



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>55 HH (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	55 Meter HH			10.60		
Catholic Conference Championship	Indoor	2/6/2011	Sun	55 Meter HH			9.83	35	PR
<b>55 HH (Relay)</b>									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	Shuttle Hurdles 55m			9.90		
Catholic Conference Relays	Indoor	1/2/2011	Sun	Shuttle Hurdles 55m			9.60		PR
Union County Relay Championship	Indoor	1/10/2011	Mon	Shuttle Hurdles 55m			9.00		PR
Non Public State Relays	Indoor	1/15/2011	Sat	Shuttle Hurdles 55m			8.90		PR
NJCTC Relays	Indoor	12/30/2012	Sun	Shuttle Hurdles 55m			7.90		
NJCTC Relays	Indoor	1/5/2014	Sun	Shuttle Hurdles 55m			7.50		PR
Union County Relay Championship	Indoor	1/8/2014	Wed	Shuttle Hurdles 55m			7.60		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	Shuttle Hurdles 55m			7.70		
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	Shuttle Hurdles 55m			7.50		
<b>1.0 mile (Open)</b>									
Bishop Loughlin Games	Indoor	12/21/2013	Sat	1.0 Mile Run			4:29.19	6	
Millrose Games Trials	Indoor	1/15/2014	Wed	1.0 Mile Run			4:30.54	15	
<b>1.0 mile (Relay)</b>									
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	4xMile			4:36.80		2:16
<b>100 (Open)</b>									
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	100 Meter Dash			11.83	11	
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	100 Meter Dash		82 / Sunny	12.07	9	
Arcadia Invitational	Outdoor	4/10/2014	Thurs	100 Meter Dash		85 / Sunny	11.95	18	
<b>110 HH (Open)</b>									
New Balance Outdoor Nationals	Outdoor	6/15/2012	Friday	110 Meter HH			16.16	9	
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	110 Meter HH		82 / Sunny	16.07		PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	110 Meter HH		58 / Sunny	15.40		PR
Arcadia Invitational	Outdoor	4/11/2014	Friday	110 Meter HH		85 / Sunny	15.61	11	
<b>110 HH (Relay)</b>									
Union County Relay Championship	Outdoor	5/6/2011	Friday	Shuttle Hurdles 110m		65, Sunny	17.70		
New Balance Outdoor Nationals	Outdoor	6/16/2012	Sat	Shuttle Hurdles 110m			15.60		



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
The Metuchen Relays	Outdoor	4/6/2013	Sat	Shuttle Hurdles 110m		Low 50's, Fairly Windy	14.90		PR
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	Shuttle Hurdles 110m		82 / Sunny	15.30		
Metuchen Relays	Outdoor	4/5/2014	Sat	Shuttle Hurdles 110m		58 / Windy!	15.40		Wind
Arcadia Invitational	Outdoor	4/11/2014	Friday	Shuttle Hurdles 110m		85 / Sunny	15.20		
New Balance Outdoor Nationals	Outdoor	6/14/2014	Sat	Shuttle Hurdles 110m			14.30		PR
<b>200 (Relay)</b>									
New Balance Indoor Nationals	Indoor	3/9/2013	Sat	SMR 2-2-4-8			23.40		
<b>400 (Open)</b>									
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	400 Meter			52.25	5	
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	400 Meter		82 / Sunny	51.18	3	PR
Arcadia Invitational	Outdoor	4/10/2014	Thurs	400 Meter		85 / Sunny	50.94	7	PR
<b>400 (Relay)</b>									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 400 Meter			1:01.40		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			1:00.20		28.4,PR
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	4 x 400 Meter			58.30		28,PR
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	4 x 400 Meter			59.50		28.8
Meet vs Summit	Outdoor	4/5/2011	Tues	4 x 400 Meter		42 Degrees	56.80		
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 400 Meter		58, Partly Cloudy	55.00		26,PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	4 x 400 Meter		75, Sunny	54.70		PR
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	4 x 400 Meter			55.20		
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	4 x 400 Meter			54.90		PR
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	4 x 400 Meter			54.50		27.7
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 400 Meter		75 Degrees and Sunny	50.80		PR
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 400 Meter			52.30		25.1,PR
NJCTC Championship	Indoor	2/10/2013	Sun	4 x 400 Meter			53.20		26.1
Eastern States Invitational	Indoor	2/25/2013	Mon	4 x 400 Meter			51.30		24.3,PR
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 400 Meter		Low 50's, Fairly Windy	51.40		
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	4 x 400 Meter		70 Degrees	51.90		
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 400 Meter		60 Degrees, Sunny, Light	51.90		
Union County Relays	Outdoor	5/3/2013	Friday	4 x 400 Meter		70 Sunny	50.40		PR



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Union County Championship	Outdoor	5/17/2013	Friday	4 x 400 Meter		82 / Sunny	50.16		PR
Bishop Loughlin Games	Indoor	12/21/2013	Sat	4 x 400 Meter			51.50		
Varsity Classic	Indoor	2/3/2014	Mon	4 x 400 Meter			51.00		24.5,PR
Eastern States Invitational	Indoor	2/24/2014	Mon	4 x 400 Meter			50.80		25.4,PR
Metuchen Relays	Outdoor	4/5/2014	Sat	4 x 400 Meter		58 / Windy!	51.20		
The Penn Relays	Outdoor	4/26/2014	Sat	4 x 400 Meter			49.31		PR
<b>400 IH (Open)</b>									
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	400 Meter IH		68 Degrees	55.54	2	
Non Public A State Championship	Outdoor	5/30/2014	Friday	400 Meter IH			55.18	3	PR
Meet of Champions	Outdoor	6/4/2014	Wed	400 Meter IH		80 & Sunny	54.65	7	PR
New Balance Outdoor Nationals	Outdoor	6/15/2014	Sun	400 Meter IH			55.12	9	
<b>600 (Open)</b>									
NJCTC Championship	Indoor	2/12/2012	Sun	600 Meter			1:26.84	7	
NJCTC Championship	Indoor	2/10/2013	Sun	600 Meter			1:24.37	1	PR
<b>800 (Open)</b>									
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	800 Meter		75, Sunny	2:11.40		
Union County Championship	Indoor	1/21/2012	Sat	800 Meter			2:01.46	4	PR
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	800 Meter			2:05.00	1	32.8 31
Non Public B State Championship	Indoor	2/17/2012	Friday	800 Meter			2:06.58	10	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	800 Meter		58 and Sunny	2:01.40	1	62.4,PR
Union County Conference Championship	Outdoor	5/12/2012	Sat	800 Meter			1:57.09	2	PR
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	800 Meter		78 Degrees, Sunny	2:02.54	10	
Union County Championship	Indoor	1/20/2013	Sun	800 Meter			2:09.01	15	60.8
Metropolitan Invitational	Indoor	1/30/2013	Wed	800 Meter			2:00.10	6	58.2,PR
Non Public B State Championship	Indoor	2/15/2013	Friday	800 Meter			2:00.24	2	
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	800 Meter		70 Degrees	1:58.30	1	61.9
Union County Conference Championship	Outdoor	5/11/2013	Sat	800 Meter		72 Degrees	1:58.55	2	60.3
Union County Championship	Outdoor	5/17/2013	Friday	800 Meter		82 / Sunny	1:58.99		59.0
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	800 Meter			1:59.06	5	
Non Public A State Championship	Outdoor	6/1/2013	Sat	800 Meter		91 Degrees	1:56.76	10	PR



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Varsity Classic	Indoor	2/3/2014	Mon	800 Meter			2:00.40	10	
Non Public A State Championship	Indoor	2/15/2014	Sat	800 Meter			2:02.12	12	
New Balance Indoor Nationals	Indoor	3/16/2014	Sun	800 Meter			1:56.96	24	PR
Union County Championship	Outdoor	5/16/2014	Friday	800 Meter			1:57.16	5	
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	800 Meter		68 Degrees	1:55.24	2	PR
Non Public A State Championship	Outdoor	5/31/2014	Sat	800 Meter			1:58.79	13	
<b>800 (Relay)</b>									
Passarrelti Relays	Indoor	12/19/2010	Sun	4 x 800 Meter			2:24.10		68.9
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 800 Meter			2:25.50		69.9
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter			2:17.90		68.2,PR
Non Public State Relays	Indoor	1/15/2011	Sat	SMR 4-2-2-8			2:20.00		66
Metuchen Frosh/Soph 2	Outdoor	4/8/2011	Friday	SMR 2-2-4-8		45 and Rainy	2:08.80		28, 60
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 800 Meter		58, Partly Cloudy	2:07.20		62,PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 800 Meter		High 40's and Rainy	2:08.70		61
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 800 Meter			2:11.70		
Carl Lewis Relays	Outdoor	5/23/2011	Mon	4 x 800 Meter			2:05.20		58.5,PR
New Balance Outdoor Nationals	Outdoor	6/17/2011	Friday	4 x 800 Meter		85 Sunny	2:16.10		60
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	4 x 800 Meter			2:07.50		30, 33,
Catholic Conference Relays	Indoor	12/29/2011	Thurs	SMR 2-2-4-8			2:08.10		29.6,
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 800 Meter			2:11.20		63.2 68
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 800 Meter			2:10.00		62.1
Varsity Classic	Indoor	2/6/2012	Mon	4 x 800 Meter			2:01.20		PR
New Balance Indoor Nationals	Indoor	3/10/2012	Sat	SMR 2-2-4-8			1:57.90		PR
Summit Relays	Outdoor	4/7/2012	Sat	4 x 800 Meter			2:06.90		60
Blue Devil Classic	Outdoor	4/21/2012	Sat	SMR 4-2-2-8		69 and Sunny	2:03.40		PR
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 800 Meter			1:59.30		60.3,PR
East Coast Relays	Outdoor	5/21/2012	Mon	4 x 800 Meter		62, Heavy Rain	1:56.20		56.9,PR
Meet of Champions	Outdoor	6/7/2012	Thurs	4 x 800 Meter			1:55.20		PR
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 800 Meter			2:10.20		1:00.7
NJCTC Relays	Indoor	12/30/2012	Sun	SMR 2-2-4-8			2:04.90		28 30
Union County Relay Championship	Indoor	1/5/2013	Sat	SMR 4-2-2-8			2:03.10		59.9



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	SMR 4-2-2-8			2:01.90		59.5
New Balance Games	Indoor	1/26/2013	Sat	SMR 4-2-2-8			1:58.90		26.5
Varsity Classic	Indoor	2/4/2013	Mon	4 x 800 Meter			1:58.00		58.8
The Millrose Games	Indoor	2/16/2013	Sat	4 x 800 Meter			1:57.93		57
New Balance Indoor Nationals	Indoor	3/8/2013	Friday	4 x 800 Meter			2:00.90		
The Penn Relays	Outdoor	4/25/2013	Thurs	4 x 800 Meter		68 / Sunny	1:58.40		Baton
Union County Relays	Outdoor	5/3/2013	Friday	4 x 800 Meter		70 Sunny	2:00.50		
Non Public A State Championship	Outdoor	5/31/2013	Friday	4 x 800 Meter		91 Degrees	1:57.70		
Meet of Champions	Outdoor	6/5/2013	Wed	4 x 800 Meter		75 / Sunny	1:56.60		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	SMR 4-2-2-8			1:57.40		PR
NJCTC Relays	Indoor	1/5/2014	Sun	SMR 4-2-2-8			1:57.80		
Union County Relay Championship	Indoor	1/8/2014	Wed	SMR 4-2-2-8			2:00.30		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	SMR 4-2-2-8			1:56.80		PR
Armory Collegiate Invitational	Indoor	2/8/2014	Sat	4 x 800 Meter			1:59.50		Drop
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	SMR 2-2-4-8			1:54.46		PR
Morris Hills Relays	Outdoor	4/19/2014	Sat	SMR 4-2-2-8			2:00.50		
The Penn Relays	Outdoor	4/25/2014	Friday	4 x 800 Meter			1:54.68		PR
The Penn Relays	Outdoor	4/26/2014	Sat	4 x 800 Meter			1:56.07		
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 800 Meter		70 & Sunny	1:54.70		
Non Public A State Championship	Outdoor	5/30/2014	Friday	4 x 800 Meter			1:55.80		
Meet of Champions	Outdoor	6/4/2014	Wed	4 x 800 Meter		80 & Sunny	1:56.10		
New Balance Outdoor Nationals	Outdoor	6/14/2014	Sat	SMR 2-2-4-8			1:54.40		PR
<b>1.0 mile</b>									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	1.0 Mile Run		50 and Windy	5:12.00	1	
<b>1.25 miles</b>									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2010	Sat	1.25 Mile		65 / Sunny	6:53.29	27	
<b>1000 (Open)</b>									
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	1000 Meter			2:51.63	23	32
NJCTC Championship	Indoor	2/12/2012	Sun	1000 Meter			2:41.32	6	PR
NJCTC Championship	Indoor	2/10/2013	Sun	1000 Meter			2:34.19	2	PR



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Armory Collegiate Invitational	Indoor	2/7/2014	Friday	1000 Meter			2:30.27	7	PR
<b>1000 (Relay)</b>									
Union County Relay Championship	Indoor	1/8/2011	Sat	DMR 8-2-4-1K			3:05.40		2:28.8
<b>1200 (Relay)</b>									
Randolph Relays	Outdoor	4/30/2011	Sat	DMR 12-4-8-16			3:39.00		2:23
Catholic Conference Relays	Indoor	12/29/2011	Thurs	DMR 12-4-8-16			3:20.40		65 2:13
Union County Relay Championship	Indoor	1/6/2012	Friday	DMR 12-4-8-16			3:27.90		65 2:17
Non Public State Relays	Indoor	1/15/2012	Sun	DMR 12-4-8-16			3:13.90		63 66
Eastern States Invitational	Indoor	2/28/2012	Tues	DMR 12-4-8-16			3:15.10		
Blue Devil Classic	Outdoor	4/21/2012	Sat	DMR 12-4-8-16		69 and Sunny	3:09.80		2:07,PR
Union County Relay Championship	Outdoor	5/3/2012	Thurs	DMR 12-4-8-16			3:13.80		2:11
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	DMR 12-4-8-16			3:18.50		2:12
Eastern States Invitational	Indoor	2/25/2013	Mon	DMR 12-4-8-16			3:12.20		PR
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	3:10.70		62 66
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	DMR 12-4-8-16			3:11.40		PR
Eastern States Invitational	Indoor	2/24/2014	Mon	DMR 12-4-8-16			3:07.70		PR
Arcadia Invitational	Outdoor	4/12/2014	Sat	DMR 12-4-8-16		85 / Sunny	3:11.90		59 2:06
<b>1500 (Open)</b>									
New Balance Outdoor Nationals	Outdoor	6/15/2012	Friday	1500 Meter			4:19.17	1	
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	1500 Meter		82 / Sunny	4:21.55	1	
Arcadia Invitational	Outdoor	4/11/2014	Friday	1500 Meter		85 / Sunny	4:15.00	1	PR
<b>1500 (Relay)</b>									
NJCTC Relays	Outdoor	4/15/2012	Sun	1500 Meter		75 Degrees and Sunny	4:15.10		
NJCTC Relays	Outdoor	4/14/2013	Sun	1500 Meter		60 Degrees, Sunny, Light	4:16.50		
<b>1600 (Open)</b>									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	1600 Meter			5:07.20		2:32
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	1600 Meter			4:55.50	2	2:25,PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	1600 Meter			4:54.75	24	2:21,PR
Non Public A State Championship	Indoor	2/19/2011	Sat	1600 Meter			4:55.26	19	2:31
Meet vs Summit	Outdoor	4/5/2011	Tues	1600 Meter		42 Degrees	4:56.80	2	2:24



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	1600 Meter		70, Sunny	4:44.30		PR
UCC Divisional Championship	Outdoor	5/13/2011	Friday	1600 Meter			4:52.30	10	
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	1600 Meter			4:38.30	2	PR
Union County Championship	Outdoor	5/20/2011	Friday	1600 Meter		68, Cloudy	4:44.62	20	
Non Public A North State Sectionals	Outdoor	5/27/2011	Friday	1600 Meter			4:46.26	15	
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	1600 Meter			4:45.00	217	PR
Union County Championship	Indoor	1/21/2012	Sat	1600 Meter			4:44.40	10	2:16,PR
Metropolitan Invitational	Outdoor	2/1/2012	Wed	1600 Meter			4:37.90		2:19,PR
Ed Church Invitational	Indoor	2/9/2012	Thurs	1600 Meter			4:44.50	1	2:22
Non Public B State Championship	Indoor	2/17/2012	Friday	1600 Meter			4:28.33	1	PR
Meet of Champions	Indoor	2/25/2012	Sat	1600 Meter			4:27.98	25	PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	1600 Meter		52, Sunny, Windy	4:50.40	1	
Union County Conference Championship	Outdoor	5/11/2012	Friday	1600 Meter			4:30.61	2	PR
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	1600 Meter		78 Degrees, Sunny	4:34.13	8	
Non Public A State Championship	Outdoor	6/1/2012	Friday	1600 Meter		Cool, Windy			DQ
Union County Championship	Indoor	1/20/2013	Sun	1600 Meter			4:30.76	1	2:19
Non Public B State Championship	Indoor	2/15/2013	Friday	1600 Meter			4:25.30	3	PR
Meet of Champions	Indoor	2/23/2013	Sat	1600 Meter			4:30.60	29	2:12
Union County Conference Championship	Outdoor	5/10/2013	Friday	1600 Meter		72 Degrees	4:27.00	1	PR
Union County Championship	Outdoor	5/16/2013	Thurs	1600 Meter		82 / Sunny			DNF
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	1600 Meter			4:27.34	6	
Union County Championship	Indoor	1/24/2014	Friday	1600 Meter			4:28.91	1	
Non Public A State Championship	Indoor	2/15/2014	Sat	1600 Meter			4:33.77	8	
Union County Conference Championship	Outdoor	5/9/2014	Friday	1600 Meter		68 / Light Rain	4:34.28	2	
Union County Championship	Outdoor	5/15/2014	Thurs	1600 Meter			4:21.16	1	PR
<b>1600 (Relay)</b>									
Blue Devil Relays	Outdoor	4/16/2011	Sat	DMR 12-4-8-16		High 40's and Rainy	4:51.80		
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 1600 Meter		65, Sunny	4:57.70		2:24
Summit Relays	Outdoor	4/7/2012	Sat	DMR 12-4-8-16			4:40.20		PR
The Penn Relays	Outdoor	4/27/2012	Friday	DMR 12-4-8-16			4:35.30		PR
NJCTC Relays	Indoor	12/30/2012	Sun	DMR 12-4-8-16			4:33.80		65 71



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 12-4-8-16			4:41.50		2:17
Union County Relays	Outdoor	5/2/2013	Thurs	DMR 12-4-8-16		70 Sunny	4:28.90		PR
Union County Relay Championship	Indoor	1/8/2014	Wed	DMR 12-4-8-16			4:33.30		PR
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	DMR 12-4-8-16			4:25.40		PR
Union County Relay Championship	Outdoor	5/1/2014	Thurs	DMR 12-4-8-16		70 & Sunny	4:20.40		3:17,PR
<b>2.1 miles</b>									
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat			80 and Sunny	13:08.00	19	
<b>2.2 miles</b>									
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	2.2 Mile			12:56.00	7	
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	2.2 Mile			12:47.14	7	PR
<b>2.5 Miles</b>									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2011	Sun				14:50.96	44	
<b>2655</b>									
Randolph Invitational	Freedom Park	9/10/2010	Friday	2655 Meter Run			10:00.61	21	
<b>3200</b>									
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	3200 Meter Run			12:37.00	13	
XC Time Trial Two	Union Catholic Track	11/10/2012	Sat	3200 Meter		60, Partly Sunny	9:55.00	1	PR
Cross Country Time Trial 1	Union Catholic Track	10/30/2013	Wed	3200 Meter		58	9:39.00	1	
<b>3200 (Open)</b>									
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	3200 Meter			10:25.00		5:09
Cross Country Time Trial	Outdoor	8/30/2012	Thurs	3200 Meter			10:33.00	3	
<b>400</b>									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	400 Meter		50 and Windy	1:01.00	5	
<b>5000</b>									
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	19:47.00		
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	20:24.00		ill
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	18:02.37	26	
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	5K			18:26.00	37	PR
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	5K			19:57.00	19	





# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	5K			17:49.00	20	
Non Public B State Championship	Holmdel Park	11/12/2011	Sat	5K		50 Degrees / Windy	17:58.46	19	
Meet of Champions	Holmdel Park	11/19/2011	Sat	5K		45 / A little Wind	17:35.35	124	PR
Randolph Invitational	Freedom Park	9/7/2012	Friday	5K			17:15.58	6	PR
UC vs ALJ and Rahway	Rahway Park	9/11/2012	Tues	5K		75 Degrees and Sunny	17:41.00		
Paul Short Run	Lehigh University	9/28/2012	Friday	5K		70 Degrees, Muddy	17:05.00	28	
Shore Coaches Invitational	Holmdel Park	10/6/2012	Sat	5K		68, Sunny	17:37.00	15	
Non Public A State Championship	Holmdel Park	11/17/2012	Sat	5K			17:39.53	52	Fell
Randolph Invitational	Freedom Park	9/7/2013	Sat	5K			16:40.17	6	PR
UC vs ALJ and Rahway	Rahway Park	9/21/2013	Sat	5K		65 Sunny	16:19.00	1	
Shore Coaches Invitational	Holmdel Park	10/5/2013	Sat	5K		76 / Sunny	16:46.00	1	PR
Non Public A State Championship	Holmdel Park	11/16/2013	Sat	5K			17:04.92	27	
<b>5150</b>									
UC vs Cranford	Warinanco Park	9/29/2010	Wed	5150 Meters			19:55.00		
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	18:47.00		PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			18:50.00		
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	18:42.00	24	PR
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	18:57.00	61	
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues	5150 Meters		80 Degrees / Sunny	18:56.00		
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			18:16.00		PR
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	17:43.00	2	PR
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	5150 Meters			17:47.00	12	
Union County Championship	Warinanco Park	10/26/2011	Wed	5150 Meters			17:25.00	20	PR
UC vs Rahway	Warinanco Park	10/2/2012	Tues	5150 Meters		58, Cloudy	17:55.00		
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	16:57.00	3	PR
Union County Championship	Warinanco Park	10/24/2012	Wed	5150 Meters		61 Degrees, Great	16:37.00	4	PR
UC vs Cranford, GL, Rahway	Warinanco Park	9/24/2013	Tues	5150 Meters		72 Degrees	17:42.00		
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	16:47.20	3	
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	16:16.00	5	PR
<b>5250</b>									
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	5250 Meters			18:01.00	12	



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Catholic Conference Championship	Warinanco Park	11/5/2011	Sat	5250 Meters			17:15.49	23	PR
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	5250 Meters		75, Sunny	17:19.40	6	
Bernie Magee Class Meet	Warinanco Park	9/20/2013	Friday	5250 Meters		75, Sunny	16:42.00	4	PR
Catholic Conference Championship	Warinanco Park	11/9/2013	Sat	5250 Meters			16:53.00	17	
<b>Discus (1.6 kg)</b>									
New Balance Outdoor Nationals	Outdoor	6/15/2012	Friday	Discus (1.6 kg)			96' 04.00"	10	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	Discus (1.6 kg)			88' 04.50"		
The Metuchen Relays	Outdoor	4/6/2013	Sat	Discus (1.6 kg)		Low 50's, Fairly Windy	102'	11	PR
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	Discus (1.6 kg)		70 Degrees	102'		
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	Discus (1.6 kg)		82 / Sunny	111'		
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	Discus (1.6 kg)		58 / Sunny	98' 00.00"		
Arcadia Invitational	Outdoor	4/11/2014	Friday	Discus (1.6 kg)		85 / Sunny	118'	11	PR
<b>High Jump</b>									
Meet vs Summit	Outdoor	4/5/2011	Tues	High Jump		42 Degrees	5' 02.00"		
NJCTC Relays	Outdoor	4/10/2011	Sun	High Jump		58, Partly Cloudy	5' 02.00"		
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	High Jump		70, Sunny	5' 04.00"		PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	High Jump		High 40's and Rainy	5' 02.00"		
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	High Jump		75, Sunny	5' 04.00"		
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	High Jump			5' 08.00"	8	PR
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	High Jump			5' 08.00"		
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	High Jump			0' 00.00"		No
Catholic Conference Relays	Indoor	12/29/2011	Thurs	High Jump			0' 00.00"		No
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	High Jump		58 and Sunny	5' 06.00"		
Union County Relay Championship	Outdoor	5/3/2012	Thurs	High Jump			5' 08.00"	6	
Union County Conference Championship	Outdoor	5/12/2012	Sat	High Jump			5' 08.00"	4	
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	High Jump			5' 10.75"	6	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	High Jump			5' 06.00"		
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	High Jump		70 Degrees	5' 08.00"		
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	High Jump		82 / Sunny	5' 07.00"	7	
Union County Relay Championship	Indoor	1/8/2014	Wed	High Jump			6' 00.00"	1	PR
Union County Championship	Indoor	1/24/2014	Friday	High Jump			5' 08.00"		



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
NJCTC Championships	Indoor	2/9/2014	Sun	High Jump			5' 08.00"	2	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	High Jump		58 / Sunny	5' 06.00"		
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	High Jump		58 / Sunny	5' 10.00"		
Arcadia Invitational	Outdoor	4/10/2014	Thurs	High Jump		85 / Sunny	5' 11.75"	10	
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	High Jump		58 / Windy			
Union County Relay Championship	Outdoor	5/1/2014	Thurs	High Jump		70 & Sunny	5' 10.00"	4	
Union County Conference Championship	Outdoor	5/10/2014	Sat	High Jump		68 / Light Rain	5' 10.00"	3	
Union County Championship	Outdoor	5/15/2014	Thurs	High Jump			5' 10.00"	4	
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	High Jump		68 Degrees	5' 10.00"	7	
<b>Javelin</b>									
NJCTC Relays	Outdoor	4/10/2011	Sun	Javelin		58, Partly Cloudy	112'		
Blue Devil Relays	Outdoor	4/16/2011	Sat	Javelin		High 40's and Rainy	100'		
Meet vs Arthur L. Johnson	Outdoor	4/20/2011	Wed	Javelin		70, Sunny	70' 06.00"		
Union County Relay Championship	Outdoor	5/5/2011	Thurs	Javelin		65, Sunny	107'	35	
UCC Divisional Championship	Outdoor	5/14/2011	Sat	Javelin			105'		
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	Javelin			122'	3	PR
Randolph Relays	Outdoor	4/28/2012	Sat	Javelin			127'	13	PR
Union County JV Meet	Outdoor	5/7/2012	Mon	Javelin		58 Degrees, Light Rain	111'	3	
New Balance Outdoor Nationals	Outdoor	6/15/2012	Friday	Javelin			114'	11	
NJCTC Relays	Outdoor	4/14/2013	Sun	Javelin		60 Degrees, Sunny, Light	108'		
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	Javelin		82 / Sunny	125'	10	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	Javelin		58 / Sunny	129'		PR
Metuchen Relays	Outdoor	4/5/2014	Sat	Javelin		58 / Windy!	141'		PR
Arcadia Invitational	Outdoor	4/11/2014	Friday	Javelin		85 / Sunny	145'	10	PR
Morris Hills Relays	Outdoor	4/19/2014	Sat	Javelin			117'	36	
<b>Long Jump</b>									
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	Long Jump		75, Sunny	16' 10.00"		
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	Long Jump			19' 03.50"	11	
Union County Conference Championship	Outdoor	5/11/2013	Sat	Long Jump		72 Degrees	20' 03.50"	4	PR
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	Long Jump		82 / Sunny	20' 00.50"	3	
Metuchen Relays	Outdoor	4/5/2014	Sat	Long Jump		58 / Windy!	19' 00.25"	6	



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Arcadia Invitational	Outdoor	4/10/2014	Thurs	Long Jump		85 / Sunny	20' 01.75"	13	
<b><i>Pole Vault</i></b>									
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	Pole Vault			9' 06.00"	14	
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	Pole Vault			11' 00.00"		PR
Non Public State Relays	Indoor	1/15/2012	Sun	Pole Vault					NH
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	Pole Vault			10' 00.00"		
Non Public B State Championship	Indoor	2/17/2012	Friday	Pole Vault			10' 00.00"	2	
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	Pole Vault			9' 00.00"		
Summit Relays	Outdoor	4/7/2012	Sat	Pole Vault			10' 00.00"		
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	Pole Vault		58 and Sunny	10' 00.00"	1	
NJCTC Relays	Outdoor	4/15/2012	Sun	Pole Vault		75 Degrees and Sunny	11' 06.00"		PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	Pole Vault		65 and Sunny	11' 07.00"	1	PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	Pole Vault		69 and Sunny	11' 06.00"	7	
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	Pole Vault			9' 00.00"		
Union County Relay Championship	Outdoor	5/4/2012	Friday	Pole Vault			11' 00.00"	4	
Union County Conference Championship	Outdoor	5/12/2012	Sat	Pole Vault			12' 06.00"	2	PR
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	Pole Vault		78, Sunny	11' 06.00"	1	
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	Pole Vault		78 Degrees, Sunny	12' 00.00"	4	
Non Public A State Championship	Outdoor	6/1/2012	Friday	Pole Vault		Cool, Windy	12' 06.00"	7	
New Balance Outdoor Nationals	Outdoor	6/15/2012	Friday	Pole Vault			11' 11.25"	3	
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	Pole Vault			13' 00.00"	4	PR
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	Pole Vault			13' 00.00"	1	
Metropolitan Invitational	Indoor	1/30/2013	Wed	Pole Vault			13' 00.00"	4	
Non Public B State Championship	Indoor	2/15/2013	Friday	Pole Vault			11' 06.00"	1	
Meet of Champions	Indoor	2/23/2013	Sat	Pole Vault			12' 06.00"	16	
NJCTC Relays	Outdoor	4/14/2013	Sun	Pole Vault		60 Degrees, Sunny, Light	13' 06.00"	1	PR
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	Pole Vault			13' 00.00"		
Union County Relays	Outdoor	5/3/2013	Friday	Pole Vault		70 Sunny	12' 06.00"	4	
Union County Conference Championship	Outdoor	5/11/2013	Sat	Pole Vault		72 Degrees	13' 00.00"	3	
Union County Championship	Outdoor	5/17/2013	Friday	Pole Vault		82 / Sunny	12' 06.00"	5	
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	Pole Vault			12' 06.00"	2	



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public A State Championship	Outdoor	6/1/2013	Sat	Pole Vault		91 Degrees	13' 06.00"	3	
Meet of Champions	Outdoor	6/5/2013	Wed	Pole Vault		75 / Sunny	0' 00.00"		No
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	Pole Vault		82 / Sunny	13' 07.75"	2	PR
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	Pole Vault			13' 06.00"	2	
Non Public A State Championship	Indoor	2/15/2014	Sat	Pole Vault			13' 06.00"	3	
Meet of Champions	Indoor	3/1/2014	Sat	Pole Vault			14' 00.00"	9	PR
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	Pole Vault		58 / Sunny	13' 00.00"		
Arcadia Invitational	Outdoor	4/11/2014	Friday	Pole Vault		85 / Sunny	13' 05.25"	7	
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	Pole Vault		58 / Windy			
Union County Relay Championship	Outdoor	5/2/2014	Friday	Pole Vault		70 & Sunny	14' 06.00"	1	PR
Union County Conference Championship	Outdoor	5/10/2014	Sat	Pole Vault		68 / Light Rain	14' 06.00"	1	
Union County Championship	Outdoor	5/16/2014	Friday	Pole Vault			13' 06.00"	1	
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	Pole Vault		68 Degrees	14' 06.00"	2	
Non Public A State Championship	Outdoor	5/30/2014	Friday	Pole Vault			14' 06.00"	2	
Meet of Champions	Outdoor	6/4/2014	Wed	Pole Vault		80 & Sunny	16' 00.00"	1	PR
New Balance Outdoor Nationals	Outdoor	6/15/2014	Sun	Pole Vault			14' 08.25"	11	
<b>Shot Put (12 lb)</b>									
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	Shot Put (12 lb)			31' 04.25"		
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	Shot Put (12 lb)			31' 10.75"	12	
The Metuchen Relays	Outdoor	4/6/2013	Sat	Shot Put (12 lb)		Low 50's, Fairly Windy	28' 03.00"		
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	Shot Put (12 lb)		70 Degrees	33' 10.00"		PR
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	Shot Put (12 lb)		82 / Sunny	34' 01.25"	10	PR
Arcadia Invitational	Outdoor	4/10/2014	Thurs	Shot Put (12 lb)		85 / Sunny	35' 02.00"	16	PR
<b>Triple Jump</b>									
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	Triple Jump		70, Sunny	38' 01.00"		
Randolph Relays	Outdoor	4/30/2011	Sat	Triple Jump			37' 09.75"		
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	Triple Jump			37' 08.00"	1	
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	Triple Jump			41' 07.75"	1	PR
Non Public A State Championship	Outdoor	5/31/2013	Friday	Triple Jump		91 Degrees	40' 09.50"	11	