



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>1.0 mile (Open)</b>									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed	1.0 Mile Run			5:43.50	5	
<b>400 (Relay)</b>									
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 400 Meter			1:02.40		
Catholic Conference Championship	Indoor	2/7/2010	Sun	4 x 400 Meter			1:01.80		PR
Summit Relays	Outdoor	4/3/2010	Sat	4 x 400 Meter		75 Degrees, Sunny	1:02.60		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	4 x 400 Meter		70 Degrees & Sunny	1:04.70		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			1:01.00		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			1:02.90		
<b>600 (Relay)</b>									
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 800 Meter			1:49.00		1 Lap
<b>800 (Relay)</b>									
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 800 Meter			2:29.50		
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Friday	4 x 800 Meter		65 Degrees	2:22.20		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 800 Meter			2:19.40		68 71,
<b>880 Y (Open)</b>									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				2:40.50		
<b>1000 (Relay)</b>									
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			3:14.60		
<b>1200 (Relay)</b>									
Summit Relays	Outdoor	4/3/2010	Sat	DMR 12-4-8-16		75 Degrees, Sunny	3:51.00		
Blue Devil Relays	Outdoor	4/16/2010	Friday	DMR 12-4-8-16			3:49.50		2:29,PR
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	DMR 12-4-8-16			3:45.00		2:27
<b>1600 (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	1600 Meter			5:19.30		PR
Metropolitan Invitational	Indoor	2/3/2010	Wed	1600 Meter			5:14.80		PR
Catholic Conference Championship	Indoor	2/7/2010	Sun	1600 Meter			5:29.38	43	
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	1600 Meter		49 Degrees, Partly Cloudy	5:19.00		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	1600 Meter		70 Degrees & Sunny	5:10.40		



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Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	1600 Meter			5:06.90		2:30.0
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	1600 Meter			5:13.30		
Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	1600 Meter			5:15.40		2:28.5
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	1600 Meter			5:19.90		2:36
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	1600 Meter			5:25.40		2:39
<b>1600 (Relay)</b>									
Passarrelly Relays	Indoor	12/19/2010	Sun	DMR 12-4-8-16			5:08.30		2:28.8
<b>2.1 miles</b>									
UCC Divisional Championship	Warinanco Park	10/20/2009	Tues				13:14.00	7	
Union County Championship	Warinanco Park	10/28/2009	Wed			60 degrees / Muddy	13:17.00	8	
<b>2.5 miles</b>									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2010	Sat	2.5 Mile		65 / Sunny	15:42.44	40	
<b>3200</b>									
Shore Coaches Invitational	Holmdel Park	10/3/2009	Sat	3200 Meter Run		68 Degrees / Clear	13:30.00	34	
<b>3200 (Open)</b>									
Merli Invitational	Indoor	12/19/2009	Sat	3200 Meter			11:49.72		
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	3200 Meter			11:12.20		5:28,PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	3200 Meter			11:19.21	37	5:24
<b>5000</b>									
Randolph Invitational	Freedom Park	9/10/2010	Friday	5K			18:24.96	35	
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	18:35.00	6	
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	18:43.00		
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat	5K		80 and Sunny	18:26.00	50	
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	5K			18:54.00	90	
Non Public A State Championship	Holmdel Park	11/13/2010	Sat	5K		55 and Sunny	18:52.22	93	
<b>5150</b>									
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	19:52.00	17	PR
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	5150 Meters			20:09.00		
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	18:45.00	8	PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			18:22.00		PR



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>5250</b>									
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	5250 Meters			18:44.40	23	
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	5250 Meters			18:40.50	76	PR