

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 (Open)									
Union County Championship	Indoor	1/22/2011	Sat	55 Meter			6.96	14	
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	55 Meter Dash			6.70	1	PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	55 Meter			7.01	10	
Non Public A State Championship	Indoor	2/19/2011	Sat	55 Meter			7.13	19	
Non Public B State Championship	Indoor	2/15/2013	Friday	55 Meter			6.88	5	
Non Public B State Championship	Indoor	2/15/2013	Friday	55 Meter			6.77	2	
Meet of Champions	Indoor	2/23/2013	Sat	55 Meter			6.83	32	
55 HH (Open)									
Passarreli Relays	Indoor	12/19/2010	Sun	55 Meter HH			9.00	1	
Union County Championship	Indoor	1/22/2011	Sat	55 Meter HH			8.85	20	PR
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	55 Meter HH			8.40	1	PR
Non Public A State Championship	Indoor	2/19/2011	Sat	55 Meter HH			9.48	25	
Union County Championship	Indoor	1/20/2013	Sun	55 Meter HH			7.77	1	PR
Union County Championship	Indoor	1/20/2013	Sun	55 Meter HH			7.87	4	
New Balance Games	Indoor	1/26/2013	Sat	55 Meter HH			7.82	12	
NJCTC Championship	Indoor	2/10/2013	Sun	55 Meter HH			7.91	3	
NJCTC Championship	Indoor	2/10/2013	Sun	55 Meter HH			7.77	5	
Eastern States Invitational	Indoor	2/25/2013	Mon	55 Meter HH			7.52	1	
Eastern States Invitational	Indoor	2/25/2013	Mon	55 Meter HH			7.42	1	PR
Eastern States Invitational	Indoor	2/25/2013	Mon	55 Meter HH			7.52	2	
Bishop Loughlin Games	Indoor	12/21/2013	Sat	55 Meter HH			7.69	2	
Bishop Loughlin Games	Indoor	12/21/2013	Sat	55 Meter HH			7.54	1	
Union County Championship	Indoor	1/24/2014	Friday	55 Meter HH			7.65	1	
Union County Championship	Indoor	1/24/2014	Friday	55 Meter HH			7.66	2	
Varsity Classic	Indoor	2/3/2014	Mon	55 Meter HH			7.60		
Varsity Classic	Indoor	2/4/2014	Tues	55 Meter HH			7.50	1	
Non Public A State Championship	Indoor	2/15/2014	Sat	55 Meter HH			7.76		
Non Public A State Championship	Indoor	2/15/2014	Sat	55 Meter HH			7.73	1	
Eastern States Invitational	Indoor	2/24/2014	Mon	55 Meter HH			7.74	4	
Eastern States Invitational	Indoor	2/24/2014	Mon	55 Meter HH			7.49	1	

Page 1 of 10 Report Date: 10/12/2014



	•								
Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Eastern States Invitational	Indoor	2/24/2014	Mon	55 Meter HH			7.48	1	
Meet of Champions	Indoor	3/1/2014	Sat	55 Meter HH			7.68	3	
Meet of Champions	Indoor	3/1/2014	Sat	55 Meter HH			7.44	1	
55 HH (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	Shuttle Hurdles 55m			8.90		
Catholic Conference Relays	Indoor	1/2/2011	Sun	Shuttle Hurdles 55m			8.70		PR
Union County Relay Championship	Indoor	1/10/2011	Mon	Shuttle Hurdles 55m			8.90		
Non Public State Relays	Indoor	1/15/2011	Sat	Shuttle Hurdles 55m			9.00		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	Shuttle Hurdles 55m			7.50		PR
NJCTC Relays	Indoor	12/30/2012	Sun	Shuttle Hurdles 55m			7.60		
Union County Relay Championship	Indoor	1/5/2013	Sat	Shuttle Hurdles 55m			7.40		PR
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	Shuttle Hurdles 55m			7.60		
New Balance Indoor Nationals	Indoor	3/9/2013	Sat	Shuttle Hurdles 55m			7.30		PR
NJCTC Relays	Indoor	1/5/2014	Sun	Shuttle Hurdles 55m			7.40		
Union County Relay Championship	Indoor	1/8/2014	Wed	Shuttle Hurdles 55m			7.10		PR
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	Shuttle Hurdles 55m			7.40		
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	Shuttle Hurdles 55m			7.10		
60 HH (Open)									
New Balance Indoor Nationals	Indoor	3/9/2013	Sat	60 Meter HH			8.14	10	
New Balance Indoor Nationals	Indoor	3/10/2013	Sun	60 Meter HH			8.08	11	PR
100 (Open)									
Meet vs Summit	Outdoor	4/5/2011	Tues	100 Meter Dash		42 Degrees	11.40	1	
UCC Divisional Championship	Outdoor	5/13/2011	Friday	100 Meter Dash		_	11.65	6	
UCC Divisional Championship	Outdoor	5/13/2011	Friday	100 Meter Dash			11.65	5	
100 (Relay)									
Summit Relays	Outdoor	4/2/2011	Sat	4 x 100 Meter		52 and Partly Sunny			
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 100 Meter		58, Partly Cloudy			
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 100 Meter		High 40's and Rainy			Poor
Penn Relays	Outdoor	4/29/2011	Friday	4 x 100 Meter		-			
Union County Relay Championship	Outdoor	5/5/2011	Thurs	4 x 100 Meter		65, Sunny			
· ·									

Page 2 of 10 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Summit Relays	Outdoor	4/7/2012	Sat	4 x 100 Meter	Otart Time	Weather	rtocuit	1 1400	
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 100 Meter		69 and Sunny			
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	4 x 100 Meter		oo ana canny			
Non Public A State Championship	Outdoor	6/1/2013	Sat	4 x 100 Meter		91 Degrees			
Meet of Champions	Outdoor	6/5/2013	Wed	4 x 100 Meter		75 / Sunny			
Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 100 Meter		707 0011119			
The Penn Relays	Outdoor	4/25/2014		4 x 100 Meter					
Union County Relay Championship	Outdoor	5/1/2014	-	4 x 100 Meter		70 & Sunny			
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	4 x 100 Meter		68 Degrees			
Non Public A State Championship	Outdoor	5/31/2014	Sat	4 x 100 Meter		10 10			
110 HH (Open)									
Meet vs Summit	Outdoor	4/5/2011	Tues	110 Meter HH		42 Degrees	18.10		
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	110 Meter HH		82 / Sunny	14.23	1	
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	110 Meter HH		82 / Sunny	14.19	2	PR
Arcadia Invitational	Outdoor	4/12/2014	Sat	110 Meter HH		85 / Sunny	14.47	5	
Union County Conference Championship	Outdoor	5/10/2014	Sat	110 Meter HH		68 / Light Rain	14.98	2	
Union County Conference Championship	Outdoor	5/10/2014	Sat	110 Meter HH		68 / Light Rain	14.65	1	
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	110 Meter HH		68 Degrees	14.62	2	
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	110 Meter HH		68 Degrees	14.47	1	
Non Public A State Championship	Outdoor	5/31/2014	Sat	110 Meter HH			14.33	1	
Non Public A State Championship	Outdoor	5/31/2014	Sat	110 Meter HH			14.44	1	
Meet of Champions	Outdoor	6/4/2014	Wed	110 Meter HH		80 & Sunny	14.19	1	
Meet of Champions	Outdoor	6/4/2014	Wed	110 Meter HH		80 & Sunny	14.20	1	
New Balance Outdoor Nationals	Outdoor	6/14/2014	Sat	110 Meter HH			14.17	13	PR
110 HH (Relay)									
The Metuchen Relays	Outdoor	4/6/2013	Sat	Shuttle Hurdles 110m		Low 50's, Fairly Windy	14.60		
Blue Devil Classic	Outdoor	4/20/2013	Sat	Shuttle Hurdles 110m		58 Sun/Clouds	14.30		PR
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	Shuttle Hurdles 110m		82 / Sunny	14.20		PR
Metuchen Relays	Outdoor	4/5/2014	Sat	Shuttle Hurdles 110m		58 / Windy!	13.70		PR
Arcadia Invitational	Outdoor	4/11/2014	Friday	Shuttle Hurdles 110m		85 / Sunny	13.90		
Union County Relay Championship	Outdoor	5/2/2014	Friday	Shuttle Hurdles 110m		70 & Sunny	13.90		

Page 3 of 10 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
New Balance Outdoor Nationals	Outdoor	6/14/2014	Sat	Shuttle Hurdles 110m			14.00		
200 (Open)									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	200 Meter			23.70	1	
Meet vs Summit	Outdoor	4/5/2011	Tues	200 Meter		42 Degrees	23.50	3	
Meet vs Arthur L. Johnson	Outdoor	4/20/2011	Wed	200 Meter		70, Sunny	23.40		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	200 Meter		75, Sunny	23.60	3	
UCC Divisional Championship	Outdoor	5/14/2011	Sat	200 Meter			23.78	8	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	200 Meter		52, Sunny, Windy	23.20	3	PR
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	200 Meter		58 and Sunny	23.50	2	
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	200 Meter		70 Degrees	22.90		PR
200 (Relay)									
Passarreli Relays	Indoor	12/19/2010	Sun	4 x 200 Meter			24.40		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	SMR 4-2-2-8			24.50		
Union County Relay Championship	Indoor	1/8/2011	Sat	4 x 200 Meter			24.90		Bad
Union County Relay Championship	Indoor	1/8/2011	Sat	DMR 8-2-4-1K			25.40		
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 200 Meter			24.30		PR
Eastern States Invitational	Indoor	3/1/2011	Tues	4 x 200 Meter			23.50		PR
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 200 Meter		58, Partly Cloudy	23.10		
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 200 Meter		High 40's and Rainy	23.00		PR
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 200 Meter		65, Sunny	22.60		PR
Eastern States Invitational	Indoor	2/28/2012	Tues	4 x 200 Meter			22.80		
Eastern States Invitational	Indoor	2/28/2012	Tues	4 x 200 Meter			22.50		PR
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 200 Meter		75 Degrees and Sunny	22.80		
NJCTC Relays	Outdoor	4/15/2012	Sun	SMR 2-2-4-8		75 Degrees and Sunny	22.60		
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 200 Meter					DNF
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	SMR 2-2-4-8			22.00		
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	4 x 200 Meter			22.80		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			22.70		
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 200 Meter			23.20		
Non Public B State Relay Championship	o Indoor	1/12/2013	Sat	SMR 4-2-2-8			23.20		
New Balance Games	Indoor	1/26/2013	Sat	SMR 4-2-2-8			26.20		Fell

Page 4 of 10 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Armory Collegiate Invitational	Indoor	2/2/2013	Sat	4 x 200 Meter			22.50		
New Balance Indoor Nationals	Indoor	3/9/2013	Sat	4 x 200 Meter			22.60		
New Balance Indoor Nationals	Indoor	3/10/2013	Sun	4 x 200 Meter			22.20		PR
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	4 x 200 Meter		82 / Sunny	22.70		
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	SMR 1-1-2-4		82 / Sunny	22.70		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 200 Meter			22.00		PR
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 200 Meter			22.60		
NJCTC Relays	Indoor	1/5/2014	Sun	SMR 4-2-2-8			22.70		
Union County Relay Championship	Indoor	1/8/2014	Wed	4 x 200 Meter			22.60		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 200 Meter			22.80		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	SMR 4-2-2-8			22.73		
Armory Collegiate Invitational	Indoor	2/8/2014	Sat	4 x 200 Meter			22.60		
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	4 x 200 Meter			22.20		
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	SMR 2-2-4-8			22.00		
New Balance Indoor Nationals	Indoor	3/16/2014	Sun	4 x 200 Meter			22.10		
Arcadia Invitational	Outdoor	4/11/2014	Friday	4 x 200 Meter		85 / Sunny	21.50		PR
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 200 Meter		70 & Sunny	22.10		
New Balance Outdoor Nationals	Outdoor	6/13/2014	Friday	Swedish Relay 1-2-3-4			22.50		
300 (Open)									
Catholic Conference Championship	Indoor	2/6/2011	Sun	300 Meter			38.27	11	
NJCTC Championship	Indoor	2/12/2012	Sun	300 Meter			37.34	11	PR
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	300 Meter			36.67	5	PR
NJCTC Championship	Indoor	2/10/2013	Sun	300 Meter			37.13	10	
300 (Relay)									
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	Swedish Relay 1-2-3-4		82 / Sunny	34.50		
400 (Open)									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	400 Meter			53.10	1	24.8
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	400 Meter			54.10	1	26.9
Non Public A State Championship	Indoor	2/19/2011	Sat	400 Meter			53.03	10	25.1,PR
New Balance Indoor Nationals	Indoor	3/12/2011	Sat	400 Meter			52.21	5	PR

Page 5 of 10 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	400 Meter		75, Sunny	50.40	1	
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	400 Meter			52.10	3	
Non Public A North State Sectionals	Outdoor	5/27/2011	Friday	400 Meter			51.17	9	
New Balance Outdoor Nationals	Outdoor	6/16/2011	Thurs	400 Meter		85 Sunny	50.06	5	PR
Union County Championship	Indoor	1/21/2012	Sat	400 Meter			53.17	7	25.4
Ed Church Invitational	Indoor	2/9/2012	Thurs	400 Meter			53.20	1	
Non Public B State Championship	Indoor	2/17/2012	Friday	400 Meter			52.42	6	24.2
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	400 Meter		52, Sunny, Windy	52.60	1	
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	400 Meter		65 and Sunny	51.50		
Union County Championship	Indoor	1/20/2013	Sun	400 Meter			51.76	3	24.3,PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	400 Meter		70 Degrees	50.90	1	
Union County Championship	Indoor	1/24/2014	Friday	400 Meter			52.40	4	
Non Public A State Championship	Indoor	2/15/2014	Sat	400 Meter			51.65	4	PR
400 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 400 Meter			58.70		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			54.80		26.3,PR
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 400 Meter			57.60		27, Fell
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	4 x 400 Meter			55.40		26.9
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	4 x 400 Meter			54.60		26.6,PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	4 x 400 Meter			52.40		24.9,PR
Eastern States Invitational	Indoor	3/1/2011	Tues	4 x 400 Meter			52.10		24.3,PR
New Balance Indoor Nationals	Indoor	3/13/2011	Sun	4 x 400 Meter			52.70		
Summit Relays	Outdoor	4/2/2011	Sat	4 x 400 Meter		52 and Partly Sunny	51.60		24
Metuchen Frosh/Soph 2	Outdoor	4/8/2011	Friday	SMR 2-2-4-8		45 and Rainy	52.30		24.0
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 400 Meter		58, Partly Cloudy	52.90		26.8
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	4 x 400 Meter		70, Sunny	53.30		
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 400 Meter		High 40's and Rainy	53.90		
Penn Relays	Outdoor	4/30/2011	Sat	4 x 400 Meter			51.27		PR
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 400 Meter		65, Sunny	51.60		25
Union County Championship	Outdoor	5/21/2011	Sat	4 x 400 Meter		68, Cloudy	49.80		PR
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	4 x 400 Meter			49.70		PR

Page 6 of 10 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public A State Championship	Outdoor	6/4/2011	Sat	4 x 400 Meter			50.20		
Meet of Champions	Outdoor	6/9/2011	Thurs	4 x 400 Meter			51.70		
New Balance Outdoor Nationals	Outdoor	6/18/2011	Sat	4 x 400 Meter		85 Sunny	50.80		23.0
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 400 Meter			52.60		24.5
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	4 x 400 Meter			57.10		27.3
New Balance Collegiate Games	Outdoor	2/3/2012	Friday	4 x 400 Meter			51.00		23.7
NJCTC Championship	Indoor	2/12/2012	Sun	4 x 400 Meter			52.70		24.6
Non Public B State Championship	Indoor	2/17/2012	Friday	4 x 400 Meter			51.80		25.0,
Meet of Champions	Indoor	2/25/2012	Sat	4 x 400 Meter			50.90		23.5
New Balance Indoor Nationals	Indoor	3/9/2012	Friday	4 x 400 Meter			50.71	2	23.8,PR
New Balance Indoor Nationals	Indoor	3/11/2012	Sun	SMR 2-2-4-8			51.50		23.9
Summit Relays	Outdoor	4/7/2012	Sat	4 x 400 Meter			50.60		
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	4 x 400 Meter		65 and Sunny	57.30		
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 400 Meter		69 and Sunny	49.70		
The Penn Relays	Outdoor	4/27/2012	Friday	DMR 12-4-8-16			51.30	2	22.7,28.
The Penn Relays	Outdoor	4/28/2012	Sat	4 x 400 Meter			50.30		
Union County Championship	Outdoor	5/18/2012	Friday	4 x 400 Meter		72, Sunny	50.60		
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	4 x 400 Meter		78 Degrees, Sunny	49.90		
Non Public A State Championship	Outdoor	6/2/2012	Sat	4 x 400 Meter		Cool, Windy	50.10		
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	SMR 1-1-2-4			50.04		
New Balance Outdoor Nationals	Outdoor	6/16/2012	Sat	4 x 400 Meter			49.70		
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 400 Meter			50.90		24.4
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 400 Meter			51.60		24.9
Millrose Games Trials	Indoor	1/16/2013	Wed	4 x 400 Meter			50.50		PR
Armory Collegiate Invitational	Indoor	2/1/2013	Friday	4 x 400 Meter			50.90		
The Millrose Games	Indoor	2/16/2013	Sat	4 x 400 Meter			50.64		PR
Meet of Champions	Indoor	2/23/2013	Sat	4 x 400 Meter			50.90		24.2
Eastern States Invitational	Indoor	2/25/2013	Mon	4 x 400 Meter			50.60		24.2
New Balance Indoor Nationals	Indoor	3/10/2013	Sun	4 x 400 Meter			50.10		PR
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 400 Meter		58 Sun/Clouds	49.50		PR
The Penn Relays	Outdoor	4/27/2013	Sat	4 x 400 Meter		68 / Sunny	50.00		

Page 7 of 10 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
The Penn Relays	Outdoor	4/27/2013	Sat	4 x 400 Meter		68 / Sunny	50.20		
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	4 x 400 Meter			51.30		
Non Public A State Championship	Outdoor	6/1/2013	Sat	4 x 400 Meter		91 Degrees	50.50		
Bishop Loughlin Games	Indoor	12/21/2013	Sat	4 x 400 Meter			50.70		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 400 Meter			49.70		PR
Union County Relay Championship	Indoor	1/8/2014	Wed	4 x 400 Meter			51.10		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 400 Meter			51.50		
Armory Collegiate Invitational	Indoor	2/7/2014	Friday	4 x 400 Meter			49.90		23.5
Non Public A State Championship	Indoor	2/15/2014	Sat	4 x 400 Meter			51.90		
Eastern States Invitational	Indoor	2/24/2014	Mon	4 x 400 Meter			50.40		25.2
Meet of Champions	Indoor	3/1/2014	Sat	4 x 400 Meter			50.90		23.5
New Balance Indoor Nationals	Indoor	3/16/2014	Sun	4 x 400 Meter			49.70		
Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 400 Meter			51.20		
The Penn Relays	Outdoor	4/26/2014	Sat	4 x 400 Meter			48.85		
The Penn Relays	Outdoor	4/26/2014	Sat	4 x 400 Meter			48.80		PR
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	4 x 400 Meter		68 Degrees	49.60		
New Balance Outdoor Nationals	Outdoor	6/15/2014	Sun	4 x 400 Meter			49.70		
400 IH (Open)									
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	400 Meter IH		70, Sunny	59.90	2	
UCC Divisional Championship	Outdoor	5/13/2011	Friday	400 Meter IH			56.89	2	PR
Union County Championship	Outdoor	5/20/2011	Friday	400 Meter IH		68, Cloudy	55.25	2	PR
Non Public A North State Sectionals	Outdoor	5/27/2011	Friday	400 Meter IH			56.31	2	
Non Public A State Championship	Outdoor	6/3/2011	Friday	400 Meter IH			55.89	1	
Meet of Champions	Outdoor	6/9/2011	Thurs	400 Meter IH			54.68	9	PR
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	400 Meter IH		58 and Sunny	56.90	2	
Union County Championship	Outdoor	5/17/2012	Thurs	400 Meter IH		72, Sunny	54.44	4	PR
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	400 Meter IH		78 Degrees, Sunny	54.49	1	Meet
Non Public A State Championship	Outdoor	6/1/2012	Friday	400 Meter IH		Cool, Windy	57.91	7	
New Balance Outdoor Nationals	Outdoor	6/16/2012	Sat	400 Meter IH			53.99	2	
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	400 Meter IH		70 Degrees	56.40	2	
Union County Championship	Outdoor	5/16/2013	Thurs	400 Meter IH		82 / Sunny	54.59	2	

Page 8 of 10 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	400 Meter IH			57.54	5	
Non Public A State Championship	Outdoor	5/31/2013	Friday	400 Meter IH		91 Degrees	53.89	3	
Meet of Champions	Outdoor	6/5/2013	Wed	400 Meter IH		75 / Sunny	54.73	10	
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	400 Meter IH		58 / Sunny	55.10	1	
Union County Conference Championship	Outdoor	5/9/2014	Friday	400 Meter IH		68 / Light Rain	57.81	3	
Union County Championship	Outdoor	5/15/2014	Thurs	400 Meter IH			53.98	1	
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	400 Meter IH		68 Degrees	54.28	1	
Non Public A State Championship	Outdoor	5/30/2014	Friday	400 Meter IH			53.91	1	
Meet of Champions	Outdoor	6/4/2014	Wed	400 Meter IH		80 & Sunny	53.91	3	
400 IH (Relay)									
Summit Relays	Outdoor	4/2/2011	Sat	3 x 400 IH		52 and Partly Sunny	1:01.12	9	
Union County Relay Championship	Outdoor	5/5/2011	Thurs	3 x 400 IH		65, Sunny	57.18	4	PR
NJCTC Relays	Outdoor	4/15/2012	Sun	3 x 400 IH		75 Degrees and Sunny	59.90		Fell
Blue Devil Classic	Outdoor	4/21/2012	Sat	3 x 400 IH		69 and Sunny	55.62	1	PR
Union County Relay Championship	Outdoor	5/3/2012	Thurs	3 x 400 IH			55.14	3	PR
East Coast Relays	Outdoor	5/21/2012	Mon	3 x 400 IH		62, Heavy Rain	55.50	1	
Blue Devil Classic	Outdoor	4/20/2013	Sat	3 x 400 IH		58 Sun/Clouds	56.11	4	
Morris Hills Relays	Outdoor	4/19/2014	Sat	3 x 400 IH			55.28	1	
Union County Relay Championship	Outdoor	5/1/2014	Thurs	3 x 400 IH		70 & Sunny	54.05	1	PR
800 (Open)									
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	800 Meter			2:11.30	6	31.8
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	800 Meter			2:07.50	1	60
800 (Relay)									
Passarreli Relays	Indoor	12/19/2010	Sun	4 x 800 Meter			2:13.90		64.7
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 800 Meter			2:16.10		64.4
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter			2:15.30		66.4
Summit Relays	Outdoor	4/7/2012	Sat	4 x 800 Meter			2:05.60		60 65
Meet of Champions	Outdoor	6/7/2012	Thurs	4 x 800 Meter			1:58.10		PR
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 800 Meter			2:10.50		1:01.2,
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 800 Meter			2:03.40	,	58.4,PR

Page 9 of 10 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public B State Relay Championsh	nip Indoor	1/12/2013	Sat	4 x 800 Meter			2:03.90		58.3
Varsity Classic	Indoor	2/4/2013	Mon	4 x 800 Meter			2:03.00		58.7,PR
The Millrose Games	Indoor	2/16/2013	Sat	4 x 800 Meter			2:00.45		56,PR
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 800 Meter		Low 50's, Fairly Windy	2:02.50		26.8
The Penn Relays	Outdoor	4/25/2013	Thurs	4 x 800 Meter		68 / Sunny	2:01.20		
<i>5150</i>									
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	22:35.00	168	
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	21:41.00	169	PR

Page 10 oi10 Report Date: 10/12/2014