



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 (Open)									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	55 Meter Dash			6.70	4	
Union County Championship	Indoor	1/21/2012	Sat	55 Meter			6.67	4	6.76,PR
NJCTC Championship	Indoor	2/12/2012	Sun	55 Meter			6.69	1	
NJCTC Championship	Indoor	2/12/2012	Sun	55 Meter			6.61	1	PR
Non Public B State Championship	Indoor	2/17/2012	Friday	55 Meter			6.72		
Non Public B State Championship	Indoor	2/17/2012	Friday	55 Meter			6.64	2	
Meet of Champions	Indoor	2/25/2012	Sat	55 Meter			6.65	13	
Union County Championship	Indoor	1/20/2013	Sun	55 Meter			6.67	1	
Union County Championship	Indoor	1/20/2013	Sun	55 Meter			6.52	1	PR
NJCTC Championship	Indoor	2/10/2013	Sun	55 Meter			6.65	2	
NJCTC Championship	Indoor	2/10/2013	Sun	55 Meter			6.59	2	
Non Public B State Championship	Indoor	2/15/2013	Friday	55 Meter			6.77	1	
Non Public B State Championship	Indoor	2/15/2013	Friday	55 Meter			6.67	1	
The Millrose Games	Indoor	2/16/2013	Sat	55 Meter			6.64	5	
Union County Championship	Indoor	1/24/2014	Friday	55 Meter			6.55	1	
Union County Championship	Indoor	1/24/2014	Friday	55 Meter			6.50	1	PR
Non Public A State Championship	Indoor	2/15/2014	Sat	55 Meter			6.62	2	
Non Public A State Championship	Indoor	2/15/2014	Sat	55 Meter			6.50	1	
Meet of Champions	Indoor	3/1/2014	Sat	55 Meter			6.53	3	
Meet of Champions	Indoor	3/1/2014	Sat	55 Meter			6.49	2	PR
100 (Open)									
Union County Conference Championship	Outdoor	5/11/2012	Friday	100 Meter Dash			11.21	2	
Union County Conference Championship	Outdoor	5/11/2012	Friday	100 Meter Dash			11.02	2	PR
Union County Championship	Outdoor	5/17/2012	Thurs	100 Meter Dash		72, Sunny	11.16	6	
Union County Championship	Outdoor	5/17/2012	Thurs	100 Meter Dash		72, Sunny	11.20	4	
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	100 Meter Dash		78 Degrees, Sunny	11.07	2	
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	100 Meter Dash		78 Degrees, Sunny	10.94	2	PR
Non Public A State Championship	Outdoor	6/1/2012	Friday	100 Meter Dash		Cool, Windy	11.13	2	
Non Public A State Championship	Outdoor	6/1/2012	Friday	100 Meter Dash		Cool, Windy	10.98	1	
Meet of Champions	Outdoor	6/7/2012	Thurs	100 Meter Dash					



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Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	100 Meter Dash		70 Degrees	11.10	1	
Union County Conference Championship	Outdoor	5/10/2013	Friday	100 Meter Dash		72 Degrees	11.14	3	
Arcadia Invitational	Outdoor	4/12/2014	Sat	100 Meter Dash		85 / Sunny	10.98	5	
Union County Conference Championship	Outdoor	5/9/2014	Friday	100 Meter Dash		68 / Light Rain	11.04	1	
Union County Conference Championship	Outdoor	5/9/2014	Friday	100 Meter Dash		68 / Light Rain	11.06	2	
Union County Championship	Outdoor	5/15/2014	Thurs	100 Meter Dash			10.93	1	
Union County Championship	Outdoor	5/15/2014	Thurs	100 Meter Dash			10.78	1	PR
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	100 Meter Dash		68 Degrees	11.06	2	
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	100 Meter Dash		68 Degrees	10.91	2	
100 (Relay)									
Union County Relay Championship	Outdoor	5/3/2012	Thurs	4 x 100 Meter					
Union County Relays	Outdoor	5/2/2013	Thurs	4 x 100 Meter		70 Sunny			
Non Public A State Championship	Outdoor	6/1/2013	Sat	4 x 100 Meter		91 Degrees			
Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 100 Meter					
The Penn Relays	Outdoor	4/25/2014	Friday	4 x 100 Meter					
Union County Relay Championship	Outdoor	5/1/2014	Thurs	4 x 100 Meter		70 & Sunny			
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	4 x 100 Meter		68 Degrees			
Non Public A State Championship	Outdoor	5/31/2014	Sat	4 x 100 Meter					
200 (Open)									
Union County Conference Championship	Outdoor	5/12/2012	Sat	200 Meter			22.27	3	PR
Union County Championship	Outdoor	5/18/2012	Friday	200 Meter		72, Sunny	22.41	4	
Union County Championship	Outdoor	5/18/2012	Friday	200 Meter		72, Sunny	22.19	2	PR
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	200 Meter		78 Degrees, Sunny	22.36	3	
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	200 Meter		78 Degrees, Sunny	22.30	4	
Non Public A State Championship	Outdoor	6/2/2012	Sat	200 Meter		Cool, Windy	22.37	6	
Varsity Classic	Indoor	2/4/2013	Mon	200 Meter			22.50		
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	200 Meter		70 Degrees	21.90	1	PR
Union County Conference Championship	Outdoor	5/11/2013	Sat	200 Meter		72 Degrees	22.40	2	
Union County Championship	Outdoor	5/17/2013	Friday	200 Meter		82 / Sunny	22.12	1	
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	200 Meter			23.09	8	
Non Public A State Championship	Outdoor	6/1/2013	Sat	200 Meter		91 Degrees	21.96	2	



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Varsity Classic	Indoor	2/3/2014	Mon	200 Meter			21.80	1	PR
Arcadia Invitational	Outdoor	4/12/2014	Sat	200 Meter		85 / Sunny	21.94	2	
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	200 Meter		68 Degrees	21.70	1	PR
Non Public A State Championship	Outdoor	5/31/2014	Sat	200 Meter			22.50	2	
Meet of Champions	Outdoor	6/4/2014	Wed	200 Meter		80 & Sunny	21.91	8	
200 (Relay)									
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	4 x 200 Meter			22.70		
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	SMR 4-2-2-8			22.90		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 200 Meter			22.80		
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 200 Meter			23.20		
Union County Relay Championship	Indoor	1/6/2012	Friday	SMR 4-2-2-8			23.10		
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 200 Meter			23.40		
Non Public State Relays	Indoor	1/15/2012	Sun	SMR 4-2-2-8			22.70		
Eastern States Invitational	Indoor	2/28/2012	Tues	4 x 200 Meter			22.30		
Eastern States Invitational	Indoor	2/28/2012	Tues	4 x 200 Meter			21.90		PR
New Balance Indoor Nationals	Indoor	3/11/2012	Sun	SMR 2-2-4-8			22.50		
Union County Relay Championship	Outdoor	5/3/2012	Thurs	SMR 2-2-4-8			21.70		
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 200 Meter					DNR
East Coast Relays	Outdoor	5/21/2012	Mon	4 x 200 Meter		62, Heavy Rain	22.00		
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	Swedish Relay 1-2-3-4			21.90		
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	4 x 200 Meter			22.30		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			22.40		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			22.10		
NJCTC Relays	Indoor	12/30/2012	Sun	SMR 2-2-4-8			22.30		
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 200 Meter			22.60		
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	4 x 200 Meter			22.60		
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	SMR 4-2-2-8			22.30		
New Balance Games	Indoor	1/26/2013	Sat	SMR 4-2-2-8			21.80		PR
Armory Collegiate Invitational	Indoor	2/2/2013	Sat	4 x 200 Meter			22.20		
New Balance Indoor Nationals	Indoor	3/9/2013	Sat	4 x 200 Meter			22.00		
New Balance Indoor Nationals	Indoor	3/10/2013	Sun	4 x 200 Meter			21.80		



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The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 200 Meter		Low 50's, Fairly Windy	21.80		
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 200 Meter		58 Sun/Clouds	21.80		
Union County Relays	Outdoor	5/3/2013	Friday	4 x 200 Meter		70 Sunny	21.60		PR
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	Swedish Relay 1-2-3-4		82 / Sunny	21.50		PR
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	4 x 200 Meter		82 / Sunny	21.50		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 200 Meter			21.70		PR
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 200 Meter			22.00		
Union County Relay Championship	Indoor	1/8/2014	Wed	4 x 200 Meter			22.50		
Union County Relay Championship	Indoor	1/8/2014	Wed	SMR 4-2-2-8			22.30		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 200 Meter			22.40		
Armory Collegiate Invitational	Indoor	2/8/2014	Sat	4 x 200 Meter			21.50		PR
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	4 x 200 Meter			21.50		
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	SMR 2-2-4-8			21.40		PR
New Balance Indoor Nationals	Indoor	3/16/2014	Sun	4 x 200 Meter			21.40		
Arcadia Invitational	Outdoor	4/11/2014	Friday	4 x 200 Meter		85 / Sunny	21.70		
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 200 Meter		70 & Sunny	21.50		
300 (Open)									
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	300 Meter			35.86	1	
NJCTC Championship	Indoor	2/10/2013	Sun	300 Meter			35.61	1	PR
Bishop Loughlin Games	Indoor	12/21/2013	Sat	300 Meter			34.35	1	PR
Bishop Loughlin Games	Indoor	12/21/2013	Sat	300 Meter			34.36	2	
300 (Relay)									
New Balance Outdoor Nationals	Outdoor	6/13/2014	Friday	Swedish Relay 1-2-3-4			33.30		
400 (Open)									
Union County Championship	Indoor	1/20/2013	Sun	400 Meter			49.77	1	23.6
Non Public B State Championship	Indoor	2/15/2013	Friday	400 Meter			50.52	2	23.5
Meet of Champions	Indoor	2/23/2013	Sat	400 Meter			50.18	7	23.1
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	400 Meter		70 Degrees	49.30	1	
Union County Conference Championship	Outdoor	5/10/2013	Friday	400 Meter		72 Degrees	48.48	1	PR
Union County Championship	Outdoor	5/16/2013	Thurs	400 Meter		82 / Sunny	48.76	2	



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Non Public A North State Sectional	Outdoor	5/24/2013	Friday	400 Meter			49.60	2	
Non Public A State Championship	Outdoor	5/31/2013	Friday	400 Meter		91 Degrees	48.09	2	PR
Meet of Champions	Outdoor	6/5/2013	Wed	400 Meter		75 / Sunny	48.87	11	
Non Public A State Championship	Indoor	2/15/2014	Sat	400 Meter			49.22	1	PR
Union County Conference Championship	Outdoor	5/9/2014	Friday	400 Meter		68 / Light Rain	49.12	1	
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	400 Meter		68 Degrees	48.73	2	
Non Public A State Championship	Outdoor	5/30/2014	Friday	400 Meter			48.07	2	PR
Meet of Champions	Outdoor	6/4/2014	Wed	400 Meter		80 & Sunny	48.43	7	
New Balance Outdoor Nationals	Outdoor	6/15/2014	Sun	400 Meter			49.25	15	
400 (Relay)									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	4 x 400 Meter			1:04.50		Fell
Catholic Conference Relays	Indoor	12/29/2011	Thurs	SMR 2-2-4-8			52.70		25.1
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 400 Meter			55.20		26.9
Millrose Games Trials	Indoor	1/11/2012	Wed	4 x 400 Meter			50.60		23.2,PR
Union County Championship	Indoor	1/21/2012	Sat	4 x 400 Meter			52.50		24.0
New Balance Collegiate Games	Outdoor	2/3/2012	Friday	4 x 400 Meter			50.60		23.1
The Millrose Games	Indoor	2/11/2012	Sat	4 x 400 Meter			50.70		
Non Public B State Championship	Indoor	2/17/2012	Friday	4 x 400 Meter			52.20		24.6
Meet of Champions	Indoor	2/25/2012	Sat	4 x 400 Meter			50.90		23.6
New Balance Indoor Nationals	Indoor	3/9/2012	Friday	4 x 400 Meter			50.62		23.0
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 400 Meter			49.70		PR
Union County Conference Championship	Outdoor	5/12/2012	Sat	4 x 400 Meter			48.60		PR
Meet of Champions	Outdoor	6/7/2012	Thurs	4 x 400 Meter			48.30		PR
Adidas Grand Prix	Outdoor	6/9/2012	Sat	4 x 400 Meter			48.80		
New Balance Outdoor Nationals	Outdoor	6/15/2012	Friday	SMR 2-2-4-8			49.14		
New Balance Outdoor Nationals	Outdoor	6/16/2012	Sat	4 x 400 Meter			48.64		FAT
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 400 Meter			50.80		24.0
NJCTC Relays	Indoor	12/30/2012	Sun	DMR 12-4-8-16			49.30		22.8,PR
Union County Relay Championship	Indoor	1/5/2013	Sat	SMR 4-2-2-8			51.20		23.3
Millrose Games Trials	Indoor	1/16/2013	Wed	4 x 400 Meter			48.80		PR
Armory Collegiate Invitational	Indoor	2/1/2013	Friday	4 x 400 Meter			48.80		



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NJCTC Championship	Indoor	2/10/2013	Sun	4 x 400 Meter			52.10	24.8	
The Millrose Games	Indoor	2/16/2013	Sat	4 x 400 Meter			49.98		
Meet of Champions	Indoor	2/23/2013	Sat	4 x 400 Meter			50.10	23.7	
New Balance Indoor Nationals	Indoor	3/10/2013	Sun	4 x 400 Meter			48.20	PR	
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 400 Meter		Low 50's, Fairly Windy	48.70		
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 400 Meter		58 Sun/Clouds	47.70	PR	
The Penn Relays	Outdoor	4/27/2013	Sat	4 x 400 Meter		68 / Sunny	48.30		
The Penn Relays	Outdoor	4/27/2013	Sat	4 x 400 Meter		68 / Sunny	48.40		
Union County Relays	Outdoor	5/2/2013	Thurs	SMR 2-2-4-8		70 Sunny	47.60	PR	
Union County Relays	Outdoor	5/3/2013	Friday	4 x 400 Meter		70 Sunny	48.50		
Union County Championship	Outdoor	5/17/2013	Friday	4 x 400 Meter		82 / Sunny	47.28	PR	
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	4 x 400 Meter			49.70		
Non Public A State Championship	Outdoor	6/1/2013	Sat	4 x 400 Meter		91 Degrees	48.80		
Meet of Champions	Outdoor	6/5/2013	Wed	4 x 400 Meter		75 / Sunny	48.60		
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	SMR 2-2-4-8		82 / Sunny	47.10	PR	
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	4 x 400 Meter		82 / Sunny	47.50		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 400 Meter			49.20		
Union County Relay Championship	Indoor	1/8/2014	Wed	4 x 400 Meter			51.70		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	SMR 4-2-2-8			50.36		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 400 Meter			50.10		
Union County Championship	Indoor	1/24/2014	Friday	4 x 400 Meter			49.40		
Armory Collegiate Invitational	Indoor	2/7/2014	Friday	4 x 400 Meter			47.70	22.5,PR	
Meet of Champions	Indoor	3/1/2014	Sat	4 x 400 Meter			48.60	23.1	
New Balance Indoor Nationals	Indoor	3/16/2014	Sun	4 x 400 Meter			48.30		
Morris Hills Relays	Outdoor	4/19/2014	Sat	SMR 4-2-2-8			48.30		
The Penn Relays	Outdoor	4/26/2014	Sat	4 x 400 Meter			48.37		
The Penn Relays	Outdoor	4/26/2014	Sat	4 x 400 Meter			49.80		
Union County Relay Championship	Outdoor	5/1/2014	Thurs	SMR 2-2-4-8		70 & Sunny	48.40		
Non Public A State Championship	Outdoor	5/31/2014	Sat	4 x 400 Meter			49.20		
Meet of Champions	Outdoor	6/4/2014	Wed	4 x 400 Meter		80 & Sunny	47.50		
New Balance Outdoor Nationals	Outdoor	6/14/2014	Sat	SMR 2-2-4-8			47.80	Cutoff	



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New Balance Outdoor Nationals 5150	Outdoor	6/15/2014	Sun	4 x 400 Meter			47.00		PR
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	23:13.00	180	
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	23:19.19	184	