



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>55 (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	55 Meter Dash			6.90	5	Final
Catholic Conference Championship	Indoor	2/6/2011	Sun	55 Meter			7.06	14	PR
Non Public A State Championship	Indoor	2/19/2011	Sat	55 Meter			7.06	15	
<b>60 Y (Open)</b>									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				7.20	2	
<b>100 (Open)</b>									
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	100 Meter Dash		70 Degrees & Sunny	11.90		
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	100 Meter Dash		70, Sunny	11.10	3	PR
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	100 Meter Dash		58 and Sunny	11.60		
<b>100 (Relay)</b>									
Summit Relays	Outdoor	4/3/2010	Sat	4 x 100 Meter		75 Degrees, Sunny			
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 100 Meter					
Penn Relays	Outdoor	4/23/2010	Friday	4 x 100 Meter					
Union County Relay Championship	Outdoor	4/29/2010	Thurs	4 x 100 Meter					
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 100 Meter		58, Partly Cloudy			Bad
Summit Relays	Outdoor	4/7/2012	Sat	4 x 100 Meter					
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 100 Meter		69 and Sunny			
The Penn Relays	Outdoor	4/27/2012	Friday	4 x 100 Meter					
Union County Relay Championship	Outdoor	5/3/2012	Thurs	4 x 100 Meter					
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	4 x 100 Meter					
Non Public A State Championship	Outdoor	6/1/2013	Sat	4 x 100 Meter		91 Degrees			
Meet of Champions	Outdoor	6/5/2013	Wed	4 x 100 Meter		75 / Sunny			
<b>200 (Open)</b>									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	200 Meter		49 Degrees, Partly Cloudy	24.60		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	200 Meter		70 Degrees & Sunny	23.90		
UCC Divisional Championship	Outdoor	5/6/2010	Thurs	200 Meter			23.80		PR
Union County Championship	Outdoor	5/15/2010	Sat	200 Meter			24.42	23	
Meet vs Arthur L. Johnson	Outdoor	4/20/2011	Wed	200 Meter		70, Sunny	22.80		PR
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	200 Meter			23.39	12	



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	200 Meter		58 and Sunny	23.00	1	
<b>200 (Relay)</b>									
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 200 Meter			25.10		
Non Public State Relays	Indoor	1/16/2010	Sat	4 x 200 Meter			25.10		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 200 Meter		73 Degrees	23.80		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 200 Meter			23.40		PR
Union County Relay Championship	Outdoor	4/30/2010	Friday	4 x 200 Meter			23.10		PR
Passarrelti Relays	Indoor	12/19/2010	Sun	SMR 2-2-4-8			24.80		PR
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 200 Meter			23.80		PR
New Balance Indoor Nationals	Indoor	3/11/2011	Friday	4 x 200 Meter			23.60		PR
New Balance Indoor Nationals	Indoor	3/12/2011	Sat	SMR 2-2-4-8			24.00		Near
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 200 Meter			24.10		
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 200 Meter			24.20		
New Balance Indoor Nationals	Indoor	3/10/2012	Sat	SMR 2-2-4-8			23.10		PR
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 200 Meter		75 Degrees and Sunny	22.30		PR
New Balance Outdoor Nationals	Outdoor	6/15/2012	Friday	SMR 2-2-4-8			22.60		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			22.70		Stick,
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 200 Meter		58 Sun/Clouds	22.80		
Union County Relays	Outdoor	5/2/2013	Thurs	SMR 2-2-4-8		70 Sunny	22.80		
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	SMR 2-2-4-8		82 / Sunny	22.60		
<b>400 (Open)</b>									
Merli Invitational	Indoor	12/19/2009	Sat	400 Meter			56.30		
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	400 Meter			54.30	2	PR
Nike Indoor Nationals	Indoor	3/12/2010	Friday	400 Meter			55.06	8	
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	400 Meter		49 Degrees, Partly Cloudy	54.20	2	
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	400 Meter			53.40	3	
UCC Divisional Championship	Outdoor	5/5/2010	Wed	400 Meter			52.40		24.4,PR
Union County Championship	Outdoor	5/14/2010	Friday	400 Meter			52.45	15	
NP A South State Sectionals	Outdoor	5/21/2010	Friday	400 Meter			53.66	14	
New Balance Outdoor Nationals	Outdoor	6/17/2010	Thurs	400 Meter			52.48	5	
Union County Championship	Indoor	1/22/2011	Sat	400 Meter			54.58	16	25.3



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public A State Championship	Indoor	2/19/2011	Sat	400 Meter			52.89	9	25.3,PR
Meet vs Summit	Outdoor	4/5/2011	Tues	400 Meter		42 Degrees	51.10	1	PR
UCC Divisional Championship	Outdoor	5/13/2011	Friday	400 Meter			50.79	2	PR
Union County Championship	Outdoor	5/20/2011	Friday	400 Meter		68, Cloudy	50.38	3	PR
Non Public A North State Sectionals	Outdoor	5/27/2011	Friday	400 Meter			50.52	7	
Non Public A State Championship	Outdoor	6/3/2011	Friday	400 Meter			50.87	9	
Union County Championship	Indoor	1/21/2012	Sat	400 Meter			53.08	5	24.7
Non Public B State Championship	Indoor	2/17/2012	Friday	400 Meter			52.17	1	24.1,PR
Union County Conference Championship	Outdoor	5/11/2012	Friday	400 Meter			50.94	6	
Union County Championship	Outdoor	5/17/2012	Thurs	400 Meter		72, Sunny	50.08	5	PR
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	400 Meter		78 Degrees, Sunny	50.33	4	
Non Public A State Championship	Outdoor	6/1/2012	Friday	400 Meter		Cool, Windy	50.23	3	
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	400 Meter			51.30	2	
Union County Conference Championship	Outdoor	5/10/2013	Friday	400 Meter		72 Degrees	50.39	5	
Union County Championship	Outdoor	5/16/2013	Thurs	400 Meter		82 / Sunny	50.26	9	
<b>400 (Relay)</b>									
Merli Invitational	Indoor	12/19/2009	Sat	1600 Meter Relay			56.50		PR
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 400 Meter			57.10		
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 400 Meter			55.80		PR
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 12-4-8-16			54.90		PR
Non Public State Relays	Indoor	1/16/2010	Sat	4 x 400 Meter			53.90		PR
Union County Championship	Indoor	1/23/2010	Sat	1600 Meter Relay			54.40		
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	4 x 400 Meter			54.90		
Catholic Conference Championship	Indoor	2/7/2010	Sun	4 x 400 Meter			55.20		
Summit Relays	Outdoor	4/3/2010	Sat	4 x 400 Meter		75 Degrees, Sunny	53.60		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	4 x 400 Meter		70 Degrees & Sunny	55.50		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	53.50		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			52.80		PR
Union County Relay Championship	Outdoor	4/30/2010	Friday	4 x 400 Meter			51.20		PR
UCC Divisional Championship	Outdoor	5/6/2010	Thurs	4 x 400 Meter			52.40		
Union County Championship	Outdoor	5/15/2010	Sat	4 x 400 Meter			53.70		



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East Coast Relays	Outdoor	5/17/2010	Mon	SMR 2-2-4-8		70 Degrees / Sunny	52.90		
NP A South State Sectionals	Outdoor	5/22/2010	Sat	4 x 400 Meter			53.10		
Non Public A State Championship	Outdoor	5/29/2010	Sat	4 x 400 Meter		Mid 70's / Party Cloudy	52.40		
Meet of Champions	Outdoor	6/3/2010	Thurs	4 x 400 Meter			53.20		
Passarrelti Relays	Indoor	12/19/2010	Sun	4 x 400 Meter			55.20		26 29.2
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	SMR 4-2-2-8			53.70		26.8,PR
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			52.30		24.9,PR
Union County Relay Championship	Indoor	1/8/2011	Sat	4 x 400 Meter			55.10		25.5
Union County Relay Championship	Indoor	1/8/2011	Sat	DMR 12-4-8-16			54.70		25.4
Millrose Games Trials	Indoor	1/12/2011	Wed	4 x 400 Meter			51.60		24.6,PR
Union County Championship	Indoor	1/22/2011	Sat	4 x 400 Meter			53.00		25.2
The 104th Millrose Games	Indoor	1/28/2011	Friday	4 x 400 Meter			54.00		
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	4 x 400 Meter			53.40		25.1
Catholic Conference Championship	Indoor	2/6/2011	Sun	4 x 400 Meter			52.20		24.4
Non Public A State Championship	Indoor	2/19/2011	Sat	4 x 400 Meter			52.30		24.2
Meet of Champions	Indoor	2/26/2011	Sat	4 x 400 Meter			52.80		24.2
New Balance Indoor Nationals	Indoor	3/13/2011	Sun	4 x 400 Meter			52.30		
Summit Relays	Outdoor	4/2/2011	Sat	4 x 400 Meter		52 and Partly Sunny	51.70		25
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	4 x 400 Meter		70, Sunny	49.80		PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 400 Meter		High 40's and Rainy	51.90		
Penn Relays	Outdoor	4/30/2011	Sat	4 x 400 Meter			50.89		
Union County Relay Championship	Outdoor	5/5/2011	Thurs	SMR 2-2-4-8		65, Sunny	50.50		Tripped
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 400 Meter		65, Sunny	50.70		23
UCC Divisional Championship	Outdoor	5/14/2011	Sat	4 x 400 Meter			50.80		
Union County Championship	Outdoor	5/21/2011	Sat	4 x 400 Meter		68, Cloudy	49.50		PR
Carl Lewis Relays	Outdoor	5/23/2011	Mon	SMR 2-2-4-8			50.50		
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	4 x 400 Meter			50.90		
Non Public A State Championship	Outdoor	6/4/2011	Sat	4 x 400 Meter			50.70		
Meet of Champions	Outdoor	6/9/2011	Thurs	4 x 400 Meter			50.20		
New Balance Outdoor Nationals	Outdoor	6/17/2011	Friday	SMR 2-2-4-8		85 Sunny	49.80		
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	4 x 400 Meter			51.00		23.2,PR



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	SMR 4-2-2-8			50.50		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 400 Meter			54.00		Baton
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 400 Meter			51.90		24.1
Millrose Games Trials	Indoor	1/11/2012	Wed	4 x 400 Meter			52.60		24.6
Non Public State Relays	Indoor	1/15/2012	Sun	SMR 4-2-2-8			52.30		24.4
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 400 Meter			54.20		24.4
Union County Championship	Indoor	1/21/2012	Sat	4 x 400 Meter			51.40		24.2
New Balance Collegiate Games	Outdoor	2/3/2012	Friday	4 x 400 Meter			50.60		23.5
The Millrose Games	Indoor	2/11/2012	Sat	4 x 400 Meter			51.10		
Non Public B State Championship	Indoor	2/17/2012	Friday	4 x 400 Meter			51.30		23.8
Meet of Champions	Indoor	2/25/2012	Sat	4 x 400 Meter			51.80		23.5
Eastern States Invitational	Indoor	2/28/2012	Tues	DMR 12-4-8-16			50.30		23.1,
New Balance Indoor Nationals	Indoor	3/9/2012	Friday	4 x 400 Meter			50.59		23.3
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	4 x 400 Meter		52, Sunny, Windy	51.00		
Summit Relays	Outdoor	4/7/2012	Sat	4 x 400 Meter			50.60		
NJCTC Relays	Outdoor	4/15/2012	Sun	SMR 2-2-4-8		75 Degrees and Sunny	50.60		
Blue Devil Classic	Outdoor	4/21/2012	Sat	DMR 12-4-8-16		69 and Sunny	48.80		PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 400 Meter		69 and Sunny	49.90		
The Penn Relays	Outdoor	4/28/2012	Sat	4 x 400 Meter			50.30		
Union County Relay Championship	Outdoor	5/3/2012	Thurs	SMR 2-2-4-8			49.60		
Union County Conference Championship	Outdoor	5/12/2012	Sat	4 x 400 Meter			50.20		
Union County Championship	Outdoor	5/18/2012	Friday	4 x 400 Meter		72, Sunny	50.60		
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	4 x 400 Meter		78 Degrees, Sunny	50.20		
Non Public A State Championship	Outdoor	6/2/2012	Sat	4 x 400 Meter		Cool, Windy	50.10		
Meet of Champions	Outdoor	6/7/2012	Thurs	4 x 400 Meter			50.10		
Adidas Grand Prix	Outdoor	6/9/2012	Sat	4 x 400 Meter			49.70		
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	Swedish Relay 1-2-3-4			50.26		
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 400 Meter			50.70		23.9
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 400 Meter			52.80		24.8
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	DMR 12-4-8-16			52.40		24.2
Union County Championship	Indoor	1/20/2013	Sun	4 x 400 Meter			52.50		24.9



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
New Balance Games	Indoor	1/26/2013	Sat	SMR 4-2-2-8			51.70		
NJCTC Championship	Indoor	2/10/2013	Sun	4 x 400 Meter			52.60		24.6
Non Public B State Championship	Indoor	2/15/2013	Friday	4 x 400 Meter			51.80		24.2
Meet of Champions	Indoor	2/23/2013	Sat	4 x 400 Meter			51.30		23.9
Eastern States Invitational	Indoor	2/25/2013	Mon	DMR 12-4-8-16			50.50		
Eastern States Invitational	Indoor	2/25/2013	Mon	4 x 400 Meter			51.20		23.7
New Balance Indoor Nationals	Indoor	3/9/2013	Sat	SMR 2-2-4-8			50.40		
New Balance Indoor Nationals	Indoor	3/10/2013	Sun	4 x 400 Meter			49.90		PR
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 400 Meter		Low 50's, Fairly Windy	51.40		
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	4 x 400 Meter		70 Degrees	50.80		
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	50.90		
Union County Conference Championship	Outdoor	5/11/2013	Sat	4 x 400 Meter		72 Degrees	50.60		
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	4 x 400 Meter			51.80		
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	SMR 1-1-2-4		82 / Sunny	49.93		
<b>600 (Open)</b>									
Catholic Conference Championship	Indoor	2/7/2010	Sun	600 Meter			1:36.95	30	
Catholic Conference Championship	Indoor	2/6/2011	Sun	600 Meter			1:26.85	4	56,PR
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	600 Meter			1:26.35	4	PR
NJCTC Championship	Indoor	2/12/2012	Sun	600 Meter			1:25.32	3	PR
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	600 Meter			1:25.52	3	55.7
NJCTC Championship	Indoor	2/10/2013	Sun	600 Meter			1:27.99	14	
<b>800 (Open)</b>									
Metropolitan Invitational	Indoor	2/3/2010	Wed	800 Meter			2:22.00		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	800 Meter			2:08.80	3	
Union County JV Meet	Outdoor	5/11/2010	Tues	800 Meter			2:06.40	3	1:03.3,
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	800 Meter			2:05.80	1	63,PR
UCC Divisional Championship	Outdoor	5/14/2011	Sat	800 Meter			2:00.20	4	PR
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	800 Meter			2:07.00	9	1:02.5
Metropolitan Invitational	Outdoor	2/1/2012	Wed	800 Meter			2:02.10		59.1
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	800 Meter		52, Sunny, Windy	2:04.50	1	
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	800 Meter		65 and Sunny	2:00.80	1	1:29.5



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Union County Championship	Outdoor	5/18/2012	Friday	800 Meter		72, Sunny	2:00.19	8	PR
Union County Championship	Indoor	1/20/2013	Sun	800 Meter			2:07.66	13	60.8
Metropolitan Invitational	Indoor	1/30/2013	Wed	800 Meter			2:02.50		57.9,PR
Non Public B State Championship	Indoor	2/15/2013	Friday	800 Meter			2:03.16	4	
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	800 Meter		70 Degrees	2:00.50	1	57.4
Union County Conference Championship	Outdoor	5/11/2013	Sat	800 Meter		72 Degrees	2:02.08	6	59.8
Union County Championship	Outdoor	5/17/2013	Friday	800 Meter		82 / Sunny	2:00.02		56.5,PR
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	800 Meter			2:04.55	10	
<b>800 (Relay)</b>									
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 800 Meter			2:22.70		
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Friday	4 x 800 Meter		65 Degrees	2:10.10		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 800 Meter			2:25.50		64.7
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter			2:15.90		61.3,PR
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 800 Meter			2:11.90		63, PR
Eastern States Invitational	Indoor	3/1/2011	Tues	4 x 800 Meter			2:02.70		61.4,PR
Summit Relays	Outdoor	4/2/2011	Sat	4 x 800 Meter		52 and Partly Sunny	2:02.80		56.7,PR
Metuchen Frosh/Soph 2	Outdoor	4/8/2011	Friday	SMR 4-2-2-8		45 and Rainy	2:01.80		60
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 800 Meter		58, Partly Cloudy	2:06.30		60
Blue Devil Relays	Outdoor	4/16/2011	Sat	DMR 12-4-8-16		High 40's and Rainy	2:03.20		58.5
Penn Relays	Outdoor	4/29/2011	Friday	4 x 800 Meter			2:02.50		
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 800 Meter		65, Sunny	1:59.80		57,PR
Union County Relay Championship	Indoor	1/6/2012	Friday	DMR 12-4-8-16			2:04.30		59.7
Varsity Classic	Indoor	2/6/2012	Mon	4 x 800 Meter			2:01.20		PR
Summit Relays	Outdoor	4/7/2012	Sat	SMR 4-2-2-8			2:03.20		5766
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 800 Meter			1:58.50		58.8,PR
East Coast Relays	Outdoor	5/21/2012	Mon	4 x 800 Meter		62, Heavy Rain	1:58.10		57.6,PR
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 800 Meter			2:03.60		1:00.3
NJCTC Relays	Indoor	12/30/2012	Sun	DMR 12-4-8-16			2:01.70		29 30
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 12-4-8-16			2:04.80		1:00.2
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	4 x 800 Meter			2:09.80		1:00
Varsity Classic	Indoor	2/4/2013	Mon	4 x 800 Meter			1:59.90		57.5,PR



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The Millrose Games	Indoor	2/16/2013	Sat	4 x 800 Meter			1:58.37		55,PR
New Balance Indoor Nationals	Indoor	3/8/2013	Friday	4 x 800 Meter			2:01.00		
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 800 Meter		Low 50's, Fairly Windy	2:06.10		26 56.5
The Penn Relays	Outdoor	4/25/2013	Thurs	4 x 800 Meter		68 / Sunny	1:59.90		
Union County Relays	Outdoor	5/2/2013	Thurs	DMR 12-4-8-16		70 Sunny	2:00.60		
Union County Relays	Outdoor	5/3/2013	Friday	4 x 800 Meter		70 Sunny	1:59.80		
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	4 x 800 Meter			2:04.20		
Non Public A State Championship	Outdoor	5/31/2013	Friday	4 x 800 Meter		91 Degrees	2:03.10		
Meet of Champions	Outdoor	6/5/2013	Wed	4 x 800 Meter		75 / Sunny	2:00.50		
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	4 x 800 Meter		82 / Sunny	2:05.20		
<b>880 Y (Open)</b>									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				2:24.20	1	
<b>1.0 mile</b>									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	1.0 Mile Run		50 and Windy	5:25.00	4	
<b>2.1 miles</b>									
UC -vs- Summit, GL & Hillside	Memorial Park, Summit, NJ	9/22/2009	Tues			78 Degrees. No Wind	13:42.00		
UCC Divisional Championship	Warinanco Park	10/20/2009	Tues				13:23.00	10	
Union County Championship	Warinanco Park	10/28/2009	Wed			60 degrees / Muddy	13:08.00	5	PR
<b>2.2 miles</b>									
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	2.2 Mile		73 Degrees and Sunny			DNF
Catholic Conference Championship	Warinanco Park	11/7/2009	Sat	2.2 Mile		45 Degrees	13:50.00	33	
<b>2.5 miles</b>									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2011	Sun	2.5 Mile			16:06.31	84	
<b>3.2 miles</b>									
UC vs Summit GL and Hillside	Conant Park in Hillside	9/20/2011	Tues	3.2 Mile		70 / Overcast / Poor	19:58.00		
<b>3200</b>									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	3200 Meter Run		64 Degrees and Clear	12:27.00	33	
<b>3200 (Open)</b>									
Cross Country Time Trial	Outdoor	8/30/2012	Thurs	3200 Meter			12:16.00		





# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>400</b>									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	400 Meter		50 and Windy	56:00.00	1	
<b>5000</b>									
Randolph Invitational	Freedom Park	9/10/2010	Friday	5K			19:10.96	52	
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	22:34.51	72	Fell
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	5K			20:19.00	26	
Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	5K			19:41.00	27	
Randolph Invitational	Freedom Park	9/7/2012	Friday	5K			19:45.82	8	
UC vs ALJ and Rahway	Rahway Park	9/11/2012	Tues	5K		75 Degrees and Sunny	20:46.00		
UC vs Summit	Rahway Park	9/24/2012	Mon	5K		70 Degrees	19:25.00		PR
Paul Short Run	Lehigh University	9/28/2012	Friday	5K		70 Degrees, Muddy	19:11.00	41	
<b>5150</b>									
UC -vs- Arthur L. Johnson & Hillside	Warinanco Park	9/15/2009	Tues	5150 Meters		78 Degrees and Sunny	23:57.00	21	
UC -vs- Cranford	Warinanco Park	9/29/2009	Tues	5150 Meters		65 Degrees / Clear	21:00.00		PR
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	20:32.00	20	PR
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	5150 Meters			20:28.00		PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			21:25.00		
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	19:34.00	47	PR
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	19:47.00	51	
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues	5150 Meters		80 Degrees / Sunny	20:54.00		
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			20:18.00		
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	19:38.00		
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	5150 Meters			19:21.00	33	PR
Union County Championship	Warinanco Park	10/26/2011	Wed	5150 Meters			19:52.00	79	
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	19:38.00	57	
Union County Championship	Warinanco Park	10/24/2012	Wed	5150 Meters		61 Degrees, Great	18:43.00	32	PR
<b>5250</b>									
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	5250 Meters			19:56.34	48	
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	5250 Meters			20:55.00	147	
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	5250 Meters		75, Sunny	19:42.90	107	PR



## Boys XC / Track / Field Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>Long Jump</b>									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	Long Jump		49 Degrees, Partly Cloudy	17' 11.00"		
Summit Relays	Outdoor	4/3/2010	Sat	Long Jump		75 Degrees, Sunny	18' 02.00"		PR
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	Long Jump		73 Degrees	10' 00.50"		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	Long Jump			18' 00.00"		
Meet vs Summit	Outdoor	4/5/2011	Tues	Long Jump		42 Degrees	17' 02.25"		
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	Long Jump					Foul
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	Long Jump		52, Sunny, Windy	16' 07.50"		