



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>55 HH (Open)</b>									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	55 Meter HH			9.00	2	
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	55 Meter HH			8.20	1	PR
Ed Church Invitational	Indoor	2/9/2012	Thurs	55 Meter HH			8.54	1	
Union County Championship	Indoor	1/24/2014	Friday	55 Meter HH			7.71	2	
Union County Championship	Indoor	1/24/2014	Friday	55 Meter HH			7.58	1	PR
Non Public A State Championship	Indoor	2/15/2014	Sat	55 Meter HH			7.95		
Non Public A State Championship	Indoor	2/15/2014	Sat	55 Meter HH			7.95	3	
<b>55 HH (Relay)</b>									
NJCTC Relays	Indoor	12/30/2012	Sun	Shuttle Hurdles 55m			7.50		
NJCTC Relays	Indoor	1/5/2014	Sun	Shuttle Hurdles 55m			7.30		PR
Union County Relay Championship	Indoor	1/8/2014	Wed	Shuttle Hurdles 55m			7.20		PR
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	Shuttle Hurdles 55m			7.30		
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	Shuttle Hurdles 55m			7.50		Fell
<b>100 (Relay)</b>									
The Penn Relays	Outdoor	4/27/2012	Friday	4 x 100 Meter					
Union County Relays	Outdoor	5/2/2013	Thurs	4 x 100 Meter		70 Sunny			
<b>110 HH (Open)</b>									
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	110 Meter HH			17.00		8.3
<b>110 HH (Relay)</b>									
The Metuchen Relays	Outdoor	4/6/2013	Sat	Shuttle Hurdles 110m		Low 50's, Fairly Windy	14.80		
Blue Devil Classic	Outdoor	4/20/2013	Sat	Shuttle Hurdles 110m		58 Sun/Clouds	14.50		PR
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	Shuttle Hurdles 110m		82 / Sunny	14.20		PR
<b>200 (Open)</b>									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	200 Meter			24.50	2	
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	200 Meter			24.10	2	PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	200 Meter		52, Sunny, Windy	23.50		
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	200 Meter		58 and Sunny	23.90		
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	200 Meter			23.20	1	PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	200 Meter		70 Degrees	21.70		PR



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Union County Conference Championship	Outdoor	5/11/2013	Sat	200 Meter		72 Degrees	22.25	1	
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	200 Meter			22.30	2	
Non Public A State Championship	Outdoor	6/1/2013	Sat	200 Meter		91 Degrees	22.16	4	
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	200 Meter		68 Degrees	21.99	3	
Non Public A State Championship	Outdoor	5/31/2014	Sat	200 Meter			22.54	3	
<b>200 (Relay)</b>									
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	4 x 200 Meter			24.40		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 200 Meter			26.50		
Eastern States Invitational	Indoor	2/28/2012	Tues	4 x 200 Meter			23.00		
Eastern States Invitational	Indoor	2/28/2012	Tues	4 x 200 Meter			22.60		PR
New Balance Indoor Nationals	Indoor	3/10/2012	Sat	SMR 2-2-4-8			22.90		
NJCTC Relays	Outdoor	4/15/2012	Sun	SMR 4-2-2-8		75 Degrees and Sunny	24.10		
East Coast Relays	Outdoor	5/21/2012	Mon	4 x 200 Meter		62, Heavy Rain	23.00		PR
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	4 x 200 Meter			22.40		PR
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			22.40		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			22.50		
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 200 Meter			22.80		
Union County Relay Championship	Indoor	1/5/2013	Sat	SMR 4-2-2-8			23.70		
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	4 x 200 Meter			22.60		
Armory Collegiate Invitational	Indoor	2/2/2013	Sat	4 x 200 Meter			22.00		PR
New Balance Indoor Nationals	Indoor	3/9/2013	Sat	4 x 200 Meter			21.40		PR
New Balance Indoor Nationals	Indoor	3/10/2013	Sun	4 x 200 Meter			21.50		
Union County Relays	Outdoor	5/3/2013	Friday	4 x 200 Meter		70 Sunny	21.30		PR
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	4 x 200 Meter		82 / Sunny	21.10		PR
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 200 Meter			21.70		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 200 Meter			21.90		
Union County Relay Championship	Indoor	1/8/2014	Wed	4 x 200 Meter			21.80		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 200 Meter			22.20		
Armory Collegiate Invitational	Indoor	2/8/2014	Sat	4 x 200 Meter			21.20		Stick,
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	4 x 200 Meter			21.20		
New Balance Indoor Nationals	Indoor	3/16/2014	Sun	4 x 200 Meter			20.90		PR



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Arcadia Invitational	Outdoor	4/11/2014	Friday	4 x 200 Meter		85 / Sunny	21.60		
New Balance Outdoor Nationals	Outdoor	6/14/2014	Sat	SMR 2-2-4-8			20.80		PR
<b>300 (Open)</b>									
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	300 Meter			39.14	23	
NJCTC Championship	Indoor	2/12/2012	Sun	300 Meter			38.22	19	PR
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	300 Meter			36.37	3	PR
NJCTC Championship	Indoor	2/10/2013	Sun	300 Meter			35.66	2	PR
Bishop Loughlin Games	Indoor	12/21/2013	Sat	300 Meter			35.04	7	PR
<b>400 (Open)</b>									
Union County Championship	Indoor	1/21/2012	Sat	400 Meter			53.98	11	24.8
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	400 Meter			53.20	2	24.4
Ed Church Invitational	Indoor	2/9/2012	Thurs	400 Meter			53.40	2	
Non Public B State Championship	Indoor	2/17/2012	Friday	400 Meter			52.38	5	25.1,PR
Meet of Champions	Indoor	2/25/2012	Sat	400 Meter			52.50	29	24.2
New Balance Indoor Nationals	Indoor	3/11/2012	Sun	400 Meter			52.54		23.8
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	400 Meter		58 and Sunny	52.70	1	
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	400 Meter			51.70	1	PR
Union County Championship	Indoor	1/20/2013	Sun	400 Meter			50.28	2	23.9,PR
Non Public B State Championship	Indoor	2/15/2013	Friday	400 Meter			50.39	1	23.8
Meet of Champions	Indoor	2/23/2013	Sat	400 Meter			49.77	5	23.3,PR
Eastern States Invitational	Indoor	2/25/2013	Mon	400 Meter			48.75	2	23.0,PR
Union County Championship	Outdoor	5/16/2013	Thurs	400 Meter		82 / Sunny	47.99	1	PR
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	400 Meter			49.03	1	
Non Public A State Championship	Outdoor	5/31/2013	Friday	400 Meter		91 Degrees	47.91	1	PR
Union County Championship	Indoor	1/24/2014	Friday	400 Meter			49.40	1	
Non Public A State Championship	Indoor	2/15/2014	Sat	400 Meter			49.46	2	
Eastern States Invitational	Indoor	2/24/2014	Mon	400 Meter			47.30	2	PR
Meet of Champions	Indoor	3/1/2014	Sat	400 Meter			49.36	1	23.1,
Arcadia Invitational	Outdoor	4/12/2014	Sat	400 Meter		85 / Sunny	47.49	2	PR
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	400 Meter		68 Degrees	48.16	1	
Non Public A State Championship	Outdoor	5/30/2014	Friday	400 Meter			47.99	1	



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Meet of Champions	Outdoor	6/4/2014	Wed	400 Meter		80 & Sunny	47.74	2	
New Balance Outdoor Nationals	Outdoor	6/15/2014	Sun	400 Meter			46.94	5	PR
<b>400 (Relay)</b>									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	4 x 400 Meter			55.90		26.7
Catholic Conference Relays	Indoor	12/29/2011	Thurs	DMR 12-4-8-16			52.80		25.5,PR
Union County Relay Championship	Indoor	1/6/2012	Friday	DMR 12-4-8-16			53.90		26.4
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 400 Meter			53.40		25.5
Non Public State Relays	Indoor	1/15/2012	Sun	DMR 12-4-8-16			52.70		24.6,,
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 400 Meter			53.90		25.7
NJCTC Championship	Indoor	2/12/2012	Sun	4 x 400 Meter			52.60		25.7,PR
Summit Relays	Outdoor	4/7/2012	Sat	SMR 4-2-2-8			52.40		
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 400 Meter		75 Degrees and Sunny	50.40		PR
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 400 Meter			49.90		PR
Union County Championship	Outdoor	5/18/2012	Friday	4 x 400 Meter		72, Sunny	49.80		PR
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	4 x 400 Meter		78 Degrees, Sunny	49.90		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 400 Meter			49.90		23.7,PR
NJCTC Relays	Indoor	12/30/2012	Sun	SMR 2-2-4-8			49.10		23.0,
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	SMR 4-2-2-8			50.60		24.8
Millrose Games Trials	Indoor	1/16/2013	Wed	4 x 400 Meter			49.70		
Union County Championship	Indoor	1/20/2013	Sun	4 x 400 Meter			51.10		24.5
New Balance Games	Indoor	1/26/2013	Sat	SMR 4-2-2-8			49.00		PR
Armory Collegiate Invitational	Indoor	2/1/2013	Friday	4 x 400 Meter			48.50		PR
Non Public B State Championship	Indoor	2/15/2013	Friday	4 x 400 Meter			50.40		24.2
The Millrose Games	Indoor	2/16/2013	Sat	4 x 400 Meter			48.74		PR
Meet of Champions	Indoor	2/23/2013	Sat	4 x 400 Meter			48.90		23.2
New Balance Indoor Nationals	Indoor	3/10/2013	Sun	4 x 400 Meter			47.70		PR
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	4 x 400 Meter		70 Degrees	48.60		PR
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 400 Meter		58 Sun/Clouds	48.20		PR
The Penn Relays	Outdoor	4/27/2013	Sat	4 x 400 Meter		68 / Sunny	47.30		PR
The Penn Relays	Outdoor	4/27/2013	Sat	4 x 400 Meter		68 / Sunny	47.50		
Union County Relays	Outdoor	5/3/2013	Friday	4 x 400 Meter		70 Sunny	49.30		



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Union County Championship	Outdoor	5/17/2013	Friday	4 x 400 Meter		82 / Sunny	47.26		PR
Non Public A State Championship	Outdoor	6/1/2013	Sat	4 x 400 Meter		91 Degrees	47.80		
Meet of Champions	Outdoor	6/5/2013	Wed	4 x 400 Meter		75 / Sunny	47.50		
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	Swedish Relay 1-2-3-4		82 / Sunny	46.74		PR
New Balance Outdoor Nationals	Outdoor	6/16/2013	Sun	4 x 400 Meter		82 / Sunny	46.02		PR
Bishop Loughlin Games	Indoor	12/21/2013	Sat	4 x 400 Meter			48.40		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 400 Meter			47.80		
NJCTC Relays	Indoor	1/5/2014	Sun	SMR 4-2-2-8			50.00		
Union County Relay Championship	Indoor	1/8/2014	Wed	SMR 4-2-2-8			49.10		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 400 Meter			52.20		
Armory Collegiate Invitational	Indoor	2/7/2014	Friday	4 x 400 Meter			47.70		22.9
Non Public A State Championship	Indoor	2/15/2014	Sat	4 x 400 Meter			48.60		
Eastern States Invitational	Indoor	2/24/2014	Mon	4 x 400 Meter					Did Not
Meet of Champions	Indoor	3/1/2014	Sat	4 x 400 Meter			48.40		23.4
New Balance Indoor Nationals	Indoor	3/15/2014	Sat	SMR 2-2-4-8			47.60		PR
New Balance Indoor Nationals	Indoor	3/16/2014	Sun	4 x 400 Meter			47.10		PR
Non Public A State Championship	Outdoor	5/31/2014	Sat	4 x 400 Meter			48.60		
Meet of Champions	Outdoor	6/4/2014	Wed	4 x 400 Meter		80 & Sunny	48.40		
New Balance Outdoor Nationals	Outdoor	6/13/2014	Friday	Swedish Relay 1-2-3-4			46.43		
New Balance Outdoor Nationals	Outdoor	6/15/2014	Sun	4 x 400 Meter			46.66		
<b>400 IH (Open)</b>									
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	400 Meter IH			58.50	1	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	400 Meter IH		52, Sunny, Windy	58.80	1	
Union County Conference Championship	Outdoor	5/11/2012	Friday	400 Meter IH			57.73	3	PR
Union County Championship	Outdoor	5/17/2012	Thurs	400 Meter IH		72, Sunny	56.77	5	PR
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	400 Meter IH		78 Degrees, Sunny	55.41	3	PR
Non Public A State Championship	Outdoor	6/1/2012	Friday	400 Meter IH		Cool, Windy	56.57	4	
Meet of Champions	Outdoor	6/7/2012	Thurs	400 Meter IH			57.89	22	
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	400 Meter IH		70 Degrees	54.90	1	PR
Union County Conference Championship	Outdoor	5/10/2013	Friday	400 Meter IH		72 Degrees	53.68	1	PR
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	400 Meter IH			55.33	1	



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Non Public A State Championship	Outdoor	5/31/2013	Friday	400 Meter IH		91 Degrees	53.26	1	PR
Meet of Champions	Outdoor	6/5/2013	Wed	400 Meter IH		75 / Sunny	52.48	2	PR
<b>400 IH (Relay)</b>									
Summit Relays	Outdoor	4/7/2012	Sat	3 x 400 IH			59.72	7	
NJCTC Relays	Outdoor	4/15/2012	Sun	3 x 400 IH		75 Degrees and Sunny	56.20		PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	3 x 400 IH		69 and Sunny	56.73	3	
Union County Relay Championship	Outdoor	5/3/2012	Thurs	3 x 400 IH			56.06	4	PR
East Coast Relays	Outdoor	5/21/2012	Mon	3 x 400 IH		62, Heavy Rain	57.49	3	
Blue Devil Classic	Outdoor	4/20/2013	Sat	3 x 400 IH		58 Sun/Clouds	53.84	1	PR
Union County Relays	Outdoor	5/2/2013	Thurs	3 x 400 IH		70 Sunny	54.44	1	
<b>800 (Open)</b>									
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	800 Meter		65 and Sunny	2:10.10	3	62
<b>800 (Relay)</b>									
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 800 Meter		Low 50's, Fairly Windy	1:59.90		58
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 800 Meter			1:57.30		
<b>5150</b>									
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	23:12.00	179	
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	20:15.19	99	PR
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	19:37.00	93	PR
UCC Divisional Championship	Warinanco Park	10/14/2014	Tues	5150 Meters		78			
<b>High Jump</b>									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	High Jump			5' 06.00"		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	High Jump			5' 03.00"		
Union County Championship	Indoor	1/21/2012	Sat	High Jump			0' 00.00"		No
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	High Jump			5' 04.00"	2	
NJCTC Championship	Indoor	2/12/2012	Sun	High Jump			0' 00.00"		No
Non Public B State Championship	Indoor	2/17/2012	Friday	High Jump			5' 02.00"	5	
Summit Relays	Outdoor	4/7/2012	Sat	High Jump			5' 03.00"		
<b>Long Jump</b>									
Catholic Conference Relays	Indoor	12/29/2011	Thurs	Long Jump			16' 10.00"		



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Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	Long Jump			15' 07.00"		