



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>100 (Open)</b>									
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	100 Meter Dash			12.50		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	100 Meter Dash			12.00		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	100 Meter Dash			12.10		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	100 Meter Dash			12.00	4	
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	100 Meter Dash			11.70		
Mountain Valley Conference	Outdoor	5/8/2007	Tues	100 Meter Dash			11.80		
<b>200 (Open)</b>									
Meet vs North Plainfield	Outdoor	4/5/2005	Tues	200 Meter			27.65		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2005	Tues	200 Meter			25.99		
NJCTC Frosh/Soph Championships	Outdoor	4/22/2005	Friday	200 Meter			25.20		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	200 Meter			26.40		
Mountain Valley Conference Novice Meet	Outdoor	5/16/2005	Mon	200 Meter			25.40		
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	200 Meter			25.10		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	200 Meter			25.70		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	200 Meter			24.80		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	200 Meter			24.90		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	200 Meter			25.00		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	200 Meter			24.40		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	200 Meter			25.60		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	200 Meter			24.00		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	200 Meter			24.50		
<b>200 (Relay)</b>									
Mountain Valley Conference Relay	Outdoor	5/3/2005	Tues	SMR 2-2-4-8			25.50		
Mountain Valley Conference Relay	Outdoor	5/3/2005	Tues	4 x 200 Meter			25.50		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	SMR 4-2-2-8			26.70		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	4 x 200 Meter			25.40		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	SMR 2-2-4-8			24.40		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	SMR 2-2-4-8			24.00		
Cranford Cougar Classic Relays	Outdoor	4/14/2007	Sat	4 x 200 Meter			24.30		



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Cranford Cougar Classic Relays	Outdoor	4/14/2007	Sat	SMR 2-2-4-8			24.40		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	SMR 2-2-4-8			23.70		
East Coast Relays	Outdoor	5/21/2007	Mon	4 x 200 Meter			23.80		
<b>400 (Open)</b>									
Meet vs North Plainfield	Outdoor	4/5/2005	Tues	400 Meter			1:02.80		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2005	Tues	400 Meter			1:02.50		
NJCTC Frosh/Soph Championships	Outdoor	4/22/2005	Friday	400 Meter			1:01.10		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	400 Meter			1:01.50		
Mountain Valley Conference Novice Meet	Outdoor	5/16/2005	Mon	400 Meter			1:01.00		
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	400 Meter			1:02.10		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	400 Meter			1:00.10		
<b>400 (Relay)</b>									
NJCTC Relays	Outdoor	4/24/2005	Sun	4 x 400 Meter			1:02.19		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	4 x 400 Meter			1:01.00		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	4 x 400 Meter			56.60		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	4 x 400 Meter			56.20		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	4 x 400 Meter			57.20		
<b>High Jump</b>									
Mountain Valley Conference	Outdoor	5/10/2005	Tues	High Jump			5' 04.00"	5	
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	High Jump			5' 02.00"		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	High Jump					
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	High Jump			5' 06.00"	2	
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	High Jump			5' 00.00"		
Mountain Valley Conference	Outdoor	5/9/2006	Tues	High Jump			5' 04.00"	5	
Catholic Conference Championships	Outdoor	5/28/2006	Sun	High Jump			5' 10.00"	6	
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	High Jump			5' 06.00"	2	
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	High Jump			5' 08.00"		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	High Jump			5' 02.00"		
Mountain Valley Conference	Outdoor	5/8/2007	Tues	High Jump			5' 08.00"	2	
Union County Championships	Outdoor	5/19/2007	Sat	High Jump			5' 10.00"	3	



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Catholic Conference Championships	Outdoor	5/27/2007	Sun	High Jump			5' 10.00"	6	
<b>Long Jump</b>									
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	Long Jump					
Mountain Valley Conference	Outdoor	5/9/2006	Tues	Long Jump					
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	Long Jump					
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	Long Jump			16' 09.00"	1	
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	Long Jump					
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	Long Jump					
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	Long Jump					
Union County Relay Championships	Outdoor	5/3/2007	Thurs	Long Jump			16' 10.00"		
Mountain Valley Conference	Outdoor	5/8/2007	Tues	Long Jump			18' 08.00"	5	
<b>Triple Jump</b>									
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	Triple Jump					
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	Triple Jump					
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	Triple Jump					
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	Triple Jump			35' 04.00"		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	Triple Jump					
Union County Relay Championships	Outdoor	5/3/2007	Thurs	Triple Jump					