



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Open)									
Union County Frosh/Soph	Indoor	1/21/2009	Wed	1.0 Mile Run			5:43.70	4	
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed	1.0 Mile Run			5:43.50		PR
200 (Relay)									
Union County Relay Championship	Indoor	1/10/2009	Sat	4 x 200 Meter			29.40		
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	4 x 200 Meter			28.00		
400 (Relay)									
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 400 Meter			1:05.40		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	4 x 400 Meter			1:03.40		
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			1:01.90		PR
Summit Relays	Outdoor	4/3/2010	Sat	4 x 400 Meter		75 Degrees, Sunny	1:01.60		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	4 x 400 Meter		70 Degrees & Sunny	1:01.50		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	1:00.00		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			1:06.30		
Union County JV Meet	Outdoor	5/11/2010	Tues	4 x 400 Meter			1:00.90		
800 (Open)									
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	800 Meter			2:24.50		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	800 Meter			2:21.70		
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	800 Meter			2:19.20		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	800 Meter			2:27.20		
Merli Invitational	Indoor	12/19/2009	Sat	800 Meter			2:31.24		
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	800 Meter			2:25.90		PR
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	800 Meter		49 Degrees, Partly Cloudy	2:26.30		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	800 Meter		70 Degrees & Sunny	2:18.80		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	800 Meter			2:28.20		
Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	800 Meter			2:23.50		
Union County JV Meet	Outdoor	5/11/2010	Tues	800 Meter			2:23.70		1:07.4
800 (Relay)									
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 800 Meter			2:25.20		
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	4 x 800 Meter			2:20.40		



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Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			2:23.00		
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 800 Meter			2:32.00		
Catholic Conference Relays	Indoor	1/3/2010	Sun	SMR 4-2-2-8			2:28.80		
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Friday	4 x 800 Meter		65 Degrees	2:21.20		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 800 Meter		73 Degrees	2:23.20		1:06.0
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 800 Meter			2:25.20		1:05.4
880 Y (Open)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				2:41.20		
1200 (Relay)									
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	DMR 12-4-8-16			3:50.10		
Summit Relays	Outdoor	4/3/2010	Sat	DMR 12-4-8-16		75 Degrees, Sunny	3:50.60		
1600 (Open)									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	1600 Meter			5:23.90		
Meet vs St Joe's Mon Don Notre Dame	Outdoor	3/28/2009	Sat	1600 Meter			5:32.80		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	1600 Meter			5:21.50		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	1600 Meter			5:19.50		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	1600 Meter			5:21.00		
NJCTC Frosh/Soph Championships	Outdoor	5/17/2009	Sun	1600 Meter			5:35.80		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	1600 Meter			5:17.50		2:33.6
2.1 miles									
Mountain Valley Conference	Warinanco Park	10/14/2008	Tues				13:42.00	6	
Union County Championship	Warinanco Park	10/29/2008	Wed				13:34.00	18	PR
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	2.2 Mile			15:02.00	126	
Catholic Conference Championship	Warinanco Park	11/8/2008	Sat	2.2 Mile			14:45.00	46	PR
3200									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	3200 Meter Run			13:03.00	46	
Shore Coaches Invitational	Holmdel Park	10/4/2008	Sat	3200 Meter Run			13:44.00	54	
5000									
UC -vs- Governor Livingston	Governor Livingston HS	9/30/2008	Tues	5K			20:51.00	21	



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Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	5K		64 Degrees and Clear	21:11.00	143	
Shore Coaches Invitational	Holmdel Park	10/3/2009	Sat	5K		68 Degrees / Clear	21:09.00	102	
5150									
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			22:50.00	24	
UC -vs- Cranford	Warinanco Park	9/23/2008	Tues	5150 Meters			22:25.00	25	PR
UC -vs- Hillside & Roselle	Warinanco Park	10/7/2008	Tues	5150 Meters			20:52.00	6	PR
UC -vs- Cranford	Warinanco Park	9/29/2009	Tues	5150 Meters		65 Degrees / Clear	20:59.00		
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	20:18.00	19	PR
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	5150 Meters			20:00.00		PR
UCC Divisional Championship	Warinanco Park	10/20/2009	Tues	5150 Meters			20:15.00	49	
Union County Championship	Warinanco Park	10/28/2009	Wed	5150 Meters		60 degrees / Muddy	20:07.00	41	
5250									
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	5250 Meters		73 Degrees and Sunny	21:16.00	116	
Catholic Conference Championship	Warinanco Park	11/7/2009	Sat	5250 Meters		45 Degrees	20:07.00	46	PR