



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 (Open)									
Mountain Valley Conference	Indoor	1/6/2007	Sat	55 Meter Dash			7.25	9	
100 (Open)									
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	100 Meter Dash			11.50	2	
100 (Relay)									
The Penn Relays	Outdoor	4/28/2006	Friday	4 x 100 Meter					
Union County Relay Championships	Outdoor	5/6/2006	Sat	4 x 100 Meter					
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 100 Meter					
200 (Open)									
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	200 Meter			23.30	2	
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	200 Meter			23.50	3	
Mountain Valley Conference	Outdoor	5/9/2006	Tues	200 Meter			22.70	5	
Union County Championships	Outdoor	5/20/2006	Sat	200 Meter			23.10	6	
Catholic Conference Championships	Outdoor	5/28/2006	Sun	200 Meter			23.42	6	
Non Public A State Championships	Outdoor	6/2/2006	Friday	200 Meter			23.16	6	
Meet of Champions	Outdoor	6/7/2006	Wed	200 Meter			23.51		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	200 Meter			23.80	1	
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	200 Meter			24.20	2	
Union County Championships	Outdoor	5/19/2007	Sat	200 Meter			23.10		
200 (Relay)									
Seton Hall Invitational	Indoor	12/27/2005	Tues	4 x 200 Meter			24.60		
Union County Relay Championship	Indoor	1/4/2006	Wed	4 x 200 Meter			27.50		
Catholic Conference Relays	Indoor	1/9/2006	Mon	4 x 200 Meter			24.60		
Group 2 State Relays	Indoor	1/22/2006	Sun	4 x 200 Meter			24.99		
Herm Johnson Relays	Outdoor	4/8/2006	Sat	SMR 2-2-4-8			24.90		
Blue Devil Classic	Outdoor	4/15/2006	Sat	SMR 4-2-2-8			23.30		
Blue Devil Classic	Outdoor	4/15/2006	Sat	4 x 200 Meter			22.90		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	SMR 2-2-4-8			23.50		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	4 x 200 Meter			23.30		
Union County Relay Championships	Outdoor	5/6/2006	Sat	4 x 200 Meter			22.90		



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East Coast Relays	Outdoor	5/22/2006	Mon	SMR 2-2-4-8			22.40		
Nike Outdoor Nationals	Outdoor	6/16/2006	Friday	SMR 2-2-4-8			22.90		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 200 Meter			23.90		
Marine Corps Holiday Classic	Indoor	12/27/2006	Wed	4 x 200 Meter					DNR
Brown Invitational	Indoor	12/29/2006	Friday	SMR 4-2-2-8			23.90		
Catholic Conference Relays	Indoor	1/7/2007	Sun	SMR 2-2-4-8			23.00		
Catholic Conference Relays	Indoor	1/7/2007	Sun	4 x 200 Meter			23.30		
Group 1 State Relays	Indoor	1/12/2007	Friday	4 x 200 Meter			24.80		
New Balance Games	Indoor	1/20/2007	Sat	4 x 200 Meter			51.50		
New Balance Games	Indoor	1/20/2007	Sat	SMR 4-2-2-8			23.10		
The National Hall of Fame Classic	Indoor	2/17/2007	Sat	4 x 200 Meter			23.40		
The National Hall of Fame Classic	Indoor	2/17/2007	Sat	4 x 200 Meter			23.20		
Eastern States Invitational	Indoor	2/27/2007	Tues	4 x 200 Meter			23.60		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 200 Meter			22.50		
East Coast Relays	Outdoor	5/21/2007	Mon	4 x 200 Meter			22.50		
Nike Outdoor Nationals	Outdoor	6/15/2007	Friday	SMR 2-2-4-8			22.20		
220 Y (Relay)									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	1.0 Mile Relay			58.30		
300 (Open)									
NJCTC Championships	Indoor	1/27/2007	Sat	300 Meter			37.53	8	
400 (Open)									
Seton Hall Invitational	Indoor	12/27/2005	Tues	400 Meter			58.00		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	400 Meter			54.20	2	
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	400 Meter			52.30	1	
Mountain Valley Conference	Indoor	1/6/2007	Sat	400 Meter			52.97	3	
Group 1 State Championship	Indoor	2/15/2007	Thurs	400 Meter			53.39	11	
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	400 Meter			53.80	1	
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	400 Meter			54.90	3	
Union County Championships	Outdoor	5/19/2007	Sat	400 Meter			51.30	6	1pt
Catholic Conference Championships	Outdoor	5/27/2007	Sun	400 Meter			52.48	11	



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Performance History Report for:

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Non Public A State Championships 400 (Relay)	Outdoor	6/1/2007	Friday	400 Meter			52.80	20	
Union County Relay Championship	Indoor	1/4/2006	Wed	4 x 400 Meter			59.10		
Mountain Valley Conference	Indoor	1/7/2006	Sat	4 x 400 Meter			55.28		PR
Catholic Conference Relays	Indoor	1/9/2006	Mon	4 x 400 Meter			54.90		
NJCTC Championships	Indoor	2/10/2006	Friday	4 x 400 Meter			56.70		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	4 x 400 Meter			53.60		
Herm Johnson Relays	Outdoor	4/8/2006	Sat	DMR 12-4-8-16			55.30		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	4 x 400 Meter			53.20		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	4 x 400 Meter			53.20		
The Penn Relays	Outdoor	4/28/2006	Friday	4 x 400 Meter			53.60		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	4 x 400 Meter			51.80		
Union County Relay Championships	Outdoor	5/6/2006	Sat	4 x 400 Meter			52.70		
Mountain Valley Conference	Outdoor	5/9/2006	Tues	4 x 400 Meter			51.70		
Union County Championships	Outdoor	5/20/2006	Sat	4 x 400 Meter			52.00		
Catholic Conference Championships	Outdoor	5/28/2006	Sun	4 x 400 Meter			50.98		
Non Public A State Championships	Outdoor	6/2/2006	Friday	4 x 400 Meter			51.20		
Meet of Champions	Outdoor	6/7/2006	Wed	4 x 400 Meter			50.86		
Brown Invitational	Indoor	12/29/2006	Friday	4 x 400 Meter			54.80		
Mountain Valley Conference	Indoor	1/6/2007	Sat	4 x 400 Meter			54.10		
Group 1 State Relays	Indoor	1/12/2007	Friday	4 x 400 Meter			53.80		
Group 1 State Championship	Indoor	2/15/2007	Thurs	4 x 400 Meter			53.10		
The National Hall of Fame Classic	Indoor	2/17/2007	Sat	4 x 400 Meter			51.50		
Winter Track Meet of Champions	Indoor	2/25/2007	Sun	4 x 400 Meter			52.60		
Eastern States Invitational	Indoor	2/27/2007	Tues	4 x 400 Meter			52.50		
National Scholastic Indoor Track	Indoor	3/9/2007	Friday	4 x 400 Meter			51.70		
National Scholastic Indoor Track	Indoor	3/9/2007	Friday	4 x 400 Meter					
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	4 x 400 Meter			54.20		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	4 x 400 Meter			54.40		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 400 Meter			51.10		
East Coast Relays	Outdoor	5/21/2007	Mon	4 x 400 Meter			50.40		



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Catholic Conference Championships	Outdoor	5/27/2007	Sun	4 x 400 Meter			51.80		
Meet of Champions	Outdoor	6/6/2010	Sun	4 x 400 Meter			51.70		
440 Y (Open)									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	440 Yard			58.00	3	
Union County Individuals	Indoor	1/31/2007	Wed	440 Yard					
440 Y (Relay)									
Union County Individuals	Indoor	1/31/2007	Wed	1.0 Mile Relay					
600 (Open)									
NJCTC Championships	Indoor	2/10/2006	Friday	600 Meter			1:39.60		
NJCTC Championships	Indoor	1/27/2007	Sat	600 Meter			1:30.10	11	
800 (Open)									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	800 Meter			2:07.10		
800 (Relay)									
Tony Passarelli Relays	Indoor	12/17/2006	Sun	SMR 2-2-4-8			2:07.90		
Marine Corps Holiday Classic	Indoor	12/27/2006	Wed	4 x 800 Meter			2:05.30		
Group 1 State Relays	Indoor	1/12/2007	Friday	4 x 800 Meter			2:12.20		
High Jump									
Mountain Valley Conference	Indoor	1/7/2006	Sat	High Jump			0' 00.00"		
Triple Jump									
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	Triple Jump					
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	Triple Jump					