



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 HH (Open)									
Metropolitan Invitational	Indoor	2/3/2010	Wed	55 Meter HH			8.30	8	
Catholic Conference Championship	Indoor	2/7/2010	Sun	55 Meter HH			8.51	14	
55 HH (Relay)									
Union County Relay Championship	Indoor	1/9/2010	Sat	Shuttle Hurdles 55m			8.10		
Non Public State Relays	Indoor	1/16/2010	Sat	Shuttle Hurdles 55m			8.00		PR
100 (Open)									
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	100 Meter Dash			13.70		
110 HH (Open)									
Union County Championships	Outdoor	5/19/2007	Sat	110 Meter HH			16.32	13	
Non Public A State Championships	Outdoor	6/1/2007	Friday	110 Meter HH			16.51	15	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	110 Meter HH			17.90		
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	110 Meter HH			16.30	1	PR
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	110 Meter HH			17.50		
Mountain Valley Conference	Outdoor	5/5/2009	Tues	110 Meter HH			16.50		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	110 Meter HH			16.60	2	
Union County Championships	Outdoor	5/15/2009	Friday	110 Meter HH			16.32	13	
Catholic Conference Championships	Outdoor	5/25/2009	Mon	110 Meter HH			16.23	12	
Non Public A State Championships	Outdoor	5/29/2009	Friday	110 Meter HH			16.51	15	
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	110 Meter HH		49 Degrees, Partly Cloudy	15.70	3	School
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	110 Meter HH			15.60	1	
UCC Divisional Championship	Outdoor	5/6/2010	Thurs	110 Meter HH			14.90	2	PR
Union County Championship	Outdoor	5/15/2010	Sat	110 Meter HH			15.60	3	
NP A South State Sectionals	Outdoor	5/22/2010	Sat	110 Meter HH			15.34	3	
Non Public A State Championship	Outdoor	5/29/2010	Sat	110 Meter HH		Mid 70's / Party Cloudy	15.37	8	
110 HH (Relay)									
Union County Relay Championships	Outdoor	5/3/2007	Thurs	Shuttle Hurdles 110m			17.00		
Union County Relay Championships	Outdoor	5/2/2008	Friday	Shuttle Hurdles 110m			17.00		
Union County Relay Championships	Outdoor	4/30/2009	Thurs	Shuttle Hurdles 110m			17.00		
Summit Relays	Outdoor	4/3/2010	Sat	Shuttle Hurdles 110m		75 Degrees, Sunny	15.70		



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NJCTC Spring Relays	Outdoor	4/11/2010	Sun	Shuttle Hurdles 110m		73 Degrees	15.50		
Blue Devil Relays	Outdoor	4/16/2010	Friday	Shuttle Hurdles 110m			15.40		PR
Union County Relay Championship	Outdoor	4/30/2010	Friday	Shuttle Hurdles 110m			15.30		PR
East Coast Relays	Outdoor	5/17/2010	Mon	Shuttle Hurdles 110m		70 Degrees / Sunny	15.10		PR
200 (Open)									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	200 Meter			27.50		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	200 Meter			28.50		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	200 Meter			28.40		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	200 Meter			26.70		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	200 Meter			27.60		
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	200 Meter			25.40		PR
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	200 Meter		49 Degrees, Partly Cloudy	24.50		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	200 Meter			23.80	3	
NP A South State Sectionals	Outdoor	5/22/2010	Sat	200 Meter			23.09	4	PR
Non Public A State Championship	Outdoor	5/29/2010	Sat	200 Meter		Mid 70's / Party Cloudy	23.09	9	
200 (Relay)									
Metuchen Frosh Soph 3	Outdoor	4/18/2008	Friday	4 x 200 Meter			26.30		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			26.60		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 200 Meter		73 Degrees	23.20		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 200 Meter			23.10		PR
Union County Relay Championship	Outdoor	4/29/2010	Thurs	SMR 4-2-2-8			22.60		PR
Union County Relay Championship	Outdoor	4/30/2010	Friday	4 x 200 Meter			22.90		
East Coast Relays	Outdoor	5/17/2010	Mon	SMR 2-2-4-8		70 Degrees / Sunny	23.10		
400 (Open)									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	400 Meter			1:11.40		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	400 Meter			1:04.20		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	400 Meter			1:04.80		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	400 Meter			1:04.50		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	400 Meter			1:06.30		



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400 (Relay)									
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	4 x 400 Meter			1:01.30		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	4 x 400 Meter			1:04.00		
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	4 x 400 Meter			58.40		
Catholic Conference Championship	Indoor	2/7/2010	Sun	4 x 400 Meter			58.00		
Summit Relays	Outdoor	4/3/2010	Sat	SMR 2-2-4-8		75 Degrees, Sunny	56.30		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			57.30		
400 IH (Open)									
Meet vs St Joe's Mon Don Notre Dame	Outdoor	3/28/2009	Sat	400 Meter IH			1:10.00		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	400 Meter IH			1:05.80		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	400 Meter IH			1:12.80		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	400 Meter IH			1:07.20	2	
NJCTC Frosh/Soph Championships	Outdoor	5/17/2009	Sun	400 Meter IH			1:03.70		PR
Catholic Conference Championships	Outdoor	5/25/2009	Mon	400 Meter IH			1:03.03	24	
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	400 Meter IH		49 Degrees, Partly Cloudy	1:04.10		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	400 Meter IH			1:03.40	2	
400 IH (Relay)									
Summit Relays	Outdoor	4/3/2010	Sat	3 x 400 IH		75 Degrees, Sunny	1:05.92		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	3 x 400 IH		73 Degrees	1:03.10		
High Jump									
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	High Jump			5' 06.00"	3	
Blue Devil Relays	Outdoor	4/16/2010	Friday	High Jump			5' 04.00"		
Union County Relay Championship	Outdoor	4/30/2010	Friday	High Jump					NH
UCC Divisional Championship	Outdoor	5/5/2010	Wed	High Jump			5' 04.00"		
Union County Championship	Outdoor	5/14/2010	Friday	High Jump			0' 00.00"		NH
Long Jump									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	Long Jump		49 Degrees, Partly Cloudy	16' 05.00"		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	Long Jump		73 Degrees	17' 03.00"		