



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Open)									
Passarrelis Relays	Indoor	12/19/2010	Sun	1.0 Mile Run			5:13.30		2:33
1.0 mile (Relay)									
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	4xMile			5:02.30		
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	4xMile			4:53.20		2:22
400 (Relay)									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	4 x 400 Meter		49 Degrees, Partly Cloudy	1:09.70		
Summit Relays	Outdoor	4/3/2010	Sat	4 x 400 Meter		75 Degrees, Sunny	1:04.60		PR
Summit Relays	Outdoor	4/3/2010	Sat	SMR 2-2-4-8		75 Degrees, Sunny	1:05.70		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	4 x 400 Meter		70 Degrees & Sunny	1:08.60		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	1:04.10		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			1:05.80		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			1:01.00		29.6
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	4 x 400 Meter		75, Sunny	1:01.20		PR
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 400 Meter			57.30		27.4
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	4 x 400 Meter			57.90		PR
440 Y (Relay)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed	1.0 Mile Relay			1:14.00		
800 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	800 Meter			2:33.20		PR
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	800 Meter		49 Degrees, Partly Cloudy	2:43.00		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	800 Meter			2:24.60		
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	800 Meter			2:07.80		59,PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	800 Meter		70 Degrees	2:12.90		
800 (Relay)									
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 800 Meter			2:28.60		1:08.7
Passarrelis Relays	Indoor	12/19/2010	Sun	4 x 800 Meter			2:23.90		67 77.6
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	SMR 4-2-2-8			2:20.40		67
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter			2:23.60		69.1
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 800 Meter		High 40's and Rainy	2:18.70		PR



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Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 800 Meter			2:10.10		62, 68
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 800 Meter			2:09.80		65, 64,
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 800 Meter			2:09.90		62.2
Summit Relays	Outdoor	4/7/2012	Sat	4 x 800 Meter			2:13.80		62,PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	DMR 12-4-8-16		69 and Sunny	2:08.90		63,PR
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 800 Meter			2:13.80		1:05.6
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 800 Meter			2:08.90		62 33
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 800 Meter			2:07.70		1:01.5,
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 800 Meter		58 Sun/Clouds	2:10.80		
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	4 x 800 Meter			2:08.20		PR
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	4 x 800 Meter		82 / Sunny	2:07.30		PR
880 Y (Open)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				2:54.00		
1000 (Open)									
NJCTC Championship	Indoor	2/10/2013	Sun	1000 Meter			2:55.81	27	
1000 (Relay)									
Union County Relay Championship	Indoor	1/8/2011	Sat	DMR 8-2-4-1K			3:02.00		2:22
1200 (Relay)									
Catholic Conference Relays	Indoor	1/2/2011	Sun	DMR 12-4-8-16			3:45.90		2:25.9
Summit Relays	Outdoor	4/7/2012	Sat	DMR 12-4-8-16			3:32.90		68 2:22
1500 (Relay)									
NJCTC Relays	Outdoor	4/10/2011	Sun	1500 Meter		58, Partly Cloudy	4:51.00		2:24
NJCTC Relays	Outdoor	4/15/2012	Sun	1500 Meter		75 Degrees and Sunny	4:45.10		PR
NJCTC Relays	Outdoor	4/14/2013	Sun	1500 Meter		60 Degrees, Sunny, Light	4:32.60		PR
1600 (Open)									
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	1600 Meter		70 Degrees & Sunny	5:39.30		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	1600 Meter			5:24.00		PR
Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	1600 Meter			5:49.20		2:44.6
Union County JV Meet	Outdoor	5/11/2010	Tues	1600 Meter			5:21.40		2:38,PR
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	1600 Meter			5:10.10		2:32



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NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	1600 Meter			5:07.40		2:28,PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	1600 Meter			5:10.77	41	2:25
Non Public A State Championship	Indoor	2/19/2011	Sat	1600 Meter			5:05.15	26	2:27,PR
Meet vs Summit	Outdoor	4/5/2011	Tues	1600 Meter		42 Degrees	4:59.90	3	2:24,PR
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	1600 Meter		70, Sunny	5:08.50		
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	1600 Meter			4:51.70	5	PR
Non Public A North State Sectionals	Outdoor	5/27/2011	Friday	1600 Meter			4:58.24	21	
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	1600 Meter			4:58.00		2:28,PR
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	1600 Meter			4:49.30		2:22,PR
NJCTC Championship	Indoor	2/12/2012	Sun	1600 Meter			4:58.05	33	
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	1600 Meter			4:54.00	1	72 2:27
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	1600 Meter		52, Sunny, Windy	4:58.10		
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	1600 Meter		65 and Sunny	5:01.00		2:22
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	1600 Meter			4:56.90		
Varsity Classic	Indoor	2/4/2013	Mon	1600 Meter			4:52.40		2:20
NJCTC Championship	Indoor	2/10/2013	Sun	1600 Meter			4:51.75	23	2.24.8
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	1600 Meter			4:55.30	2	2:26
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	1600 Meter		70 Degrees	4:49.90	2	2:23,PR
1600 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	DMR 12-4-8-16			5:28.10		Miscoun
Non Public State Relays	Indoor	1/15/2011	Sat	DMR 12-4-8-16			5:02.90		2:24,
Summit Relays	Outdoor	4/2/2011	Sat	DMR 12-4-8-16		52 and Partly Sunny	5:00.40		2:21
Metuchen Frosh/Soph 2	Outdoor	4/8/2011	Friday	4 x 1600 Meter		45 and Rainy	4:59.70		2:24
NJCTC Relays	Outdoor	4/10/2011	Sun	DMR 12-4-8-16		58, Partly Cloudy	4:57.60		2:29,PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	DMR 12-4-8-16		High 40's and Rainy	5:08.80		
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 1600 Meter			5:01.60		
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 1600 Meter			4:50.70		PR
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	DMR 12-4-8-16			5:01.00		2:26,PR
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	4:50.50		PR
Randolph Invitational	Outdoor	4/27/2013	Sat	4 x 1600 Meter		70 Degrees / Sunny	4:51.20		2:23
Union County Relays	Outdoor	5/3/2013	Friday	4 x 1600 Meter		70 Sunny	4:45.10		PR



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2.5 miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2010	Sat	2.5 Mile		65 / Sunny	15:40.33	36	
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2011	Sun				14:24.58	26	PR
3200									
XC Time Trial Two	Union Catholic Track	11/10/2012	Sat	3200 Meter		60, Partly Sunny	10:22.00	4	PR
3200 (Open)									
Union County Championship	Indoor	1/22/2011	Sat	3200 Meter			11:00.83	22	5:17,
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	3200 Meter			11:11.00		5:19
Meet vs Summit	Outdoor	4/5/2011	Tues	3200 Meter		42 Degrees	11:58.00		
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	3200 Meter		70, Sunny	11:44.00		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	3200 Meter		75, Sunny	11:24.40		PR
UCC Divisional Championship	Outdoor	5/14/2011	Sat	3200 Meter			10:39.72	6	PR
Union County Championship	Outdoor	5/21/2011	Sat	3200 Meter		68, Cloudy	10:39.12	17	PR
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	3200 Meter			10:46.23	16	
Union County Championship	Indoor	1/21/2012	Sat	3200 Meter			10:36.41	10	
Non Public B State Championship	Indoor	2/17/2012	Friday	3200 Meter			10:27.38	6	PR
Meet of Champions	Indoor	2/25/2012	Sat	3200 Meter			10:34.20	39	
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	3200 Meter			11:38.00		5:53
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	3200 Meter		52, Sunny, Windy	11:22.20	4	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	3200 Meter		58 and Sunny	10:39.40	1	5:16
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	3200 Meter		65 and Sunny	11:23.80		
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	3200 Meter			11:23.00		
Union County Conference Championship	Outdoor	5/12/2012	Sat	3200 Meter			10:53.83	10	
Union County Championship	Outdoor	5/18/2012	Friday	3200 Meter		72, Sunny	10:58.27	18	
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	3200 Meter		78 Degrees, Sunny	10:50.52	19	
Cross Country Time Trial	Outdoor	8/30/2012	Thurs	3200 Meter			10:24.00	1	PR
Union County Championship	Indoor	1/20/2013	Sun	3200 Meter			10:55.15	19	5:05
Non Public B State Championship	Indoor	2/15/2013	Friday	3200 Meter			10:24.30	8	PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	3200 Meter			11:18.00	1	5:40
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	3200 Meter		70 Degrees	10:58.00		5:30



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Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	3200 Meter		70 Degrees	10:58.00	1	5:31
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	3200 Meter			10:26.90		
Union County Conference Championship	Outdoor	5/11/2013	Sat	3200 Meter		72 Degrees	10:27.35	5	
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	3200 Meter			10:46.79	15	5:10
5000									
Randolph Invitational	Freedom Park	9/10/2010	Friday	5K			20:00.83	30	
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	20:53.00		
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat	5K		80 and Sunny	19:21.42	20	
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	5K			19:20.00	23	
Non Public A State Championship	Holmdel Park	11/13/2010	Sat	5K		55 and Sunny	18:35.41	78	PR
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	18:05.16	28	PR
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	5K			17:44.00	18	
Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	5K			17:38.00	2	PR
Non Public B State Championship	Holmdel Park	11/12/2011	Sat	5K		50 Degrees / Windy	17:37.02	12	
Meet of Champions	Holmdel Park	11/19/2011	Sat	5K		45 / A little Wind	17:37.55	129	
Randolph Invitational	Freedom Park	9/7/2012	Friday	5K			17:24.69	7	PR
UC vs ALJ and Rahway	Rahway Park	9/11/2012	Tues	5K		75 Degrees and Sunny	17:41.00		
Paul Short Run	Lehigh University	9/28/2012	Friday	5K		70 Degrees, Muddy	17:39.00	64	
Non Public A State Championship	Holmdel Park	11/17/2012	Sat	5K			17:50.67	58	
5000 (Open)									
The Metuchen Relays	Outdoor	4/6/2013	Sat	1000 Meter		Low 50's, Fairly Windy	16:39.72	21	
5150									
UC vs Cranford	Warinanco Park	9/29/2010	Wed	5150 Meters			20:02.00		
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	18:54.00		PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			19:55.00		
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	18:38.00	19	PR
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	18:38.00	13	
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues	5150 Meters		80 Degrees / Sunny	18:53.00		
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			19:09.00		
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	18:30.00	6	PR



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UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	5150 Meters			17:32.00	9	PR
Union County Championship	Warinanco Park	10/26/2011	Wed	5150 Meters			17:29.00	22	PR
UC vs Rahway	Warinanco Park	10/2/2012	Tues	5150 Meters		58, Cloudy	17:55.00		
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	17:19.00	7	PR
Union County Championship	Warinanco Park	10/24/2012	Wed	5150 Meters		61 Degrees, Great	17:03.00	18	PR
5250									
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	5250 Meters			20:16.00	78	
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	5250 Meters			18:59.70	87	PR
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	5250 Meters			18:03.30	28	PR
Catholic Conference Championship	Warinanco Park	11/5/2011	Sat	5250 Meters			17:36.78	40	PR
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	5250 Meters		75, Sunny	17:48.90	21	