



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Relay)									
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	4xMile			4:38.80		2:14
100 (Relay)									
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 100 Meter		75 Degrees and Sunny			
200 (Open)									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	200 Meter			24.80	4	
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	200 Meter			24.70	3	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	200 Meter		58 and Sunny	24.40		PR
200 (Relay)									
Passarrelti Relays	Indoor	12/19/2010	Sun	4 x 200 Meter			25.20		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	SMR 4-2-2-8			25.30		
Metuchen Frosh/Soph 2	Outdoor	4/8/2011	Friday	SMR 2-2-4-8		45 and Rainy	23.10		
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 200 Meter			23.80		
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 200 Meter		65, Sunny	23.20		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	SMR 2-2-4-8			24.10		
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 200 Meter		75 Degrees and Sunny	22.90		PR
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	SMR 1-1-2-4			23.00		
NJCTC Relays	Indoor	12/30/2012	Sun	SMR 2-2-4-8			23.20		PR
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 200 Meter		Low 50's, Fairly Windy	22.70		PR
NJCTC Relays	Indoor	1/5/2014	Sun	4 x 200 Meter			23.20		
300 (Open)									
Catholic Conference Championship	Indoor	2/6/2011	Sun	300 Meter			38.57	15	
NJCTC Championship	Indoor	2/12/2012	Sun	300 Meter			38.05	17	PR
400 (Open)									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	400 Meter			55.20	2	25.0
New Balance Indoor Nationals	Indoor	3/12/2011	Sat	400 Meter			54.33	11	PR
New Balance Outdoor Nationals	Outdoor	6/16/2011	Thurs	400 Meter		85 Sunny	52.45	11	
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	400 Meter			53.30	2	
Union County Championship	Outdoor	5/17/2012	Thurs	400 Meter		72, Sunny	50.78	9	PR
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	400 Meter		78 Degrees, Sunny	50.96	6	



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Non Public A State Championship	Outdoor	6/1/2012	Friday	400 Meter		Cool, Windy	51.83	8	
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	400 Meter			51.97	5	
Varsity Classic	Indoor	2/3/2014	Mon	400 Meter			50.90	13	PR
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	400 Meter		58 / Sunny	50.70		PR
Union County Conference Championship	Outdoor	5/9/2014	Friday	400 Meter		68 / Light Rain	50.42	4	PR
Union County Championship	Outdoor	5/15/2014	Thurs	400 Meter			50.34	2	PR
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	400 Meter		68 Degrees	50.29	7	PR
400 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 400 Meter			55.20		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			54.30		26.8,PR
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 400 Meter			56.30		26.5
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	4 x 400 Meter			56.20		27.3
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	4 x 400 Meter			54.60		26.2
Summit Relays	Outdoor	4/2/2011	Sat	4 x 400 Meter		52 and Partly Sunny	54.10		
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 400 Meter		58, Partly Cloudy	53.60		25,PR
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	4 x 400 Meter		70, Sunny	53.00		PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 400 Meter		High 40's and Rainy	56.20		
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 400 Meter			53.00		
UCC Divisional Championship	Outdoor	5/14/2011	Sat	4 x 400 Meter			52.50		PR
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	4 x 400 Meter			52.80		
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	4 x 400 Meter			56.10		25.1
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 400 Meter			52.60		25.8
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 400 Meter			54.70		25.5
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	4 x 400 Meter			1:06.00		Droppe
Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 400 Meter			53.90		
New Balance Indoor Nationals	Indoor	3/10/2012	Sat	SMR 2-2-4-8			51.80		23.9,PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	4 x 400 Meter		52, Sunny, Windy	53.30		
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	4 x 400 Meter		65 and Sunny	52.10		PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	SMR 4-2-2-8		69 and Sunny	51.20		PR
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 400 Meter			49.90		PR
Union County Conference Championship	Outdoor	5/12/2012	Sat	4 x 400 Meter			50.40		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Union County Championship	Outdoor	5/18/2012	Friday	4 x 400 Meter		72, Sunny	50.60		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 400 Meter			50.90	24.3,PR	
Union County Championship	Indoor	1/20/2013	Sun	4 x 400 Meter			52.20	24.9	
NJCTC Championship	Indoor	2/10/2013	Sun	4 x 400 Meter			52.60	24.2	
Non Public B State Championship	Indoor	2/15/2013	Friday	4 x 400 Meter			52.40	25.3	
Eastern States Invitational	Indoor	2/25/2013	Mon	4 x 400 Meter			51.40	24.2	
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 400 Meter		Low 50's, Fairly Windy	49.90		
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	4 x 400 Meter		70 Degrees	51.10		
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 400 Meter		60 Degrees, Sunny, Light	49.90		
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 400 Meter		58 Sun/Clouds	50.00		
Union County Relays	Outdoor	5/3/2013	Friday	4 x 400 Meter		70 Sunny	50.20		
Union County Conference Championship	Outdoor	5/11/2013	Sat	4 x 400 Meter		72 Degrees	49.70		PR
Union County Championship	Outdoor	5/17/2013	Friday	4 x 400 Meter		82 / Sunny	49.93		
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	4 x 400 Meter			51.90		
Non Public A State Championship	Outdoor	6/1/2013	Sat	4 x 400 Meter		91 Degrees	49.90		
Meet of Champions	Outdoor	6/5/2013	Wed	4 x 400 Meter		75 / Sunny	49.90		
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	4 x 400 Meter		82 / Sunny	49.10		PR
Bishop Loughlin Games	Indoor	12/21/2013	Sat	4 x 400 Meter			51.50		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 400 Meter			50.60		PR
NJCTC Relays	Indoor	1/5/2014	Sun	4 x 400 Meter			50.30		PR
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 400 Meter			52.40		
Union County Championship	Indoor	1/24/2014	Friday	4 x 400 Meter			51.00		
Varsity Classic	Indoor	2/3/2014	Mon	4 x 400 Meter			50.80	24.3	
Armory Collegiate Invitational	Indoor	2/7/2014	Friday	4 x 400 Meter			50.50	23.6	
Non Public A State Championship	Indoor	2/15/2014	Sat	4 x 400 Meter			51.56		
Eastern States Invitational	Indoor	2/24/2014	Mon	4 x 400 Meter			50.70	25.3	
Meet of Champions	Indoor	3/1/2014	Sat	4 x 400 Meter			51.40	23.8	
New Balance Indoor Nationals	Indoor	3/16/2014	Sun	4 x 400 Meter			50.40		
Metuchen Relays	Outdoor	4/5/2014	Sat	4 x 400 Meter		58 / Windy!	51.70		
Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 400 Meter			48.90		PR
The Penn Relays	Outdoor	4/26/2014	Sat	4 x 400 Meter			49.74		



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The Penn Relays	Outdoor	4/26/2014	Sat	4 x 400 Meter			50.21		
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	4 x 400 Meter		68 Degrees	50.00		
Non Public A State Championship	Outdoor	5/31/2014	Sat	4 x 400 Meter			50.30		
Meet of Champions	Outdoor	6/4/2014	Wed	4 x 400 Meter		80 & Sunny	49.10		
New Balance Outdoor Nationals	Outdoor	6/13/2014	Friday	SMR 2-2-4-8			49.10		
New Balance Outdoor Nationals	Outdoor	6/15/2014	Sun	4 x 400 Meter			49.03		
600 (Open)									
Catholic Conference Championship	Indoor	2/6/2011	Sun	600 Meter			1:31.87	17	57
NJCTC Championship	Indoor	2/12/2012	Sun	600 Meter			1:29.84	17	PR
NJCTC Championship	Indoor	2/10/2013	Sun	600 Meter			1:26.64	5	PR
800 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	800 Meter			2:09.80	2	63.5,
Meet vs Summit	Outdoor	4/5/2011	Tues	800 Meter		42 Degrees	2:16.70		63
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	800 Meter		70, Sunny	2:05.80		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	800 Meter		75, Sunny	2:04.10	2	PR
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	800 Meter			2:07.50	3	
Union County Championship	Outdoor	5/21/2011	Sat	800 Meter		68, Cloudy	2:04.36	15	
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	800 Meter			2:06.83	14	
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	800 Meter			2:05.70	6	1:01.5,
Union County Championship	Indoor	1/21/2012	Sat	800 Meter			2:09.75	20	
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	800 Meter			2:05.10	2	32.7
Metropolitan Invitational	Outdoor	2/1/2012	Wed	800 Meter			2:08.70		61
Non Public B State Championship	Indoor	2/17/2012	Friday	800 Meter			2:03.27	5	PR
Meet of Champions	Indoor	2/25/2012	Sat	800 Meter			2:04.63	33	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	800 Meter		58 and Sunny	2:03.30	2	62.5,PR
Union County Conference Championship	Outdoor	5/12/2012	Sat	800 Meter			1:59.28	4	PR
Union County Championship	Outdoor	5/18/2012	Friday	800 Meter		72, Sunny	1:58.51	3	PR
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	800 Meter		78 Degrees, Sunny	2:04.35	14	
Union County Championship	Indoor	1/20/2013	Sun	800 Meter			2:01.57	2	60.6,PR
Metropolitan Invitational	Indoor	1/30/2013	Wed	800 Meter			1:59.40	4	57.8,PR
Non Public B State Championship	Indoor	2/15/2013	Friday	800 Meter			2:02.28	3	



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Meet of Champions	Indoor	2/23/2013	Sat	800 Meter			2:03.26	28	
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	800 Meter		70 Degrees	1:58.50	2	61.9,PR
Union County Conference Championship	Outdoor	5/11/2013	Sat	800 Meter		72 Degrees	1:58.93	3	60.7
Union County Championship	Outdoor	5/17/2013	Friday	800 Meter		82 / Sunny	1:57.43	4	58.8,PR
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	800 Meter			1:58.38	4	
Non Public A State Championship	Outdoor	6/1/2013	Sat	800 Meter		91 Degrees	1:53.54	4	PR
Meet of Champions	Outdoor	6/5/2013	Wed	800 Meter		75 / Sunny	1:56.33	15	55.1
Union County Championship	Indoor	1/24/2014	Friday	800 Meter			2:00.98	3	
Non Public A State Championship	Indoor	2/15/2014	Sat	800 Meter			2:05.30	19	
Union County Conference Championship	Outdoor	5/10/2014	Sat	800 Meter		68 / Light Rain	1:57.76	3	
Union County Championship	Outdoor	5/16/2014	Friday	800 Meter			2:00.95	11	
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	800 Meter		68 Degrees	1:57.49	5	
Non Public A State Championship	Outdoor	5/31/2014	Sat	800 Meter			2:00.61	15	
800 (Relay)									
Passarrelti Relays	Indoor	12/19/2010	Sun	4 x 800 Meter			2:16.90		66.3
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 800 Meter			2:12.90		61 71.9,
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter			2:14.60		63.1
Union County Relay Championship	Indoor	1/8/2011	Sat	4 x 800 Meter			2:11.30		61.8,PR
Summit Relays	Outdoor	4/2/2011	Sat	4 x 800 Meter		52 and Partly Sunny	2:07.20		58.7,PR
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 800 Meter		58, Partly Cloudy	2:09.60		57
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 800 Meter		High 40's and Rainy	2:14.70		64
Penn Relays	Outdoor	4/29/2011	Friday	4 x 800 Meter			2:10.90		
Union County Relay Championship	Outdoor	5/5/2011	Thurs	DMR 12-4-8-16		65, Sunny	2:09.10		60
Carl Lewis Relays	Outdoor	5/23/2011	Mon	4 x 800 Meter			2:09.10		57.5
New Balance Outdoor Nationals	Outdoor	6/17/2011	Friday	4 x 800 Meter		85 Sunny	2:15.20		63
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	4 x 800 Meter			2:08.50		29, 32,
Catholic Conference Relays	Indoor	12/29/2011	Thurs	DMR 12-4-8-16			2:03.20		58 1:30,
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 800 Meter			2:11.30		62.6
Non Public State Relays	Indoor	1/15/2012	Sun	DMR 12-4-8-16			2:04.60		59.5
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 800 Meter			2:11.40		61.9
Varsity Classic	Indoor	2/6/2012	Mon	4 x 800 Meter			2:00.90		PR



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Eastern States Invitational	Indoor	2/28/2012	Tues	DMR 12-4-8-16			2:00.30		PR
Summit Relays	Outdoor	4/7/2012	Sat	4 x 800 Meter			2:02.00	59.5,	PR
NJCTC Relays	Outdoor	4/15/2012	Sun	SMR 2-2-4-8		75 Degrees and Sunny	1:59.90		PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	DMR 12-4-8-16		69 and Sunny	2:01.40		56
The Penn Relays	Outdoor	4/27/2012	Friday	DMR 12-4-8-16			2:04.10	28,30,3	
Union County Relay Championship	Outdoor	5/3/2012	Thurs	DMR 12-4-8-16			2:00.20		1:29
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 800 Meter			1:59.90		58.8
East Coast Relays	Outdoor	5/21/2012	Mon	4 x 800 Meter		62, Heavy Rain	2:00.90		57.7
Meet of Champions	Outdoor	6/7/2012	Thurs	4 x 800 Meter			1:58.10		PR
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	SMR 2-2-4-8			2:01.35		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 800 Meter			2:02.70		1:00.1
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 800 Meter			2:04.80		1:00.5
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	DMR 12-4-8-16			2:00.80		57.7
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	4 x 800 Meter			2:08.80		58.8
Varsity Classic	Indoor	2/4/2013	Mon	4 x 800 Meter			1:59.60		57.8,PR
The Millrose Games	Indoor	2/16/2013	Sat	4 x 800 Meter			1:59.37		56,PR
Eastern States Invitational	Indoor	2/25/2013	Mon	DMR 12-4-8-16			1:59.30		PR
New Balance Indoor Nationals	Indoor	3/8/2013	Friday	4 x 800 Meter			1:58.50		PR
New Balance Indoor Nationals	Indoor	3/9/2013	Sat	SMR 2-2-4-8			1:58.00		PR
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	1:58.10	59	59.1
The Penn Relays	Outdoor	4/25/2013	Thurs	4 x 800 Meter		68 / Sunny	1:57.50		PR
Union County Relays	Outdoor	5/2/2013	Thurs	SMR 2-2-4-8		70 Sunny	1:59.40		55
Union County Relays	Outdoor	5/3/2013	Friday	4 x 800 Meter		70 Sunny	1:57.80		
Non Public A State Championship	Outdoor	5/31/2013	Friday	4 x 800 Meter		91 Degrees	1:57.50		
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	SMR 2-2-4-8		82 / Sunny	1:55.14		PR
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	DMR 12-4-8-16			1:58.80		
Union County Relay Championship	Indoor	1/8/2014	Wed	DMR 12-4-8-16			2:02.10		
Union County Relay Championship	Indoor	1/8/2014	Wed	4 x 800 Meter			2:03.30		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	DMR 12-4-8-16			2:00.50		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 800 Meter			2:00.30		
Armory Collegiate Invitational	Indoor	2/8/2014	Sat	4 x 800 Meter			1:59.80		



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New Balance Indoor Nationals	Indoor	3/14/2014	Friday	4 x 800 Meter			2:01.70		
Metuchen Relays	Outdoor	4/5/2014	Sat	4 x 800 Meter		58 / Windy!	2:01.60		59.7
Arcadia Invitational	Outdoor	4/11/2014	Friday	4 x 800 Meter		85 / Sunny	2:01.50		57.7
The Penn Relays	Outdoor	4/25/2014	Friday	4 x 800 Meter			1:59.19		
Union County Relay Championship	Outdoor	5/1/2014	Thurs	SMR 2-2-4-8		70 & Sunny	2:01.20		
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 800 Meter		70 & Sunny	2:00.30		
Non Public A State Championship	Outdoor	5/30/2014	Friday	4 x 800 Meter			1:56.50		
1.0 mile									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	1.0 Mile Run		50 and Windy	5:12.00	2	
1.25 miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2010	Sat	1.25 Mile		65 / Sunny	6:45.29	15	
1000 (Open)									
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	1000 Meter			2:46.38	12	31
Bishop Loughlin Games	Indoor	12/21/2013	Sat	1000 Meter			2:37.85	11	PR
1200 (Relay)									
Non Public State Relays	Indoor	1/15/2011	Sat	DMR 12-4-8-16			3:41.30		2:20
Blue Devil Relays	Outdoor	4/16/2011	Sat	DMR 12-4-8-16		High 40's and Rainy	3:40.80		
Summit Relays	Outdoor	4/7/2012	Sat	DMR 12-4-8-16			3:28.20		2:18,PR
NJCTC Relays	Indoor	12/30/2012	Sun	DMR 12-4-8-16			3:15.60		65 64
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 12-4-8-16			3:23.50		2:20
1500 (Relay)									
NJCTC Relays	Outdoor	4/14/2013	Sun	1500 Meter		60 Degrees, Sunny, Light	4:15.50		
1600 (Open)									
Union County Championship	Indoor	1/22/2011	Sat	1600 Meter			5:03.06	25	2:28,
Non Public A State Championship	Indoor	2/19/2011	Sat	1600 Meter			5:09.76	27	2:30
Ed Church Invitational	Indoor	2/9/2012	Thurs	1600 Meter			4:53.10	5	2:25,PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	1600 Meter		52, Sunny, Windy	4:51.30	2	
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	1600 Meter		65 and Sunny	4:53.90		2:22,PR
Union County Conference Championship	Outdoor	5/10/2013	Friday	1600 Meter		72 Degrees	4:34.07	4	PR
Union County Championship	Outdoor	5/16/2013	Thurs	1600 Meter		82 / Sunny	4:27.87	5	PR



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2.1 miles									
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat			80 and Sunny	12:38.00	7	
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	2.2 Mile			13:23.40	26	
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	2.2 Mile			13:12.40	26	PR
2.5 Miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2011	Sun				16:02.82	101	
2655									
Randolph Invitational	Freedom Park	9/10/2010	Friday	2655 Meter Run			14:13.74	123	
3200									
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	3200 Meter Run			12:34.00	10	
XC Time Trial Two	Union Catholic Track	11/10/2012	Sat	3200 Meter		60, Partly Sunny	10:10.00	3	PR
Cross Country Time Trial 1	Union Catholic Track	10/30/2013	Wed	3200 Meter		58			8:57
3200 (Open)									
Cross Country Time Trial	Outdoor	8/30/2012	Thurs	3200 Meter			10:44.00	4	
400									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	400 Meter		50 and Windy	58:00.00	2	
5000									
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	19:47.00		
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	19:15.00		
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	19:39.68	58	
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	5K			19:47.00	69	
Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	5K			19:05.00	82	
Non Public B State Championship	Holmdel Park	11/12/2011	Sat	5K		50 Degrees / Windy	18:33.24	39	PR
Meet of Champions	Holmdel Park	11/19/2011	Sat	5K		45 / A little Wind	18:54.05	165	
Randolph Invitational	Freedom Park	9/7/2012	Friday	5K			18:11.56	16	PR
UC vs ALJ and Rahway	Rahway Park	9/11/2012	Tues	5K		75 Degrees and Sunny	17:41.00		
Paul Short Run	Lehigh University	9/28/2012	Friday	5K		70 Degrees, Muddy	17:31.00	51	
Shore Coaches Invitational	Holmdel Park	10/6/2012	Sat	5K		68, Sunny	18:00.00	28	PR



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public A State Championship	Holmdel Park	11/17/2012	Sat	5K			17:57.13	60	PR
Randolph Invitational	Freedom Park	9/7/2013	Sat	5K			17:43.97	13	PR
UC vs ALJ and Rahway	Rahway Park	9/21/2013	Sat	5K		65 Sunny	17:18.00	4	
Non Public A State Championship	Holmdel Park	11/16/2013	Sat	5K			17:21.22	40	PR
5150									
UC vs Cranford	Warinanco Park	9/29/2010	Wed	5150 Meters			19:35.00		
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	18:47.00		PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			18:58.00		
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	18:34.00	17	PR
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	18:54.00	58	
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues	5150 Meters		80 Degrees / Sunny	19:46.00		
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			19:19.00		
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	18:27.00	5	PR
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	5150 Meters			18:25.00	22	PR
Union County Championship	Warinanco Park	10/26/2011	Wed	5150 Meters			18:07.00	38	PR
UC vs Rahway	Warinanco Park	10/2/2012	Tues	5150 Meters		58, Cloudy	17:55.00		PR
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	17:15.00	6	PR
Union County Championship	Warinanco Park	10/24/2012	Wed	5150 Meters		61 Degrees, Great	17:22.00	23	
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	18:10.80	20	
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions			DNF
5250									
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	5250 Meters			18:44.80	33	
Catholic Conference Championship	Warinanco Park	11/5/2011	Sat	5250 Meters			18:27.15	79	PR
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	5250 Meters		75, Sunny	19:10.30	77	
Bernie Magee Class Meet	Warinanco Park	9/20/2013	Friday	5250 Meters		75, Sunny	17:54.00	43	PR
Catholic Conference Championship	Warinanco Park	11/9/2013	Sat	5250 Meters			17:24.00	33	PR
High Jump									
NJCTC Relays	Outdoor	4/10/2011	Sun	High Jump		58, Partly Cloudy	NH'		
Long Jump									
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	Long Jump		75, Sunny	16' 01.00"		



**Boys XC / Track / Field
Performance History Report for:**

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Triple Jump									
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	Triple Jump		70, Sunny	32' 10.25"		