

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Open)									
Bishop Loughlin Games	Indoor	12/21/2013	Sat	1.0 Mile Run			5:02.21	115	
200 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 200 Meter			30.60		
400 (Open)									
Time Trial 2	Indoor	1/9/2013	Wed	400 Meter		50 Degrees	1:06.60		
400 (Relay)									
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 400 Meter			1:06.10		32.1
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	4 x 400 Meter			1:08.10		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 400 Meter			1:02.80		29.8,PR
800 (Open)									
Time Trial 2	Indoor	1/9/2013	Wed	800 Meter		50 Degrees	2:30.80		1:15
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	800 Meter		58 / Windy	2:12.80		
Meet vs GL and Rahway	Outdoor	4/22/2014	Tues	800 Meter		70 Degrees	2:09.40		PR
NJCTC Frosh/Soph Championship	Outdoor	5/18/2014	Sun	800 Meter			2:11.60	6	
800 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 800 Meter			2:32.10		1:13
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 800 Meter			2:31.60		70,PR
JC Armory Developmental Meet	Indoor	2/11/2013	Mon	4 x 800 Meter			2:32.00		75.2
Metuchen Frosh/Soph 1	Outdoor	4/5/2013	Friday	4 x 800 Meter		58 and Windy	2:23.70		
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 800 Meter		60 Degrees, Sunny, Light	2:23.80		
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 800 Meter		58 Sun/Clouds	2:23.10		PR
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	4 x 800 Meter			2:17.90		66,PR
1.5 mile									
Cross Country Time Trial	Union Catholic Track	8/30/2012	Thurs	1.5 Mile			9:58.00		
1000 (Open)									
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	1000 Meter			3:11.34	69	2:30.6
NJCTC Championships	Indoor	2/9/2014	Sun	1000 Meter			2:58.62	22	PR



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1000 (Relay)									
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 8-2-4-1K			3:10.50		71 80
Union County Relay Championship	Indoor	1/8/2014	Wed	DMR 8-2-4-1K			2:58.00		PR
1600									
XC Time Trial Two	Union Catholic Track	11/10/2012	Sat	1600 Meter		60, Partly Sunny	5:24.20	2	PR
1600 (Open)									
Mid Winter Classic	Indoor	1/23/2013	Wed	1600 Meter			5:27.36		2:41
NJCTC Frosh/Soph Championship	Indoor	1/26/2013	Sat	1600 Meter			5:24.50		2:41,PR
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	1600 Meter			5:21.00		70
The Metuchen Relays	Outdoor	4/6/2013	Sat	1600 Meter		Low 50's, Fairly Windy	5:13.66	44	PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	1600 Meter		70 Degrees	5:10.90		2:33,PR
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	1600 Meter		70 Degrees	5:10.80		PR
Union County JV Meet	Outdoor	5/6/2013	Mon	1600 Meter			5:09.90		PR
NJCTC Frosh/Soph Championship	Outdoor	5/19/2013	Sun	1600 Meter		60, Rain	5:07.30		2:30,PR
NJCTC Frosh/Soph Championship	Indoor	1/25/2014	Sat	1600 Meter			4:52.40	4	PR
Armory Frosh/Novice Meet	Indoor	1/30/2014	Thurs	1600 Meter			4:48.90	3	2:24,PR
Varsity Classic	Indoor	2/3/2014	Mon	1600 Meter			4:55.20		
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	1600 Meter			4:53.00	1	PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	1600 Meter		58 / Sunny	4:47.70	2	PR
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	1600 Meter		58 / Sunny	4:50.50		2:24
Union County Conference Championship	Outdoor	5/9/2014	Friday	1600 Meter		68 / Light Rain	4:42.15	7	PR
NJCTC Frosh/Soph Championship	Outdoor	5/18/2014	Sun	1600 Meter			4:42.70	4	2:20
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	1600 Meter		68 Degrees	4:53.50	18	
1600 (Relay)									
Metuchen Frosh/Soph 2	Outdoor	4/12/2013	Friday	4 x 1600 Meter					
NJCTC Relays	Outdoor	4/14/2013	Sun	DMR 12-4-8-16		60 Degrees, Sunny, Light	5:17.20		2:36
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	5:14.20		2:35,PR
NJCTC Relays	Indoor	1/5/2014	Sun	DMR 12-4-8-16			4:59.10		
Blue Devil Classic	Outdoor	4/12/2014	Sat	DMR 12-4-8-16		70 / Sunny	4:48.00		PR
Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 1600 Meter			4:48.40		



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Randolph Relays	Outdoor	4/26/2014	Sat	4 x 1600 Meter		72 Degrees	4:47.90		PR
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 1600 Meter		70 & Sunny	4:44.60		2:19,PR
2.1 miles									
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues			62 Degrees, Sunny	13:21.00	15	
Union County Championship	Warinanco Park	10/24/2012	Wed			61 Degrees, Great	13:09.00	11	PR
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	2.2 Mile		75, Sunny	14:32.70	77	
2655									
Randolph Invitational	Freedom Park	9/7/2012	Friday	2655 Meter Run			10:47.52	69	
3200									
Shore Coaches Invitational	Holmdel Park	10/6/2012	Sat	3200 Meter Run		68, Sunny	13:48.00	73	
Cross Country Time Trial 1	Union Catholic Track	10/30/2013	Wed	3200 Meter		58	10:14.00	3	
2 Mile Time Trial	Union Catholic Track	10/9/2014	Thurs	3200 Meter			10:22.00	2	
3200 (Open)									
NJCTC Frosh/Soph Championship	Indoor	1/26/2013	Sat	3200 Meter			11:16.80		2:40
NJCTC Championship	Indoor	2/10/2013	Sun	3200 Meter			11:21.46		5:32
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	3200 Meter			11:18.00	2	5:40
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	3200 Meter		70 Degrees	11:59.00		5:59
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	3200 Meter		70 Degrees	11:41.00	2	5:47
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	3200 Meter			11:04.40		PR
Union County JV Meet	Outdoor	5/6/2013	Mon	3200 Meter			11:04.00		PR
NJCTC Frosh/Soph Championship	Outdoor	5/19/2013	Sun	3200 Meter		60, Rain	11:07.70	6	
Union County Championship	Indoor	1/24/2014	Friday	3200 Meter			10:14.26	9	PR
Non Public A State Championship	Indoor	2/15/2014	Sat	3200 Meter			10:21.95	17	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	3200 Meter		58 / Sunny	11:19.10	1	
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	3200 Meter		58 / Sunny	10:47.00	1	2:47
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	3200 Meter		58 / Windy	10:58.00		
Union County Conference Championship		5/10/2014	Sat	3200 Meter		68 / Light Rain	10:15.21	5	PR
Union County Championship	Outdoor	5/16/2014	Friday	3200 Meter			10:23.80	11	
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	3200 Meter		68 Degrees	10:28.60	18	



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
5000									
UC vs ALJ and Rahway	Rahway Park	9/11/2012	Tues	5K		75 Degrees and Sunny	21:38.00		
UC vs Summit	Rahway Park	9/24/2012	Mon	5K		70 Degrees	21:54.00		
Paul Short Run	Lehigh University	9/28/2012	Friday	5K		70 Degrees, Muddy	20:59.00	172	
Randolph Invitational	Freedom Park	9/7/2013	Sat	5K			17:44.18	1	
UC vs ALJ and Rahway	Rahway Park	9/21/2013	Sat	5K		65 Sunny	18:20.00		
Central Jersey Shootout	Thompson Park	9/28/2013	Sat	5K		70 / Sunny	17:14.00	17	Stud
Shore Coaches Invitational	Holmdel Park	10/5/2013	Sat	5K		76 / Sunny	17:50.00	23	
Non Public A State Championship	Holmdel Park	11/16/2013	Sat	5K			17:26.11	43	PR
Randolph Invitational	Freedom Park	9/6/2014	Sat	5K		Hot/Humid	18:04.75	17	
Bernie Magee Class Meet	Greystone Park	9/20/2014	Sat	5K			17:36.70	22	
Stewart Memorial Invitational	Greystone Park	9/27/2014	Sat	5K			18:00.01	12	
UC vs Summit	Memorial Park, Summit, NJ	9/30/2014	Tues	5K		71 Degrees	17:38.00		
Shore Coaches Invitational	Holmdel Park	10/4/2014	Sat	5K		63 / Heavy Rain	18:01.16	21	
5000 (Open)									
Metuchen Relays	Outdoor	4/5/2014	Sat	1000 Meter		58 / Windy!	16:43.03	22	
5150									
UC vs Rahway	Warinanco Park	10/2/2012	Tues	5150 Meters		58, Cloudy	21:09.00		
UC vs Cranford, GL, Rahway	Warinanco Park	9/24/2013	Tues	5150 Meters		72 Degrees	19:44.00		PR
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	17:15.94	10	PR
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	16:54.00	18	PR
UC vs ALJ and Rahway	Warinanco Park	9/16/2014	Tues	5150 Meters		72 Sunny	17:48.00		
UCC Divisional Championship	Warinanco Park	10/14/2014	Tues	5150 Meters		78			
5250									
Bernie Magee Class Meet	Warinanco Park	9/20/2013	Friday	5250 Meters		75, Sunny	17:50.00	7	
Catholic Conference Championship	Warinanco Park	11/9/2013	Sat	5250 Meters		-, <b>j</b>	17:18.00	29	PR
Javelin		-					-		
NJCTC Frosh/Soph Championship	Outdoor	5/19/2013	Sun	Javelin		60, Rain	106'	3	
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	Javelin		58 / Sunny	108'	J	PR
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	Javelin		58 / Windy	100		



Meet	Location	Date	Day	Event	Start Time Weather	Result	Place	Note
Meet vs GL and Rahway	Outdoor	4/22/2014	Tues	Javelin	70 Degrees	115'		PR
NJCTC Frosh/Soph Championship	Outdoor	5/18/2014	Sun	Javelin				