



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>55 HH (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	2/5/2006	Sun	55 Meter HH			2:53.90	2	
<b>1.0 mile (Open)</b>									
Union County Frosh/Soph	Indoor	1/18/2006	Wed	1.0 Mile Run			5:14.70	1	
<b>200 (Open)</b>									
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	200 Meter			25.80		
<b>200 (Relay)</b>									
Catholic Conference Relays	Indoor	1/7/2007	Sun	4 x 200 Meter			24.20		
Cranford Cougar Classic Relays	Outdoor	4/14/2007	Sat	4 x 200 Meter			24.30		
<b>220 Y (Relay)</b>									
Union County Frosh/Soph	Indoor	1/18/2006	Wed	1.0 Mile Relay			1:02.00		
<b>400 (Open)</b>									
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	400 Meter			55.70		
<b>400 (Relay)</b>									
NJCTC Relays	Outdoor	4/24/2005	Sun	4 x 400 Meter			1:03.60		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	4 x 400 Meter			1:01.80		
Mountain Valley Conference Novice Meet	Outdoor	5/16/2005	Mon	4 x 400 Meter			58.30		
NJCTC Frosh/Soph Championships	Indoor	2/5/2006	Sun	4 x 400 Meter			58.90		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	4 x 400 Meter			1:00.00		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	4 x 400 Meter			55.70		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	4 x 400 Meter			56.60		
Brown Invitational	Indoor	12/29/2006	Friday	4 x 400 Meter			54.40		
Mountain Valley Conference	Indoor	1/6/2007	Sat	4 x 400 Meter			55.10		
New Balance Games	Indoor	1/20/2007	Sat	4 x 400 Meter			54.80		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	4 x 400 Meter			57.20		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	4 x 400 Meter			55.90		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	4 x 400 Meter			56.00		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	4 x 400 Meter			53.80		
The Penn Relays	Outdoor	4/28/2007	Sat	4 x 400 Meter			54.50		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 400 Meter			55.50		



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Millrose Games Trials	Indoor	1/2/2008	Wed	4 x 400 Meter			54.40		
Mountain Valley Conference	Indoor	1/5/2008	Sat	4 x 400 Meter			54.70		
Catholic Conference Relays	Indoor	1/6/2008	Sun	DMR 12-4-8-16			54.60		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 400 Meter			54.90		
New Balance Games	Indoor	1/19/2008	Sat	4 x 400 Meter			53.40		
101st Millrose Games	Indoor	2/1/2008	Friday	4 x 400 Meter			55.00		
Catholic Conference Championship	Indoor	2/8/2008	Friday	4 x 400 Meter			54.10		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	4 x 400 Meter			54.40		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	4 x 400 Meter			53.30		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	4 x 400 Meter			54.70		
Catholic Conference Championships	Outdoor	5/25/2008	Sun	4 x 400 Meter			51.50		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 400 Meter			54.20		
<b>800 (Open)</b>									
Meet vs North Plainfield	Outdoor	4/5/2005	Tues	800 Meter			2:19.00	3	
NJCTC Frosh/Soph Championships	Outdoor	4/22/2005	Friday	800 Meter			2:10.60	6	
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	800 Meter			2:20.10		
Mountain Valley Conference	Outdoor	5/10/2005	Tues	800 Meter			2:14.30		
Mountain Valley Conference Novice Meet	Outdoor	5/16/2005	Mon	800 Meter			2:14.90	2	
Catholic Conference Championships	Outdoor	5/29/2005	Sun	800 Meter			2:13.50		
Seton Hall Invitational	Indoor	12/27/2005	Tues	800 Meter			2:10.60		
Mountain Valley Conference	Indoor	1/7/2006	Sat	800 Meter			2:09.83	6	PR
Group 2 State Championship	Indoor	1/29/2006	Sun	800 Meter			2:10.23	12	
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	800 Meter			2:12.00		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	800 Meter			2:14.10		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	800 Meter			2:12.70	2	
Mountain Valley Conference	Outdoor	5/9/2006	Tues	800 Meter			2:11.90		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	800 Meter			2:11.10	2	
Mountain Valley Conference	Indoor	1/6/2007	Sat	800 Meter			2:03.61	2	
Group 1 State Championship	Indoor	2/15/2007	Thurs	800 Meter			2:07.85	16	
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	800 Meter			2:09.20		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	800 Meter			2:10.00	2	



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Meet vs Governor Livingston and Mountain Valley Conference	Outdoor	4/10/2007	Tues	800 Meter			2:11.50	1	
Union County Championships	Outdoor	5/8/2007	Tues	800 Meter			2:03.20	6	
Catholic Conference Championships	Outdoor	5/19/2007	Sat	800 Meter			2:00.30	4	4pts
Season Opener	Indoor	5/27/2007	Sun	800 Meter			2:01.42	10	
Mountain Valley Conference	Indoor	12/23/2007	Sun	800 Meter			2:14.03		
Catholic Conference Championship	Indoor	1/5/2008	Sat	800 Meter			2:05.86	1	
Lou Molina Invitational	Indoor	2/8/2008	Friday	800 Meter			2:05.80		
Non Public A State Championship	Indoor	2/11/2008	Mon	800 Meter			2:05.00	3	
Scrimmage vs St. Joes Mon Don ND	Indoor	2/16/2008	Sat	800 Meter			2:04.04	12	
Meet vs Arthur L Johnson	Outdoor	3/22/2008	Sat	800 Meter			2:04.40		
Mountain Valley Conference	Outdoor	4/1/2008	Tues	800 Meter			2:04.30	1	
Union County Championships	Outdoor	5/5/2008	Mon	800 Meter			2:02.90	1	
Catholic Conference Championships	Outdoor	5/17/2008	Sat	800 Meter			2:02.20	4	
Non Public A State Championships	Outdoor	5/25/2008	Sun	800 Meter			2:01.47	7	
Meet of Champions	Outdoor	5/30/2008	Friday	800 Meter			1:58.11	4	
	Outdoor	6/5/2008	Thurs	800 Meter			2:00.43	26	
<b>800 (Relay)</b>									
Herm Johnson Relays	Outdoor	4/9/2005	Sat	4 x 800 Meter			2:17.00		
Blue Devil Classic	Outdoor	4/16/2005	Sat	4 x 800 Meter			2:21.00		
NJCTC Relays	Outdoor	4/24/2005	Sun	4 x 800 Meter			2:19.30		
Mountain Valley Conference Relay	Outdoor	5/3/2005	Tues	4 x 800 Meter			2:13.30		
Seton Hall Invitational	Indoor	12/27/2005	Tues	4 x 800 Meter			2:12.70		
Union County Relay Championship	Indoor	1/4/2006	Wed	DMR 8-4-12-16			2:16.70		
Union County Relay Championship	Indoor	1/4/2006	Wed	4 x 800 Meter			2:21.40		
Catholic Conference Relays	Indoor	1/9/2006	Mon	DMR 12-4-8-16			2:06.90		
Catholic Conference Relays	Indoor	1/9/2006	Mon	4 x 800 Meter			2:18.60		
Group 2 State Relays	Indoor	1/22/2006	Sun	DMR 12-4-8-16			2:10.16		
Group 2 State Relays	Indoor	1/22/2006	Sun	4 x 800 Meter			2:10.72		
Herm Johnson Relays	Outdoor	4/8/2006	Sat	4 x 800 Meter			2:16.90		
Blue Devil Classic	Outdoor	4/15/2006	Sat	DMR 12-4-8-16			2:12.50		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	DMR 12-4-8-16			2:15.50		



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Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	SMR 2-2-4-8			2:04.80		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	4 x 800 Meter			2:05.90		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	DMR 12-4-8-16			2:11.60		
Union County Relay Championships	Outdoor	5/6/2006	Sat	DMR 12-4-8-16			2:05.60		
Union County Relay Championships	Outdoor	5/6/2006	Sat	4 x 800 Meter			2:04.20		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	DMR 12-4-8-16			2:08.50		
East Coast Relays	Outdoor	5/22/2006	Mon	4 x 800 Meter			2:08.90		
Nike Outdoor Nationals	Outdoor	6/16/2006	Friday	4 x 800 Meter			2:01.90		
Nike Outdoor Nationals	Outdoor	6/16/2006	Friday	DMR 12-4-8-16			2:03.20		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 800 Meter			2:06.80		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	DMR 12-4-8-16			2:04.10		
Marine Corps Holiday Classic	Indoor	12/27/2006	Wed	DMR 12-4-8-16			2:03.40		
Marine Corps Holiday Classic	Indoor	12/27/2006	Wed	4 x 800 Meter			2:06.90		
Brown Invitational	Indoor	12/29/2006	Friday	DMR 12-4-8-16			2:10.00		
Brown Invitational	Indoor	12/29/2006	Friday	SMR 4-2-2-8			2:05.90		
Catholic Conference Relays	Indoor	1/7/2007	Sun	SMR 2-2-4-8			2:03.90		
Group 1 State Relays	Indoor	1/12/2007	Friday	DMR 12-4-8-16			2:04.30		
Group 1 State Relays	Indoor	1/12/2007	Friday	4 x 800 Meter			2:08.40		
New Balance Games	Indoor	1/20/2007	Sat	SMR 4-2-2-8			2:06.40		
Cranford Cougar Classic Relays	Outdoor	4/14/2007	Sat	SMR 2-2-4-8			2:04.80		
Blue Devil Classic	Outdoor	4/21/2007	Sat	DMR 12-4-8-16			2:01.50		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 800 Meter			2:09.60		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	4 x 800 Meter			2:02.10		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	DMR 12-4-8-16			2:00.90		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	DMR 12-4-8-16			2:00.80		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	4 x 800 Meter			2:04.20		
East Coast Relays	Outdoor	5/21/2007	Mon	4 x 800 Meter			2:00.50		
Nike Outdoor Nationals	Outdoor	6/15/2007	Friday	4 x 800 Meter			2:01.90		
Nike Outdoor Nationals	Outdoor	6/15/2007	Friday	DMR 12-4-8-16			2:03.20		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	SMR 4-2-2-8			2:06.50		
Seton Hall Games	Indoor	12/28/2007	Friday	4 x 800 Meter			2:10.30		



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Union County Relay Championship	Indoor	1/9/2008	Wed	DMR 12-4-8-16			2:11.70		
Union County Relay Championship	Indoor	1/9/2008	Wed	SMR 4-2-2-8			2:15.20		
New Balance Games	Indoor	1/19/2008	Sat	4 x 800 Meter			2:07.20		
King's Point Relays	Outdoor	4/5/2008	Sat	4 x 800 Meter			2:03.50		
King's Point Relays	Outdoor	4/5/2008	Sat	DMR 12-4-8-16			2:10.20		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	SMR 2-2-4-8			2:02.40		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	DMR 12-4-8-16			2:03.90		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	4 x 800 Meter			2:04.10		
Union County Relay Championships	Outdoor	5/2/2008	Friday	DMR 12-4-8-16			2:01.70		
Union County Relay Championships	Outdoor	5/2/2008	Friday	4 x 800 Meter			1:59.90		
East Coast Relays	Outdoor	5/19/2008	Mon	DMR 12-4-8-16			2:02.60		
East Coast Relays	Outdoor	5/19/2008	Mon	4 x 800 Meter			2:01.60		
Nike Outdoor Nationals	Outdoor	6/20/2008	Friday	DMR 12-4-8-16			1:59.70		
Nike Outdoor Nationals	Outdoor	6/20/2008	Friday	4 x 800 Meter			1:58.20		
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			2:02.30		
<b>880 Y (Open)</b>									
Union County Individuals	Indoor	1/25/2006	Wed	880 Yard			2:14.60		
Union County Individuals	Indoor	1/31/2007	Wed	880 Yard			2:10.70	2	
<b>1200 (Open)</b>									
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	1200 Meter			3:25.70	2	
<b>1600 (Open)</b>									
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2005	Tues	1600 Meter			5:22.00		
<b>1600 (Relay)</b>									
Metuchen Frosh Soph 2	Outdoor	4/15/2005	Friday	4 x 1600 Meter			5:23.80		
Union County Relay Championships	Outdoor	5/7/2005	Sat	4 x 1600 Meter			5:15.47		
<b>5150</b>									
UC -vs- Cranford	Warinanco Park	9/18/2007	Tues	5150 Meters			19:53.00	12	
UC -vs- Rahway	Warinanco Park	9/25/2007	Tues	5150 Meters			19:48.00	9	PR
Mountain Valley Conference	Warinanco Park	10/9/2007	Tues	5150 Meters			18:34.00	14	PR
Union County Championship	Warinanco Park	10/24/2007	Wed	5150 Meters			18:32.00	45	PR



**Boys XC / Track / Field**  
**Performance History Report for:**

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>5250</b>									
Old Bridge Class Meet	Thompson Park	9/15/2007	Sat	5250 Meters			18:47.00	19	
Bernie Magee Class Meet	Warinanco Park	9/22/2007	Sat	5250 Meters			18:39.00	44	
Stewart Memorial Invitational	Warinanco Park	9/28/2007	Friday	5250 Meters			18:23.00	19	PR