



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Open)									
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	100 Meter Dash			12.20		
100 (Relay)									
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	4 x 100 Meter					
Union County Relay Championship	Outdoor	4/29/2010	Thurs	4 x 100 Meter					
200 (Open)									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	200 Meter			25.10		
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	200 Meter			24.50	3	
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	200 Meter			24.90	5	
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	200 Meter			24.80		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	200 Meter			24.60		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	200 Meter		70 Degrees & Sunny	23.20	2	
200 (Relay)									
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 200 Meter			25.50		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			24.60		
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	4 x 200 Meter			24.90		
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 200 Meter			23.30		
Union County Relay Championship	Indoor	1/9/2010	Sat	4 x 200 Meter			23.50		
Non Public State Relays	Indoor	1/16/2010	Sat	4 x 200 Meter			23.40		
Metropolitan Invitational	Indoor	2/3/2010	Wed	4 x 200 Meter			23.40		
Eastern States Invitational	Indoor	2/23/2010	Tues	4 x 200 Meter			23.40		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 200 Meter			23.00		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 200 Meter			22.90		PR
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	4 x 200 Meter			23.30		
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 200 Meter			23.60		
400 (Open)									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	400 Meter			55.40	3	
Meet vs St Joe's Mon Don Notre Dame	Outdoor	3/28/2009	Sat	400 Meter			59.20		
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	400 Meter			54.20	1	
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	400 Meter			54.10		



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Meet vs Roselle Catholic and Roselle Mountain Valley Conference	Outdoor	4/28/2009	Tues	400 Meter			53.80	1	
Mountain Valley Conference Novice Meet	Outdoor	5/5/2009	Tues	400 Meter			54.20		
NJCTC Frosh/Soph Championships	Outdoor	5/11/2009	Mon	400 Meter			53.80	2	
Catholic Conference Championships	Outdoor	5/17/2009	Sun	400 Meter			54.30	1	
Non Public A State Championships	Outdoor	5/25/2009	Mon	400 Meter			53.02	18	
Union County Championship	Outdoor	5/29/2009	Friday	400 Meter					
Non Public A State Championship	Indoor	1/23/2010	Sat	400 Meter			52.25	6	PR
Metuchen Frosh Soph 1	Indoor	2/19/2010	Friday	400 Meter			52.53	11	
UCC Divisional Championship	Outdoor	4/9/2010	Friday	400 Meter		65 Degrees	51.50	1	
Union County Championship	Outdoor	5/5/2010	Wed	400 Meter			50.50	3	23.9,PR
NP A South State Sectionals	Outdoor	5/14/2010	Friday	400 Meter			50.11	4	PR
	Outdoor	5/21/2010	Friday	400 Meter			50.89	4	
400 (Relay)									
Meet vs Governor Livingston and Colts Neck Relays	Outdoor	4/7/2009	Tues	4 x 400 Meter			57.50		
Meet vs Cranford and Hillside	Outdoor	4/11/2009	Sat	4 x 400 Meter			55.60		
NJCTC Frosh/Soph Championships	Outdoor	4/16/2009	Thurs	4 x 400 Meter			56.60		
Blue Devil Classic	Outdoor	4/17/2009	Friday	4 x 400 Meter			53.50		PR
Mountain Valley Conference Relay	Outdoor	4/18/2009	Sat	4 x 400 Meter			54.20		
Mountain Valley Conference Novice Meet	Outdoor	4/21/2009	Tues	DMR 12-4-8-16			53.70		
East Coast Relays	Outdoor	5/11/2009	Mon	4 x 400 Meter			54.70		
Non Public A State Championships	Outdoor	5/18/2009	Mon	SMR 2-2-4-8			55.00		
Frank Burns Relays	Outdoor	5/29/2009	Friday	4 x 400 Meter			52.60		
Catholic Conference Relays	Indoor	12/27/2009	Sun	4 x 400 Meter			51.10		
Union County Relay Championship	Indoor	1/3/2010	Sun	4 x 400 Meter			51.40		
Union County Relay Championship	Indoor	1/9/2010	Sat	SMR 4-2-2-8			52.90		MR
Millrose Games Trials	Indoor	1/9/2010	Sat	4 x 400 Meter			53.30		
Non Public State Relays	Indoor	1/13/2010	Wed	4 x 400 Meter			50.70		PR
Non Public State Relays	Indoor	1/16/2010	Sat	DMR 12-4-8-16			51.70		
Union County Championship	Indoor	1/16/2010	Sat	4 x 400 Meter			53.70		
NJCTC Frosh/Soph Championships	Indoor	1/23/2010	Sat	1600 Meter Relay			52.80		
	Indoor	1/30/2010	Sat	4 x 400 Meter			51.60		



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Non Public A State Championship	Indoor	2/19/2010	Friday	4 x 400 Meter			50.50		PR
Eastern States Invitational	Indoor	2/23/2010	Tues	DMR 12-4-8-16			51.00		
Meet of Champions	Indoor	2/27/2010	Sat	4 x 400 Meter			50.60		
Nike Indoor Nationals	Indoor	3/13/2010	Sat	SMR 2-2-4-8			52.10		
Summit Relays	Outdoor	4/3/2010	Sat	4 x 400 Meter		75 Degrees, Sunny	50.30		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	SMR 2-2-4-8		73 Degrees	50.00		24.1
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			51.40		
Penn Relays	Outdoor	4/24/2010	Sat	4 x 400 Meter			49.80		PR
Union County Relay Championship	Outdoor	4/30/2010	Friday	4 x 400 Meter			50.30		
UCC Divisional Championship	Outdoor	5/6/2010	Thurs	4 x 400 Meter			49.50		PR
Union County Championship	Outdoor	5/15/2010	Sat	4 x 400 Meter			49.70		
NP A South State Sectionals	Outdoor	5/22/2010	Sat	4 x 400 Meter			54.30		
Non Public A State Championship	Outdoor	5/29/2010	Sat	4 x 400 Meter		Mid 70's / Party Cloudy	51.20		
Meet of Champions	Outdoor	6/3/2010	Thurs	4 x 400 Meter			48.90		PR
Passarrelti Relays	Indoor	12/19/2010	Sun	SMR 2-2-4-8			50.90		23.9
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			50.90		24.1
Union County Relay Championship	Indoor	1/8/2011	Sat	4 x 400 Meter			50.80		24.1
Millrose Games Trials	Indoor	1/12/2011	Wed	4 x 400 Meter			50.20		23.7,PR
Union County Championship	Indoor	1/22/2011	Sat	4 x 400 Meter			51.50		24.7
The 104th Millrose Games	Indoor	1/28/2011	Friday	4 x 400 Meter			52.10		
Non Public A State Championship	Indoor	2/19/2011	Sat	4 x 400 Meter			49.80		24.1,PR
Meet of Champions	Indoor	2/26/2011	Sat	4 x 400 Meter			52.60		25
Penn Relays	Outdoor	4/30/2011	Sat	4 x 400 Meter			49.65		
UCC Divisional Championship	Outdoor	5/14/2011	Sat	4 x 400 Meter			50.20		
Union County Championship	Outdoor	5/21/2011	Sat	4 x 400 Meter		68, Cloudy	48.30		PR
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	4 x 400 Meter			49.70		
Non Public A State Championship	Outdoor	6/4/2011	Sat	4 x 400 Meter			49.50		
Meet of Champions	Outdoor	6/9/2011	Thurs	4 x 400 Meter			50.00		
New Balance Outdoor Nationals	Outdoor	6/18/2011	Sat	4 x 400 Meter		85 Sunny	48.86		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 400 Meter			51.40		24.9
Millrose Games Trials	Indoor	1/11/2012	Wed	4 x 400 Meter			49.80		23.6



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Union County Championship	Indoor	1/21/2012	Sat	4 x 400 Meter			50.70		24.6
The Millrose Games	Indoor	2/11/2012	Sat	4 x 400 Meter			49.80		
Non Public B State Championship	Indoor	2/17/2012	Friday	4 x 400 Meter			50.90		24.7
Meet of Champions	Indoor	2/25/2012	Sat	4 x 400 Meter			50.10		24.2
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 400 Meter		69 and Sunny	49.90		
The Penn Relays	Outdoor	4/28/2012	Sat	4 x 400 Meter			50.00		
Union County Conference Championship	Outdoor	5/12/2012	Sat	4 x 400 Meter			48.60		
Non Public A State Championship	Outdoor	6/2/2012	Sat	4 x 400 Meter		Cool, Windy	48.10		PR
Meet of Champions	Outdoor	6/7/2012	Thurs	4 x 400 Meter			47.50		PR
Adidas Grand Prix	Outdoor	6/9/2012	Sat	4 x 400 Meter			47.80		PR
New Balance Outdoor Nationals	Outdoor	6/16/2012	Sat	4 x 400 Meter			47.89		FAT
600 (Open)									
Catholic Conference Championship	Indoor	2/7/2010	Sun	600 Meter			1:27.37	4	School
Catholic Conference Championship	Indoor	2/6/2011	Sun	600 Meter			1:24.18	1	54,PR
NJCTC Championship	Indoor	2/12/2012	Sun	600 Meter			1:22.21	1	PR
800 (Open)									
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	800 Meter			2:17.70		
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	800 Meter			2:24.10		
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	800 Meter			2:05.30	1	Cut In
UCC Divisional Championship	Outdoor	5/6/2010	Thurs	800 Meter			1:58.60	1	59.5,PR
Union County Championship	Outdoor	5/15/2010	Sat	800 Meter			1:55.45	1	56.8,PR
NP A South State Sectionals	Outdoor	5/22/2010	Sat	800 Meter			1:57.62	4	57.6
Non Public A State Championship	Outdoor	5/29/2010	Sat	800 Meter		Mid 70's / Party Cloudy	1:53.74	2	PR
Meet of Champions	Outdoor	6/3/2010	Thurs	800 Meter			1:57.19	21	
New Balance Outdoor Nationals	Outdoor	6/19/2010	Sat	800 Meter			2:05.22	26	
Union County Championship	Indoor	1/22/2011	Sat	800 Meter			2:00.39	1	58.2,PR
Non Public A State Championship	Indoor	2/19/2011	Sat	800 Meter			1:54.20	2	57.2,PR
Meet of Champions	Indoor	2/26/2011	Sat	800 Meter			1:55.95	2	57.7
New Balance Indoor Nationals	Indoor	3/13/2011	Sun	800 Meter			1:55.19		27 55
UCC Divisional Championship	Outdoor	5/14/2011	Sat	800 Meter			1:57.00	1	
Union County Championship	Outdoor	5/21/2011	Sat	800 Meter		68, Cloudy	1:54.32	1	



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Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	800 Meter			1:55.51	1	Meet
Non Public A State Championship	Outdoor	6/4/2011	Sat	800 Meter			1:53.67	1	57,PR
Meet of Champions	Outdoor	6/9/2011	Thurs	800 Meter			1:53.44	6	PR
New Balance Outdoor Nationals	Outdoor	6/18/2011	Sat	800 Meter		85 Sunny	1:52.37	1	55,PR
Union County Championship	Indoor	1/21/2012	Sat	800 Meter			1:56.93	1	Meet
Non Public B State Championship	Indoor	2/17/2012	Friday	800 Meter			1:53.47	1	PR
Meet of Champions	Indoor	2/25/2012	Sat	800 Meter			1:52.24	1	PR
New Balance Indoor Nationals	Indoor	3/11/2012	Sun	800 Meter			1:52.54	4	56.2
Union County Conference Championship	Outdoor	5/12/2012	Sat	800 Meter			1:53.54	1	Meet
Union County Championship	Outdoor	5/18/2012	Friday	800 Meter		72, Sunny	1:54.07	1	
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	800 Meter		78 Degrees, Sunny	1:53.65	1	Meet
Non Public A State Championship	Outdoor	6/2/2012	Sat	800 Meter		Cool, Windy	1:51.69	1	54.5,PR
Meet of Champions	Outdoor	6/7/2012	Thurs	800 Meter			1:52.06	2	
New Balance Outdoor Nationals	Outdoor	6/16/2012	Sat	800 Meter			1:51.36	7	
800 (Relay)									
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	DMR 12-4-8-16			2:12.70		
Catholic Conference Championships	Outdoor	5/25/2009	Mon	4 x 800 Meter			2:09.80		
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 800 Meter			2:07.10		
New Balance Collegiate Invitational	Indoor	2/6/2010	Sat	4 x 800 Meter			2:01.90		PR
Nike Indoor Nationals	Indoor	3/12/2010	Friday	DMR 12-4-8-16			2:00.90		PR
Summit Relays	Outdoor	4/3/2010	Sat	4 x 800 Meter		75 Degrees, Sunny	2:02.70		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 800 Meter		73 Degrees	2:01.30		59.5
Blue Devil Relays	Outdoor	4/16/2010	Friday	DMR 12-4-8-16			1:58.70		55.4,PR
Penn Relays	Outdoor	4/23/2010	Friday	4 x 800 Meter			2:00.30		57.4
Union County Relay Championship	Outdoor	4/29/2010	Thurs	SMR 4-2-2-8			1:59.70		
Union County Relay Championship	Outdoor	4/30/2010	Friday	4 x 800 Meter			1:58.50		58.5,PR
East Coast Relays	Outdoor	5/17/2010	Mon	4 x 800 Meter		70 Degrees / Sunny	1:56.60		56.3,
New Balance Outdoor Nationals	Outdoor	6/18/2010	Friday	4 x 800 Meter			1:55.71		PR
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	SMR 4-2-2-8			1:59.30		58.9,PR
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter			1:59.70		57.6
Union County Relay Championship	Indoor	1/8/2011	Sat	SMR 4-2-2-8			1:56.40		54.7,PR



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Metropolitan Invitational	Indoor	2/1/2011	Tues	4 x 800 Meter			1:54.40		54.9,PR
Eastern States Invitational	Indoor	3/1/2011	Tues	4 x 800 Meter			1:52.90		54.5,PR
New Balance Indoor Nationals	Indoor	3/12/2011	Sat	SMR 2-2-4-8			1:53.78		55.2
Penn Relays	Outdoor	4/29/2011	Friday	4 x 800 Meter			1:56.70		
Union County Relay Championship	Outdoor	5/5/2011	Thurs	SMR 2-2-4-8		65, Sunny	1:56.20		58
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 800 Meter		65, Sunny	1:53.60		55 1:22,
Carl Lewis Relays	Outdoor	5/23/2011	Mon	SMR 2-2-4-8			1:54.00		
New Balance Outdoor Nationals	Outdoor	6/17/2011	Friday	SMR 2-2-4-8		85 Sunny	1:53.33		55,PR
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	SMR 4-2-2-8			1:55.80		27, 56,
Union County Relay Championship	Indoor	1/6/2012	Friday	SMR 4-2-2-8			1:57.10		57.7
Non Public State Relays	Indoor	1/15/2012	Sun	SMR 4-2-2-8			1:54.90		26.5
Varsity Classic	Indoor	2/6/2012	Mon	4 x 800 Meter			1:53.90		
New Balance Indoor Nationals	Indoor	3/11/2012	Sun	SMR 2-2-4-8			1:50.80		PR
Union County Relay Championship	Outdoor	5/3/2012	Thurs	SMR 2-2-4-8			1:53.10		54.8,PR
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 800 Meter			1:51.20		54.8,PR
East Coast Relays	Outdoor	5/21/2012	Mon	4 x 800 Meter		62, Heavy Rain	1:50.70		53.9,PR
New Balance Outdoor Nationals	Outdoor	6/15/2012	Friday	SMR 2-2-4-8			1:49.39		
1000 (Open)									
Catholic Conference Championship	Indoor	2/6/2011	Sun	1000 Meter			2:33.66	1	2:02,
New Balance Collegiate Games	Outdoor	2/3/2012	Friday	1000 Meter			2:26.87	2	
1200 (Relay)									
The Penn Relays	Outdoor	4/27/2012	Friday	DMR 12-4-8-16			3:03.40		61,61,6
1600 (Open)									
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	1600 Meter		70 Degrees & Sunny	5:00.70		
Union County Championship	Indoor	1/22/2011	Sat	1600 Meter			4:25.65	4	2:13,
UCC Divisional Championship	Outdoor	5/13/2011	Friday	1600 Meter			4:29.72	1	PR
Union County Championship	Outdoor	5/20/2011	Friday	1600 Meter		68, Cloudy	4:25.29	6	PR
Union County Championship	Indoor	1/21/2012	Sat	1600 Meter			4:23.56	1	2:12,PR
Union County Conference Championship	Outdoor	5/11/2012	Friday	1600 Meter			4:23.82	1	PR
Union County Championship	Outdoor	5/17/2012	Thurs	1600 Meter		72, Sunny	4:11.69	1	PR



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Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	1600 Meter		78 Degrees, Sunny	4:15.54	1	
Non Public A State Championship	Outdoor	6/1/2012	Friday	1600 Meter		Cool, Windy	4:13.47	1	57.9 last
Meet of Champions	Outdoor	6/7/2012	Thurs	1600 Meter					DNR
1600 (Relay)									
Passarrelti Relays	Indoor	12/19/2010	Sun	DMR 12-4-8-16			4:35.30		2:19.8
Union County Relay Championship	Indoor	1/8/2011	Sat	DMR 12-4-8-16			4:24.00		2:09,PR
Union County Relay Championship	Outdoor	5/5/2011	Thurs	DMR 12-4-8-16		65, Sunny	4:28.20		2:13,PR
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 1600 Meter		65, Sunny	4:44.20		2:19
Catholic Conference Relays	Indoor	12/29/2011	Thurs	DMR 12-4-8-16			4:26.80		65, 69,
Union County Relay Championship	Indoor	1/6/2012	Friday	DMR 12-4-8-16			4:28.90		61 69
Non Public State Relays	Indoor	1/15/2012	Sun	DMR 12-4-8-16			4:24.60		2:10
Eastern States Invitational	Indoor	2/28/2012	Tues	DMR 12-4-8-16			4:16.50		PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	DMR 12-4-8-16		69 and Sunny	4:17.40		62,PR
Union County Relay Championship	Outdoor	5/3/2012	Thurs	DMR 12-4-8-16			4:28.10		2:14
2.5 Miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2011	Sun				13:21.55	5	
5000									
UC -vs- Summit, GL & Hillside	Memorial Park, Summit, NJ	9/22/2009	Tues	5K		78 Degrees. No Wind	18:42.00	9	
Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	5K		64 Degrees and Clear	18:40.00	53	
Shore Coaches Invitational	Holmdel Park	10/3/2009	Sat	5K		68 Degrees / Clear	18:36.00	71	
Non Public A State Championship	Holmdel Park	11/14/2009	Sat	5K		55 Degrees / Muddy	18:37.00	74	
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	18:14.00	2	
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	17:43.00		PR
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat	5K		80 and Sunny	17:02.00	11	
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	5K			17:25.00	13	PR
Non Public A State Championship	Holmdel Park	11/13/2010	Sat	5K		55 and Sunny	17:17.13	22	PR
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	16:30.16	2	
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	5K			16:41.00	2	
Non Public B State Championship	Holmdel Park	11/12/2011	Sat	5K		50 Degrees / Windy	16:55.62	2	PR
Meet of Champions	Holmdel Park	11/19/2011	Sat	5K		45 / A little Wind	16:50.11	69	PR



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5150									
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	19:23.00	10	
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	5150 Meters			18:38.00	13	PR
UCC Divisional Championship	Warinanco Park	10/20/2009	Tues	5150 Meters			18:14.00	9	PR
Union County Championship	Warinanco Park	10/28/2009	Wed	5150 Meters		60 degrees / Muddy	18:16.00	8	
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	17:51.00	1	PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			16:50.00		+5,PR
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	17:06.00	1	
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	17:09.00	9	
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			17:35.00		
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	17:03.00	1	
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	5150 Meters			16:46.00	1	PR
Union County Championship	Warinanco Park	10/26/2011	Wed	5150 Meters			16:46.00	6	
5250									
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	5250 Meters		73 Degrees and Sunny	19:28.00	51	
Catholic Conference Championship	Warinanco Park	11/7/2009	Sat	5250 Meters		45 Degrees	18:43.00	86	PR
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	5250 Meters			17:35.20	11	PR
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	5250 Meters			17:52.90	39	
Catholic Conference Championship	Warinanco Park	11/5/2011	Sat	5250 Meters			16:41.48	6	PR
High Jump									
Merli Invitational	Indoor	12/19/2009	Sat	High Jump			5' 00.00"		
Frank Burns Relays	Indoor	12/27/2009	Sun	High Jump			5' 02.00"		PR
Catholic Conference Relays	Indoor	1/3/2010	Sun	High Jump			NH'		
Union County Relay Championship	Indoor	1/9/2010	Sat	High Jump			5' 00.00"		
Long Jump									
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	Long Jump					