



Boys XC / Track / Field

Performance History Report for:

| Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
|--|----------------------------|------------|--------|---------------|------------|---------|----------|-------|------|
| 800 (Relay) | | | | | | | | | |
| Spiked Shoe Holiday Festival | Indoor | 12/20/2004 | Mon | 4 x 800 Meter | | | 2:17.50 | | |
| NJCTC Championships | Indoor | 2/11/2005 | Friday | 4 x 800 Meter | | | 2:19.32 | | |
| Herm Johnson Relays | Outdoor | 4/9/2005 | Sat | SMR 2-2-4-8 | | | 2:20.70 | | |
| Mountain Valley Conference Relay | Outdoor | 5/3/2005 | Tues | SMR 2-2-4-8 | | | 2:25.80 | | |
| 1000 (Open) | | | | | | | | | |
| NJCTC Championships | Indoor | 2/11/2005 | Friday | 1000 Meter | | | 3:10.00 | | |
| 1600 (Open) | | | | | | | | | |
| Spiked Shoe Holiday Festival | Indoor | 12/20/2004 | Mon | 1600 Meter | | | 5:14.50 | | |
| Meet vs North Plainfield | Outdoor | 4/5/2005 | Tues | 1600 Meter | | | 5:16.00 | | |
| Meet vs Roselle Catholic & Newark | Outdoor | 4/19/2005 | Tues | 1600 Meter | | | 5:26.00 | | |
| 2.5 Miles | | | | | | | | | |
| Eastern States Championship | Van Cortlandt Park, NY | 10/15/2005 | Sat | | | | 15:39.00 | 47 | |
| 3200 (Open) | | | | | | | | | |
| Meet vs North Plainfield | Outdoor | 4/5/2005 | Tues | 3200 Meter | | | 11:40.00 | 3 | |
| Meet vs Roselle Catholic & Newark | Outdoor | 4/19/2005 | Tues | 3200 Meter | | | 11:54.00 | | |
| Meet vs Roselle Catholic & Mt. Saint | Outdoor | 4/26/2005 | Tues | 3200 Meter | | | 11:54.00 | 1 | |
| Mountain Valley Conference | Outdoor | 5/10/2005 | Tues | 3200 Meter | | | 12:11.56 | | |
| 5000 | | | | | | | | | |
| UC -vs- Bound Brook, Oratory Prep, Oak | Middlesex High School | 9/14/2004 | Tues | 5K | | | 17:42.00 | 5 | |
| UC -vs- New Providence | New Providence High School | 9/21/2004 | Tues | 5K | | | 17:44.00 | 1 | |
| Shore Coaches Invitational | Holmdel Park | 10/2/2004 | Sat | 5K | | | 18:37.00 | 85 | |
| Mountain Valley Conference | Pleasant Valley Park | 10/13/2004 | Wed | 5K | | | 17:48.00 | 5 | |
| Non Public B State Championship | Holmdel Park | 11/13/2004 | Sat | 5K | | | 18:32.00 | 26 | PR |
| UC -vs- Bound Brook, Oratory Prep, Oak | Middlesex High School | 9/13/2005 | Tues | 5K | | | 18:35.00 | 5 | |
| Shore Coaches Invitational | Holmdel Park | 10/1/2005 | Sat | 5K | | | 19:18.00 | 128 | |
| Mountain Valley Conference | Pleasant Valley Park | 11/8/2005 | Tues | 5K | | | 20:30.00 | 28 | |
| 5150 | | | | | | | | | |
| Union County Championship | Warinanco Park | 11/3/2004 | Wed | 5150 Meters | | | 18:01.00 | 27 | |
| UC -vs- Dayton, Technology | Warinanco Park | 9/27/2005 | Tues | 5150 Meters | | | 19:45.00 | 6 | |



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| UC -vs- Manville | Warinanco Park | 10/5/2005 | Wed | 5150 Meters | | | 19:30.00 | 5 | |
| Union County Championship | Warinanco Park | 10/26/2005 | Wed | 5150 Meters | | | 20:02.00 | | |
| 5250 | | | | | | | | | |
| Bernie Magee Class Meet | Warinanco Park | 9/18/2004 | Sat | 5250 Meters | | | 18:50.00 | 4 | |
| Stewart Memorial Invitational | Warinanco Park | 9/25/2004 | Sat | 5250 Meters | | | 18:20.00 | 17 | PR |
| Catholic Conference Championship | Warinanco Park | 10/30/2004 | Sat | 5250 Meters | | | 18:38.00 | 81 | |
| Bernie Magee Class Meet | Warinanco Park | 9/17/2005 | Sat | 5250 Meters | | | 19:25.80 | 52 | |
| Stewart Memorial Invitational | Warinanco Park | 9/24/2005 | Sat | 5250 Meters | | | 19:57.00 | 90 | |
| Catholic Conference Championship | Warinanco Park | 11/5/2005 | Sat | 5250 Meters | | | 20:54.00 | 129 | |