



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Open)									
Union County Frosh/Soph	Indoor	1/21/2009	Wed	1.0 Mile Run			5:35.00		
200 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	200 Meter			26.90		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	200 Meter			26.90		
200 (Relay)									
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 200 Meter			28.80		
Union County Relay Championship	Indoor	1/10/2009	Sat	4 x 200 Meter			28.20		
400 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	400 Meter			1:00.00		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	400 Meter			58.70		
400 (Relay)									
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 400 Meter			1:04.80		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	4 x 400 Meter			1:00.00		
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	4 x 400 Meter			59.30		PR
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	4 x 400 Meter			1:00.90		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	4 x 400 Meter		70 Degrees & Sunny	57.90		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	58.20		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			59.20		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			1:00.00		Bad
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	4 x 400 Meter			1:00.50		
Union County JV Meet	Outdoor	5/11/2010	Tues	4 x 400 Meter			58.50		
800 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	800 Meter			2:37.90		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	800 Meter			2:26.40		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	800 Meter			2:27.40		
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	800 Meter			2:24.20		
Toms River Frosh - Novice	Indoor	2/4/2009	Wed	800 Meter			2:18.79		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	800 Meter			2:13.60		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	800 Meter			2:17.00		



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NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	800 Meter			2:19.90		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	800 Meter			2:19.30		
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	800 Meter			2:21.00		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	800 Meter			2:12.90		
Catholic Conference Championships	Outdoor	5/25/2009	Mon	800 Meter			2:15.11	39	
Union County Championship	Indoor	1/23/2010	Sat	800 Meter			2:15.53	23	PR
Metropolitan Invitational	Indoor	2/3/2010	Wed	800 Meter			2:12.90	6	PR
Non Public A State Championship	Indoor	2/19/2010	Friday	800 Meter			2:13.20		
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	800 Meter		49 Degrees, Partly Cloudy	2:18.20		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	800 Meter		70 Degrees & Sunny	2:09.80		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	800 Meter			2:13.20		
Union County JV Meet	Outdoor	5/11/2010	Tues	800 Meter			2:11.30		1:01.5
800 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 800 Meter			2:39.30		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 800 Meter			2:36.70		
Metuchen Frosh Soph 2	Outdoor	4/11/2008	Friday	SMR 2-2-4-8			2:25.60		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 800 Meter			2:24.70		
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 800 Meter			2:24.30		PR
Frank Burns Relays	Indoor	12/27/2008	Sat	DMR 8-2-4-1K			2:25.30		
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 800 Meter			2:21.20		
Union County Relay Championship	Indoor	1/10/2009	Sat	DMR 8-2-4-1K			2:20.90		
NJCTC Championships	Indoor	2/8/2009	Sun	4 x 800 Meter			2:16.60		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	4 x 800 Meter			2:25.70		
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 800 Meter			2:21.80		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 800 Meter			2:21.90		
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			2:16.20		
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 800 Meter			2:16.50		PR
Frank Burns Relays	Indoor	12/27/2009	Sun	DMR 12-4-8-16			2:19.10		
Catholic Conference Relays	Indoor	1/3/2010	Sun	DMR 12-4-8-16			2:13.30		PR
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 800 Meter			2:18.70		
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			2:17.40		



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Catholic Conference Championship	Indoor	2/7/2010	Sun	4 x 800 Meter			2:17.90		
Summit Relays	Outdoor	4/3/2010	Sat	4 x 800 Meter		75 Degrees, Sunny	2:14.00		PR
Summit Relays	Outdoor	4/3/2010	Sat	SMR 2-2-4-8		75 Degrees, Sunny	2:15.10		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 800 Meter		73 Degrees	2:10.10		1:02.7
Blue Devil Relays	Outdoor	4/16/2010	Friday	DMR 12-4-8-16			2:11.90		1:02.0
880 Y (Open)									
Union County Frosh/Soph	Indoor	1/21/2009	Wed				2:39.00	6	
Union County Frosh/Soph	Indoor	1/21/2009	Wed				2:39.00		
1000 (Open)									
Catholic Conference Championship	Indoor	2/7/2010	Sun	1000 Meter			3:00.22	32	
1200 (Relay)									
Catholic Conference Relays	Indoor	1/4/2009	Sun	DMR 12-4-8-16			3:44.00		
Colts Neck Relays	Outdoor	4/11/2009	Sat	DMR 12-4-8-16			3:43.20		
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	DMR 12-4-8-16			3:43.00		
1600 (Open)									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	1600 Meter			6:00.10		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	1600 Meter			5:32.70		
Metuchen Frosh Soph 3	Outdoor	4/18/2008	Friday	1600 Meter			5:30.90		
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	1600 Meter			5:24.70		
Mountain Valley Conference	Indoor	1/3/2009	Sat	1600 Meter			5:22.33	10	
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	1600 Meter			5:15.90		
Non Public A State Championship	Indoor	2/13/2009	Friday	1600 Meter			5:16.84		
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	1600 Meter			5:03.00		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	1600 Meter			5:04.40		
Merli Invitational	Indoor	12/19/2009	Sat	1600 Meter			5:13.27		PR
2.1 miles									
Mountain Valley Conference	Warinanco Park	10/9/2007	Tues				15:35.00	25	
Union County Championship	Warinanco Park	10/24/2007	Wed				14:16.00	21	PR
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/22/2007	Sat	2.2 Mile			17:27.00	176	



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Stewart Memorial Invitational	Warinanco Park	9/28/2007	Friday	2.2 Mile			16:14.00	85	PR
Catholic Conference Championship	Warinanco Park	11/3/2007	Sat	2.2 Mile			14:41.00	71	PR
3200									
Old Bridge Class Meet	Thompson Park	9/15/2007	Sat	3200 Meter Run			18:39.00	90	
3200 (Open)									
Meet vs Arthur L. Johnson	Outdoor	4/1/2008	Tues	3200 Meter			12:54.50		
5000									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	5K			19:29.00	42	
UC -vs- Governor Livingston	Governor Livingston HS	9/30/2008	Tues	5K			19:30.00	10	
Shore Coaches Invitational	Holmdel Park	10/4/2008	Sat	5K			19:43.00	97	
Non Public A State Championship	Holmdel Park	11/15/2008	Sat	5K			20:19.00	125	
UC -vs- Summit, GL & Hillside	Memorial Park, Summit, NJ	9/22/2009	Tues	5K		78 Degrees. No Wind	19:13.00	12	
Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	5K		64 Degrees and Clear	18:47.00	33	PR
Shore Coaches Invitational	Holmdel Park	10/3/2009	Sat	5K		68 Degrees / Clear	20:42.00	79	
Non Public A State Championship	Holmdel Park	11/14/2009	Sat	5K		55 Degrees / Muddy	20:25.00	143	
Randolph Invitational	Freedom Park	9/10/2010	Friday	5K			19:59.87	58	
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	19:31.00	9	
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	18:24.00		PR
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat	5K		80 and Sunny	19:06.77	14	
5150									
UC -vs- Arthur L. Johnson, Rahway,	Warinanco Park	10/2/2007	Tues	5150 Meters			26:58.00	38	
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			20:32.00	17	PR
UC -vs- Cranford	Warinanco Park	9/23/2008	Tues	5150 Meters			19:28.00	12	PR
UC -vs- Hillside & Roselle	Warinanco Park	10/7/2008	Tues	5150 Meters			19:21.00	3	PR
Mountain Valley Conference	Warinanco Park	10/14/2008	Tues	5150 Meters			19:11.00	28	PR
Union County Championship	Warinanco Park	10/29/2008	Wed	5150 Meters			19:21.00	63	
UC -vs- Arthur L. Johnson & Hillside	Warinanco Park	9/15/2009	Tues	5150 Meters		78 Degrees and Sunny	19:51.00	14	
UC -vs- Cranford	Warinanco Park	9/29/2009	Tues	5150 Meters		65 Degrees / Clear	19:17.00	5	
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	19:15.00	9	
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	5150 Meters			18:49.00	15	PR



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UCC Divisional Championship	Warinanco Park	10/20/2009	Tues	5150 Meters			19:17.00	23	
Union County Championship	Warinanco Park	10/28/2009	Wed	5150 Meters		60 degrees / Muddy	19:27.00	25	
UC vs Cranford	Warinanco Park	9/29/2010	Wed	5150 Meters			20:47.00		
5250									
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	5250 Meters			19:49.00	81	
Catholic Conference Championship	Warinanco Park	11/8/2008	Sat	5250 Meters			21:36.00	123	
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	5250 Meters		73 Degrees and Sunny	19:31.00	90	PR
Catholic Conference Championship	Warinanco Park	11/7/2009	Sat	5250 Meters		45 Degrees	20:10.00	119	
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	5250 Meters			20:10.90	113	