



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 (Open)									
Mountain Valley Conference	Indoor	1/3/2009	Sat	55 Meter Dash			7.23	9	
Union County Championship	Indoor	1/24/2009	Sat	55 Meter Dash			6.97	14	
Non Public A State Championship	Indoor	2/13/2009	Friday	55 Meter Dash			7.09		
55 HH (Open)									
Union County Championship	Indoor	1/24/2009	Sat	55 Meter HH			10.06	32	
55 HH (Relay)									
Catholic Conference Relays	Indoor	1/4/2009	Sun	Shuttle Hurdles 55m					
Union County Relay Championship	Indoor	1/10/2009	Sat	Shuttle Hurdles 55m			8.30		
Non Public State Relays	Indoor	1/16/2009	Friday	Shuttle Hurdles 55m			8.30		
60 Y (Open)									
Union County Championship	Indoor	1/30/2008	Wed	60 Yard			6.97	14	
100 (Open)									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	100 Meter Dash			11.70		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	100 Meter Dash			11.70	2	
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	100 Meter Dash			11.80	3	
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	100 Meter Dash			11.80	3	
Mountain Valley Conference	Outdoor	5/5/2008	Mon	100 Meter Dash			11.70		
Union County Championships	Outdoor	5/17/2008	Sat	100 Meter Dash			12.00		
Catholic Conference Championships	Outdoor	5/25/2008	Sun	100 Meter Dash			12.01	22	
Non Public A State Championships	Outdoor	5/30/2008	Friday	100 Meter Dash			12.09	18	
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	100 Meter Dash			11.70	2	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	100 Meter Dash			11.70	3	
Mountain Valley Conference	Outdoor	5/5/2009	Tues	100 Meter Dash			11.50	6	
Union County Championships	Outdoor	5/15/2009	Friday	100 Meter Dash			12.09	34	
Catholic Conference Championships	Outdoor	5/25/2009	Mon	100 Meter Dash			12.03	28	
100 (Relay)									
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	4 x 100 Meter					
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 100 Meter					
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	4 x 100 Meter					



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The Penn Relays	Outdoor	4/24/2009	Friday	4 x 100 Meter					
Union County Relay Championships	Outdoor	4/30/2009	Thurs	4 x 100 Meter					
200 (Open)									
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	200 Meter			24.60		
Catholic Conference Championships	Outdoor	5/25/2008	Sun	200 Meter			24.12	23	
Non Public A State Championships	Outdoor	5/30/2008	Friday	200 Meter			24.25	21	
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	200 Meter			23.60	1	
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	200 Meter			23.90		
Mountain Valley Conference	Outdoor	5/5/2009	Tues	200 Meter			23.40		
200 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 200 Meter			25.50		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 200 Meter			25.40		
Non Public State Relays	Indoor	1/11/2008	Friday	4 x 200 Meter			25.70		
New Balance Games	Indoor	1/19/2008	Sat	4 x 200 Meter			25.90		
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 200 Meter			24.90		
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 200 Meter			23.90		
Union County Relay Championship	Indoor	1/10/2009	Sat	4 x 200 Meter			24.50		
Non Public State Relays	Indoor	1/16/2009	Friday	4 x 200 Meter			23.80		
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 200 Meter			24.80		
Colts Neck Relays	Outdoor	4/11/2009	Sat	SMR 4-2-2-8			24.20		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			23.60		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			22.90		
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	4 x 200 Meter			22.90		
Union County Relay Championships	Outdoor	4/30/2009	Thurs	4 x 200 Meter			22.80		
220 Y (Relay)									
Union County Championship	Indoor	1/30/2008	Wed	1.0 Mile Relay			57.50		
300 (Open)									
NJCTC Championships	Indoor	2/8/2009	Sun	300 Meter			40.56	50	
400 (Open)									
Catholic Conference Championship	Indoor	2/8/2008	Friday	400 Meter			57.30		



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Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	400 Meter			55.40		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	400 Meter			53.80	1	
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	400 Meter			54.00		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	400 Meter			54.50	3	
Union County Championships	Outdoor	5/17/2008	Sat	400 Meter			53.80		
Mountain Valley Conference	Indoor	1/3/2009	Sat	400 Meter			57.50	7	
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	400 Meter			52.70	3	
Union County Championships	Outdoor	5/15/2009	Friday	400 Meter			52.96	17	
400 (Relay)									
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 400 Meter			57.90		
Non Public State Relays	Indoor	1/11/2008	Friday	SMR 4-2-2-8			56.80		
New Balance Games	Indoor	1/19/2008	Sat	4 x 400 Meter			56.60		
Catholic Conference Championship	Indoor	2/8/2008	Friday	4 x 400 Meter			1:00.90		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	4 x 400 Meter			54.80		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	4 x 400 Meter			54.70		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 400 Meter			55.00		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	4 x 400 Meter			54.60		
Catholic Conference Championships	Outdoor	5/25/2008	Sun	4 x 400 Meter			52.70		
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 400 Meter			55.70		
Mountain Valley Conference	Indoor	1/3/2009	Sat	4 x 400 Meter			57.50		
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 400 Meter			54.30		
Union County Relay Championship	Indoor	1/10/2009	Sat	4 x 400 Meter			55.20		
Non Public State Relays	Indoor	1/16/2009	Friday	4 x 400 Meter			55.10		
Union County Championship	Indoor	1/24/2009	Sat	4 x 400 Meter			53.60		
Non Public A State Championship	Indoor	2/13/2009	Friday	4 x 400 Meter			53.30		
Winter Track Meet of Champions	Indoor	2/21/2009	Sat	4 x 400 Meter					DNR
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	4 x 400 Meter			52.90		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 400 Meter			51.20		
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	SMR 2-2-4-8			51.90		
The Penn Relays	Outdoor	4/24/2009	Friday	4 x 400 Meter			51.90		
Union County Relay Championships	Outdoor	4/30/2009	Thurs	SMR 2-2-4-8			53.20		



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Union County Relay Championships	Outdoor	4/30/2009	Thurs	4 x 400 Meter			52.30		
Mountain Valley Conference	Outdoor	5/5/2009	Tues	4 x 400 Meter			53.80		
Union County Championships	Outdoor	5/15/2009	Friday	4 x 400 Meter			52.30		
400 IH (Open)									
Meet vs St Joe's Mon Don Notre Dame	Outdoor	3/28/2009	Sat	400 Meter IH			1:04.30		
440 Y (Open)									
Union County Championship	Indoor	1/30/2008	Wed	440 Yard			1:00.70	16	
High Jump									
Mountain Valley Conference	Indoor	1/3/2009	Sat	High Jump			5' 03.00"	6	
Catholic Conference Relays	Indoor	1/4/2009	Sun	High Jump			5' 08.00"		
Union County Relay Championship	Indoor	1/10/2009	Sat	High Jump			5' 03.00"		
Non Public State Relays	Indoor	1/16/2009	Friday	High Jump			5' 04.00"		
Union County Championship	Indoor	1/24/2009	Sat	High Jump			5' 04.00"	7	
NJCTC Championships	Indoor	2/8/2009	Sun	High Jump			5' 04.00"	11	
Long Jump									
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	Long Jump					
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	Long Jump					