



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Open)									
Union County Frosh/Soph	Indoor	1/21/2009	Wed	1.0 Mile Run			5:32.70	2	
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed	1.0 Mile Run			5:19.50	2	PR
400 (Relay)									
NJCTC Championships	Indoor	2/8/2009	Sun	4 x 400 Meter			1:03.80		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	4 x 400 Meter			1:05.30		
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 400 Meter			1:02.30		PR
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	1:03.10		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			1:03.30		
800 (Open)									
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	800 Meter			2:26.20		
800 (Relay)									
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 800 Meter			2:25.50		
Frank Burns Relays	Indoor	12/27/2008	Sat				2:24.40		PR
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 800 Meter			2:26.20		
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	4 x 800 Meter			2:21.00		
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 800 Meter			2:26.90		
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 800 Meter			2:21.90		PR
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 800 Meter			2:20.00		PR
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 800 Meter		73 Degrees	2:21.60		1:05.9
880 Y (Open)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				2:33.30		
1000 (Relay)									
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			3:02.40		
1600 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	1600 Meter			5:23.40		
Toms River Frosh - Novice	Indoor	2/4/2009	Wed	1600 Meter			5:15.61	16	
NJCTC Championships	Indoor	2/8/2009	Sun	1600 Meter			5:15.62	34	
Meet vs St Joe's Mon Don Notre Dame	Outdoor	3/28/2009	Sat	1600 Meter			5:11.50	3	
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	1600 Meter			5:09.90		



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Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	1600 Meter			5:07.70		
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	1600 Meter			5:15.00	10	
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	1600 Meter			5:10.40	6	
NJCTC Frosh/Soph Championships	Outdoor	5/17/2009	Sun	1600 Meter			5:06.40		PR
Catholic Conference Championships	Outdoor	5/25/2009	Mon	1600 Meter			5:04.77	36	
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	1600 Meter			5:15.60		
Catholic Conference Championship	Indoor	2/7/2010	Sun	1600 Meter			4:59.31	23	PR
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	1600 Meter		49 Degrees, Partly Cloudy	4:59.90		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	1600 Meter		70 Degrees & Sunny	5:08.90		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	1600 Meter			5:05.90		2:27.6
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	1600 Meter			5:02.50		
Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	1600 Meter			5:08.50		2:31
Union County JV Meet	Outdoor	5/11/2010	Tues	1600 Meter			5:02.90		2:25
1600 (Relay)									
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			5:22.50		
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	DMR 12-4-8-16			5:11.70		
Frank Burns Relays	Indoor	12/27/2009	Sun	DMR 12-4-8-16			5:04.40		
Summit Relays	Outdoor	4/3/2010	Sat	DMR 12-4-8-16		75 Degrees, Sunny	4:59.50		
Blue Devil Relays	Outdoor	4/16/2010	Friday	DMR 12-4-8-16			5:06.70		2:32.6
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	2.2 Mile			13:28.00	32	
3200									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	3200 Meter Run			11:58.00	14	
Shore Coaches Invitational	Holmdel Park	10/4/2008	Sat	3200 Meter Run			12:49.00	17	
3200 (Open)									
Mountain Valley Conference	Indoor	1/3/2009	Sat	3200 Meter			11:25.01	10	
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	3200 Meter			11:15.60		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	3200 Meter			11:19.50		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	3200 Meter			11:14.50		
Merli Invitational	Indoor	12/19/2009	Sat	3200 Meter			10:46.09	8	PR



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NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	3200 Meter			10:53.20		
Non Public A State Championship	Indoor	2/19/2010	Friday	3200 Meter			10:40.96	22	PR
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	3200 Meter		49 Degrees, Partly Cloudy	11:54.40		
Union County JV Meet	Outdoor	5/11/2010	Tues	3200 Meter			11:22.70		5:33
5000									
UC -vs- Governor Livingston	Governor Livingston HS	9/30/2008	Tues	5K			19:38.00	11	
Non Public A State Championship	Holmdel Park	11/15/2008	Sat	5K			19:33.00	110	
UC -vs- Summit, GL & Hillside	Memorial Park, Summit, NJ	9/22/2009	Tues	5K		78 Degrees. No Wind	18:31.00	7	
Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	5K		64 Degrees and Clear	17:38.00	26	
Shore Coaches Invitational	Holmdel Park	10/3/2009	Sat	5K		68 Degrees / Clear	18:07.00	41	PR
Non Public A State Championship	Holmdel Park	11/14/2009	Sat	5K		55 Degrees / Muddy	18:35.00	70	
Randolph Invitational	Freedom Park	9/10/2010	Friday	5K			18:22.86	34	
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	18:28.00	4	
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	18:02.00		PR
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat	5K		80 and Sunny	17:46.00	36	
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	5K			18:21.00	60	
Non Public A State Championship	Holmdel Park	11/13/2010	Sat	5K		55 and Sunny	17:47.85	43	PR
5150									
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			19:45.00	11	
UC -vs- Cranford	Warinanco Park	9/23/2008	Tues	5150 Meters			20:12.00	17	
UC -vs- Hillside & Roselle	Warinanco Park	10/7/2008	Tues	5150 Meters			19:18.00	2	PR
Mountain Valley Conference	Warinanco Park	10/14/2008	Tues	5150 Meters			19:05.00	27	PR
Union County Championship	Warinanco Park	10/29/2008	Wed	5150 Meters			18:51.00	52	PR
UC -vs- Arthur L. Johnson & Hillside	Warinanco Park	9/15/2009	Tues	5150 Meters		78 Degrees and Sunny	18:25.00	5	PR
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	19:12.00	7	
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	5150 Meters			17:57.00	6	PR
UCC Divisional Championship	Warinanco Park	10/20/2009	Tues	5150 Meters			17:50.00	15	PR
Union County Championship	Warinanco Park	10/28/2009	Wed	5150 Meters		60 degrees / Muddy	17:59.00	31	
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	17:59.00	4	
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			18:22.00		
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	17:17.00	5	PR



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Union County Championship 5250	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	17:43.00	25	
Catholic Conference Championship	Warinanco Park	11/8/2008	Sat	5250 Meters			20:00.00	96	
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	5250 Meters		73 Degrees and Sunny	18:15.00	16	PR
Catholic Conference Championship	Warinanco Park	11/7/2009	Sat	5250 Meters		45 Degrees	18:02.00	54	PR
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	5250 Meters			17:58.10	21	PR
Catholic Conference Championship 5K	Warinanco Park	11/6/2010	Sat	5250 Meters			18:02.25	47	PR
Foot Locker Northeast Regional	Van Cortlandt Park, NY	11/29/2008	Sat				19:24.70	42	