



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>100 (Open)</b>									
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	100 Meter Dash		70 Degrees & Sunny	12.40		
<b>100 (Relay)</b>									
Summit Relays	Outdoor	4/3/2010	Sat	4 x 100 Meter		75 Degrees, Sunny			
<b>200 (Open)</b>									
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	200 Meter			26.60		
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	200 Meter			26.70		
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	200 Meter			26.10		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	200 Meter			25.90		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	200 Meter			25.90		
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	200 Meter			25.50		PR
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	200 Meter			26.10		
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	200 Meter		49 Degrees, Partly Cloudy	25.10		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	200 Meter		70 Degrees & Sunny	25.30		
<b>200 (Relay)</b>									
Metuchen Frosh Soph 3	Outdoor	4/18/2008	Friday	4 x 200 Meter			27.00		
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 200 Meter			27.10		
Union County Relay Championship	Indoor	1/10/2009	Sat	4 x 200 Meter			27.10		
Union County Relay Championship	Indoor	1/10/2009	Sat	SMR 4-2-2-8			26.90		
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 200 Meter			25.90		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			26.50		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			24.90		
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 200 Meter			26.00		PR
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 200 Meter			25.00		PR
Catholic Conference Relays	Indoor	1/3/2010	Sun	SMR 4-2-2-8			25.50		
Union County Relay Championship	Indoor	1/9/2010	Sat	4 x 200 Meter			24.90		PR
Non Public State Relays	Indoor	1/16/2010	Sat	SMR 4-2-2-8			25.10		
Eastern States Invitational	Indoor	2/23/2010	Tues	4 x 200 Meter			24.50		PR
Passarrelis Relays	Indoor	12/19/2010	Sun	4 x 200 Meter			26.20		
Union County Relay Championship	Indoor	1/8/2011	Sat	4 x 200 Meter			24.70		



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<b>300 (Open)</b>									
NJCTC Championships	Indoor	2/8/2009	Sun	300 Meter			43.22	74	
<b>400 (Open)</b>									
Union County Championship	Indoor	1/24/2009	Sat	400 Meter			58.13	28	
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	400 Meter			57.70		
Toms River Frosh - Novice	Indoor	2/4/2009	Wed	400 Meter			58.16		
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	400 Meter			56.50		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	400 Meter			56.30		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	400 Meter			57.10		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	400 Meter			57.10		
NJCTC Frosh/Soph Championships	Outdoor	5/17/2009	Sun	400 Meter			56.90		
Catholic Conference Championships	Outdoor	5/25/2009	Mon	400 Meter			57.24	35	
Merli Invitational	Indoor	12/19/2009	Sat	400 Meter			57.82		
Non Public A State Championship	Indoor	2/19/2010	Friday	400 Meter			55.46		PR
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	400 Meter		49 Degrees, Partly Cloudy	53.90	1	
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	400 Meter		70 Degrees & Sunny	54.70		
UCC Divisional Championship	Outdoor	5/5/2010	Wed	400 Meter			53.90		24.9
Union County JV Meet	Outdoor	5/11/2010	Tues	400 Meter			54.20		
Union County Championship	Outdoor	5/20/2011	Friday	400 Meter		68, Cloudy	53.57	15	PR
<b>400 (Relay)</b>									
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 400 Meter			1:03.20		
Frank Burns Relays	Indoor	12/27/2008	Sat	DMR 8-2-4-1K			1:01.10		
Catholic Conference Relays	Indoor	1/4/2009	Sun	DMR 12-4-8-16			58.00		
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	4 x 400 Meter			58.00		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	4 x 400 Meter			57.90		
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 400 Meter			58.80		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	4 x 400 Meter			58.50		
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			57.40		
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	DMR 12-4-8-16			55.60		
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	4 x 400 Meter			57.20		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	4 x 400 Meter			58.50		
Merli Invitational	Indoor	12/19/2009	Sat	1600 Meter Relay			57.30		PR
Frank Burns Relays	Indoor	12/27/2009	Sun	DMR 12-4-8-16			57.50		
Catholic Conference Relays	Indoor	1/3/2010	Sun	DMR 12-4-8-16			56.20		PR
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			56.10		PR
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	4 x 400 Meter		49 Degrees, Partly Cloudy	56.60		
Summit Relays	Outdoor	4/3/2010	Sat	SMR 2-2-4-8		75 Degrees, Sunny	53.40		PR
Summit Relays	Outdoor	4/3/2010	Sat	4 x 400 Meter		75 Degrees, Sunny	53.60		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			54.60		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			53.90		
Passarrelly Relays	Indoor	12/19/2010	Sun	4 x 400 Meter			55.20		26.7,
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	SMR 4-2-2-8			56.30		26.9
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 400 Meter			54.70		27, PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	4 x 400 Meter			54.40		26.3,PR
Eastern States Invitational	Indoor	3/1/2011	Tues	4 x 400 Meter			53.10		24.8,PR
Meet vs Summit	Outdoor	4/5/2011	Tues	4 x 400 Meter		42 Degrees	55.40		
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	4 x 400 Meter		70, Sunny	54.60		
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	4 x 400 Meter		75, Sunny	54.90		
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 400 Meter			52.30		PR
Union County Relay Championship	Outdoor	5/5/2011	Thurs	DMR 12-4-8-16		65, Sunny	52.30		23.8
UCC Divisional Championship	Outdoor	5/14/2011	Sat	4 x 400 Meter			52.20		PR
<b>440 Y (Relay)</b>									
Union County Frosh/Soph	Indoor	1/21/2009	Wed	1.0 Mile Relay			1:06.40		
<b>600 (Open)</b>									
Catholic Conference Championship	Indoor	2/7/2010	Sun	600 Meter			1:31.23	16	PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	600 Meter			1:29.85	9	57,PR
<b>800 (Open)</b>									
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	800 Meter			2:27.30		
Metuchen Frosh Soph 3	Outdoor	4/18/2008	Friday	800 Meter			2:28.10		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	800 Meter			2:19.10		



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Metropolitan Invitational	Indoor	2/3/2010	Wed	800 Meter			2:15.20		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	800 Meter			2:08.50		1:03.1
Union County Championship	Indoor	1/22/2011	Sat	800 Meter			2:11.12	18	1:04,PR
Non Public A State Championship	Indoor	2/19/2011	Sat	800 Meter			2:08.88	20	62,PR
Meet vs Summit	Outdoor	4/5/2011	Tues	800 Meter		42 Degrees	2:09.80		63
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	800 Meter		70, Sunny	2:09.90		
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	800 Meter		75, Sunny	2:06.50		62,PR
<b>800 (Relay)</b>									
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 800 Meter			2:44.50		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 800 Meter			2:25.60		
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 800 Meter			2:24.70		
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	4 x 800 Meter			2:22.00		
Colts Neck Relays	Outdoor	4/11/2009	Sat	DMR 12-4-8-16			2:22.30		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 800 Meter			2:41.50		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 800 Meter			2:11.40		1:02.0,
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	DMR 12-4-8-16			2:14.80		62.4,PR
Union County Relay Championship	Indoor	1/8/2011	Sat	DMR 8-2-4-1K			2:13.60		30,PR
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 800 Meter			2:08.30		62, PR
Metropolitan Invitational	Indoor	2/1/2011	Tues	4 x 800 Meter			2:05.30		60.4,PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	SMR 4-2-2-8		High 40's and Rainy	2:07.70		PR
Randolph Relays	Outdoor	4/30/2011	Sat	DMR 12-4-8-16			2:10.90		62.4
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 800 Meter		65, Sunny	2:04.30		57,PR
Carl Lewis Relays	Outdoor	5/23/2011	Mon	4 x 800 Meter			2:09.20		61.5
<b>880 Y (Open)</b>									
Union County Frosh/Soph	Indoor	1/21/2009	Wed				2:27.90		
Union County Frosh/Soph	Indoor	1/21/2009	Wed				2:27.90		
<b>1.0 mile</b>									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	1.0 Mile Run		50 and Windy	5:20.00	3	
<b>1600 (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	1600 Meter			5:57.10		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	1600 Meter			6:12.00		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	1600 Meter			5:51.30		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	1600 Meter			5:47.40		
<b>2.1 miles</b>									
Mountain Valley Conference	Warinanco Park	10/9/2007	Tues				14:48.00	17	
<b>2.2 miles</b>									
Bernie Magee Class Meet	Warinanco Park	9/22/2007	Sat	2.2 Mile			15:51.00	137	
Catholic Conference Championship	Warinanco Park	11/3/2007	Sat	2.2 Mile			15:28.00	88	PR
<b>3200</b>									
Old Bridge Class Meet	Thompson Park	9/15/2007	Sat	3200 Meter Run			16:06.00	49	
UC -vs- Cranford	Warinanco Park	9/29/2009	Tues			65 Degrees / Clear	13:17.00		
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues				14:01.00	1	
<b>400</b>									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	400 Meter		50 and Windy	59:00.00	3	
<b>5000</b>									
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	19:51.00		
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	18:52.00		
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat	5K		80 and Sunny	19:07.00	63	
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	5K			19:28.00	119	
<b>5150</b>									
UC -vs- Cranford	Warinanco Park	9/18/2007	Tues	5150 Meters			24:14.00	23	
UC -vs- Rahway	Warinanco Park	9/25/2007	Tues	5150 Meters			25:31.00	21	
UC -vs- Arthur L. Johnson, Rahway,	Warinanco Park	10/2/2007	Tues	5150 Meters			22:35.00	28	PR
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			21:34.00	20	PR
UC -vs- Hillside & Roselle	Warinanco Park	10/7/2008	Tues	5150 Meters			22:28.00	8	
UC vs Cranford	Warinanco Park	9/29/2010	Wed	5150 Meters			19:17.00		PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			19:06.00		PR
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	18:52.00	28	PR
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	18:59.00	22	



**Boys XC / Track / Field**  
**Performance History Report for:**

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>5250</b>									
Catholic Conference Championship	Warinanco Park	11/8/2008	Sat	5250 Meters			21:48.00		
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	5250 Meters			19:08.60	73	PR
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	5250 Meters			19:33.36	40	