



Boys XC / Track / Field

Performance History Report for:

| Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
|---------------------------------------|----------|-----------|--------|----------------------|------------|--------------------------|--------|-------|-------|
| 55 HH (Relay) | | | | | | | | | |
| New Balance Indoor Nationals | Indoor | 3/15/2014 | Sat | Shuttle Hurdles 55m | | | 7.20 | | |
| 100 (Relay) | | | | | | | | | |
| The Penn Relays | Outdoor | 4/25/2013 | Thurs | 4 x 100 Meter | | 68 / Sunny | | | |
| Non Public A North State Sectional | Outdoor | 5/25/2013 | Sat | 4 x 100 Meter | | | | | |
| 110 HH (Open) | | | | | | | | | |
| Meet vs Arthur L. Johnson and Roselle | Outdoor | 4/2/2013 | Tues | 110 Meter HH | | | 15.70 | | |
| Meet vs GL and Cranford | Outdoor | 4/23/2013 | Tues | 110 Meter HH | | | 15.50 | 2 | PR |
| NJCTC Frosh/Soph Championship | Outdoor | 5/19/2013 | Sun | 110 Meter HH | | 60, Rain | 16.10 | 2 | |
| Meet vs Arthur L. Johnson and Roselle | Outdoor | 4/1/2014 | Tues | 110 Meter HH | | 58 / Sunny | 14.60 | 1 | PR |
| Meet vs Summit and Rahway | Outdoor | 4/8/2014 | Tues | 110 Meter HH | | 58 / Sunny | 14.80 | | |
| Meet vs Summit and Hillside | Outdoor | 4/16/2014 | Wed | 110 Meter HH | | 58 / Windy | 14.60 | 1 | |
| Meet vs GL and Rahway | Outdoor | 4/22/2014 | Tues | 110 Meter HH | | 70 Degrees | 14.50 | | PR |
| Union County Conference Championship | Outdoor | 5/10/2014 | Sat | 110 Meter HH | | 68 / Light Rain | 14.80 | 1 | |
| Union County Conference Championship | Outdoor | 5/10/2014 | Sat | 110 Meter HH | | 68 / Light Rain | 15.34 | 3 | |
| Union County Championship | Outdoor | 5/16/2014 | Friday | 110 Meter HH | | | 15.03 | 1 | |
| Union County Championship | Outdoor | 5/16/2014 | Friday | 110 Meter HH | | | 14.50 | 1 | |
| Non Public A South State Sectional | Outdoor | 5/24/2014 | Sat | 110 Meter HH | | 68 Degrees | 14.57 | 1 | |
| Non Public A South State Sectional | Outdoor | 5/24/2014 | Sat | 110 Meter HH | | 68 Degrees | 14.57 | 2 | |
| Non Public A State Championship | Outdoor | 5/31/2014 | Sat | 110 Meter HH | | | 14.75 | 2 | |
| Non Public A State Championship | Outdoor | 5/31/2014 | Sat | 110 Meter HH | | | 14.50 | 2 | |
| Meet of Champions | Outdoor | 6/4/2014 | Wed | 110 Meter HH | | 80 & Sunny | 14.90 | 14 | |
| New Balance Outdoor Nationals | Outdoor | 6/13/2014 | Friday | 110 Meter HH | | | 14.38 | 1 | PR |
| New Balance Outdoor Nationals | Outdoor | 6/13/2014 | Friday | 110 Meter HH | | | 14.91 | 8 | |
| 110 HH (Relay) | | | | | | | | | |
| The Metuchen Relays | Outdoor | 4/6/2013 | Sat | Shuttle Hurdles 110m | | Low 50's, Fairly Windy | 15.90 | | |
| NJCTC Relays | Outdoor | 4/14/2013 | Sun | Shuttle Hurdles 110m | | 60 Degrees, Sunny, Light | 15.00 | | PR |
| New Balance Outdoor Nationals | Outdoor | 6/15/2013 | Sat | Shuttle Hurdles 110m | | 82 / Sunny | 14.70 | | PR |
| Metuchen Relays | Outdoor | 4/5/2014 | Sat | Shuttle Hurdles 110m | | 58 / Windy! | 14.60 | | Wind, |
| Arcadia Invitational | Outdoor | 4/11/2014 | Friday | Shuttle Hurdles 110m | | 85 / Sunny | 14.90 | | |



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| Randolph Relays | Outdoor | 4/26/2014 | Sat | Shuttle Hurdles 110m | | 72 Degrees | 14.90 | | |
| Union County Relay Championship | Outdoor | 5/2/2014 | Friday | Shuttle Hurdles 110m | | 70 & Sunny | 14.30 | | PR |
| New Balance Outdoor Nationals | Outdoor | 6/14/2014 | Sat | Shuttle Hurdles 110m | | | 14.10 | | PR |
| 200 (Open) | | | | | | | | | |
| Scrimmage vs St Joe's | Outdoor | 3/23/2013 | Sat | 200 Meter | | | 24.50 | | |
| Metuchen Frosh/Soph 1 | Outdoor | 4/5/2013 | Friday | 200 Meter | | 58 and Windy | 24.40 | 8 | PR |
| Intra Squad Scrimmage 1 | Outdoor | 3/28/2014 | Friday | 200 Meter | | | 24.20 | 2 | PR |
| 200 (Relay) | | | | | | | | | |
| The Metuchen Relays | Outdoor | 4/6/2013 | Sat | 4 x 200 Meter | | Low 50's, Fairly Windy | 23.80 | | |
| The Metuchen Relays | Outdoor | 4/6/2013 | Sat | SMR 1-1-2-4 | | Low 50's, Fairly Windy | 23.60 | | PR |
| New Balance Outdoor Nationals | Outdoor | 6/14/2013 | Friday | 4 x 200 Meter | | 82 / Sunny | 23.40 | | PR |
| New Balance Outdoor Nationals | Outdoor | 6/14/2013 | Friday | SMR 1-1-2-4 | | 82 / Sunny | | | Drop |
| Metuchen Relays | Outdoor | 4/5/2014 | Sat | 4 x 200 Meter | | 58 / Windy! | 22.90 | | PR |
| New Balance Outdoor Nationals | Outdoor | 6/13/2014 | Friday | SMR 2-2-4-8 | | | 22.90 | | |
| 400 (Open) | | | | | | | | | |
| Metuchen Frosh/Soph 1 | Outdoor | 4/5/2013 | Friday | 400 Meter | | 58 and Windy | 55.60 | | |
| 400 (Relay) | | | | | | | | | |
| Scrimmage vs St Joe's | Outdoor | 3/23/2013 | Sat | 4 x 400 Meter | | | 1:00.70 | | |
| Metuchen Frosh/Soph 2 | Outdoor | 4/12/2013 | Friday | SMR 2-2-4-8 | | | | | |
| NJCTC Relays | Outdoor | 4/14/2013 | Sun | SMR 2-2-4-8 | | 60 Degrees, Sunny, Light | 53.40 | | PR |
| Blue Devil Classic | Outdoor | 4/20/2013 | Sat | 4 x 400 Meter | | 58 Sun/Clouds | 54.20 | | |
| NJCTC Frosh/Soph Championship | Outdoor | 5/19/2013 | Sun | 4 x 400 Meter | | 60, Rain | 52.70 | | PR |
| Intra Squad Scrimmage 1 | Outdoor | 3/28/2014 | Friday | 4 x 400 Meter | | | 55.00 | | |
| Meet vs Summit and Hillside | Outdoor | 4/16/2014 | Wed | 4 x 400 Meter | | 58 / Windy | 53.90 | | |
| New Balance Outdoor Nationals | Outdoor | 6/15/2014 | Sun | 4 x 400 Meter | | | 51.90 | | PR |
| 400 IH (Open) | | | | | | | | | |
| Meet vs Arthur L. Johnson and Roselle | Outdoor | 4/2/2013 | Tues | 400 Meter IH | | | 1:03.80 | 1 | |
| Meet vs Cranford and Summit | Outdoor | 4/9/2013 | Tues | 400 Meter IH | | 70 Degrees | 58.50 | 1 | PR |
| Meet vs Hillside and Summit | Outdoor | 4/17/2013 | Wed | 400 Meter IH | | 70 Degrees | 58.40 | 4 | PR |
| Union County Conference Championship | Outdoor | 5/10/2013 | Friday | 400 Meter IH | | 72 Degrees | 56.94 | 4 | PR |



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| Union County Championship | Outdoor | 5/16/2013 | Thurs | 400 Meter IH | | 82 / Sunny | 58.17 | 9 | |
| NJCTC Frosh/Soph Championship | Outdoor | 5/19/2013 | Sun | 400 Meter IH | | 60, Rain | 59.70 | 3 | |
| Meet vs Arthur L. Johnson and Roselle | Outdoor | 4/1/2014 | Tues | 400 Meter IH | | 58 / Sunny | 58.90 | 2 | |
| Meet vs GL and Rahway | Outdoor | 4/22/2014 | Tues | 400 Meter IH | | 70 Degrees | 59.90 | | |
| Union County Conference Championship | Outdoor | 5/9/2014 | Friday | 400 Meter IH | | 68 / Light Rain | 56.25 | 2 | PR |
| Union County Championship | Outdoor | 5/15/2014 | Thurs | 400 Meter IH | | | 56.71 | 3 | |
| Non Public A South State Sectional | Outdoor | 5/23/2014 | Friday | 400 Meter IH | | 68 Degrees | 56.03 | 4 | PR |
| Non Public A State Championship | Outdoor | 5/30/2014 | Friday | 400 Meter IH | | | 55.23 | 4 | PR |
| 400 IH (Relay) | | | | | | | | | |
| Blue Devil Classic | Outdoor | 4/20/2013 | Sat | 3 x 400 IH | | 58 Sun/Clouds | 59.99 | 15 | |
| Union County Relays | Outdoor | 5/2/2013 | Thurs | 3 x 400 IH | | 70 Sunny | 1:00.39 | 11 | |
| Morris Hills Relays | Outdoor | 4/19/2014 | Sat | 3 x 400 IH | | | 59.04 | 9 | PR |
| Randolph Relays | Outdoor | 4/26/2014 | Sat | 3 x 400 IH | | 72 Degrees | 1:00.07 | 2 | |
| Union County Relay Championship | Outdoor | 5/1/2014 | Thurs | 3 x 400 IH | | 70 & Sunny | 56.15 | 3 | PR |
| High Jump | | | | | | | | | |
| Meet vs Arthur L. Johnson and Roselle | Outdoor | 4/2/2013 | Tues | High Jump | | | 5' 04.00" | | |
| Meet vs Cranford and Summit | Outdoor | 4/9/2013 | Tues | High Jump | | 70 Degrees | 5' 03.00" | | |
| NJCTC Relays | Outdoor | 4/14/2013 | Sun | High Jump | | 60 Degrees, Sunny, Light | 5' 08.00" | 6 | PR |
| Meet vs GL and Cranford | Outdoor | 4/23/2013 | Tues | High Jump | | | 5' 06.00" | | |
| Union County Conference Championship | Outdoor | 5/11/2013 | Sat | High Jump | | 72 Degrees | | | No |
| NJCTC Frosh/Soph Championship | Outdoor | 5/19/2013 | Sun | High Jump | | 60, Rain | 5' 08.00" | 1 | |
| Intra Squad Scrimmage 1 | Outdoor | 3/28/2014 | Friday | High Jump | | | 5' 10.00" | | PR |
| Meet vs Arthur L. Johnson and Roselle | Outdoor | 4/1/2014 | Tues | High Jump | | 58 / Sunny | 5' 06.00" | | |
| Morris Hills Relays | Outdoor | 4/19/2014 | Sat | High Jump | | | 5' 08.00" | 11 | |
| Randolph Relays | Outdoor | 4/26/2014 | Sat | High Jump | | 72 Degrees | 5' 04.00" | 7 | |
| Union County Relay Championship | Outdoor | 5/1/2014 | Thurs | High Jump | | 70 & Sunny | 5' 08.00" | 9 | |
| Union County Conference Championship | Outdoor | 5/10/2014 | Sat | High Jump | | 68 / Light Rain | 5' 08.00" | 5 | |
| Union County Championship | Outdoor | 5/15/2014 | Thurs | High Jump | | | 5' 08.00" | 10 | |
| Non Public A South State Sectional | Outdoor | 5/24/2014 | Sat | High Jump | | 68 Degrees | 5' 10.00" | 6 | |
| Non Public A State Championship | Outdoor | 5/31/2014 | Sat | High Jump | | | 5' 08.00" | 9 | |



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| Long Jump | | | | | | | | | |
| Scrimmage vs St Joe's | Outdoor | 3/23/2013 | Sat | Long Jump | | | 16' 09.00" | | |
| The Metuchen Relays | Outdoor | 4/6/2013 | Sat | Long Jump | | Low 50's, Fairly Windy | 17' 08.75" | 17 | PR |
| Metuchen Frosh/Soph 2 | Outdoor | 4/12/2013 | Friday | Long Jump | | | | | |
| Intra Squad Scrimmage 1 | Outdoor | 3/28/2014 | Friday | Long Jump | | | 20' 08.00" | | PR |
| Meet vs Summit and Rahway | Outdoor | 4/8/2014 | Tues | Long Jump | | 58 / Sunny | 18' 03.50" | | |
| Morris Hills Relays | Outdoor | 4/19/2014 | Sat | Long Jump | | | 17' 10.50" | 22 | |
| Triple Jump | | | | | | | | | |
| Scrimmage vs St Joe's | Outdoor | 3/23/2013 | Sat | Triple Jump | | | 35' 06.25" | | |
| Meet vs Cranford and Summit | Outdoor | 4/9/2013 | Tues | Triple Jump | | 70 Degrees | 39' 00.50" | | PR |
| NJCTC Relays | Outdoor | 4/14/2013 | Sun | Triple Jump | | 60 Degrees, Sunny, Light | 37' 09.25" | 9 | |
| Meet vs Hillside and Summit | Outdoor | 4/17/2013 | Wed | Triple Jump | | 70 Degrees | 40' 04.50" | | PR |
| Meet vs GL and Cranford | Outdoor | 4/23/2013 | Tues | Triple Jump | | | 40' 01.00" | | |
| Union County Relays | Outdoor | 5/3/2013 | Friday | Triple Jump | | 70 Sunny | 39' 03.00" | 11 | |
| Union County Conference Championship | Outdoor | 5/10/2013 | Friday | Triple Jump | | 72 Degrees | | | Foul |
| Union County Championship | Outdoor | 5/17/2013 | Friday | Triple Jump | | 82 / Sunny | 40' 09.25" | 6 | PR |
| Non Public A North State Sectional | Outdoor | 5/24/2013 | Friday | Triple Jump | | | 39' 06.00" | 6 | |
| Non Public A State Championship | Outdoor | 5/31/2013 | Friday | Triple Jump | | 91 Degrees | 39' 05.50" | 14 | |
| Metuchen Relays | Outdoor | 4/5/2014 | Sat | Triple Jump | | 58 / Windy! | 39' 07.75" | 4 | |
| Morris Hills Relays | Outdoor | 4/19/2014 | Sat | Triple Jump | | | 39' 02.25" | 10 | |
| Randolph Relays | Outdoor | 4/26/2014 | Sat | Triple Jump | | 72 Degrees | 40' 04.00" | 1 | |
| Union County Relay Championship | Outdoor | 5/2/2014 | Friday | Triple Jump | | 70 & Sunny | 41' 09.00" | 5 | PR |
| Union County Conference Championship | Outdoor | 5/10/2014 | Sat | Triple Jump | | 68 / Light Rain | 41' 02.25" | 1 | |
| Union County Championship | Outdoor | 5/16/2014 | Friday | Triple Jump | | | 43' 03.00" | 2 | PR |
| Non Public A South State Sectional | Outdoor | 5/24/2014 | Sat | Triple Jump | | 68 Degrees | 42' 04.00" | 3 | |
| Non Public A State Championship | Outdoor | 5/31/2014 | Sat | Triple Jump | | | 41' 10.00" | 9 | |