



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Open)									
Union County Championship	Indoor	1/30/2008	Wed	1.0 Mile Run			4:56.60	7	
2.0 miles (Open)									
Union County Individuals	Indoor	1/31/2007	Wed	2.0 Mile Run			11:58.40		
800 (Open)									
NJCTC Frosh Soph Championships	Outdoor	5/21/2006	Sun	800 Meter			2:19.20		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	800 Meter			2:13.00		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	800 Meter			2:05.90	2	
Catholic Conference Championships	Outdoor	5/25/2008	Sun	800 Meter			2:05.82	15	
800 (Relay)									
Herm Johnson Relays	Outdoor	4/8/2006	Sat	4 x 800 Meter			2:24.30		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	4 x 800 Meter			2:24.60		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 800 Meter			2:17.70		
Seton Hall Invitational - Individual	Indoor	12/27/2006	Wed	4 x 800 Meter			2:18.70		
Catholic Conference Relays	Indoor	1/7/2007	Sun	4 x 800 Meter			2:19.10		
Union County Relay Championship	Indoor	1/10/2007	Wed	SMR 2-2-4-8			2:20.30		
New Balance Games	Indoor	1/20/2007	Sat	4 x 800 Meter			2:17.00		
Union County Novice Meet	Indoor	2/5/2007	Mon	4 x 800 Meter			2:21.20		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 800 Meter			2:16.00		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	4 x 800 Meter			2:13.70		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 800 Meter			2:10.80		
Seton Hall Games	Indoor	12/28/2007	Friday	4 x 800 Meter			2:09.90		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 800 Meter			2:10.00		
Non Public State Relays	Indoor	1/11/2008	Friday	4 x 800 Meter			2:07.60		
New Balance Games	Indoor	1/19/2008	Sat	4 x 800 Meter			2:06.70		
New Balance Games	Indoor	1/19/2008	Sat	SMR 4-2-2-8			2:07.90		
King's Point Relays	Outdoor	4/5/2008	Sat	4 x 800 Meter			2:09.60		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	4 x 800 Meter			2:07.60		
Union County Relay Championships	Outdoor	5/2/2008	Friday	4 x 800 Meter			2:03.90		
East Coast Relays	Outdoor	5/19/2008	Mon	4 x 800 Meter			2:03.60		



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Nike Outdoor Nationals	Outdoor	6/20/2008	Friday	4 x 800 Meter			2:02.90		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 800 Meter			2:07.10		
880 Y (Open)									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	880 Yard			2:28.00		
Union County Championship	Indoor	1/30/2008	Wed	880 Yard			2:18.20		
880 Y (Relay)									
Union County Relay Championship	Indoor	1/9/2008	Wed	4 x 880 Yard			2:14.10		
1000 Y (Relay)									
Union County Novice Meet	Indoor	2/5/2007	Mon	DMR 8-2-4-1K			3:19.50		
1200 (Open)									
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	1200 Meter			3:32.20		
1200 (Relay)									
Blue Devil Classic	Outdoor	4/15/2006	Sat	DMR 12-4-8-16			3:40.50		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	DMR 12-4-8-16			3:38.70		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	DMR 12-4-8-16			3:38.90		
Seton Hall Invitational - Individual	Indoor	12/27/2006	Wed	DMR 12-4-8-16			3:54.30		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	DMR 12-4-8-16			3:33.00		
Union County Relay Championship	Indoor	1/9/2008	Wed	DMR 12-4-8-16			3:35.40		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	DMR 12-4-8-16			3:29.50		
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			3:19.90		
1500 (Relay)									
Catholic Conference Relays	Outdoor	4/13/2008	Sun	1500 Meter			4:25.60		
1600 (Open)									
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	1600 Meter			5:49.00		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	1600 Meter			5:29.00		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	1600 Meter			5:17.00	2	
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	1600 Meter			5:13.00	3	
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	1600 Meter			5:23.00		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	1600 Meter			5:09.70	4	
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	1600 Meter			5:10.70	5	



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NJCTC Frosh Soph Championships	Outdoor	5/21/2006	Sun	1600 Meter			5:15.20		
Seton Hall Invitational - Individual	Indoor	12/27/2006	Wed	1600 Meter			5:35.21		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	1600 Meter			5:25.90		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	1600 Meter			5:16.00		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	1600 Meter			5:30.20		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	1600 Meter			5:10.00		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	1600 Meter			5:05.00		
Catholic Conference Championships	Outdoor	5/27/2007	Sun	1600 Meter			5:12.07		
Non Public A State Championship	Indoor	2/16/2008	Sat	1600 Meter			4:56.89	17	PR
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	1600 Meter			4:53.10		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	1600 Meter			4:50.90	2	
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	1600 Meter			4:47.50		
Mountain Valley Conference	Outdoor	5/5/2008	Mon	1600 Meter			4:39.60	6	
Catholic Conference Championships	Outdoor	5/25/2008	Sun	1600 Meter			4:43.32	21	
Non Public A State Championships	Outdoor	5/30/2008	Friday	1600 Meter			4:42.04	26	
1600 (Relay)									
Union County Relay Championships	Outdoor	5/6/2006	Sat	4 x 1600 Meter			5:11.60		
Cranford Cougar Classic Relays	Outdoor	4/14/2007	Sat	4 x 1600 Meter			5:14.20		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	DMR 12-4-8-16			5:14.60		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	4 x 1600 Meter			5:09.70		
Catholic Conference Relays	Indoor	1/6/2008	Sun	DMR 12-4-8-16			4:49.80		
Union County Relay Championships	Outdoor	5/2/2008	Friday	4 x 1600 Meter			4:39.50		
2.5 Miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/14/2006	Sat					140	
Manhattan College Invitational	Van Cortlandt Park, NY	10/13/2007	Sat				15:00.00		
3000 (Open)									
Season Opener	Indoor	12/23/2007	Sun				10:08.93		
3200 (Open)									
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	3200 Meter			11:50.00		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2006	Wed	3200 Meter			11:48.00	3	



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Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	3200 Meter			11:35.20	4	
Group 1 State Championship	Indoor	2/15/2007	Thurs	3200 Meter			11:13.70	32	
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	3200 Meter			11:46.00		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	3200 Meter			11:37.00	2	
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	3200 Meter			11:58.10		
Mountain Valley Conference	Outdoor	5/8/2007	Tues	3200 Meter			11:53.00		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	3200 Meter			11:48.00	1	
Union County Championships	Outdoor	5/19/2007	Sat	3200 Meter			11:09.20		
Mountain Valley Conference	Indoor	1/5/2008	Sat	3200 Meter			10:48.65	5	
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	3200 Meter			11:25.10		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	3200 Meter			11:08.10	3	
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	3200 Meter			11:31.00		
Mountain Valley Conference	Outdoor	5/5/2008	Mon	3200 Meter			10:44.80		
Union County Championships	Outdoor	5/17/2008	Sat	3200 Meter			10:42.80		
5000									
Shore Coaches Invitational	Holmdel Park	10/1/2005	Sat	5K			22:08.00	89	
Mountain Valley Conference	Pleasant Valley Park	11/8/2005	Tues	5K			20:34.00	7	
Non Public A State Championship	Holmdel Park	11/12/2005	Sat	5K			22:50.00	134	
Mountain Valley Conference	Pleasant Valley Park	10/10/2006	Tues	5K			19:18.00	18	PR
Non Public A State Championship	Holmdel Park	11/11/2006	Sat	5K			19:47.00	117	PR
Non Public A State Championship	Holmdel Park	11/10/2007	Sat	5K			18:45.00	91	PR
5150									
UC -vs- Dayton, Technology	Warinanco Park	9/27/2005	Tues	5150 Meters			21:56.00	18	
Union County Championship	Warinanco Park	10/26/2005	Wed	5150 Meters			21:40.00		PR
UC -vs- Arthur L. Johnson, Newark	Warinanco Park	9/12/2006	Tues	5150 Meters			19:51.00	5	PR
UC -vs- Cranford	Warinanco Park	9/19/2006	Tues	5150 Meters			19:38.00	6	PR
UC -vs- Rahway, Governor Livingston	Warinanco Park	9/26/2006	Tues	5150 Meters			18:48.00	5	PR
UC -vs- Arthur L. Johnson, Rahway,	Warinanco Park	10/3/2006	Tues	5150 Meters			18:46.00	2	PR
Union County Championship	Warinanco Park	10/25/2006	Wed	5150 Meters			18:59.00		
UC -vs- Cranford	Warinanco Park	9/18/2007	Tues	5150 Meters			18:56.00	4	
UC -vs- Rahway	Warinanco Park	9/25/2007	Tues	5150 Meters			18:50.00	5	



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UC -vs- Arthur L. Johnson, Rahway, Mountain Valley Conference	Warinanco Park	10/2/2007	Tues	5150 Meters			18:28.00	5	PR
Union County Championship	Warinanco Park	10/9/2007	Tues	5150 Meters			18:32.00	13	
	Warinanco Park	10/24/2007	Wed	5150 Meters			18:18.00	38	PR
5250									
Stewart Memorial Invitational	Warinanco Park	9/24/2005	Sat	5250 Meters			21:34.00	46	
Catholic Conference Championship	Warinanco Park	11/5/2005	Sat	5250 Meters			21:25.00	73	PR
Bernie Magee Class Meet	Warinanco Park	9/23/2006	Sat	5250 Meters			19:19.00	42	PR
Stewart Memorial Invitational	Warinanco Park	9/30/2006	Sat	5250 Meters			18:59.00	65	PR
Catholic Conference Championship	Warinanco Park	11/4/2006	Sat	5250 Meters			18:44.00	86	PR
Old Bridge Class Meet	Thompson Park	9/15/2007	Sat	5250 Meters			19:38.00	33	
Bernie Magee Class Meet	Warinanco Park	9/22/2007	Sat	5250 Meters			19:29.00	62	
Stewart Memorial Invitational	Warinanco Park	9/28/2007	Friday	5250 Meters			19:05.00	37	
Catholic Conference Championship	Warinanco Park	11/3/2007	Sat	5250 Meters			19:00.00	92	