



## Individual All Time Outdoor Track List

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### 100 (Open)

1	Jen Seniszyn	(2006)	12.37
2	Alexis Cubbage	(2009)	12.70
3	Lesley Hendricks	(2006)	12.80
4	Caryn Grabowski	(2009)	12.90
5	Angelica Glover	(2007)	12.90
6	Aerielle Belk	(2006)	13.10
7	Dainah Bland	(2009)	13.20
8	Ivohna Howard	(2007)	13.30
9	Iris Pegeron	(2010)	13.50
10	Taylor Campbell	(2010)	13.50

### 100 (Relay)

1	Iris Pegeron	(2010)
2	Tejah Larkin	(2010)
3	Jasmine Holder	(2010)
4	Taylor Campbell	(2010)
5	Alexis Cubbage	(2010)
6	Ayleen Santiago	(2010)
7	Shanice London	(2010)
8	Jasmine Holmes	(2010)
9	Katie Colombo	(2009)
10	Michelle Veltz	(2009)

### 100 HH (Open)

1	Genesis Fulmer	(2007)	15.60
2	Alisa Harris	(2007)	16.00
3	Katie Ryan	(2007)	17.50
4	Ivohna Howard	(2009)	18.20
5	Miriam Majeski	(2007)	20.10
6	Elissa Smart	(2007)	20.20
7	Kaity Eppinger	(2007)	20.60
8	Ashley Forbes	(2008)	22.90
9	Jessica Moise	(2005)	24.22

### 110 HH (Open)

1	Ellen McDermott	(2009)	18.80
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### 110 HH (Relay)

1	Genesis Fulmer	(2007)	16.00
2	Alisa Harris	(2007)	16.10
3	Katie Ryan	(2007)	17.60
4	Miriam Majeski	(2007)	18.20
5	Kaity Eppinger	(2007)	19.70

### 200 (Open)

1	Jen Seniszyn	(2007)	25.80
2	Alexis Cubbage	(2010)	25.90
3	Lesley Hendricks	(2006)	26.60
4	Angelica Glover	(2007)	26.70
5	Caryn Grabowski	(2009)	26.90
6	Alisa Harris	(2007)	27.40
7	Aerielle Belk	(2006)	27.60
8	Iris Pegeron	(2010)	27.80
9	Miriam Majeski	(2007)	27.80
10	Dainah Bland	(2009)	27.90

### 200 (Relay)

1	Jen Seniszyn	(2007)	25.00
2	Alexis Cubbage	(2010)	25.70
3	Alisa Harris	(2007)	25.70
4	Lesley Hendricks	(2006)	25.90
5	Caryn Grabowski	(2009)	26.20
6	Aerielle Belk	(2007)	26.50
7	Angelica Glover	(2007)	26.60
8	Iris Pegeron	(2010)	27.00
9	Taylor Campbell	(2010)	27.40
10	Ivohna Howard	(2008)	27.40

### 400 (Open)

1	Alexis Cubbage	(2010)	59.26
2	Tess Lowe	(2009)	1:00.50
3	Alisa Harris	(2005)	1:00.80
4	Lesley Hendricks	(2005)	1:01.10
5	Aerielle Belk	(2007)	1:01.39
6	Genesis Fulmer	(2007)	1:01.60
7	Iris Pegeron	(2010)	1:03.20
8	Ivohna Howard	(2007)	1:04.00
9	Dainah Bland	(2009)	1:04.03
10	Shanice London	(2009)	1:04.30

### 400 (Relay)

1	Alisa Harris	(2005)	58.09
2	Alexis Cubbage	(2010)	58.90
3	Genesis Fulmer	(2007)	59.30
4	Lesley Hendricks	(2006)	59.60
5	Jen Seniszyn	(2007)	59.90
6	Aerielle Belk	(2007)	1:00.80
7	Tess Lowe	(2008)	1:01.10
8	Michelle Veltz	(2009)	1:01.20
9	Elissa Smart	(2007)	1:01.70



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10	Iris Pegeron	(2010)	1:02.30	10	Amanda Dalton	(2006)	2:39.70
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### 400 IH (Open)

1	Alisa Harris	(2005)	1:05.67
2	Genesis Fulmer	(2007)	1:07.10
3	Katie Ryan	(2007)	1:10.50
4	Ivohna Howard	(2006)	1:10.60
5	Michelle Veltz	(2009)	1:12.47
6	Kayla Zoleta	(2006)	1:13.40
7	Geriana Pinto	(2008)	1:13.70
8	Ellen McDermott	(2009)	1:17.60
9	Salindra Wilkins	(2008)	1:22.90
10	Katie Colombo	(2006)	1:29.00

### 400 IH (Relay)

1	Alisa Harris	(2007)	1:04.80
2	Genesis Fulmer	(2007)	1:05.89
3	Katie Ryan	(2007)	1:06.80
4	Tiara Brown	(2006)	1:07.00
5	Ivohna Howard	(2007)	1:10.20
6	Geriana Pinto	(2008)	1:17.80
7	Kayla Zoleta	(2005)	1:22.50
8	Ashley Forbes	(2008)	1:24.20
9	Bree Kelly	(2006)	2:42.40

### 800 (Open)

1	Tess Lowe	(2009)	2:23.20
2	Samantha Peters	(2007)	2:26.60
3	Jenna Socci	(2009)	2:28.70
4	Katie Colombo	(2007)	2:30.99
5	Allie Whitefleet	(2008)	2:32.24
6	Aerielle Belk	(2005)	2:35.10
7	Allison Guzman	(2009)	2:36.42
8	Geriana Pinto	(2007)	2:37.10
9	Bree Kelly	(2006)	2:39.30
10	Amanda Dalton	(2006)	2:40.00

### 800 (Relay)

1	Samantha Peters	(2008)	2:23.00
2	Tess Lowe	(2008)	2:24.30
3	Jenna Socci	(2009)	2:26.40
4	Katie Colombo	(2007)	2:31.40
5	Allie Whitefleet	(2008)	2:32.40
6	Olena Lyaschenko	(2005)	2:33.30
7	Geriana Pinto	(2007)	2:33.60
8	Gina Egidio	(2007)	2:36.40
9	Grace Kelly	(2010)	2:38.80

### 1200 (Open)

1	Allie Whitefleet	(2008)	4:08.70
2	Jenna Socci	(2008)	4:08.80

### 1200 (Relay)

1	Allie Whitefleet	(2008)	4:02.30
2	Jenna Socci	(2009)	4:06.30
3	Amanda Dalton	(2006)	4:11.10
4	Tess Lowe	(2006)	4:11.50
5	Olena Lyaschenko	(2005)	4:20.97
6	Bree Kelly	(2006)	4:22.30
7	Gina Egidio	(2007)	4:25.60

### 1600 (Open)

1	Samantha Peters	(2009)	5:21.70
2	Jenna Socci	(2010)	5:34.10
3	Allie Whitefleet	(2008)	5:35.49
4	Olena Lyaschenko	(2005)	5:39.38
5	Grace Kelly	(2010)	5:44.70
6	Amanda Dalton	(2006)	5:47.40
7	Gina Egidio	(2007)	5:55.00
8	Katie Gigl	(2004)	5:56.90
9	Bree Kelly	(2006)	5:59.00
10	Margeaux Hedley	(200)	6:11.00

### 1600 (Relay)

1	Samantha Peters	(2008)	5:25.10
2	Olena Lyaschenko	(2005)	5:47.10
3	Allie Whitefleet	(2008)	5:50.60
4	Amanda Dalton	(2006)	5:54.10
5	Jenna Socci	(2008)	6:02.80
6	Gina Egidio	(2008)	6:07.00
7	Grace Kelly	(2010)	6:09.80
8	Bree Kelly	(2006)	6:16.20
9	Margeaux Hedley	(2006)	6:25.90

### 3200 (Open)

1	Samantha Peters	(2009)	11:55.30
2	Jenna Socci	(2010)	12:08.50
3	Allie Whitefleet	(2009)	12:43.40
4	Grace Kelly	(2010)	12:43.70
5	Bree Kelly	(2006)	12:53.60
6	Olena Lyaschenko	(2005)	13:06.90
7	Gina Egidio	(200)	13:23.00
8	Caitlin Monroe	(2005)	14:30.28



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9 Genna Pinto (2004) 14:38.00