



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
200 (Open)									
Metuchen Frosh Soph 4	Outdoor	5/11/2007	Friday	200 Meter			29.80		
400 (Open)									
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	400 Meter			1:11.80		
800 (Open)									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	800 Meter			3:06.40		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	800 Meter			2:43.10		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	800 Meter			2:49.00		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	800 Meter			2:38.00		
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	800 Meter			2:28.30		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	800 Meter			2:34.20		
800 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 800 Meter			2:39.50		
Catholic Conference Relays	Indoor	1/6/2008	Sun	SMR 4-2-2-8			2:37.50		
Frank Burns Relays	Indoor	12/27/2008	Sat				2:33.70		
Catholic Conference Relays	Indoor	1/4/2009	Sun	DMR 12-4-8-16			2:25.40		
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 800 Meter			2:34.40		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	4 x 800 Meter			2:39.30		
Colts Neck Relays	Outdoor	4/11/2009	Sat	SMR 4-2-2-8			2:37.50		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 800 Meter			2:32.60		
1000 (Relay)									
Union County Relay Championship	Indoor	1/10/2009	Sat	DMR 8-2-4-1K			3:18.30		
1600 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	1600 Meter			5:48.00		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	1600 Meter			5:41.60		
Metuchen Frosh Soph 3	Outdoor	4/18/2008	Friday	1600 Meter			5:33.80		
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	1600 Meter			5:42.80		
Toms River Frosh - Novice	Indoor	2/4/2009	Wed	1600 Meter			5:26.44		
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	1600 Meter			5:23.40		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	1600 Meter			5:49.50		



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Mountain Valley Conference Novice Meet Outdoor		5/11/2009	Mon	1600 Meter			5:42.40		
3200 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	3200 Meter			12:05.50		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	3200 Meter			12:20.00		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	3200 Meter			12:36.70		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	3200 Meter			12:02.10		
5000									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	5K			19:46.00	51	
UC -vs- Governor Livingston	Governor Livingston HS	9/30/2008	Tues	5K			19:24.00	9	
5150									
UC -vs- Cranford	Warinanco Park	9/18/2007	Tues	5150 Meters			23:34.00	21	
UC -vs- Rahway	Warinanco Park	9/25/2007	Tues	5150 Meters			22:49.00	14	PR
UC -vs- Arthur L. Johnson, Rahway,	Warinanco Park	10/2/2007	Tues	5150 Meters			21:24.00	23	PR
Mountain Valley Conference	Warinanco Park	10/9/2007	Tues	5150 Meters			21:12.00	17	PR
Union County Championship	Warinanco Park	10/24/2007	Wed	5150 Meters			20:26.00	56	PR
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			20:11.00	14	PR
UC -vs- Cranford	Warinanco Park	9/23/2008	Tues	5150 Meters			19:37.00	14	PR
Mountain Valley Conference	Warinanco Park	10/14/2008	Tues	5150 Meters			20:02.00	10	
Union County Championship	Warinanco Park	10/29/2008	Wed	5150 Meters			20:06.00	80	
5250									
Old Bridge Class Meet	Thompson Park	9/15/2007	Sat	5250 Meters			23:18.00	64	
Bernie Magee Class Meet	Warinanco Park	9/22/2007	Sat	5250 Meters			23:06.00	151	
Catholic Conference Championship	Warinanco Park	11/3/2007	Sat	5250 Meters			20:16.00	62	PR
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	5250 Meters			19:33.00	95	PR
Catholic Conference Championship	Warinanco Park	11/8/2008	Sat	5250 Meters			19:59.00		