



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 (Open)									
Union County Championship	Indoor	1/21/2012	Sat	55 Meter			6.83	11	
Non Public B State Championship	Indoor	2/17/2012	Friday	55 Meter			6.91		
Non Public B State Championship	Indoor	2/17/2012	Friday	55 Meter			6.83	7	
Meet of Champions	Indoor	2/25/2012	Sat	55 Meter			6.95	32	
55 HH (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	55 Meter HH			10.50		
Passarrelti Relays	Indoor	12/19/2010	Sun	55 Meter HH			10.30		PR
55 HH (Relay)									
Frank Burns Relays	Indoor	12/27/2009	Sun	Shuttle Hurdles 55m			12.90		
Catholic Conference Relays	Indoor	1/3/2010	Sun	Shuttle Hurdles 55m			10.80		PR
60 Y (Open)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				11.10		
100 (Open)									
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	100 Meter Dash			11.90		
Union County Championship	Outdoor	5/14/2010	Friday	100 Meter Dash			11.93	19	
NP A South State Sectionals	Outdoor	5/21/2010	Friday	100 Meter Dash			12.39	25	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	100 Meter Dash		52, Sunny, Windy	11.20	1	PR
100 (Relay)									
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 100 Meter		73 Degrees			
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 100 Meter					
Penn Relays	Outdoor	4/23/2010	Friday	4 x 100 Meter					
Summit Relays	Outdoor	4/2/2011	Sat	4 x 100 Meter		52 and Partly Sunny			
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 100 Meter		High 40's and Rainy			Poor
Penn Relays	Outdoor	4/29/2011	Friday	4 x 100 Meter					
Union County Relay Championship	Outdoor	5/5/2011	Thurs	4 x 100 Meter		65, Sunny			
Summit Relays	Outdoor	4/7/2012	Sat	4 x 100 Meter					
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 100 Meter		69 and Sunny			
The Penn Relays	Outdoor	4/27/2012	Friday	4 x 100 Meter					
Union County Relay Championship	Outdoor	5/3/2012	Thurs	4 x 100 Meter					



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110 HH (Open)									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	110 Meter HH		49 Degrees, Partly Cloudy	23.60		
110 HH (Relay)									
Summit Relays	Outdoor	4/3/2010	Sat	Shuttle Hurdles 110m		75 Degrees, Sunny	20.80		
200 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	200 Meter			25.90		
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	200 Meter		49 Degrees, Partly Cloudy	28.90		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	200 Meter		70 Degrees & Sunny	24.70		
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Friday	200 Meter		65 Degrees	25.80		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	200 Meter			24.30		
Union County JV Meet	Outdoor	5/11/2010	Tues	200 Meter			24.10		PR
Union County Championship	Outdoor	5/15/2010	Sat	200 Meter			24.39	21	
NP A South State Sectionals	Outdoor	5/22/2010	Sat	200 Meter			25.23	21	
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	200 Meter			23.90	3	PR
Meet vs Summit	Outdoor	4/5/2011	Tues	200 Meter		42 Degrees	22.90	1	PR
Meet vs Arthur L. Johnson	Outdoor	4/20/2011	Wed	200 Meter		70, Sunny	22.70		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	200 Meter		75, Sunny	23.50	2	
UCC Divisional Championship	Outdoor	5/14/2011	Sat	200 Meter			23.27	3	
Union County Championship	Outdoor	5/21/2011	Sat	200 Meter		68, Cloudy	22.79	4	PR
Union County Championship	Outdoor	5/21/2011	Sat	200 Meter		68, Cloudy	22.98	5	
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	200 Meter			22.95	8	
Non Public A State Championship	Outdoor	6/4/2011	Sat	200 Meter			23.35	12	
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	200 Meter			23.10		PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	200 Meter		52, Sunny, Windy	22.10	1	PR
Union County Conference Championship	Outdoor	5/12/2012	Sat	200 Meter			22.36	4	PR
Union County Championship	Outdoor	5/18/2012	Friday	200 Meter		72, Sunny	22.29	3	
Union County Championship	Outdoor	5/18/2012	Friday	200 Meter		72, Sunny	22.33	4	
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	200 Meter		78 Degrees, Sunny	22.43	4	
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	200 Meter		78 Degrees, Sunny	22.14	3	
Non Public A State Championship	Outdoor	6/2/2012	Sat	200 Meter		Cool, Windy	22.24	4	



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Meet of Champions	Outdoor	6/7/2012	Thurs	200 Meter			22.43	12	
200 (Relay)									
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 200 Meter			26.10		
Catholic Conference Relays	Indoor	1/3/2010	Sun	SMR 4-2-2-8			25.90		PR
Union County Relay Championship	Indoor	1/9/2010	Sat	4 x 200 Meter			26.40		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 200 Meter		73 Degrees	24.40		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 200 Meter			23.90		PR
Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	4 x 200 Meter			23.20		PR
East Coast Relays	Outdoor	5/17/2010	Mon	SMR 2-2-4-8		70 Degrees / Sunny	23.20		
Passarrelti Relays	Indoor	12/19/2010	Sun	4 x 200 Meter			24.40		PR
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 200 Meter			24.70		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	SMR 4-2-2-8			23.60		PR
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 200 Meter			23.70		
Union County Relay Championship	Indoor	1/8/2011	Sat	4 x 200 Meter			24.90		
Union County Relay Championship	Indoor	1/8/2011	Sat	SMR 4-2-2-8			24.50		
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 200 Meter			24.30		
Eastern States Invitational	Indoor	3/1/2011	Tues	4 x 200 Meter			23.30		PR
New Balance Indoor Nationals	Indoor	3/11/2011	Friday	4 x 200 Meter			22.90		PR
Summit Relays	Outdoor	4/2/2011	Sat	SMR 2-2-4-8		52 and Partly Sunny	22.70		PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 200 Meter		High 40's and Rainy	23.20		
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 200 Meter		65, Sunny	33.10		Fell
Carl Lewis Relays	Outdoor	5/23/2011	Mon	SMR 2-2-4-8			22.50		PR
New Balance Outdoor Nationals	Outdoor	6/17/2011	Friday	SMR 2-2-4-8		85 Sunny	22.60		
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	4 x 200 Meter			22.50		PR
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	SMR 4-2-2-8			22.90		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 200 Meter			22.70		
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 200 Meter			24.10		
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 200 Meter			23.30		
Eastern States Invitational	Indoor	2/28/2012	Tues	4 x 200 Meter			21.80		PR
Eastern States Invitational	Indoor	2/28/2012	Tues	4 x 200 Meter			22.60		
New Balance Indoor Nationals	Indoor	3/11/2012	Sun	SMR 2-2-4-8			22.10		



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Summit Relays	Outdoor	4/7/2012	Sat	SMR 4-2-2-8			22.30		PR
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 200 Meter			21.50		PR
East Coast Relays	Outdoor	5/21/2012	Mon	4 x 200 Meter		62, Heavy Rain	21.60		
New Balance Outdoor Nationals	Outdoor	6/15/2012	Friday	SMR 2-2-4-8			21.90		
300 (Open)									
Catholic Conference Championship	Indoor	2/6/2011	Sun	300 Meter			38.36	12	PR
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	300 Meter			35.89	1	PR
NJCTC Championship	Indoor	2/12/2012	Sun	300 Meter			37.00	7	
300 (Relay)									
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	Swedish Relay 1-2-3-4			34.50		
400 (Open)									
Merli Invitational	Indoor	12/19/2009	Sat	400 Meter			1:02.10		
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	400 Meter		49 Degrees, Partly Cloudy	59.90		
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Friday	400 Meter		65 Degrees	56.20		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	400 Meter			55.40		PR
Union County JV Meet	Outdoor	5/11/2010	Tues	400 Meter			55.70		
Union County Championship	Indoor	1/22/2011	Sat	400 Meter			54.36	12	25.7,PR
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	400 Meter			54.80		25.5
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	400 Meter		75, Sunny	50.80	2	PR
UCC Divisional Championship	Outdoor	5/13/2011	Friday	400 Meter			51.18	3	
Union County Championship	Outdoor	5/20/2011	Friday	400 Meter		68, Cloudy	51.34	7	
Non Public A North State Sectionals	Outdoor	5/27/2011	Friday	400 Meter			51.31	10	
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	400 Meter		65 and Sunny	51.50		
Union County Conference Championship	Outdoor	5/11/2012	Friday	400 Meter			49.93	2	PR
Union County Championship	Outdoor	5/17/2012	Thurs	400 Meter		72, Sunny	49.90	4	PR
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	400 Meter		78 Degrees, Sunny	49.85	3	PR
Non Public A State Championship	Outdoor	6/1/2012	Friday	400 Meter		Cool, Windy	50.71	5	
400 (Relay)									
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 400 Meter			57.80		
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			1:00.80		



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NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	4 x 400 Meter			57.40		PR
Summit Relays	Outdoor	4/3/2010	Sat	DMR 12-4-8-16		75 Degrees, Sunny	55.80		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	54.80		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			55.20		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			55.20		
Union County JV Meet	Outdoor	5/11/2010	Tues	4 x 400 Meter			54.20		PR
Passarrelti Relays	Indoor	12/19/2010	Sun	SMR 2-2-4-8			56.20		25.9,
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	DMR 12-4-8-16			56.70		26.3
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			53.50		24.5,PR
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 400 Meter			54.70		25.7
Union County Championship	Indoor	1/22/2011	Sat	4 x 400 Meter			53.80		24.5
Catholic Conference Championship	Indoor	2/6/2011	Sun	4 x 400 Meter			54.70		25.5
New Balance Indoor Nationals	Indoor	3/13/2011	Sun	4 x 400 Meter			51.50		PR
Summit Relays	Outdoor	4/2/2011	Sat	4 x 400 Meter		52 and Partly Sunny	51.70		23.8,PR
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	4 x 400 Meter		70, Sunny	51.80		
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 400 Meter		High 40's and Rainy	53.20		
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 400 Meter		65, Sunny	51.30		22.9,PR
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	4 x 400 Meter			51.90		24.7
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 400 Meter			51.70		24.9
Union County Relay Championship	Indoor	1/6/2012	Friday	SMR 4-2-2-8			53.80		24.6
Millrose Games Trials	Indoor	1/11/2012	Wed	4 x 400 Meter			50.40		23.3,PR
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 400 Meter			53.89		24.9
Union County Championship	Indoor	1/21/2012	Sat	4 x 400 Meter			53.30		25.0
New Balance Collegiate Games	Outdoor	2/3/2012	Friday	4 x 400 Meter			50.90		23.5
The Millrose Games	Indoor	2/11/2012	Sat	4 x 400 Meter			49.90		PR
New Balance Indoor Nationals	Indoor	3/9/2012	Friday	4 x 400 Meter			51.19		23.3
Summit Relays	Outdoor	4/7/2012	Sat	4 x 400 Meter			50.60		PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	4 x 400 Meter		65 and Sunny	57.30		
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 400 Meter		69 and Sunny	49.70		PR
The Penn Relays	Outdoor	4/28/2012	Sat	4 x 400 Meter			51.80		25.1
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 400 Meter			48.70		PR



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Non Public A State Championship	Outdoor	6/2/2012	Sat	4 x 400 Meter		Cool, Windy	50.40		
Meet of Champions	Outdoor	6/7/2012	Thurs	4 x 400 Meter			49.40		
Adidas Grand Prix	Outdoor	6/9/2012	Sat	4 x 400 Meter			49.80		
New Balance Outdoor Nationals	Outdoor	6/16/2012	Sat	4 x 400 Meter			50.20		
400 IH (Open)									
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	400 Meter IH		70 Degrees & Sunny	1:06.90		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	400 Meter IH			1:06.00		
Meet vs Summit	Outdoor	4/5/2011	Tues	400 Meter IH		42 Degrees	1:00.60	2	PR
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	400 Meter IH		70, Sunny	1:01.40	3	
400 IH (Relay)									
Union County Relay Championship	Outdoor	5/5/2011	Thurs	3 x 400 IH		65, Sunny	59.75	9	
440 Y (Open)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				1:04.40		
800 (Open)									
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	800 Meter			2:11.10	3	60
Long Jump									
Catholic Conference Relays	Indoor	12/29/2011	Thurs	Long Jump			15' 03.00"		
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	Long Jump			16' 01.50"		PR