



# Boys XC / Track / Field

## Performance History Report for:

| Meet                                 | Location | Date       | Day    | Event         | Start Time | Weather | Result   | Place | Note |
|--------------------------------------|----------|------------|--------|---------------|------------|---------|----------|-------|------|
| <b>1.0 mile (Open)</b>               |          |            |        |               |            |         |          |       |      |
| Seton Hall Invitational              | Indoor   | 12/29/2004 | Wed    | 1.0 Mile Run  |            |         | 4:50.45  |       |      |
| Union County Frosh/Soph              | Indoor   | 1/19/2005  | Wed    | 1.0 Mile Run  |            |         |          | 1     |      |
| Seton Hall Invitational              | Indoor   | 12/27/2005 | Tues   | 1.0 Mile Run  |            |         | 4:40.10  | 4     |      |
| Union County Individuals             | Indoor   | 1/25/2006  | Wed    | 1.0 Mile Run  |            |         | 4:45.20  | 3     |      |
| Eastern States Invitational          | Indoor   | 2/28/2006  | Tues   | 1.0 Mile Run  |            |         | 4:29.60  | 8     |      |
| Brown Invitational                   | Indoor   | 12/29/2006 | Friday | 1.0 Mile Run  |            |         | 4:34.91  | 7     |      |
| <b>2.0 miles (Open)</b>              |          |            |        |               |            |         |          |       |      |
| Union County Individuals             | Indoor   | 1/25/2006  | Wed    | 2.0 Mile Run  |            |         | 10:39.90 | 2     |      |
| Union County Individuals             | Indoor   | 1/31/2007  | Wed    | 2.0 Mile Run  |            |         | 10:31.90 | 2     |      |
| <b>400 (Relay)</b>                   |          |            |        |               |            |         |          |       |      |
| Meet vs Roselle Catholic & Mt. Saint | Outdoor  | 4/26/2005  | Tues   | 4 x 400 Meter |            |         | 57.80    |       |      |
| Mountain Valley Conference           | Outdoor  | 5/10/2005  | Tues   | 4 x 400 Meter |            |         | 53.30    |       |      |
| Non Public A State Championships     | Outdoor  | 6/3/2005   | Friday | 4 x 400 Meter |            |         | 55.12    |       |      |
| Seton Hall Invitational              | Indoor   | 12/27/2005 | Tues   | 4 x 400 Meter |            |         | 55.40    |       |      |
| Group 2 State Relays                 | Indoor   | 1/22/2006  | Sun    | 4 x 400 Meter |            |         | 53.97    |       |      |
| NJCTC Championships                  | Indoor   | 2/10/2006  | Friday | 4 x 400 Meter |            |         |          |       | DNR  |
| The National Hall of Fame Classic    | Indoor   | 2/18/2006  | Sat    | 4 x 400 Meter |            |         | 52.50    |       |      |
| Winter Track Meet of Champions       | Indoor   | 2/19/2006  | Sun    | 4 x 400 Meter |            |         | 53.70    |       |      |
| Nike Indoor Nationals                | Indoor   | 3/11/2006  | Sat    | 4 x 400 Meter |            |         |          |       |      |
| Meet vs Roselle Catholic & Mt. Saint | Outdoor  | 4/25/2006  | Tues   | 4 x 400 Meter |            |         | 52.10    |       |      |
| The Penn Relays                      | Outdoor  | 4/28/2006  | Friday | 4 x 400 Meter |            |         | 52.50    |       |      |
| Non Public A State Championships     | Outdoor  | 6/1/2007   | Friday | 4 x 400 Meter |            |         | 50.70    |       |      |
| <b>800 (Open)</b>                    |          |            |        |               |            |         |          |       |      |
| Meet vs Roselle Park                 | Outdoor  | 4/20/2004  | Tues   | 800 Meter     |            |         | 2:21.60  | 2     |      |
| Catholic Conference Championships    | Outdoor  | 5/9/2004   | Sun    | 800 Meter     |            |         | 2:14.70  | 5     |      |
| Meet vs Roselle Catholic & Mt. Saint | Outdoor  | 4/26/2005  | Tues   | 800 Meter     |            |         | 2:09.30  | 2     |      |
| Catholic Conference Championships    | Outdoor  | 5/29/2005  | Sun    | 800 Meter     |            |         | 2:01.60  |       |      |
| Mountain Valley Conference           | Indoor   | 1/7/2006   | Sat    | 800 Meter     |            |         | 2:03.63  | 3     |      |
| Meet vs Governor Livingston and      | Outdoor  | 4/11/2006  | Tues   | 800 Meter     |            |         | 2:02.50  | 2     |      |



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|-----------------------------------|----------|------------|--------|---------------|------------|---------|---------|-------|-------|
| Mountain Valley Conference        | Outdoor  | 5/9/2006   | Tues   | 800 Meter     |            |         | 2:01.50 | 2     |       |
| Catholic Conference Championships | Outdoor  | 5/28/2006  | Sun    | 800 Meter     |            |         | 1:58.06 | 3     |       |
| Mountain Valley Conference        | Indoor   | 1/6/2007   | Sat    | 800 Meter     |            |         | 2:04.60 | 3     |       |
| Mountain Valley Conference        | Outdoor  | 5/8/2007   | Tues   | 800 Meter     |            |         | 1:56.60 | 1     |       |
| Union County Championships        | Outdoor  | 5/19/2007  | Sat    | 800 Meter     |            |         | 1:54.70 | 1     | 10pts |
| Non Public A State Championships  | Outdoor  | 6/1/2007   | Friday | 800 Meter     |            |         | 1:54.48 | 2     |       |
| <b>800 (Relay)</b>                |          |            |        |               |            |         |         |       |       |
| Metuchen Frosh Soph 1             | Outdoor  | 4/2/2004   | Friday | 4 x 800 Meter |            |         | 2:20.50 |       |       |
| Metuchen Frosh Soph 2             | Outdoor  | 4/16/2004  | Friday | SMR 2-2-4-8   |            |         | 2:13.90 |       | PR    |
| Mountain Valley Conference Relay  | Outdoor  | 4/28/2004  | Wed    | SMR 2-2-4-8   |            |         | 2:15.80 |       |       |
| Catholic Conference Championships | Outdoor  | 5/2/2004   | Sun    | 4 x 800 Meter |            |         | 2:16.00 |       |       |
| Spiked Shoe Holiday Festival      | Indoor   | 12/20/2004 | Mon    | 4 x 800 Meter |            |         | 2:12.70 |       |       |
| Union County Relay Championship   | Indoor   | 1/5/2005   | Wed    | SMR 2-2-4-8   |            |         | 2:17.80 |       |       |
| NJCTC Championships               | Indoor   | 2/11/2005  | Friday | 4 x 800 Meter |            |         | 2:14.71 |       |       |
| Herm Johnson Relays               | Outdoor  | 4/9/2005   | Sat    | 4 x 800 Meter |            |         | 2:09.90 |       |       |
| Blue Devil Classic                | Outdoor  | 4/16/2005  | Sat    | 4 x 800 Meter |            |         | 2:07.90 |       |       |
| NJCTC Relays                      | Outdoor  | 4/24/2005  | Sun    | 4 x 800 Meter |            |         | 2:08.80 |       |       |
| Mountain Valley Conference Relay  | Outdoor  | 5/3/2005   | Tues   | 4 x 800 Meter |            |         | 2:00.30 |       |       |
| Mountain Valley Conference Relay  | Outdoor  | 5/3/2005   | Tues   | SMR 2-2-4-8   |            |         | 2:07.70 |       |       |
| East Coast Relays                 | Outdoor  | 5/23/2005  | Mon    | SMR 2-2-4-8   |            |         | 2:01.12 |       |       |
| Seton Hall Invitational           | Indoor   | 12/27/2005 | Tues   | 4 x 800 Meter |            |         | 2:06.80 |       |       |
| Catholic Conference Relays        | Indoor   | 12/29/2005 | Thurs  | SMR 2-2-4-8   |            |         | 2:11.90 |       |       |
| Union County Relay Championship   | Indoor   | 1/4/2006   | Wed    | 4 x 800 Meter |            |         | 2:10.90 |       |       |
| Catholic Conference Relays        | Indoor   | 1/9/2006   | Mon    | 4 x 800 Meter |            |         | 2:05.50 |       |       |
| Group 2 State Relays              | Indoor   | 1/22/2006  | Sun    | 4 x 800 Meter |            |         | 2:04.96 |       |       |
| The National Hall of Fame Classic | Indoor   | 2/18/2006  | Sat    | SMR 4-2-2-8   |            |         | 2:01.60 |       |       |
| Nike Indoor Nationals             | Indoor   | 3/11/2006  | Sat    | SMR 2-2-4-8   |            |         |         |       |       |
| Herm Johnson Relays               | Outdoor  | 4/8/2006   | Sat    | 4 x 800 Meter |            |         | 2:06.10 |       |       |
| Blue Devil Classic                | Outdoor  | 4/15/2006  | Sat    | SMR 4-2-2-8   |            |         | 2:02.90 |       |       |
| Hillsborough Raider Relays        | Outdoor  | 4/22/2006  | Sat    | 4 x 800 Meter |            |         | 2:03.50 |       |       |
| Hillsborough Raider Relays        | Outdoor  | 4/22/2006  | Sat    | 4 x 800 Meter |            |         | 2:02.00 |       |       |



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|--------------------------------------|----------|------------|--------|---------------|------------|---------|---------|-------|------|
| Mountain Valley Conference Relay     | Outdoor  | 5/3/2006   | Wed    | 4 x 800 Meter |            |         | 1:58.30 |       |      |
| Mountain Valley Conference Relay     | Outdoor  | 5/3/2006   | Wed    | SMR 2-2-4-8   |            |         | 1:59.70 |       |      |
| Union County Relay Championships     | Outdoor  | 5/6/2006   | Sat    | 4 x 800 Meter |            |         | 1:59.70 |       |      |
| Union County Relay Championships     | Outdoor  | 5/6/2006   | Sat    | SMR 2-2-4-8   |            |         | 2:01.60 | 3     |      |
| East Coast Relays                    | Outdoor  | 5/22/2006  | Mon    | SMR 2-2-4-8   |            |         | 1:56.40 |       |      |
| East Coast Relays                    | Outdoor  | 5/22/2006  | Mon    | 4 x 800 Meter |            |         | 2:00.10 |       |      |
| Nike Outdoor Nationals               | Outdoor  | 6/16/2006  | Friday | SMR 2-2-4-8   |            |         | 1:55.60 |       |      |
| Nike Outdoor Nationals               | Outdoor  | 6/16/2006  | Friday | 4 x 800 Meter |            |         | 1:56.90 |       |      |
| Tony Passarelli Relays               | Indoor   | 12/17/2006 | Sun    | 4 x 800 Meter |            |         | 2:04.20 |       |      |
| Marine Corps Holiday Classic         | Indoor   | 12/27/2006 | Wed    | 4 x 800 Meter |            |         | 2:03.60 |       |      |
| Group 1 State Relays                 | Indoor   | 1/12/2007  | Friday | 4 x 800 Meter |            |         | 2:04.80 |       |      |
| Group 1 State Relays                 | Indoor   | 1/12/2007  | Friday | SMR 4-2-2-8   |            |         | 2:04.80 |       |      |
| Cranford Cougar Classic Relays       | Outdoor  | 4/14/2007  | Sat    | 4 x 800 Meter |            |         | 2:02.00 |       |      |
| Mountain Valley Conference Relay     | Outdoor  | 5/1/2007   | Tues   | 4 x 800 Meter |            |         | 1:57.90 |       |      |
| Union County Relay Championships     | Outdoor  | 5/3/2007   | Thurs  | 4 x 800 Meter |            |         | 1:59.70 |       |      |
| East Coast Relays                    | Outdoor  | 5/21/2007  | Mon    | SMR 2-2-4-8   |            |         | 1:52.70 |       |      |
| East Coast Relays                    | Outdoor  | 5/21/2007  | Mon    | 4 x 800 Meter |            |         | 1:54.70 |       |      |
| Nike Outdoor Nationals               | Outdoor  | 6/15/2007  | Friday | SMR 2-2-4-8   |            |         | 1:52.90 |       |      |
| Nike Outdoor Nationals               | Outdoor  | 6/15/2007  | Friday | 4 x 800 Meter |            |         | 1:56.90 |       |      |
| <b>1200 (Relay)</b>                  |          |            |        |               |            |         |         |       |      |
| Mountain Valley Conference Relay     | Outdoor  | 4/28/2004  | Wed    | DMR 12-4-8-16 |            |         | 3:34.50 |       |      |
| Catholic Conference Championships    | Outdoor  | 5/2/2004   | Sun    | DMR 12-4-8-16 |            |         | 3:39.50 |       |      |
| <b>1600 (Open)</b>                   |          |            |        |               |            |         |         |       |      |
| Meet vs North Plainfield             | Outdoor  | 4/19/2004  | Mon    | 1600 Meter    |            |         | 5:10.50 | 2     |      |
| Catholic Conference Championships    | Outdoor  | 5/9/2004   | Sun    | 1600 Meter    |            |         | 4:55.50 | 3     |      |
| Parochial A State Championships      | Outdoor  | 5/28/2004  | Friday | 1600 Meter    |            |         | 4:51.00 |       |      |
| Spiked Shoe Holiday Festival         | Indoor   | 12/20/2004 | Mon    | 1600 Meter    |            |         | 4:54.40 |       |      |
| NJCTC Frosh/Soph Championships       | Indoor   | 2/6/2005   | Sun    | 1600 Meter    |            |         | 4:55.40 |       |      |
| Meet vs North Plainfield             | Outdoor  | 4/5/2005   | Tues   | 1600 Meter    |            |         | 4:52.00 | 1     |      |
| Meet vs Roselle Catholic & Newark    | Outdoor  | 4/19/2005  | Tues   | 1600 Meter    |            |         | 4:48.00 | 2     |      |
| Meet vs Roselle Catholic & Mt. Saint | Outdoor  | 4/26/2005  | Tues   | 1600 Meter    |            |         | 4:43.30 | 1     |      |



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| Meet                                 | Location | Date      | Day    | Event          | Start Time | Weather | Result  | Place | Note |
|--------------------------------------|----------|-----------|--------|----------------|------------|---------|---------|-------|------|
| Mountain Valley Conference           | Outdoor  | 5/10/2005 | Tues   | 1600 Meter     |            |         | 4:29.60 | 1     |      |
| Union County Championships           | Outdoor  | 5/21/2005 | Sat    | 1600 Meter     |            |         | 4:31.50 | 3     |      |
| Catholic Conference Championships    | Outdoor  | 5/29/2005 | Sun    | 1600 Meter     |            |         | 4:28.50 | 6     |      |
| Non Public A State Championships     | Outdoor  | 6/3/2005  | Friday | 1600 Meter     |            |         | 4:28.01 | 6     |      |
| Meet of Champions                    | Outdoor  | 6/8/2005  | Wed    | 1600 Meter     |            |         | 4:32.16 |       |      |
| Mountain Valley Conference           | Indoor   | 1/7/2006  | Sat    | 1600 Meter     |            |         | 4:41.77 | 1     | PR   |
| NJCTC Championships                  | Indoor   | 2/10/2006 | Friday | 1600 Meter     |            |         | 4:33.60 | 4     |      |
| Meet vs North Plainfield             | Outdoor  | 4/4/2006  | Tues   | 1600 Meter     |            |         | 4:52.00 | 1     |      |
| Meet vs Roselle Catholic & Newark    | Outdoor  | 4/19/2006 | Wed    | 1600 Meter     |            |         | 4:46.00 | 1     |      |
| Meet vs Roselle Catholic & Mt. Saint | Outdoor  | 4/25/2006 | Tues   | 1600 Meter     |            |         | 4:38.50 | 1     |      |
| Mountain Valley Conference           | Outdoor  | 5/9/2006  | Tues   | 1600 Meter     |            |         | 4:37.20 | 1     |      |
| Union County Championships           | Outdoor  | 5/20/2006 | Sat    | 1600 Meter     |            |         | 4:29.10 | 3     |      |
| Catholic Conference Championships    | Outdoor  | 5/28/2006 | Sun    | 1600 Meter     |            |         | 4:21.84 | 1     |      |
| Non Public A State Championships     | Outdoor  | 6/2/2006  | Friday | 1600 Meter     |            |         | 4:24.78 | 2     |      |
| Meet of Champions                    | Outdoor  | 6/7/2006  | Wed    | 1600 Meter     |            |         | 4:18.58 | 5     |      |
| Mountain Valley Conference           | Indoor   | 1/6/2007  | Sat    | 1600 Meter     |            |         | 4:40.11 | 1     |      |
| Mountain Valley Conference           | Outdoor  | 5/8/2007  | Tues   | 1600 Meter     |            |         | 4:27.40 | 1     |      |
| Union County Championships           | Outdoor  | 5/19/2007 | Sat    | 1600 Meter     |            |         | 4:26.00 | 2     | 8pts |
| Catholic Conference Championships    | Outdoor  | 5/27/2007 | Sun    | 1600 Meter     |            |         | 4:16.83 | 2     |      |
| Non Public A State Championships     | Outdoor  | 6/1/2007  | Friday | 1600 Meter     |            |         | 4:18.11 | 1     |      |
| Meet of Champions                    | Outdoor  | 6/6/2010  | Sun    | 1600 Meter     |            |         | 4:16.11 | 4     |      |
| <b>1600 (Relay)</b>                  |          |           |        |                |            |         |         |       |      |
| Herm Johnson Relays                  | Outdoor  | 4/9/2005  | Sat    | DMR 12-4-8-16  |            |         | 4:44.90 |       |      |
| Metuchen Frosh Soph 2                | Outdoor  | 4/15/2005 | Friday | 4 x 1600 Meter |            |         | 4:49.20 |       |      |
| NJCTC Relays                         | Outdoor  | 4/24/2005 | Sun    | DMR 12-4-8-16  |            |         | 4:50.30 |       |      |
| Mountain Valley Conference Relay     | Outdoor  | 5/3/2005  | Tues   | DMR 12-4-8-16  |            |         | 4:35.90 |       |      |
| Union County Relay Championships     | Outdoor  | 5/7/2005  | Sat    | DMR 12-4-8-16  |            |         | 4:35.20 |       |      |
| Union County Relay Championships     | Outdoor  | 5/7/2005  | Sat    | 4 x 1600 Meter |            |         | 4:40.06 |       |      |
| Union County Relay Championship      | Indoor   | 1/4/2006  | Wed    | DMR 8-4-12-16  |            |         | 4:44.40 |       |      |
| Catholic Conference Relays           | Indoor   | 1/9/2006  | Mon    | DMR 12-4-8-16  |            |         | 4:25.40 |       |      |
| Group 2 State Relays                 | Indoor   | 1/22/2006 | Sun    | DMR 12-4-8-16  |            |         | 4:32.30 |       |      |



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| Meet                              | Location               | Date       | Day    | Event         | Start Time | Weather | Result   | Place | Note |
|-----------------------------------|------------------------|------------|--------|---------------|------------|---------|----------|-------|------|
| Herm Johnson Relays               | Outdoor                | 4/8/2006   | Sat    | DMR 12-4-8-16 |            |         | 4:41.40  |       |      |
| Blue Devil Classic                | Outdoor                | 4/15/2006  | Sat    | DMR 12-4-8-16 |            |         | 4:35.20  |       |      |
| Hillsborough Raider Relays        | Outdoor                | 4/22/2006  | Sat    | DMR 12-4-8-16 |            |         | 4:37.50  |       |      |
| Mountain Valley Conference Relay  | Outdoor                | 5/3/2006   | Wed    | DMR 12-4-8-16 |            |         | 4:34.50  |       |      |
| Union County Relay Championships  | Outdoor                | 5/6/2006   | Sat    | DMR 12-4-8-16 |            |         | 4:25.10  |       |      |
| Nike Outdoor Nationals            | Outdoor                | 6/16/2006  | Friday | DMR 12-4-8-16 |            |         | 4:25.90  |       |      |
| Tony Passarelli Relays            | Indoor                 | 12/17/2006 | Sun    | DMR 12-4-8-16 |            |         | 4:37.30  |       |      |
| Marine Corps Holiday Classic      | Indoor                 | 12/27/2006 | Wed    | DMR 12-4-8-16 |            |         | 4:24.60  |       |      |
| Group 1 State Relays              | Indoor                 | 1/12/2007  | Friday | DMR 12-4-8-16 |            |         | 4:29.90  |       |      |
| Blue Devil Classic                | Outdoor                | 4/21/2007  | Sat    | DMR 12-4-8-16 |            |         | 4:26.40  |       |      |
| Mountain Valley Conference Relay  | Outdoor                | 5/1/2007   | Tues   | DMR 12-4-8-16 |            |         | 4:29.10  |       |      |
| Union County Relay Championships  | Outdoor                | 5/3/2007   | Thurs  | DMR 12-4-8-16 |            |         | 4:25.40  |       |      |
| Nike Outdoor Nationals            | Outdoor                | 6/15/2007  | Friday | DMR 12-4-8-16 |            |         | 4:25.90  |       |      |
| <b>2.5 Miles</b>                  |                        |            |        |               |            |         |          |       |      |
| Eastern States Championship       | Van Cortlandt Park, NY | 10/15/2005 | Sat    |               |            |         | 13:21.00 | 1     |      |
| Manhattan College Invitational    | Van Cortlandt Park, NY | 10/14/2006 | Sat    |               |            |         | 12:55.00 | 2     | PR   |
| <b>3200 (Open)</b>                |                        |            |        |               |            |         |          |       |      |
| Meet vs North Plainfield          | Outdoor                | 4/19/2004  | Mon    | 3200 Meter    |            |         | 12:00.00 | 2     |      |
| Mountain Valley Conference        | Indoor                 | 1/8/2005   | Sat    | 3200 Meter    |            |         | 10:37.36 | 4     |      |
| Group 2 State Championship        | Indoor                 | 1/16/2005  | Sun    | 3200 Meter    |            |         | 10:26.59 |       |      |
| NJCTC Frosh/Soph Championships    | Indoor                 | 2/6/2005   | Sun    | 3200 Meter    |            |         |          |       |      |
| NJCTC Championships               | Indoor                 | 2/11/2005  | Friday | 3200 Meter    |            |         | 10:28.50 |       |      |
| Meet vs North Plainfield          | Outdoor                | 4/5/2005   | Tues   | 3200 Meter    |            |         | 10:59.00 | 1     |      |
| Meet vs Roselle Catholic & Newark | Outdoor                | 4/19/2005  | Tues   | 3200 Meter    |            |         | 10:49.00 | 2     |      |
| Mountain Valley Conference        | Outdoor                | 5/10/2005  | Tues   | 3200 Meter    |            |         | 10:18.80 | 1     |      |
| Non Public A State Championships  | Outdoor                | 6/3/2005   | Friday | 3200 Meter    |            |         | 9:52.97  | 10    |      |
| Mountain Valley Conference        | Indoor                 | 1/7/2006   | Sat    | 3200 Meter    |            |         | 10:11.81 | 1     | PR   |
| Meet vs North Plainfield          | Outdoor                | 4/4/2006   | Tues   | 3200 Meter    |            |         | 10:23.00 | 1     |      |
| Meet vs Governor Livingston and   | Outdoor                | 4/11/2006  | Tues   | 3200 Meter    |            |         | 10:37.00 | 1     |      |
| Meet vs Roselle Catholic & Newark | Outdoor                | 4/19/2006  | Wed    | 3200 Meter    |            |         | 10:53.00 | 1     |      |
| Mountain Valley Conference        | Outdoor                | 5/9/2006   | Tues   | 3200 Meter    |            |         | 10:02.80 | 1     |      |



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| Meet                                   | Location                   | Date       | Day  | Event       | Start Time | Weather | Result   | Place | Note |
|--|----------------------------|------------|------|-------------|------------|---------|----------|-------|------|
| Union County Championships             | Outdoor                    | 5/20/2006  | Sat  | 3200 Meter  |            |         | 9:59.70  | 4     |      |
| Mountain Valley Conference             | Indoor                     | 1/6/2007   | Sat  | 3200 Meter  |            |         | 10:31.05 | 1     |      |
| <b>5000</b>                            |                            |            |      |             |            |         |          |       |      |
| UC -vs- Bound Brook, Oratory Prep, Oak | Middlesex High School      | 9/14/2004  | Tues | 5K          |            |         | 17:30.00 | 4     |      |
| UC -vs- New Providence                 | New Providence High School | 9/21/2004  | Tues | 5K          |            |         | 17:56.00 | 2     |      |
| Shore Coaches Invitational             | Holmdel Park               | 10/2/2004  | Sat  | 5K          |            |         | 17:55.00 | 36    |      |
| UC -vs- Manville                       | Manville High School       | 10/5/2004  | Tues | 5K          |            |         | 17:29.00 | 1     |      |
| Mountain Valley Conference             | Pleasant Valley Park       | 10/13/2004 | Wed  | 5K          |            |         | 17:14.00 | 2     |      |
| Non Public B State Championship        | Holmdel Park               | 11/13/2004 | Sat  | 5K          |            |         | 17:15.00 | 6     | PR   |
| Meet of Champions                      | Holmdel Park               | 11/20/2004 | Sat  | 5K          |            |         | 17:10.00 | 85    | PR   |
| UC -vs- Bound Brook, Oratory Prep, Oak | Middlesex High School      | 9/13/2005  | Tues | 5K          |            |         | 17:12.00 | 1     | PR   |
| Shore Coaches Invitational             | Holmdel Park               | 10/1/2005  | Sat  | 5K          |            |         | 16:44.00 | 5     | PR   |
| Mountain Valley Conference             | Pleasant Valley Park       | 11/8/2005  | Tues | 5K          |            |         | 17:09.00 | 1     | PR   |
| Non Public A State Championship        | Holmdel Park               | 11/12/2005 | Sat  | 5K          |            |         | 16:18.00 | 2     | PR   |
| Meet of Champions                      | Holmdel Park               | 11/19/2005 | Sat  | 5K          |            |         | 16:15.00 | 17    | PR   |
| Shore Coaches Invitational             | Holmdel Park               | 10/7/2006  | Sat  | 5K          |            |         | 16:46.00 | 9     |      |
| Mountain Valley Conference             | Pleasant Valley Park       | 10/10/2006 | Tues | 5K          |            |         | 16:30.00 | 1     | PR   |
| Non Public A State Championship        | Holmdel Park               | 11/11/2006 | Sat  | 5K          |            |         | 16:24.00 | 2     |      |
| Meet of Champions                      | Holmdel Park               | 11/18/2006 | Sat  | 5K          |            |         | 16:15.82 | 15    |      |
| <b>5150</b>                            |                            |            |      |             |            |         |          |       |      |
| UC -vs- Dayton                         | Warinanco Park             | 10/6/2004  | Wed  | 5150 Meters |            |         | 18:22.00 | 1     |      |
| Union County Championship              | Warinanco Park             | 11/3/2004  | Wed  | 5150 Meters |            |         | 16:50.00 | 8     | PR   |
| UC -vs- New Providence                 | Warinanco Park             | 9/20/2005  | Tues | 5150 Meters |            |         | 18:32.00 | 1     |      |
| UC -vs- Dayton, Technology             | Warinanco Park             | 9/27/2005  | Tues | 5150 Meters |            |         | 18:31.00 | 1     |      |
| Union County Championship              | Warinanco Park             | 10/26/2005 | Wed  | 5150 Meters |            |         | 16:37.00 | 2     |      |
| UC -vs- Arthur L. Johnson, Newark      | Warinanco Park             | 9/12/2006  | Tues | 5150 Meters |            |         | 17:46.00 | 1     |      |
| UC -vs- Rahway, Governor Livingston    | Warinanco Park             | 9/26/2006  | Tues | 5150 Meters |            |         | 16:37.00 | 1     |      |
| Union County Championship              | Warinanco Park             | 10/25/2006 | Wed  | 5150 Meters |            |         | 16:15.00 | 2     | PR   |
| <b>5250</b>                            |                            |            |      |             |            |         |          |       |      |
| Bernie Magee Class Meet                | Warinanco Park             | 9/18/2004  | Sat  | 5250 Meters |            |         | 18:28.00 | 7     |      |



## Boys XC / Track / Field Performance History Report for:

| Meet                             | Location               | Date       | Day | Event       | Start Time | Weather | Result   | Place | Note |
|----------------------------------|------------------------|------------|-----|-------------|------------|---------|----------|-------|------|
| Stewart Memorial Invitational    | Warinanco Park         | 9/25/2004  | Sat | 5250 Meters |            |         | 17:54.00 | 13    | PR   |
| Catholic Conference Championship | Warinanco Park         | 10/30/2004 | Sat | 5250 Meters |            |         | 17:24.00 | 26    | PR   |
| Bernie Magee Class Meet          | Warinanco Park         | 9/17/2005  | Sat | 5250 Meters |            |         | 17:20.70 | 4     | PR   |
| Stewart Memorial Invitational    | Warinanco Park         | 9/24/2005  | Sat | 5250 Meters |            |         | 16:55.00 | 3     | PR   |
| Catholic Conference Championship | Warinanco Park         | 11/5/2005  | Sat | 5250 Meters |            |         | 16:30.00 | 5     | PR   |
| Bernie Magee Class Meet          | Warinanco Park         | 9/23/2006  | Sat | 5250 Meters |            |         | 16:59.00 | 6     |      |
| Stewart Memorial Invitational    | Warinanco Park         | 9/30/2006  | Sat | 5250 Meters |            |         | 16:25.00 | 4     | PR   |
| Catholic Conference Championship | Warinanco Park         | 11/4/2006  | Sat | 5250 Meters |            |         | 16:10.00 | 3     | PR   |
| <b>5K</b>                        |                        |            |     |             |            |         |          |       |      |
| Foot Locker Northeast Regional   | Van Cortlandt Park, NY | 11/26/2005 | Sat | 5K          |            |         | 16:36.00 | 84    |      |