



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Open)									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	100 Meter Dash			14.30		
Meet vs St Joe's Mon Don Notre Dame	Outdoor	3/28/2009	Sat	100 Meter Dash			15.10		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	100 Meter Dash			13.90		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	100 Meter Dash			13.80		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	100 Meter Dash			13.90		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	100 Meter Dash			13.50		
NJCTC Frosh/Soph Championships	Outdoor	5/17/2009	Sun	100 Meter Dash			13.20		PR
200 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	200 Meter			29.10		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	200 Meter			29.20		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	200 Meter			29.90		
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	200 Meter			27.60		PR
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	200 Meter			28.60		
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	200 Meter			28.30		
200 (Relay)									
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	4 x 200 Meter			29.30		
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 200 Meter			27.80		PR
Catholic Conference Relays	Indoor	1/3/2010	Sun	SMR 4-2-2-8			28.40		
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			28.00		
Union County Relay Championship	Indoor	1/9/2010	Sat	4 x 200 Meter			27.50		PR
400 (Open)									
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	400 Meter			1:09.50		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	400 Meter			1:05.20		
Merli Invitational	Indoor	12/19/2009	Sat	400 Meter			1:07.70		
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	400 Meter			1:03.40		PR
440 Y (Open)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				1:10.90		
440 Y (Relay)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed	1.0 Mile Relay			1:12.00		