

Boys XC / Track / Field Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
200 (Open)									
Metuchen Frosh Soph 4	Outdoor	5/11/2007	Friday	200 Meter			28.20		
200 (Relay)									
Catholic Conference Relays	Indoor	1/6/2008	Sun	SMR 4-2-2-8			29.50		
Colts Neck Relays	Outdoor	4/11/2009	Sat	SMR 4-2-2-8			29.50		
400 (Relay)									
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 400 Meter			1:01.30		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	4 x 400 Meter			1:02.70		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			1:00.50		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			58.80		PR
800 (Open)									
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	800 Meter			2:53.00		
Mountain Valley Conference Novice Mee	et Outdoor	5/14/2007	Mon	800 Meter			2:38.50		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	800 Meter			2:28.10		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	800 Meter			2:23.30		
800 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	SMR 4-2-2-8			2:39.90		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 800 Meter			2:21.20		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	4 x 800 Meter			2:26.50		
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			2:22.90		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 800 Meter			2:29.80		
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 800 Meter			2:17.10		
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 800 Meter			2:23.00		
Non Public State Relays	Indoor	1/16/2010	Sat	SMR 4-2-2-8			2:12.70		PR
Summit Relays	Outdoor	4/3/2010	Sat	4 x 800 Meter		75 Degrees, Sunny	2:13.20		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 800 Meter		73 Degrees	2:10.70		1:03.3
1000 (Relay)									
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			2:51.90		
1200 (Relay)									
Summit Relays	Outdoor	4/3/2010	Sat	DMR 12-4-8-16		75 Degrees, Sunny	3:31.90		

Page 1 of 3 Report Date: 10/12/2014



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1600 (Open)									
NJCTC Frosh/Soph C	Championships	Indoor	1/27/2008	Sun	1600 Meter		5:37.10		
Scrimmage vs St. Joe	es Mon Don ND	Outdoor	3/22/2008	Sat	1600 Meter		5:42.40		
Meet vs Governor Livi	ringston and	Outdoor	4/10/2008	Thurs	1600 Meter		5:13.20		
NJCTC Frosh/Soph C	Championships	Outdoor	5/18/2008	Sun	1600 Meter		5:08.80		
Meet vs Roselle Cath	olic and Roselle	Outdoor	4/28/2009	Tues	1600 Meter		5:07.50		
Scrimmage vs St. Joe	e's/Mon Don/Notre	Outdoor	3/27/2010	Sat	1600 Meter	49 Degrees, Partly Cloudy	4:55.10		
Meet vs Summit and	Cranford	Outdoor	4/6/2010	Tues	1600 Meter	70 Degrees & Sunny	4:48.50	3	
Meet vs Arthur L John	nson	Outdoor	4/13/2010	Tues	1600 Meter		4:43.80	1	2:23.6
Meet vs Roselle Cath	olic and Roselle	Outdoor	4/20/2010	Tues	1600 Meter		4:41.80	1	PR
UCC Divisional Cham	npionship	Outdoor	5/5/2010	Wed	1600 Meter		4:38.20	5	2:16.9,
Union County Champ	oionship	Outdoor	5/14/2010	Friday	1600 Meter		4:43.50	16	
1600 (Relay)									
Metuchen Frosh Soph	h 2	Outdoor	4/11/2008	Friday	4 x 1600 Meter		5:13.80		
Frank Burns Relays		Indoor	12/27/200	9 Sun	DMR 12-4-8-16		4:56.00		
Catholic Conference F	Relays	Indoor	1/3/2010	Sun	DMR 12-4-8-16		5:06.00		
NJCTC Spring Relays	S	Outdoor	4/11/2010	Sun	DMR 12-4-8-16	73 Degrees	4:51.20		2:23.9
Blue Devil Relays		Outdoor	4/16/2010	Friday	DMR 12-4-8-16		4:43.90		2:17.7,
Union County Relay C	Championship	Outdoor	4/30/2010	Friday	4 x 1600 Meter		4:40.40		2:12.9,
3200 (Open)									
Meet vs Cranford and	d Hillside	Outdoor	4/15/2008	Tues	3200 Meter		11:20.20	2	
Union County Champ	oionship	Indoor	1/23/2010	Sat	3200 Meter		10:17.95	9	PR
Catholic Conference (Championship	Indoor	2/7/2010	Sun	3200 Meter		10:16.97	6	PR
Non Public A State Ch	hampionship	Indoor	2/19/2010	Friday	3200 Meter		10:02.46	10	PR
Scrimmage vs St. Joe	e's/Mon Don/Notre	Outdoor	3/27/2010	Sat	3200 Meter	49 Degrees, Partly Cloudy	11:54.40		
Meet vs Summit and	Cranford	Outdoor	4/6/2010	Tues	3200 Meter	70 Degrees & Sunny	11:17.20	2	
UCC Divisional Cham	npionship	Outdoor	5/6/2010	Thurs	3200 Meter		9:56.30	2	PR
Union County Champ	oionship	Outdoor	5/15/2010	Sat	3200 Meter		9:55.58	6	PR
NP A South State Sec	ctionals	Outdoor	5/22/2010	Sat	3200 Meter		9:53.23	9	PR

Page 2 of 3 Report Date: 10/12/2014



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5000									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	5K			17:36.00	8	
UC -vs- Summit, GL & Hillside	Memorial Park, Summit, NJ	9/22/2009	Tues	5K		78 Degrees. No Wind	18:19.00	5	
Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	5K		64 Degrees and Clear	16:58.00	7	PR
Shore Coaches Invitational	Holmdel Park	10/3/2009	Sat	5K		68 Degrees / Clear	17:56.00	30	
Non Public A State Championship	Holmdel Park	11/14/2009	Sat	5K		55 Degrees / Muddy	17:28.00	24	PR
5150									
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			18:03.00	4	
UC -vs- Cranford	Warinanco Park	9/23/2008	Tues	5150 Meters			18:30.00	6	
Mountain Valley Conference	Warinanco Park	10/14/2008	Tues	5150 Meters			18:01.00	9	PR
UC -vs- Arthur L. Johnson & Hillside	Warinanco Park	9/15/2009	Tues	5150 Meters		78 Degrees and Sunny	17:51.00	4	PR
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	18:46.00	4	
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	5150 Meters			17:30.00	3	PR
UCC Divisional Championship	Warinanco Park	10/20/2009	Tues	5150 Meters			17:30.00	8	
Union County Championship	Warinanco Park	10/28/2009	Wed	5150 Meters		60 degrees / Muddy	17:09.00	10	PR
5250									
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	5250 Meters			17:58.00	29	
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	5250 Meters		73 Degrees and Sunny	17:21.00	12	PR
Catholic Conference Championship	Warinanco Park	11/7/2009	Sat	5250 Meters		45 Degrees	17:12.00	12	PR

Page 3 of 3 Report Date: 10/12/2014