



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
200 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	200 Meter			28.90		
400 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	400 Meter			1:06.00		
400 (Relay)									
Summit Relays	Outdoor	4/3/2010	Sat	4 x 400 Meter		75 Degrees, Sunny	1:02.90		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	4 x 400 Meter		70 Degrees & Sunny	1:04.20		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	1:02.70		
800 (Open)									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	800 Meter			2:44.30		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	800 Meter			2:37.40		
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	800 Meter			2:37.50	1	
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	800 Meter			2:40.00		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	800 Meter			2:38.30		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	800 Meter		70 Degrees & Sunny	2:27.00		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	800 Meter			2:29.10		
800 (Relay)									
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Friday	4 x 800 Meter		65 Degrees	2:32.50		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 800 Meter		73 Degrees	2:32.20		1:13.9
1600 (Open)									
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	1600 Meter			5:57.10		
1600 (Relay)									
Summit Relays	Outdoor	4/3/2010	Sat	DMR 12-4-8-16		75 Degrees, Sunny	5:35.10		
2.1 miles									
Mountain Valley Conference	Warinanco Park	10/14/2008	Tues				15:04.00	13	
Union County Championship	Warinanco Park	10/29/2008	Wed				14:43.00	33	PR
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	2.2 Mile			17:48.00	271	
Catholic Conference Championship	Warinanco Park	11/8/2008	Sat	2.2 Mile			14:46.00	47	PR



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3200									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	3200 Meter Run			15:01.00	102	
Shore Coaches Invitational	Holmdel Park	10/4/2008	Sat	3200 Meter Run			16:27.00	141	
5000									
UC -vs- Governor Livingston	Governor Livingston HS	9/30/2008	Tues	5K			25:59.00	31	
UC -vs- Summit, GL & Hillside	Memorial Park, Summit, NJ	9/22/2009	Tues	5K		78 Degrees. No Wind	20:19.00	20	
Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	5K		64 Degrees and Clear	20:36.00	114	
Shore Coaches Invitational	Holmdel Park	10/3/2009	Sat	5K		68 Degrees / Clear	20:37.00	66	
5150									
UC -vs- Hillside & Roselle	Warinanco Park	10/7/2008	Tues	5150 Meters			23:26.00	10	
UC -vs- Arthur L. Johnson & Hillside	Warinanco Park	9/15/2009	Tues	5150 Meters		78 Degrees and Sunny	21:40.00	18	PR
UC -vs- Cranford	Warinanco Park	9/29/2009	Tues	5150 Meters		65 Degrees / Clear	20:00.00	10	PR
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	19:36.00	14	PR
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	5150 Meters			19:17.00		PR
UCC Divisional Championship	Warinanco Park	10/20/2009	Tues	5150 Meters			19:34.00	30	
Union County Championship	Warinanco Park	10/28/2009	Wed	5150 Meters		60 degrees / Muddy	19:42.00	32	
5250									
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	5250 Meters		73 Degrees and Sunny	20:32.00	99	
Catholic Conference Championship	Warinanco Park	11/7/2009	Sat	5250 Meters		45 Degrees	19:52.00	39	PR