danielle (31.40) Larkin, Tejah (32.80) Blocker, Faith (36.30)
9	2:08.40	(2009)	Catholic Conference Relays	Pegeron, Iris (31.60) Simcox, Kendra (29.80) Calixto, Abigail (31.90) Holmes, Jasmine (35.00)
10	1:58.90	(2009)	Union County Relay Championship	Bland, Dainah (29.90) Grabowski, Caryn (28.40) Veltz, Michelle (29.70) McDermott, Ellen (30.90)

### 4 x 220 Yard

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1	2:06.90	(2007)	Union County Novice Meet	Howard, Ivohna (31.20) Smart, Elissa (31.80) Hoff, Danielle (33.20) Glover, Angelica (30.70)
2	2:19.80	(2007)	Union County Novice Meet	Thompson, Ivonne (35.60) Veltz, Michelle (32.10) Larkin, Tejah (37.30) Napolitano, Nina (35.00)

### 4 x 400 Meter

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1	4:56.50	(2010)	Catholic Conference Relays	Campbell, Taylor (1:12.40) Bianco, Christie (1:16.60) Fox, Sarah (1:13.90) London, Shanice (1:13.60)
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## All Time Indoor Track & Field Records - Relay Events

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2	5:00.10	(2010)	Union County Relay Championship	Campbell, Taylor (1:13.20) Bianco, Christie (1:15.20) Fox, Sarah (1:15.00) London, Shanice (1:16.70)
3	4:50.90	(2010)	NJCTC Frosh/Soph Championships	Simcox, Kendra (1:06.60) Fox, Sarah (1:13.70) Bianco, Christie (1:15.30) London, Shanice (1:15.10)
4	5:05.20	(2008)	Frank Burns Relays	Bland, Dainah (1:10.50) Veltz, Michelle (1:11.10) McDermott, Ellen (1:18.20) Calixto, Abigail (1:25.40)
5	4:35.20	(2009)	Mountain Valley Conference Championship	Grabowski, Caryn (1:07.20) Nesi, Frances (1:10.10) Veltz, Michelle (1:09.00) Bland, Dainah (1:08.90)
6	00.00	(2009)	Catholic Conference Relays	Nesi, Frances () Socci, Jenna () Simcox, Kendra () Veltz, Michelle ()
7	4:27.90	(2009)	Union County Relay Championship	Simcox, Kendra (1:05.70) Bland, Dainah (1:07.30) Veltz, Michelle (1:07.30) Grabowski, Caryn (1:07.60)
8	2:14.90	(2009)	Non Public State Relays	Simcox, Kendra () Bland, Dainah () Veltz, Michelle (1:07.10) Nesi, Frances (1:07.80)
9	4:29.80	(2009)	Union County Championship	Simcox, Kendra (1:05.40) Colombo, Katie (1:07.20) Veltz, Michelle (1:06.40) Nesi, Frances (1:10.80)
10	4:39.30	(2009)	NJCTC Frosh/Soph Championships	Bland, Dainah (1:09.00) Calixto, Abigail (1:12.40) Pegeron, Iris (1:11.20) Simcox, Kendra (1:06.70)

### 4 x 440 Yard

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1	4:59.90	(2007)	Union County Novice Meet	Colombo, Katie (1:09.90) Veltz, Michelle (1:18.80) Smart, Elissa (1:15.20) Howard, Ivohna (1:16.00)
2	5:06.70	(2007)	Union County Novice Meet	Glover, Angelica (1:15.00) Thompson, Ivonne (1:15.60) Hoff, Danielle (1:15.50) Napolitano, Nina (1:21.10)

### 4 x 800 Meter

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1	10:57.40	(2008)	Frank Burns Relays	Socci, Jenna (2:40.70) Simcox, Kendra (2:37.20) Egidio, Gina (2:51.90) Colombo, Katie (2:47.60)
2	10:38.20	(2009)	Catholic Conference Relays	Simcox, Kendra (2:35.10) Socci, Jenna (2:40.40) Egidio, Gina (2:43.90) Dalton, Amanda (2:38.80)



## All Time Indoor Track & Field Records - Relay Events

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3	10:55.80	(2009)	Union County Relay Championship	Simcox, Kendra (2:36.70) Egidio, Gina (2:46.70) Socci, Jenna (2:41.00) Dalton, Amanda (2:51.40)
4	7:46.20	(2009)	Non Public State Relays	Simcox, Kendra (2:34.00) Egidio, Gina (2:40.20) Socci, Jenna (2:32.00) Colombo, Katie ()
5	11:53.30	(2007)	Marine Corps Holiday Classic	Socci, Jenna (2:47.40) Cabbage, Alexis (2:51.30) Feeley, Jessica (3:02.40) Gunderson, Holly (3:12.20)
6	10:06.90	(2008)	Lou Molina Invitational	Fulmer, Genesis (2:29.70) Whitefleet, Allie (2:38.00) Lowe, Tess (2:29.80) Peters, Samantha (2:29.40)
7	11:13.80	(2006)	Seton Hall Invitational - Individuals	Lowe, Tess (2:39.90) Colombo, Katie (2:49.70) Egidio, Gina (2:48.30) Whitefleet, Allie (2:55.90)
8	11:12.70	(2007)	Group 1 State Relays	Egidio, Gina (2:48.50) Dalton, Amanda (2:46.50) Hedley, Margeaux (2:50.20) Whitefleet, Allie (2:47.50)
9	11:13.30	(2005)	Tony Passarelli Relays	Whitefleet, Allie (2:51.90) Lowe, Tess (2:45.50) Gigl, Katie (2:57.70) Roth, Jillian (2:38.20)
10	00.00	(2006)	Catholic Conference Relays	Whitefleet, Allie () Hedley, Margeaux () Egidio, Gina () Lowe, Tess ()

### DMR 12-4-8-16

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1	14:17.00	(2009)	Frank Burns Relays	Simcox, Kendra (4:19.50) Pegeron, Iris (1:10.40) Bianco, Christie (3:05.30) Socci, Jenna (5:41.80)
2	8:12.60	(2010)	Catholic Conference Relays	Simcox, Kendra (4:17.10) Pegeron, Iris (1:08.80) Cabbage, Alexis (2:46.70) Socci, Jenna ()
3	13:52.10	(2010)	Union County Relay Championship	Simcox, Kendra (4:15.90) Pegeron, Iris (1:08.60) Cabbage, Alexis (2:40.30) Socci, Jenna (5:47.30)
4	13:43.80	(2010)	Non Public State Relays	Simcox, Kendra (4:14.90) Pegeron, Iris (1:08.90) Cabbage, Alexis (2:37.00) Socci, Jenna (5:43.00)
5	14:11.80	(2008)	Frank Burns Relays	Simcox, Kendra (4:16.70) Colombo, Katie (1:07.90) Egidio, Gina (2:49.10) Socci, Jenna (5:58.10)



## All Time Indoor Track & Field Records - Relay Events

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6	13:53.80	(2009)	Union County Relay Championship	Dalton, Amanda (4:13.90) Egidio, Gina (1:10.20) Socci, Jenna (2:34.90) Simcox, Kendra (5:54.80)
7	13:36.50	(2009)	Non Public State Relays	Socci, Jenna (4:04.50) Colombo, Katie (1:06.30) Dalton, Amanda (2:42.00) Simcox, Kendra (5:43.70)
8	13:48.90	(2007)	Marine Corps Holiday Classic	Whitefleet, Allie (4:23.70) Brown, Tiara (1:14.90) Lowe, Tess (2:30.60) Peters, Samantha (5:39.70)
9	13:54.30	(2008)	Non Public State Relays	Whitefleet, Allie (4:18.00) Howard, Ivohna (1:08.20) Lowe, Tess (2:39.90) Peters, Samantha (5:48.20)
10	14:05.30	(2006)	Tony Passarelli Relays	Dalton, Amanda (4:28.30) Howard, Ivohna (1:09.90) Lowe, Tess (2:40.10) Peters, Samantha (5:47.00)

### DMR 8-2-4-1K

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1	8:23.90	(2007)	Union County Novice Meet	Hedley, Margeaux (2:58.50) Howard, Ivohna (1:19.90) Colombo, Katie (1:10.60) Dalton, Amanda (3:54.90)
2	8:51.23	(2013)	Union County Relay Championship	Rovelo, Leticia (2:59.80) Jackson, Miyah (32.70) Annunziata, Stephanie (1:12.40) Neiman, Olivia (4:05.60)

### High Jump

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1	4' 04.00"	(2008)	Frank Burns Relays	Hoff, Danielle (0' 00.00") McDermott, Ellen (4' 04.00")
1	4' 04.00"	(2009)	Catholic Conference Relays	McDermott, Ellen (4' 04.00") Hoff, Danielle (0' 00.00")
2	8' 08.00"	(2009)	Union County Relay Championship	Grabowski, Caryn (4' 08.00") McDermott, Ellen (4' 00.00")
3	9' 00.00"	(2009)	Non Public State Relays	Grabowski, Caryn (4' 08.00") McDermott, Ellen (4' 04.00")
4	9' 06.00"	(2007)	Marine Corps Holiday Classic	Brown, Tiara (4' 10.00") Hoff, Danielle (4' 08.00")
4	9' 06.00"	(2008)	Catholic Conference Relays	Brown, Tiara (4' 10.00") Hoff, Danielle (4' 08.00")
5	9' 01.00"	(2008)	Union County Relays	Brown, Tiara (4' 10.00") Hoff, Danielle (4' 03.00")
6	8' 08.00"	(2008)	Union County Relays	Grabowski, Caryn (4' 08.00") McDermott, Ellen (4' 00.00")
7	8' 10.00"	(2008)	Non Public State Relays	Brown, Tiara (4' 06.00") Hoff, Danielle (4' 04.00")
8	9' 08.00"	(2008)	New Balance Games	Brown, Tiara (5' 00.00") Hoff, Danielle (4' 08.00")



## All Time Indoor Track & Field Records - Relay Events

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8	9' 08.00"	(2006)	Tony Passarelli Relays	Eppinger, Kaity (5' 00.00") Brown, Tiara (4' 08.00")
9	9' 10.00"	(2006)	Marine Corps Holiday Classic	Eppinger, Kaity (5' 00.00") Brown, Tiara (4' 10.00")
10	9' 06.00"	(2007)	Union County Relays	Eppinger, Kaity (5' 00.00") Brown, Tiara (4' 06.00")

### Long Jump

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1	00.00"	(2007)	Catholic Conference Relays	Broderick, Ashley () Howard, Ivohna ()
2	29' 07.00"	(2006)	Catholic Conference Relays	Broderick, Ashley (15' 03.00") Howard, Ivohna (14' 04.00")
3	27' 06.00"	(2005)	Catholic Conference Relays	Broderick, Ashley (14' 10.00") Seniszyn, Jen (12' 08.00")
4	25' 11.50"	(2012)	NJCTC Relays	Greene, Bianca (14' 05.50") Clarke, Joy (11' 06.00")
5	25' 00.25"	(2011)	Catholic Conference Relays	Holder, Jasmine (12' 11.25") London, Shanice (12' 01.00")

### Shot Put (12 lb)

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1	50' 06.00"	(2010)	Catholic Conference Relays	Trollo, Megan (26' 06.00") Simmonds, Caresse (24' 00.00")
2	48' 03.00"	(2009)	Frank Burns Relays	Trollo, Megan (25' 03.00") Simmonds, Caresse (23' 00.00")
3	78' 06.25"	(2010)	Union County Relay Championship	Trollo, Megan (27' 09.25") Simmonds, Caresse (25' 02.50") Ramos, Jasmine (25' 06.50")
4	50' 06.50"	(2010)	Non Public State Relays	Trollo, Megan (25' 11.00") Simmonds, Caresse (24' 07.50")
5	45' 03.25"	(2008)	Frank Burns Relays	Ramos, Jasmine (23' 01.75") Yanchitis, Emily (22' 01.50")
6	64' 09.00"	(2009)	Catholic Conference Relays	Yanchitis, Emily (23' 09.00") Evans, Jasmine (20' 03.00") Adams, Brandi (20' 09.00")
7	69' 02.50"	(2009)	Union County Relay Championship	Yanchitis, Emily (24' 01.50") Ramos, Jasmine (23' 02.00") Evans, Jasmine (21' 11.00")
8	46' 07.75"	(2009)	Non Public State Relays	Yanchitis, Emily (23' 04.00") Ramos, Jasmine (23' 03.75")
9	69' 02.50"	(2008)	Union County Relays	Yanchitis, Emily (24' 01.50") Ramos, Jasmine (23' 02.00") Evans, Jasmine (21' 11.00")
10	00.00"	(2006)	Tony Passarelli Relays	Damberville, Natache () Napolitano, Nina ()

### Shuttle Hurdles 55m

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1	00.00	(2009)	Catholic Conference Relays	Nesi, Frances () Veltz, Michelle () McDermott, Ellen () Grabowski, Caryn ()
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## All Time Indoor Track & Field Records - Relay Events

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2	39.25	(2009)	Union County Relay Championship	Nesi, Frances () Veltz, Michelle () McDermott, Ellen () Grabowski, Caryn ()
3	37.43	(2009)	Non Public State Relays	Nesi, Frances (9.90) Veltz, Michelle (10.00) McDermott, Ellen (8.90) Grabowski, Caryn (8.40)
4	36.30	(2008)	Catholic Conference Relays	Fulmer, Genesis (8.30) Howard, Ivohna (9.50) Grabowski, Caryn (8.50) Smart, Elissa (10.00)
5	37.04	(2008)	Non Public State Relays	Fulmer, Genesis () Howard, Ivohna () Grabowski, Caryn () Smart, Elissa ()
6	44.60	(2006)	Seton Hall Invitational - Individuals	Harris, Alisa (10.80) Ryan, Katie (10.70) Broderick, Ashley (12.30) Howard, Ivohna (10.90)
7	38.40	(2007)	Catholic Conference Relays	Ryan, Katie () Broderick, Ashley () Howard, Ivohna () Harris, Alisa ()
8	38.60	(2010)	Passarrelli Relays	McLaughlin, Morgan (8.10) London, Shanice (11.00) Springer, Kelly (9.60) Santiago, Ayleen (9.30)
9	39.56	(2011)	Union County Relay Championship	() McLaughlin, Morgan (7.90) London, Shanice (11.00) Springer, Kelly (9.50) Santiago, Ayleen (10.80)
10	35.82	(2013)	Union County Relay Championship	Gibbs, Janelle (8.40) Springer, Kelly (9.60) Greene, Bianca (8.80) Coverson, Jordan (8.50)

### SMR 2-2-4-8

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1	4:28.00	(2008)	Catholic Conference Relays	Glover, Angelica (28.20) Grabowski, Caryn (27.90) Cabbage, Alexis (1:04.30) Peters, Samantha (2:27.60)
2	4:46.30	(2008)	Catholic Conference Relays	Veltz, Michelle (29.90) Socci, Jenna (31.20) Howard, Ivohna (1:07.80) Lowe, Tess (2:37.40)
3	4:42.90	(2006)	Tony Passarelli Relays	Broderick, Ashley (30.90) Majeski, Miriam (28.70) Harris, Alisa (1:05.60) Peters, Samantha (2:37.70)
4	4:46.90	(2007)	Catholic Conference Relays	Howard, Ivohna (28.80) Broderick, Ashley (29.30) Ryan, Katie (1:09.20) Colombo, Katie (2:39.60)



## All Time Indoor Track & Field Records - Relay Events

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5	5:01.70	(2005)	Tony Passarelli Relays	Howard, Ivohna (31.00) King, Nicole (30.80) Ryan, Katie (1:09.80) Kelly, Bree (2:50.10)
6	4:49.73	(2005)	Seton Hall Invitational	Broderick, Ashley (29.97) Vargo, Katie (29.62) Harris, Alisa (1:07.04) Lowe, Tess (2:43.10)
7	4:38.78	(2006)	Catholic Conference Relays	Vargo, Katie (28.62) Broderick, Ashley (28.90) Harris, Alisa (1:05.46) Roth, Jillian (2:35.80)
8	4:41.20	(2005)	Catholic Conference Relays	Broderick, Ashley (30.10) Seniszyn, Jen (27.50) Harris, Alisa (1:06.80) Roth, Jillian (2:36.80)
9	5:01.40	(2005)	Union County Relays	Broderick, Ashley (30.90) Seniszyn, Jen (28.90) Harris, Alisa (1:10.60) Roth, Jillian (2:51.00)
10	4:46.60	(2010)	Passarrelli Relays	Cubbage, Alexis (27.90) Campbell, Taylor (30.80) McLaughlin, Morgan (1:05.70) Lowe, Kate (2:42.20)

### SMR 4-2-2-8

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1	4:44.30	(2010)	Catholic Conference Relays	Simcox, Kendra (1:08.30) Cubbage, Alexis (27.70) Pegeron, Iris (30.20) Socci, Jenna (2:38.10)
2	4:40.30	(2010)	Union County Relay Championship	Cubbage, Alexis (1:03.80) Pegeron, Iris (29.80) Simcox, Kendra (29.30) Socci, Jenna (2:37.40)
3	4:39.20	(2010)	Non Public State Relays	Cubbage, Alexis (1:03.70) Pegeron, Iris (30.30) Simcox, Kendra (29.30) Socci, Jenna (2:35.90)
4	5:06.10	(2009)	Non Public State Relays	Grabowski, Caryn (1:10.10) McDermott, Ellen (30.70) Pegeron, Iris (30.70) Colombo, Katie (2:54.60)
5	4:32.80	(2007)	Marine Corps Holiday Classic	Lowe, Tess (1:05.80) Cubbage, Alexis (28.50) Fulmer, Genesis (27.70) Peters, Samantha (2:30.80)
6	4:58.80	(2007)	Marine Corps Holiday Classic	Howard, Ivohna (1:09.80) Glover, Angelica (29.20) Hoff, Danielle (33.40) Whitefleet, Allie (2:46.40)
7	4:25.00	(2008)	Non Public State Relays	Fulmer, Genesis (1:01.40) Cubbage, Alexis (27.80) Grabowski, Caryn (28.00) Peters, Samantha (2:27.80)





## All Time Indoor Track & Field Records - Relay Events

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8	4:29.50	(2008)	New Balance Games	Fulmer, Genesis (1:00.40) Cubbage, Alexis (27.40) Grabowski, Caryn (31.40) Peters, Samantha (2:30.30)
9	4:43.60	(2008)	New Balance Games	Howard, Ivohna (1:08.40) Glover, Angelica (28.90) Veltz, Michelle (29.90) Whitefleet, Allie (2:36.40)
10	4:29.20	(2006)	Marine Corps Holiday Classic	Harris, Alisa (1:02.30) Majeski, Miriam (28.40) Seniszyn, Jen (27.00) Peters, Samantha (2:31.50)

### Triple Jump

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1	60' 00.75"	(2008)	New Balance Games	Grabowski, Caryn (31' 07.00") Hoff, Danielle (28' 05.75")
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