



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Relay)									
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	4 x 100 Meter					
110 HH (Open)									
Non Public A State Championships	Outdoor	6/1/2007	Friday	110 Meter HH			17.28	21	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	110 Meter HH			19.40		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	110 Meter HH			19.20	3	
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	110 Meter HH			17.40	3	
Catholic Conference Championships	Outdoor	5/25/2009	Mon	110 Meter HH			17.53	21	
Non Public A State Championships	Outdoor	5/29/2009	Friday	110 Meter HH			17.28	21	
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	110 Meter HH		49 Degrees, Partly Cloudy	20.60		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	110 Meter HH			16.70	3	
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	110 Meter HH			16.30	2	PR
UCC Divisional Championship	Outdoor	5/6/2010	Thurs	110 Meter HH			15.90	6	PR
NP A South State Sectionals	Outdoor	5/22/2010	Sat	110 Meter HH			16.23	8	
Non Public A State Championship	Outdoor	5/29/2010	Sat	110 Meter HH		Mid 70's / Party Cloudy			FS
110 HH (Relay)									
Union County Relay Championships	Outdoor	5/3/2007	Thurs	Shuttle Hurdles 110m			16.30		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	Shuttle Hurdles 110m			17.30		
Union County Relay Championships	Outdoor	5/2/2008	Friday	Shuttle Hurdles 110m			16.30		
Blue Devil Classic	Outdoor	4/18/2009	Sat	Shuttle Hurdles 110m			17.80		
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	Shuttle Hurdles 110m			17.30		
Union County Relay Championships	Outdoor	4/30/2009	Thurs	Shuttle Hurdles 110m			16.30		
Blue Devil Relays	Outdoor	4/16/2010	Friday	Shuttle Hurdles 110m			16.10		PR
Union County Relay Championship	Outdoor	4/30/2010	Friday	Shuttle Hurdles 110m			15.80		PR
East Coast Relays	Outdoor	5/17/2010	Mon	Shuttle Hurdles 110m		70 Degrees / Sunny	22.40		Fell
200 (Open)									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	200 Meter			27.60		
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	200 Meter			25.50		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	200 Meter			27.30		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	200 Meter			25.60		



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Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	200 Meter			25.60		
200 (Relay)									
Metuchen Frosh Soph 2	Outdoor	4/11/2008	Friday	SMR 2-2-4-8			26.30		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 200 Meter			26.60		
Metuchen Frosh Soph 3	Outdoor	4/18/2008	Friday	4 x 200 Meter			25.60		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			25.80		
400 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	400 Meter			59.40		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	400 Meter			1:03.20		
High Jump									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	High Jump			5' 02.00"		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	High Jump			5' 02.00"		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	High Jump			5' 04.00"	3	
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	High Jump			5' 04.00"		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	High Jump			5' 03.00"		
Union County Relay Championships	Outdoor	5/2/2008	Friday	High Jump			5' 04.00"		
Mountain Valley Conference	Outdoor	5/5/2008	Mon	High Jump			5' 06.00"	2	
Union County Championships	Outdoor	5/17/2008	Sat	High Jump					
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	High Jump					
Catholic Conference Championships	Outdoor	5/25/2008	Sun	High Jump			5' 06.00"	13	
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	High Jump			5' 08.00"	1	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	High Jump			5' 08.00"	1	
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	High Jump					
Blue Devil Classic	Outdoor	4/18/2009	Sat	High Jump			5' 04.00"		
Blue Devil Classic	Outdoor	4/18/2009	Sat	High Jump			5' 08.00"		
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	High Jump			5' 08.00"		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	High Jump					
Union County Relay Championships	Outdoor	4/30/2009	Thurs	High Jump			5' 08.00"		
Mountain Valley Conference	Outdoor	5/5/2009	Tues	High Jump			5' 08.00"	1	
Union County Championships	Outdoor	5/15/2009	Friday	High Jump			5' 10.00"	5	



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Catholic Conference Championships	Outdoor	5/25/2009	Mon	High Jump			5' 08.00"	7	
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	High Jump		70 Degrees & Sunny	5' 10.00"		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	High Jump		73 Degrees	5' 06.00"		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	High Jump			5' 08.00"	2	
Blue Devil Relays	Outdoor	4/16/2010	Friday	High Jump			5' 06.00"		
Union County Relay Championship	Outdoor	4/30/2010	Friday	High Jump					DNJ
UCC Divisional Championship	Outdoor	5/5/2010	Wed	High Jump			5' 08.00"	5	
Union County Championship	Outdoor	5/14/2010	Friday	High Jump			5' 08.00"	5	
NP A South State Sectionals	Outdoor	5/21/2010	Friday	High Jump			5' 08.00"	10	
Javelin									
Union County Relay Championships	Outdoor	5/3/2007	Thurs	Javelin			101'		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	Javelin			88' 00.00"		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	Javelin					
Union County Relay Championships	Outdoor	5/2/2008	Friday	Javelin			101'		
Long Jump									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	Long Jump			15' 07.00"		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	Long Jump			17' 06.00"		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	Long Jump					
Union County Relay Championships	Outdoor	5/2/2008	Friday	Long Jump			16' 11.00"		
Mountain Valley Conference	Outdoor	5/5/2008	Mon	Long Jump			17' 11.00"		
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	Long Jump					
Blue Devil Classic	Outdoor	4/18/2009	Sat	Long Jump					
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	Long Jump					
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	Long Jump					
Union County Relay Championships	Outdoor	4/30/2009	Thurs	Long Jump			17' 08.00"		
Mountain Valley Conference	Outdoor	5/5/2009	Tues	Long Jump					4
Union County Championships	Outdoor	5/15/2009	Friday	Long Jump			18' 04.25"	21	
Catholic Conference Championships	Outdoor	5/25/2009	Mon	Long Jump			17' 07.75"	27	
Non Public A State Championships	Outdoor	5/29/2009	Friday	Long Jump			18' 05.00"	13	
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	Long Jump		49 Degrees, Partly Cloudy	18' 05.50"	2	
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	Long Jump		70 Degrees & Sunny	19' 04.00"		



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NJCTC Spring Relays	Outdoor	4/11/2010	Sun	Long Jump		73 Degrees	18' 11.00"		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	Long Jump			18' 06.50"	2	
Blue Devil Relays	Outdoor	4/16/2010	Friday	Long Jump			17' 08.50"		
Union County Relay Championship	Outdoor	4/29/2010	Thurs	Long Jump			19' 04.00"		
UCC Divisional Championship	Outdoor	5/3/2010	Mon	Long Jump			20' 04.00"	6	PR
Union County Championship	Outdoor	5/14/2010	Friday	Long Jump			18' 11.00"	17	
NP A South State Sectionals	Outdoor	5/21/2010	Friday	Long Jump			19' 08.50"	10	
Randolph Relays	Outdoor	4/30/2011	Sat	Long Jump			15' 01.25"	25	
Carl Lewis Relays	Outdoor	5/23/2011	Mon	Long Jump			18' 11.75"	11	
Triple Jump									
Mountain Valley Conference	Outdoor	5/8/2007	Tues	Triple Jump					
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	Triple Jump			34' 05.00"		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	Triple Jump			36' 05.50"		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	Triple Jump			38' 01.00"	3	
Metuchen Frosh Soph 3	Outdoor	4/18/2008	Friday	Triple Jump			36' 07.00"	2	
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	Triple Jump			37' 01.75"		
Mountain Valley Conference	Outdoor	5/5/2008	Mon	Triple Jump					
Union County Championships	Outdoor	5/17/2008	Sat	Triple Jump			38' 08.25"		
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	Triple Jump			35' 10.50"	1	
Catholic Conference Championships	Outdoor	5/25/2008	Sun	Triple Jump			35' 09.00"	32	
Non Public A State Championships	Outdoor	5/30/2008	Friday	Triple Jump			36' 09.00"	16	
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	Triple Jump					
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	Triple Jump					
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	Triple Jump			41' 01.00"		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	Triple Jump					
Union County Relay Championships	Outdoor	4/30/2009	Thurs	Triple Jump			39' 03.00"		
Mountain Valley Conference	Outdoor	5/5/2009	Tues	Triple Jump					1
Union County Championships	Outdoor	5/15/2009	Friday	Triple Jump			40' 07.00"	8	
Catholic Conference Championships	Outdoor	5/25/2009	Mon	Triple Jump			41' 00.00"	6	1pt
Non Public A State Championships	Outdoor	5/29/2009	Friday	Triple Jump			42' 05.50"	4	1pt
Meet of Champions	Outdoor	6/3/2009	Wed	Triple Jump			40' 10.25"	29	



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Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	Triple Jump		49 Degrees, Partly Cloudy	39' 03.50"	1	
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	Triple Jump		70 Degrees & Sunny	42' 00.00"		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	Triple Jump		73 Degrees	42' 04.00"		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	Triple Jump			41' 11.00"	1	
Union County Relay Championship	Outdoor	4/30/2010	Friday	Triple Jump			41' 00.00"	5	
UCC Divisional Championship	Outdoor	5/6/2010	Thurs	Triple Jump			42' 05.00"	1	
Union County Championship	Outdoor	5/15/2010	Sat	Triple Jump			41' 01.50"	7	
NP A South State Sectionals	Outdoor	5/22/2010	Sat	Triple Jump			41' 09.50"	3	
Non Public A State Championship	Outdoor	5/29/2010	Sat	Triple Jump		Mid 70's / Party Cloudy	43' 05.50"	2	PR
Meet of Champions	Outdoor	6/3/2010	Thurs	Triple Jump			42' 01.50"	27	
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	Triple Jump		75, Sunny	37' 11.00"		
Union County Relay Championship	Outdoor	5/6/2011	Friday	Triple Jump		65, Sunny	41' 05.00"	8	
UCC Divisional Championship	Outdoor	5/14/2011	Sat	Triple Jump			42' 10.00"	2	
Union County Championship	Outdoor	5/21/2011	Sat	Triple Jump		68, Cloudy	42' 08.75"	3	
Carl Lewis Relays	Outdoor	5/23/2011	Mon	Triple Jump			43' 08.50"	6	PR
Non Public A North State Sectionals	Outdoor	5/27/2011	Friday	Triple Jump			45' 03.25"	2	PR
Non Public A State Championship	Outdoor	6/3/2011	Friday	Triple Jump			45' 05.50"	3	PR
Meet of Champions	Outdoor	6/9/2011	Thurs	Triple Jump			44' 06.00"	10	
New Balance Outdoor Nationals	Outdoor	6/17/2011	Friday	Triple Jump		85 Sunny	42' 11.00"	20	