



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 (Open)									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	55 Meter Dash			7.40		
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	55 Meter Dash			7.10		PR
Ed Church Invitational	Indoor	2/9/2012	Thurs	55 Meter Dash			7.10		
NJCTC Championship	Indoor	2/12/2012	Sun	55 Meter			7.33	44	
NJCTC Championship	Indoor	2/10/2013	Sun	55 Meter			7.09	27	PR
100 (Open)									
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	100 Meter Dash			12.80		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	100 Meter Dash		52, Sunny, Windy	12.70		PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	100 Meter Dash		65 and Sunny	12.60		PR
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	100 Meter Dash			12.50		PR
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	100 Meter Dash		78, Sunny	11.90	5	PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	100 Meter Dash			11.90		
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	100 Meter Dash		70 Degrees	12.00		
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	100 Meter Dash		70 Degrees	11.90		
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	100 Meter Dash			11.80		PR
Union County JV Meet	Outdoor	5/6/2013	Mon	100 Meter Dash			11.70		PR
Union County Conference Championship	Outdoor	5/10/2013	Friday	100 Meter Dash		72 Degrees	11.80	14	
Union County Championship	Outdoor	5/16/2013	Thurs	100 Meter Dash		82 / Sunny	11.74	33	
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	100 Meter Dash			11.95	15	
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	100 Meter Dash		58 / Sunny	11.80		
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	100 Meter Dash		58 / Windy	11.40		PR
Meet vs GL and Rahway	Outdoor	4/22/2014	Tues	100 Meter Dash		70 Degrees	11.30		PR
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	100 Meter Dash		68 Degrees	11.71	11	
100 (Relay)									
The Metuchen Relays	Outdoor	4/6/2013	Sat	SMR 1-1-2-4		Low 50's, Fairly Windy			
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 100 Meter		Low 50's, Fairly Windy			
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 100 Meter		58 Sun/Clouds			
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	SMR 1-1-2-4		82 / Sunny	11.70		
Blue Devil Classic	Outdoor	4/12/2014	Sat	4 x 100 Meter		70 / Sunny			



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Morris Hills Relays	Outdoor	4/19/2014	Sat	Swedish Relay 1-2-3-4			11.70		
Meet of Champions	Outdoor	6/4/2014	Wed	4 x 100 Meter		80 & Sunny			
New Balance Outdoor Nationals	Outdoor	6/15/2014	Sun	SMR 1-1-2-4					
150 (Open)									
Time Trial 2	Indoor	1/9/2013	Wed	150 Meter Dash		50 Degrees	18.90		
200 (Open)									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	200 Meter			28.40		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	200 Meter		52, Sunny, Windy	25.70		
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	200 Meter		65 and Sunny	26.20		
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	200 Meter			25.20		PR
Union County JV Meet	Outdoor	5/7/2012	Mon	200 Meter		58 Degrees, Light Rain	25.30		
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	200 Meter		78, Sunny	24.60		PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	200 Meter			24.00		PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	200 Meter		70 Degrees	24.50		
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	200 Meter			24.90		
Union County JV Meet	Outdoor	5/6/2013	Mon	200 Meter			23.90	2	PR
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	200 Meter			24.90		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	200 Meter		58 / Sunny	25.00		
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	200 Meter		58 / Sunny	24.60		
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	200 Meter		58 / Windy	24.00		
Meet vs GL and Rahway	Outdoor	4/22/2014	Tues	200 Meter		70 Degrees	23.70		PR
Union County Championship	Outdoor	5/16/2014	Friday	200 Meter			24.68	24	
200 (Relay)									
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 200 Meter			27.10		
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 200 Meter			27.40		
Union County Relay Championship	Indoor	1/6/2012	Friday	DMR 8-2-4-1K			27.30		
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 200 Meter		75 Degrees and Sunny	25.80		
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 200 Meter		69 and Sunny	25.80		
Metuchen Frosh/Soph 3	Outdoor	5/4/2012	Friday	4 x 200 Meter			24.70		PR
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	4 x 200 Meter			25.00		PR



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Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			25.80		
NJCTC Relays	Indoor	12/30/2012	Sun	SMR 2-2-4-8			25.50		
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 200 Meter			25.70		
JC Armory Developmental Meet	Indoor	2/11/2013	Mon	4 x 200 Meter			26.00		
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 200 Meter		Low 50's, Fairly Windy	25.50		
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 200 Meter		60 Degrees, Sunny, Light	24.00		PR
NJCTC Relays	Outdoor	4/14/2013	Sun	SMR 2-2-4-8		60 Degrees, Sunny, Light	24.50		
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 200 Meter		58 Sun/Clouds	23.90		PR
Randolph Invitational	Outdoor	4/27/2013	Sat	4 x 200 Meter		70 Degrees / Sunny	24.60		
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	4 x 200 Meter		82 / Sunny	23.70		PR
Metuchen Relays	Outdoor	4/5/2014	Sat	4 x 200 Meter		58 / Windy!	25.20		
Blue Devil Classic	Outdoor	4/12/2014	Sat	SMR 4-2-2-8		70 / Sunny	24.20		
Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 200 Meter			24.50		
Randolph Relays	Outdoor	4/26/2014	Sat	4 x 200 Meter		72 Degrees	24.20		
New Balance Outdoor Nationals	Outdoor	6/13/2014	Friday	4 x 200 Meter			22.60		PR
300 (Open)									
Time Trial 2	Indoor	1/9/2013	Wed	300 Meter		50 Degrees	41.40		
400 (Open)									
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	400 Meter			1:02.60		29.8
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	400 Meter			1:01.80		27.9,PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	400 Meter		52, Sunny, Windy	1:02.30		
Union County JV Meet	Outdoor	5/7/2012	Mon	400 Meter		58 Degrees, Light Rain	58.60		PR
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	400 Meter		78, Sunny	59.20		
Mid Winter Classic	Indoor	1/23/2013	Wed	400 Meter			58.95		29,PR
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	400 Meter			58.70		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	400 Meter		58 / Sunny	55.20		PR
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	400 Meter		58 / Sunny	55.20		
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	400 Meter		58 / Windy	55.90		
400 (Relay)									
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 400 Meter			1:04.40		30.0



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Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 400 Meter			1:04.20		PR
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	4 x 400 Meter			59.60		
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 400 Meter		75 Degrees and Sunny	59.50		PR
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	4 x 400 Meter			57.80		PR
Union County JV Meet	Outdoor	5/7/2012	Mon	4 x 400 Meter		58 Degrees, Light Rain	59.70		
NJCTC Relays	Indoor	12/30/2012	Sun	DMR 12-4-8-16			58.00		26.9,PR
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 8-2-4-1K			1:03.00		30.7
Mid Winter Classic	Indoor	1/23/2013	Wed	4 x 400 Meter			1:00.00		29.0
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	4 x 400 Meter			1:00.90		
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	4 x 400 Meter		70 Degrees	54.90		PR
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	4 x 400 Meter		70 Degrees	55.20		
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	55.10		
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	4 x 400 Meter			55.10		
Randolph Invitational	Outdoor	4/27/2013	Sat	4 x 400 Meter		70 Degrees / Sunny	55.10		
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	4 x 400 Meter			58.20		
Metuchen Relays	Outdoor	4/5/2014	Sat	SMR 1-1-2-4		58 / Windy!	55.00		
Blue Devil Classic	Outdoor	4/12/2014	Sat	DMR 12-4-8-16		70 / Sunny	54.50		PR
Randolph Relays	Outdoor	4/26/2014	Sat	4 x 400 Meter		72 Degrees	53.70		PR
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 400 Meter		70 & Sunny	53.60		PR
800 (Open)									
JC Armory Developmental Meet	Indoor	2/11/2013	Mon	800 Meter			2:26.90		70.3
5150									
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	25:02.00	205	
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	23:17.06	182	PR
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	21:18.00	157	PR