



# Boys XC / Track / Field

## Performance History Report for:

| Meet                                   | Location              | Date       | Day    | Event         | Start Time | Weather | Result   | Place | Note |
|--|-----------------------|------------|--------|---------------|------------|---------|----------|-------|------|
| <b>200 (Open)</b>                      |                       |            |        |               |            |         |          |       |      |
| Mountain Valley Conference Novice Meet | Outdoor               | 5/14/2007  | Mon    | 200 Meter     |            |         | 26.20    |       |      |
| <b>200 (Relay)</b>                     |                       |            |        |               |            |         |          |       |      |
| Union County Relay Championships       | Outdoor               | 5/3/2007   | Thurs  | SMR 2-2-4-8   |            |         | 24.20    |       |      |
| <b>400 (Open)</b>                      |                       |            |        |               |            |         |          |       |      |
| Meet vs Roselle Catholic               | Outdoor               | 4/3/2007   | Tues   | 400 Meter     |            |         | 59.70    |       |      |
| Meet vs Governor Livingston and        | Outdoor               | 4/10/2007  | Tues   | 400 Meter     |            |         | 59.90    |       |      |
| Meet vs Cranford and Hillside          | Outdoor               | 4/17/2007  | Tues   | 400 Meter     |            |         | 58.90    |       |      |
| Mountain Valley Conference Novice Meet | Outdoor               | 5/14/2007  | Mon    | 400 Meter     |            |         | 58.30    |       |      |
| <b>400 (Relay)</b>                     |                       |            |        |               |            |         |          |       |      |
| Scrimmage vs Bishop Ahr                | Outdoor               | 3/24/2006  | Friday | 4 x 400 Meter |            |         | 1:07.20  |       |      |
| Meet vs Roselle Catholic               | Outdoor               | 4/3/2007   | Tues   | 4 x 400 Meter |            |         | 59.40    |       |      |
| Meet vs Governor Livingston and        | Outdoor               | 4/10/2007  | Tues   | 4 x 400 Meter |            |         | 59.10    |       |      |
| <b>800 (Open)</b>                      |                       |            |        |               |            |         |          |       |      |
| Scrimmage vs Bishop Ahr                | Outdoor               | 3/24/2006  | Friday | 800 Meter     |            |         | 2:38.00  |       |      |
| Meet vs North Plainfield               | Outdoor               | 4/4/2006   | Tues   | 800 Meter     |            |         | 2:38.00  |       |      |
| Meet vs Governor Livingston and        | Outdoor               | 4/11/2006  | Tues   | 800 Meter     |            |         | 2:29.40  |       |      |
| Meet vs Roselle Catholic & Newark      | Outdoor               | 4/19/2006  | Wed    | 800 Meter     |            |         | 2:29.00  |       |      |
| Meet vs Roselle Catholic & Mt. Saint   | Outdoor               | 4/25/2006  | Tues   | 800 Meter     |            |         | 2:25.30  |       |      |
| Scrimmage vs St. Joes Mon Don ND       | Outdoor               | 3/24/2007  | Sat    | 800 Meter     |            |         | 2:25.70  |       |      |
| <b>5000</b>                            |                       |            |        |               |            |         |          |       |      |
| UC -vs- Bound Brook, Oratory Prep, Oak | Middlesex High School | 9/13/2005  | Tues   | 5K            |            |         | 23:25.00 | 31    |      |
| Shore Coaches Invitational             | Holmdel Park          | 10/1/2005  | Sat    | 5K            |            |         | 21:27.00 | 64    |      |
| Mountain Valley Conference             | Pleasant Valley Park  | 11/8/2005  | Tues   | 5K            |            |         | 19:20.00 | 18    |      |
| Non Public A State Championship        | Holmdel Park          | 11/12/2005 | Sat    | 5K            |            |         | 20:17.00 | 116   | PR   |
| Mountain Valley Conference             | Pleasant Valley Park  | 10/10/2006 | Tues   | 5K            |            |         | 19:33.00 | 4     |      |
| <b>5150</b>                            |                       |            |        |               |            |         |          |       |      |
| UC -vs- New Providence                 | Warinanco Park        | 9/20/2005  | Tues   | 5150 Meters   |            |         | 23:22.00 | 26    |      |
| UC -vs- Dayton, Technology             | Warinanco Park        | 9/27/2005  | Tues   | 5150 Meters   |            |         | 21:16.00 | 13    | PR   |
| UC -vs- Manville                       | Warinanco Park        | 10/5/2005  | Wed    | 5150 Meters   |            |         | 21:57.00 | 11    |      |



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| Union County Championship           | Warinanco Park | 10/26/2005 | Wed   | 5150 Meters |            |         |            |       |      |
| UC -vs- Arthur L. Johnson, Newark   | Warinanco Park | 9/12/2006  | Tues  | 5150 Meters |            |         | 20:13.00   | 11    | PR   |
| UC -vs- Cranford                    | Warinanco Park | 9/19/2006  | Tues  | 5150 Meters |            |         | 20:42.00   | 16    |      |
| UC -vs- Rahway, Governor Livingston | Warinanco Park | 9/26/2006  | Tues  | 5150 Meters |            |         | 19:41.00   | 11    | PR   |
| UC -vs- Arthur L. Johnson, Rahway,  | Warinanco Park | 10/3/2006  | Tues  | 5150 Meters |            |         | 20:46.00   | 11    |      |
| Union County Championship           | Warinanco Park | 10/25/2006 | Wed   | 5150 Meters |            |         | 19:36.00   |       | PR   |
| <b>5250</b>                         |                |            |       |             |            |         |            |       |      |
| Stewart Memorial Invitational       | Warinanco Park | 9/24/2005  | Sat   | 5250 Meters |            |         | 21:32.00   | 43    |      |
| Catholic Conference Championship    | Warinanco Park | 11/5/2005  | Sat   | 5250 Meters |            |         | 20:00.00   | 117   | PR   |
| Bernie Magee Class Meet             | Warinanco Park | 9/23/2006  | Sat   | 5250 Meters |            |         | 20:40.00   | 112   |      |
| Stewart Memorial Invitational       | Warinanco Park | 9/30/2006  | Sat   | 5250 Meters |            |         | 20:06.00   | 100   |      |
| Catholic Conference Championship    | Warinanco Park | 11/4/2006  | Sat   | 5250 Meters |            |         | 19:33.00   | 108   | PR   |
| <b>High Jump</b>                    |                |            |       |             |            |         |            |       |      |
| Mountain Valley Conference          | Outdoor        | 5/10/2005  | Tues  | High Jump   |            |         | 5' 02.00"  |       |      |
| Meet vs Roselle Catholic & Newark   | Outdoor        | 4/19/2006  | Wed   | High Jump   |            |         | 5' 02.00"  |       |      |
| Mountain Valley Conference          | Outdoor        | 5/9/2006   | Tues  | High Jump   |            |         | 5' 02.00"  |       |      |
| Mountain Valley Conference          | Indoor         | 1/6/2007   | Sat   | High Jump   |            |         | NH'        |       |      |
| Mountain Valley Conference Relay    | Outdoor        | 5/1/2007   | Tues  | High Jump   |            |         | 5' 00.00"  |       |      |
| Union County Relay Championships    | Outdoor        | 5/3/2007   | Thurs | High Jump   |            |         | 5' 02.00"  |       |      |
| Mountain Valley Conference          | Outdoor        | 5/8/2007   | Tues  | High Jump   |            |         | 5' 02.00"  | 5     |      |
| <b>Long Jump</b>                    |                |            |       |             |            |         |            |       |      |
| Union County Relay Championships    | Outdoor        | 5/6/2006   | Sat   | Long Jump   |            |         | 15' 10.00" |       |      |
| Meet vs Roselle Catholic            | Outdoor        | 4/3/2007   | Tues  | Long Jump   |            |         | 14' 11.00" | 3     |      |
| Meet vs Governor Livingston and     | Outdoor        | 4/10/2007  | Tues  | Long Jump   |            |         | 14' 09.00" |       |      |
| Meet vs Cranford and Hillside       | Outdoor        | 4/17/2007  | Tues  | Long Jump   |            |         | 15' 04.00" |       |      |
| Mountain Valley Conference Relay    | Outdoor        | 5/1/2007   | Tues  | Long Jump   |            |         |            |       |      |
| Union County Relay Championships    | Outdoor        | 5/3/2007   | Thurs | Long Jump   |            |         | 15' 09.75" |       |      |
| Mountain Valley Conference          | Outdoor        | 5/8/2007   | Tues  | Long Jump   |            |         | 16' 02.00" |       |      |
| <b>Triple Jump</b>                  |                |            |       |             |            |         |            |       |      |
| Meet vs Roselle Catholic            | Outdoor        | 4/3/2007   | Tues  | Triple Jump |            |         |            |       |      |



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| Meet vs Governor Livingston and  | Outdoor  | 4/10/2007 | Tues  | Triple Jump |            |         | 34' 04.00" |       |      |
| Mountain Valley Conference Relay | Outdoor  | 5/1/2007  | Tues  | Triple Jump |            |         |            |       |      |
| Union County Relay Championships | Outdoor  | 5/3/2007  | Thurs | Triple Jump |            |         |            |       |      |