



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	55 Meter Dash			7.80		
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	55 Meter Dash			7.90		
55 HH (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	55 Meter HH			10.60		
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	55 Meter HH			10.10		PR
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	55 Meter HH			9.00		PR
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	55 Meter HH			8.90	6	PR
Ed Church Invitational	Indoor	2/9/2012	Thurs	55 Meter HH			8.54	1	PR
NJCTC Championship	Indoor	2/12/2012	Sun	55 Meter HH			8.92	33	
55 HH (Relay)									
NJCTC Relays	Indoor	12/30/2012	Sun	Shuttle Hurdles 55m			8.50		
60 Y (Open)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				11.60	5	
100 (Open)									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	100 Meter Dash		49 Degrees, Partly Cloudy	13.90		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	100 Meter Dash			14.00		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	100 Meter Dash			13.30		PR
Union County JV Meet	Outdoor	5/11/2010	Tues	100 Meter Dash			13.00		PR
100 (Relay)									
Summit Relays	Outdoor	4/3/2010	Sat	SMR 2-2-4-8		75 Degrees, Sunny			
Summit Relays	Outdoor	4/2/2011	Sat	SMR 2-2-4-8		52 and Partly Sunny	12.70		
110 HH (Open)									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	110 Meter HH		49 Degrees, Partly Cloudy	21.40		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	110 Meter HH			21.70		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	110 Meter HH			20.90		PR
Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	110 Meter HH			21.00		
Union County JV Meet	Outdoor	5/11/2010	Tues	110 Meter HH			21.70		
Meet vs Summit	Outdoor	4/5/2011	Tues	110 Meter HH		42 Degrees	21.70		
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	110 Meter HH		70, Sunny	19.20		PR



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Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	110 Meter HH		75, Sunny	18.40		PR
UCC Divisional Championship	Outdoor	5/14/2011	Sat	110 Meter HH			18.36		PR
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	110 Meter HH			17.50	4	PR
Union County Championship	Outdoor	5/21/2011	Sat	110 Meter HH		68, Cloudy	18.54	24	
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	110 Meter HH			18.16	16	
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	110 Meter HH			18.50		9.3
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	110 Meter HH		52, Sunny, Windy	17.10		PR
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	110 Meter HH		58 and Sunny	16.70		PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	110 Meter HH		65 and Sunny	17.70		
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	110 Meter HH			17.20		
Union County JV Meet	Outdoor	5/7/2012	Mon	110 Meter HH		58 Degrees, Light Rain	17.20		
Union County Conference Championship	Outdoor	5/12/2012	Sat	110 Meter HH			17.23	9	
110 HH (Relay)									
Summit Relays	Outdoor	4/3/2010	Sat	Shuttle Hurdles 110m		75 Degrees, Sunny	22.00		
Union County Relay Championship	Outdoor	5/6/2011	Friday	Shuttle Hurdles 110m		65, Sunny	17.70		PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	Shuttle Hurdles 110m		69 and Sunny	16.50		PR
Union County Relay Championship	Outdoor	5/4/2012	Friday	Shuttle Hurdles 110m			16.00		PR
East Coast Relays	Outdoor	5/21/2012	Mon	Shuttle Hurdles 110m		62, Heavy Rain	15.80		PR
200 (Open)									
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	200 Meter			29.20		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	200 Meter			28.30		PR
Union County JV Meet	Outdoor	5/11/2010	Tues	200 Meter			26.20		PR
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	200 Meter			27.30		
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	200 Meter		75, Sunny	26.60		
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	200 Meter		58 and Sunny	25.00		PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	200 Meter		65 and Sunny	25.30		
200 (Relay)									
Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	4 x 200 Meter			27.00		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 200 Meter			27.50		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 200 Meter			28.00		



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Union County Relay Championship	Indoor	1/10/2011	Mon	DMR 8-2-4-1K			28.60		
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 200 Meter		High 40's and Rainy	26.30		PR
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	4 x 200 Meter			26.20		PR
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 200 Meter			28.90		Baton
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 200 Meter			26.60		
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 200 Meter		75 Degrees and Sunny	25.20		PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	SMR 4-2-2-8		69 and Sunny	24.90		PR
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			25.80		PR
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 200 Meter			25.00		
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 200 Meter			26.40		
400 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	400 Meter			1:05.70		PR
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	400 Meter		49 Degrees, Partly Cloudy	1:08.00		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	400 Meter			1:10.60		
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	400 Meter			1:02.60		28.2,PR
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	400 Meter			1:05.80		30.7
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	400 Meter		70, Sunny	58.50		PR
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	400 Meter			1:00.50		28.3,PR
400 (Relay)									
Union County JV Meet	Outdoor	5/11/2010	Tues	4 x 400 Meter			1:05.30		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 400 Meter			1:02.20		28.8
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			1:08.50		30.1
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	4 x 400 Meter			56.50		PR
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	4 x 400 Meter			58.90		27.8,PR
Catholic Conference Relays	Indoor	12/29/2011	Thurs	DMR 12-4-8-16			1:00.90		27.8
Union County Relay Championship	Indoor	1/6/2012	Friday	DMR 8-2-4-1K			1:01.60		
Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 400 Meter			58.60		PR
NJCTC Championship	Indoor	2/12/2012	Sun	4 x 400 Meter			58.10		27.3,PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	4 x 400 Meter		52, Sunny, Windy	1:00.90		
Summit Relays	Outdoor	4/7/2012	Sat	SMR 2-2-4-8			57.30		
Summit Relays	Outdoor	4/7/2012	Sat	DMR 12-4-8-16			57.70		



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NJCTC Relays	Outdoor	4/15/2012	Sun	DMR 12-4-8-16		75 Degrees and Sunny	57.40		
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	DMR 12-4-8-16			57.30		26.8,PR
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 400 Meter			55.50		26.6
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 8-2-4-1K			1:00.20		27.9
400 IH (Open)									
Meet vs Summit	Outdoor	4/5/2011	Tues	400 Meter IH		42 Degrees	1:10.60		
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	400 Meter IH		70, Sunny	1:05.90	5	PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	400 Meter IH		75, Sunny	1:08.90		
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	400 Meter IH			1:03.50		PR
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	400 Meter IH			1:06.10		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	400 Meter IH		52, Sunny, Windy	1:05.80	2	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	400 Meter IH		58 and Sunny	1:08.80		
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	400 Meter IH		65 and Sunny	1:07.00	3	
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	400 Meter IH			1:06.70		
Union County JV Meet	Outdoor	5/7/2012	Mon	400 Meter IH		58 Degrees, Light Rain	1:02.80	2	PR
Union County Conference Championship	Outdoor	5/11/2012	Friday	400 Meter IH			1:05.98	13	
400 IH (Relay)									
Summit Relays	Outdoor	4/2/2011	Sat	3 x 400 IH		52 and Partly Sunny	1:12.50	56	
440 Y (Open)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed				1:16.20		
600 (Open)									
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	600 Meter			1:41.76	54	66 35
2.1 miles									
UCC Divisional Championship	Warinanco Park	10/20/2009	Tues				20:37.00	49	
Union County Championship	Warinanco Park	10/28/2009	Wed			60 degrees / Muddy	19:01.00	47	PR
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues			70 and Sunny	14:51.00		
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	2.2 Mile		73 Degrees and Sunny	22:03.00	231	
Catholic Conference Championship	Warinanco Park	11/7/2009	Sat	2.2 Mile		45 Degrees	19:00.00	101	PR



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3.2 miles									
UC vs Summit GL and Hillside	Conant Park in Hillside	9/20/2011	Tues	3.2 Mile		70 / Overcast / Poor	23:34.00		
3200									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	3200 Meter Run		64 Degrees and Clear	20:07.00	143	
UC -vs- Cranford	Warinanco Park	9/29/2009	Tues	3200 Meter Run		65 Degrees / Clear	20:52.00		
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	3200 Meter Run		65 Degrees / Clear	20:20.00	6	PR
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	3200 Meter Run			19:06.00	7	PR
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues			75 Degrees & Sunny	16:35.00		PR
5000									
Randolph Invitational	Freedom Park	9/10/2010	Friday	5K			26:16.09	113	
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	24:23.55	110	PR
Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	5K			27:12.00	188	
5150									
UC vs Cranford	Warinanco Park	9/29/2010	Wed	5150 Meters			25:04.00		
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	24:23.00		PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			24:39.00		
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	23:16.00	153	PR
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	24:00.00	165	
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues	5150 Meters		80 Degrees / Sunny	24:20.00		
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			24:15.00		
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	24:10.00		
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	5150 Meters			22:37.00	139	PR
Union County Championship	Warinanco Park	10/26/2011	Wed	5150 Meters			22:25.00	130	PR
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	24:09.00	197	
5250									
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	5250 Meters			23:45.50	232	
Long Jump									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	Long Jump		49 Degrees, Partly Cloudy	12' 05.00"		
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	Long Jump					Foul



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<i>Triple Jump</i>									
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	Triple Jump		52, Sunny, Windy	33' 01.50"		
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	Triple Jump		58 and Sunny	34' 08.00"		PR
NJCTC Relays	Outdoor	4/15/2012	Sun	Triple Jump		75 Degrees and Sunny	35' 01.00"	12	PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	Triple Jump		65 and Sunny	34' 10.00"		
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	Triple Jump			35' 01.00"		