

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
400 (Relay)									
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	4 x 400 Meter			1:11.00		
800 (Open)									
Ed Church Invitational	Indoor	2/9/2012	Thurs	800 Meter			2:39.20		77
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	800 Meter		78, Sunny	2:39.20		
800 (Relay)									
Summit Relays	Outdoor	4/7/2012	Sat	4 x 800 Meter			2:45.90		73
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 800 Meter					Lap
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 800 Meter		60 Degrees, Sunny, Light	2:24.10		66,PR
1.5 mile									
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	1.5 Mile			10:59.00	48	
1000 (Open)									
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	1000 Meter			3:16.45	71	2:34.7
1000 (Relay)									
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 8-2-4-1K			3:18.10		75 82
Union County Relay Championship	Indoor	1/8/2014	Wed	DMR 8-2-4-1K			3:08.00		PR
1200 (Relay)									
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	3:46.20		2:26
1600									
2 Mile Time Trial	Union Catholic Track	10/9/2014	Thurs	1600 Meter			5:44.00		
1600 (Open)									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	1600 Meter			6:04.00		2:48
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	1600 Meter			5:56.90		2:53,PR
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	1600 Meter			5:50.20		2:45,PR
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	1600 Meter			5:58.40		76 2:42
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	1600 Meter		52, Sunny, Windy	5:57.40		PR
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	1600 Meter		58 and Sunny	5:48.50		PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	1600 Meter		65 and Sunny	5:45.80		PR
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	1600 Meter			5:46.20		

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Metuchen Frosh/Soph 3	Outdoor	5/4/2012	Friday	1600 Meter			5:39.50		PR
Union County JV Meet	Outdoor	5/7/2012	Mon	1600 Meter		58 Degrees, Light Rain	5:46.80		
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	1600 Meter		78, Sunny	5:47.90		
Mid Winter Classic	Indoor	1/23/2013	Wed	1600 Meter			5:19.66		2:38,PR
NJCTC Frosh/Soph Championship	Indoor	1/26/2013	Sat	1600 Meter			5:25.10		2:40
NJCTC Championship	Indoor	2/10/2013	Sun	1600 Meter			5:28.28	59	2.41.9
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	1600 Meter			5:15.80		70,PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	1600 Meter			5:20.30		2:35
The Metuchen Relays	Outdoor	4/6/2013	Sat	1600 Meter		Low 50's, Fairly Windy	5:12.98	44	PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	1600 Meter		70 Degrees	5:08.70		2:33,PR
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	1600 Meter		70 Degrees	5:07.50		PR
Union County JV Meet	Outdoor	5/6/2013	Mon	1600 Meter			4:58.80		PR
NJCTC Frosh/Soph Championship	Outdoor	5/19/2013	Sun	1600 Meter		60, Rain	5:02.70	227	
Union County Championship	Indoor	1/24/2014	Friday	1600 Meter			5:07.94	26	PR
Armory Frosh/Novice Meet	Indoor	1/30/2014	Thurs	1600 Meter			5:08.10		2:29
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	1600 Meter			5:00.40	2	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	1600 Meter		58 / Sunny	5:03.50		
Metuchen Relays	Outdoor	4/5/2014	Sat	1600 Meter		58 / Windy!	5:25.57		
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	1600 Meter		58 / Sunny	5:05.40		2:29
Union County JV Meet	Outdoor	5/5/2014	Mon	1600 Meter			5:01.10		2:26
1600 (Relay)									
NJCTC Relays	Indoor	12/30/2012	Sun	DMR 12-4-8-16			5:21.30		2:34
Metuchen Frosh/Soph 2	Outdoor	4/12/2013	Friday	4 x 1600 Meter					
Leon Bailey Liberty Relays	Indoor	12/20/2013	Friday	DMR 8-2-4-1K			5:12.70		74,PR
NJCTC Relays	Indoor	1/5/2014	Sun	DMR 12-4-8-16			5:08.50		PR
Morris Hills Relays	Outdoor	4/19/2014	Sat	DMR 12-4-8-16			5:19.20		2:34
Randolph Relays	Outdoor	4/26/2014	Sat	4 x 1600 Meter		72 Degrees	5:04.40		PR
2.1 miles									
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues				15:10.00	30	
Union County Championship	Warinanco Park	10/26/2011	Wed				14:45.00	25	PR
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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	2.2 Mile			16:08.80	181	
Catholic Conference Championship	Warinanco Park	11/5/2011	Sat	2.2 Mile			14:54.06	80	PR
2655									
Randolph Invitational	Freedom Park	9/10/2011	Sat	2655 Meter Run		78 Degrees Muddy	11:56.53	95	
3200									
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues			80 Degrees / Sunny	14:49.00		
UC vs Summit GL and Hillside	Conant Park in Hillside	9/20/2011	Tues			70 / Overcast / Poor	13:45.00		
Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	3200 Meter Run			15:47.00	150	
XC Time Trial Two	Union Catholic Track	11/10/2012	Sat	3200 Meter		60, Partly Sunny	11:48.00	9	
Cross Country Time Trial 1	Union Catholic Track	10/30/2013	Wed	3200 Meter		58	11:08.00	6	
3200 (Open)									
Cross Country Time Trial	Outdoor	8/30/2012	Thurs	3200 Meter			13:06.00		
NJCTC Frosh/Soph Championship	Indoor	1/26/2013	Sat	3200 Meter			11:30.70		5:32
NJCTC Championship	Indoor	2/10/2013	Sun	3200 Meter			11:21.59		5:32,PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	3200 Meter			11:37.00		5:50,PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	3200 Meter		70 Degrees	11:58.00		5:59
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	3200 Meter		70 Degrees	11:41.00	2	5:47
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	3200 Meter			10:58.20		PR
Union County JV Meet	Outdoor	5/6/2013	Mon	3200 Meter			10:56.00		PR
NJCTC Frosh/Soph Championship	Outdoor	5/19/2013	Sun	3200 Meter		60, Rain	10:58.60		
NJCTC Championships	Indoor	2/9/2014	Sun	3200 Meter			10:51.17	17	PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	3200 Meter		58 / Sunny	11:19.60	2	
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	3200 Meter		58 / Sunny	10:58.00		2:47
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	3200 Meter		58 / Windy	10:42.10		PR
Meet vs GL and Rahway	Outdoor	4/22/2014	Tues	3200 Meter		70 Degrees	10:58.80		
Union County JV Meet	Outdoor	5/5/2014	Mon	3200 Meter			10:40.80	4	5:36,PR
Union County Conference Championship	Outdoor	5/10/2014	Sat	3200 Meter		68 / Light Rain	11:08.85	9	
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	3200 Meter		68 Degrees	10:42.40	20	

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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
5000									
Randolph Invitational	Freedom Park	9/7/2012	Friday	5K			20:19.78	18	
UC vs ALJ and Rahway	Rahway Park	9/11/2012	Tues	5K		75 Degrees and Sunny	20:22.00		
UC vs Summit	Rahway Park	9/24/2012	Mon	5K		70 Degrees	19:33.00		PR
Paul Short Run	Lehigh University	9/28/2012	Friday	5K		70 Degrees, Muddy	19:59.00	93	
Shore Coaches Invitational	Holmdel Park	10/6/2012	Sat	5K		68, Sunny	20:07.00	67	
Randolph Invitational	Freedom Park	9/7/2013	Sat	5K			18:23.11	28	PR
UC vs ALJ and Rahway	Rahway Park	9/21/2013	Sat	5K		65 Sunny	17:21.00	5	
Central Jersey Shootout	Thompson Park	9/28/2013	Sat	5K		70 / Sunny	19:30.00	35	Pack
Non Public A State Championship	Holmdel Park	11/16/2013	Sat	5K			19:02.81	91	PR
Randolph Invitational	Freedom Park	9/6/2014	Sat	5K		Hot/Humid	19:28.22	51	
Bernie Magee Class Meet	Greystone Park	9/20/2014	Sat	5K			21:14.00	154	
UC vs Summit	Memorial Park, Summit, NJ	9/30/2014	Tues	5K		71 Degrees	17:52.00		
Shore Coaches Invitational	Holmdel Park	10/4/2014	Sat	5K		63 / Heavy Rain	19:06.59	3	
5150									
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			23:05.00		
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	24:15.00		
UC vs Rahway	Warinanco Park	10/2/2012	Tues	5150 Meters		58, Cloudy	20:12.00		PR
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	18:53.00	32	PR
Union County Championship	Warinanco Park	10/24/2012	Wed	5150 Meters		61 Degrees, Great	18:49.00	34	PR
UC vs Cranford, GL, Rahway	Warinanco Park	9/24/2013	Tues	5150 Meters		72 Degrees	20:10.00		
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	18:35.03	18	PR
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	18:12.00	53	PR
UC vs ALJ and Rahway	Warinanco Park	9/16/2014	Tues	5150 Meters		72 Sunny	18:36.00		
UCC Divisional Championship	Warinanco Park	10/14/2014	Tues	5150 Meters		78			
5250									
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	5250 Meters		75, Sunny	20:20.40	98	
Bernie Magee Class Meet	Warinanco Park	9/20/2013	Friday	5250 Meters		75, Sunny	19:10.00	95	PR
Catholic Conference Championship	Warinanco Park	11/9/2013	Sat	5250 Meters		-	18:28.00	77	PR

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