



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Open)									
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	100 Meter Dash			12.70		
100 (Relay)									
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	4 x 100 Meter					
200 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	200 Meter			27.10		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	200 Meter			27.00		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	200 Meter			27.60		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	200 Meter			27.00		
200 (Relay)									
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	4 x 200 Meter			26.50		
400 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	400 Meter			1:00.00		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	400 Meter			1:00.00		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	400 Meter			1:00.60		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	400 Meter			59.60		
400 (Relay)									
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	4 x 400 Meter			1:01.20		
800 (Open)									
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	800 Meter			2:26.50		
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	800 Meter			2:30.30		
800 (Relay)									
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 800 Meter			2:32.90		
2.1 miles									
Mountain Valley Conference	Warinanco Park	10/14/2008	Tues				13:31.00	5	
Union County Championship	Warinanco Park	10/29/2008	Wed				13:32.00	17	
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	2.2 Mile			14:30.00	84	



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3200									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	3200 Meter Run			12:27.00	26	
Shore Coaches Invitational	Holmdel Park	10/4/2008	Sat	3200 Meter Run			13:30.00	45	
5000									
UC -vs- Governor Livingston	Governor Livingston HS	9/30/2008	Tues	5K			21:09.00	24	
5150									
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			23:15.00	26	
UC -vs- Cranford	Warinanco Park	9/23/2008	Tues	5150 Meters			21:25.00	21	PR
Long Jump									
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	Long Jump					
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	Long Jump					