



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 (Open)									
Mid Winter Classic	Indoor	1/23/2013	Wed	55 Meter Dash			7.36		
NJCTC Frosh/Soph Championship	Indoor	1/26/2013	Sat	55 Meter Dash			7.40		
NJCTC Frosh/Soph Championship	Indoor	1/25/2014	Sat	55 Meter Dash			7.00		
NJCTC Frosh/Soph Championship	Indoor	1/25/2014	Sat	55 Meter Dash			6.90		
NJCTC Frosh/Soph Championship	Indoor	1/25/2014	Sat	55 Meter Dash			6.90	5	
Varsity Classic	Indoor	2/3/2014	Mon	55 Meter			7.10		
NJCTC Championships	Indoor	2/9/2014	Sun	55 Meter			7.14	26	
100 (Open)									
Union County Championship	Outdoor	5/16/2013	Thurs	100 Meter Dash		82 / Sunny	11.79	35	
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	100 Meter Dash			12.25	20	
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	100 Meter Dash		82 / Sunny			False
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	100 Meter Dash		58 / Sunny	11.70		PR
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	100 Meter Dash		58 / Sunny	11.90		
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	100 Meter Dash		58 / Windy	11.50		PR
100 (Relay)									
Metuchen Relays	Outdoor	4/5/2014	Sat	4 x 100 Meter		58 / Windy!			
Metuchen Relays	Outdoor	4/5/2014	Sat	SMR 1-1-2-4		58 / Windy!	11.60		
Blue Devil Classic	Outdoor	4/12/2014	Sat	4 x 100 Meter		70 / Sunny			
New Balance Outdoor Nationals	Outdoor	6/13/2014	Friday	SMR 1-1-2-4					
150 (Open)									
Time Trial 2	Indoor	1/9/2013	Wed	150 Meter Dash		50 Degrees	18.90		
200 (Open)									
Mid Winter Classic	Indoor	1/23/2013	Wed	200 Meter			25.73	7	
NJCTC Frosh/Soph Championship	Indoor	1/26/2013	Sat	200 Meter			25.30	3	PR
JC Armory Developmental Meet	Indoor	2/11/2013	Mon	200 Meter			25.70		
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	200 Meter			25.20		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	200 Meter			25.40		
Metuchen Frosh/Soph 1	Outdoor	4/5/2013	Friday	200 Meter		58 and Windy	24.90		PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	200 Meter		70 Degrees	24.40		PR



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Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	200 Meter		70 Degrees	24.30		PR
Union County JV Meet	Outdoor	5/6/2013	Mon	200 Meter			23.80	1	PR
Union County Championship	Outdoor	5/17/2013	Friday	200 Meter		82 / Sunny	24.23	33	
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	200 Meter			24.02	14	
NJCTC Frosh/Soph Championship	Indoor	1/25/2014	Sat	200 Meter			24.60	2	PR
Armory Frosh/Novice Meet	Indoor	1/30/2014	Thurs	200 Meter			23.90	1	PR
Varsity Classic	Indoor	2/3/2014	Mon	200 Meter			23.70		PR
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	200 Meter			24.60		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	200 Meter		58 / Sunny	24.00		
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	200 Meter		58 / Sunny	24.00		
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	200 Meter		58 / Windy	24.20		
Union County JV Meet	Outdoor	5/5/2014	Mon	200 Meter			25.20		
200 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			25.20		
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 200 Meter			25.80		
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 8-2-4-1K			25.50		
JC Armory Developmental Meet	Indoor	2/11/2013	Mon	4 x 200 Meter			26.50		
The Metuchen Relays	Outdoor	4/6/2013	Sat	SMR 2-2-4-8		Low 50's, Fairly Windy	25.00		PR
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 200 Meter		Low 50's, Fairly Windy	25.20		
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 200 Meter		60 Degrees, Sunny, Light	24.10		PR
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 200 Meter		58 Sun/Clouds	23.70		PR
Randolph Invitational	Outdoor	4/27/2013	Sat	4 x 200 Meter		70 Degrees / Sunny	23.80		
Bishop Loughlin Games	Indoor	12/21/2013	Sat	4 x 200 Meter			24.50		PR
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 200 Meter			25.60		
NJCTC Relays	Indoor	1/5/2014	Sun	4 x 200 Meter			24.30		PR
Union County Relay Championship	Indoor	1/8/2014	Wed	4 x 200 Meter			24.90		
Eastern States Invitational	Indoor	2/24/2014	Mon	4 x 200 Meter			24.00		PR
Blue Devil Classic	Outdoor	4/12/2014	Sat	4 x 200 Meter		70 / Sunny	26.30		Impede
Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 200 Meter			23.50		PR
Morris Hills Relays	Outdoor	4/19/2014	Sat	Swedish Relay 1-2-3-4			27.20		Injured



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300 (Open)									
Time Trial 2	Indoor	1/9/2013	Wed	300 Meter		50 Degrees	40.00		
NJCTC Championships	Indoor	2/9/2014	Sun	300 Meter			40.13	30	
400 (Open)									
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	400 Meter			1:00.60		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	400 Meter			59.90		PR
Metuchen Frosh/Soph 1	Outdoor	4/5/2013	Friday	400 Meter		58 and Windy	57.60		PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	400 Meter		70 Degrees	56.40		PR
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	400 Meter		70 Degrees	55.90		PR
Union County JV Meet	Outdoor	5/6/2013	Mon	400 Meter			55.60		PR
NJCTC Frosh/Soph Championship	Outdoor	5/19/2013	Sun	400 Meter		60, Rain	55.90	7	
Armory Frosh/Novice Meet	Indoor	1/30/2014	Thurs	400 Meter			56.10		
400 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 400 Meter			1:04.80		28.3
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 400 Meter			1:01.60		30.0,PR
Mid Winter Classic	Indoor	1/23/2013	Wed	4 x 400 Meter			1:02.90		
NJCTC Frosh/Soph Championship	Indoor	1/26/2013	Sat	4 x 400 Meter			58.80		27.3,PR
Metuchen Frosh/Soph 2	Outdoor	4/12/2013	Friday	SMR 2-2-4-8					
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 400 Meter		60 Degrees, Sunny, Light	58.20		
Randolph Invitational	Outdoor	4/27/2013	Sat	4 x 400 Meter		70 Degrees / Sunny	55.90		PR
NJCTC Frosh/Soph Championship	Outdoor	5/19/2013	Sun	4 x 400 Meter		60, Rain	56.40		
Bishop Loughlin Games	Indoor	12/21/2013	Sat	4 x 400 Meter			57.40		PR
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 400 Meter			57.40		25.7
NJCTC Relays	Indoor	1/5/2014	Sun	4 x 400 Meter			55.60		PR
Union County Relay Championship	Indoor	1/8/2014	Wed	DMR 8-2-4-1K			56.10		
NJCTC Frosh/Soph Championship	Indoor	1/25/2014	Sat	4 x 400 Meter			56.70		26.4
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	4 x 400 Meter			58.80		
Metuchen Relays	Outdoor	4/5/2014	Sat	4 x 400 Meter		58 / Windy!	57.10		
Blue Devil Classic	Outdoor	4/12/2014	Sat	4 x 400 Meter		70 / Sunny	54.90		PR
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	4 x 400 Meter		58 / Windy	55.80		



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800 (Relay)									
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 800 Meter			2:31.70		72
1600									
XC Time Trial Two	Union Catholic Track	11/10/2012	Sat	1600 Meter		60, Partly Sunny	6:15.00	8	PR
2.1 miles									
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues			62 Degrees, Sunny	15:22.00	55	
Union County Championship	Warinanco Park	10/24/2012	Wed			61 Degrees, Great	14:38.00	49	PR
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	2.2 Mile		75, Sunny	15:32.50	114	
2655									
Randolph Invitational	Freedom Park	9/7/2012	Friday	2655 Meter Run			12:58.57	155	
3200									
UC vs ALJ and Rahway	Rahway Park	9/11/2012	Tues			75 Degrees and Sunny	15:57.00		
UC vs Summit	Rahway Park	9/24/2012	Mon			70 Degrees	15:08.00		
UC vs Rahway	Warinanco Park	10/2/2012	Tues			58, Cloudy	15:06.00		
Shore Coaches Invitational	Holmdel Park	10/6/2012	Sat	3200 Meter Run		68, Sunny	15:03.00	142	
5150									
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	24:16.49	200	
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	21:30.00	164	PR
UCC Divisional Championship	Warinanco Park	10/14/2014	Tues	5150 Meters		78			