



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Open)									
Union County Frosh/Soph	Indoor	1/21/2009	Wed	1.0 Mile Run			5:22.00		
200 (Relay)									
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 200 Meter			28.30		
Metuchen Frosh Soph 3	Outdoor	4/18/2008	Friday	4 x 200 Meter			28.90		
400 (Relay)									
New Balance Games	Indoor	1/19/2008	Sat	4 x 400 Meter			1:03.70		
Catholic Conference Championship	Indoor	2/8/2008	Friday	4 x 400 Meter			1:04.30		
Metuchen Frosh Soph 2	Outdoor	4/11/2008	Friday	SMR 2-2-4-8			1:04.50		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 400 Meter			1:02.60		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	4 x 400 Meter			1:00.00		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	4 x 400 Meter			1:00.40		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	4 x 400 Meter		70 Degrees & Sunny	1:01.70		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			1:00.50		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			58.90		27.8,PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	4 x 400 Meter		75, Sunny	1:00.90		
800 (Open)									
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	800 Meter			2:26.30		
Union County Championship	Indoor	1/24/2009	Sat	800 Meter			2:19.79	33	
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	800 Meter			2:15.30		PR
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	800 Meter			2:15.60		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	800 Meter			2:14.40		
Non Public A State Championship	Indoor	2/19/2010	Friday	800 Meter			2:14.62		PR
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	800 Meter		70, Sunny	2:17.80		
800 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 800 Meter			2:39.30		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 800 Meter			2:31.50		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 800 Meter			2:23.70		
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 800 Meter			2:27.70		
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 800 Meter			2:26.30		



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Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	4 x 800 Meter			2:14.50		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	4 x 800 Meter			2:21.10		
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 800 Meter			2:21.30		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 800 Meter			2:28.40		
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 800 Meter			2:21.20		PR
Catholic Conference Relays	Indoor	1/3/2010	Sun	SMR 4-2-2-8			2:18.80		PR
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			2:22.60		
Catholic Conference Championship	Indoor	2/7/2010	Sun	4 x 800 Meter			2:20.50		
Summit Relays	Outdoor	4/3/2010	Sat	4 x 800 Meter		75 Degrees, Sunny	2:17.00		PR
Summit Relays	Outdoor	4/3/2010	Sat	DMR 12-4-8-16		75 Degrees, Sunny	2:20.80		
Passarrelis Relays	Indoor	12/19/2010	Sun	SMR 2-2-4-8			2:22.30		67.8
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	DMR 12-4-8-16			2:20.00		69 71
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter			2:12.90		65.2,PR
Union County Relay Championship	Indoor	1/8/2011	Sat	4 x 800 Meter			2:10.40		61.5,PR
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 800 Meter			2:20.00		67
Catholic Conference Championship	Indoor	2/6/2011	Sun	4 x 800 Meter			2:18.90		67
Summit Relays	Outdoor	4/2/2011	Sat	SMR 2-2-4-8		52 and Partly Sunny	2:20.90		67
NJCTC Relays	Outdoor	4/10/2011	Sun	DMR 12-4-8-16		58, Partly Cloudy	2:18.10		65
880 Y (Open)									
Union County Frosh/Soph	Indoor	1/21/2009	Wed				2:33.00		
Union County Frosh/Soph	Indoor	1/21/2009	Wed				2:33.00		
1000 (Open)									
Catholic Conference Championship	Indoor	2/7/2010	Sun	1000 Meter			3:01.29	33	
Catholic Conference Championship	Indoor	2/6/2011	Sun	1000 Meter			2:58.92	33	2:24,PR
1000 (Relay)									
Union County Relay Championship	Indoor	1/10/2009	Sat	DMR 8-2-4-1K			3:05.50		
1200 (Relay)									
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	DMR 12-4-8-16		73 Degrees	3:28.70		2:20.3
Blue Devil Relays	Outdoor	4/16/2010	Friday	DMR 12-4-8-16			3:31.40		2:21.0
Passarrelis Relays	Indoor	12/19/2010	Sun	DMR 12-4-8-16			3:42.10		2:25.7



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1600 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	1600 Meter			5:50.00		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	1600 Meter			5:30.40		
Meet vs Governor Livingston and Metuchen Frosh Soph 3	Outdoor	4/10/2008	Thurs	1600 Meter			5:27.50		
	Outdoor	4/18/2008	Friday	1600 Meter			5:15.30	8	
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	1600 Meter			5:18.70		
Catholic Conference Championships	Outdoor	5/25/2008	Sun	1600 Meter			5:18.01	63	
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	1600 Meter			5:15.00		
Toms River Frosh - Novice	Indoor	2/4/2009	Wed	1600 Meter			5:03.00		
NJCTC Championships	Indoor	2/8/2009	Sun	1600 Meter			4:59.94	15	
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	1600 Meter			5:01.30		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	1600 Meter			4:57.90		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	1600 Meter			4:53.40		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	1600 Meter			4:57.00	2	
NJCTC Frosh/Soph Championships	Outdoor	5/17/2009	Sun	1600 Meter			4:53.10		PR
Catholic Conference Championships	Outdoor	5/25/2009	Mon	1600 Meter			4:48.01	20	
Merli Invitational	Indoor	12/19/2009	Sat	1600 Meter			5:17.16		
Metropolitan Invitational	Indoor	2/3/2010	Wed	1600 Meter			5:05.60		
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	1600 Meter		49 Degrees, Partly Cloudy	5:04.30		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	1600 Meter		70 Degrees & Sunny	5:07.40		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	1600 Meter			4:53.20		2:25.9
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	1600 Meter			4:58.00	3	
Union County JV Meet	Outdoor	5/11/2010	Tues	1600 Meter			4:53.50		2:23
Union County Championship	Indoor	1/22/2011	Sat	1600 Meter			5:07.24	29	2:27
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	1600 Meter		75, Sunny	5:10.30		
1600 (Relay)									
Frank Burns Relays	Indoor	12/27/2008	Sat	DMR 8-2-4-1K			5:28.70		
Catholic Conference Relays	Indoor	1/4/2009	Sun	DMR 12-4-8-16			5:17.50		
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 1600 Meter			5:16.60		
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			4:58.20		
Union County Relay Championships	Outdoor	4/30/2009	Thurs	4 x 1600 Meter			4:58.90		



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Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	DMR 12-4-8-16			4:55.20		
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 1600 Meter			5:16.60		
3200 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	3200 Meter			12:00.00		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	3200 Meter			12:48.10		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	3200 Meter			11:49.80		
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	3200 Meter			11:16.00		
Non Public A State Championship	Indoor	2/13/2009	Friday	3200 Meter			11:02.63		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	3200 Meter			11:12.40	3	
Mountain Valley Conference	Outdoor	5/5/2009	Tues	3200 Meter			10:50.40		
Union County Championships	Outdoor	5/15/2009	Friday	3200 Meter			10:44.57	24	
UCC Divisional Championship	Outdoor	5/14/2011	Sat	3200 Meter			11:28.65		
5000									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	5K			19:03.00	34	
UC -vs- Summit, GL & Hillside	Memorial Park, Summit, NJ	9/22/2009	Tues	5K		78 Degrees. No Wind	18:46.00	10	
Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	5K		64 Degrees and Clear	18:50.00	60	PR
Shore Coaches Invitational	Holmdel Park	10/3/2009	Sat	5K		68 Degrees / Clear	20:34.00	64	
Randolph Invitational	Freedom Park	9/10/2010	Friday	5K			18:31.74	38	
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	18:55.00	8	
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	18:43.00		PR
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat	5K		80 and Sunny	18:24.00	48	
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	5K			19:11.00	105	PR
Non Public A State Championship	Holmdel Park	11/13/2010	Sat	5K		55 and Sunny	18:51.14	90	PR
5150									
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			19:01.00	5	
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	19:28.00	13	
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	18:40.00	7	PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			18:17.00		PR
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	17:48.00	13	PR
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	18:46.00	51	



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
5250									
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	5250 Meters			19:55.00	85	
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	5250 Meters		73 Degrees and Sunny	19:18.00	79	PR
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	5250 Meters			18:44.20	56	PR
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	5250 Meters			18:54.80	85	