



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Relay)									
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	4 x 100 Meter					
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	4 x 100 Meter					
Union County Relay Championships	Outdoor	5/3/2007	Thurs	4 x 100 Meter					
200 (Open)									
Mountain Valley Conference	Indoor	1/7/2006	Sat	200 Meter			25.77	2	
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	200 Meter			24.30		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	200 Meter			24.50		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	200 Meter			24.40	3	
200 (Relay)									
Union County Relay Championship	Indoor	1/4/2006	Wed	SMR 2-2-4-8			28.90		
Catholic Conference Relays	Indoor	1/9/2006	Mon	4 x 200 Meter			25.50		
Herm Johnson Relays	Outdoor	4/8/2006	Sat	4 x 200 Meter			25.00		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 200 Meter			24.00		
Marine Corps Holiday Classic	Indoor	12/27/2006	Wed	4 x 200 Meter					Fell
New Balance Games	Indoor	1/20/2007	Sat	4 x 200 Meter			52.00		
The National Hall of Fame Classic	Indoor	2/17/2007	Sat	4 x 200 Meter			23.30		
The National Hall of Fame Classic	Indoor	2/17/2007	Sat	4 x 200 Meter			23.70		
Eastern States Invitational	Indoor	2/27/2007	Tues	4 x 200 Meter			23.10		
Cranford Cougar Classic Relays	Outdoor	4/14/2007	Sat	4 x 200 Meter			24.80		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 200 Meter			21.90		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	4 x 200 Meter			22.50		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	4 x 200 Meter			22.60		
Nike Outdoor Nationals	Outdoor	6/15/2007	Friday	4 x 200 Meter			22.90		
220 Y (Relay)									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	1.0 Mile Relay			58.60		
300 (Open)									
NJCTC Championships	Indoor	2/10/2006	Friday	300 Meter			40.10		
400 (Open)									
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	400 Meter			54.90	1	



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Meet vs North Plainfield	Outdoor	4/4/2006	Tues	400 Meter			56.50	3	
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	400 Meter			53.40		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	400 Meter			53.80	3	
Mountain Valley Conference	Outdoor	5/9/2006	Tues	400 Meter			53.70		
Union County Championships	Outdoor	5/20/2006	Sat	400 Meter			53.10		
Catholic Conference Championships	Outdoor	5/28/2006	Sun	400 Meter			52.82	18	
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	400 Meter			53.80	2	
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	400 Meter			52.00	3	
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	400 Meter			52.30	1	
Mountain Valley Conference	Outdoor	5/8/2007	Tues	400 Meter			50.20	2	
Union County Championships	Outdoor	5/19/2007	Sat	400 Meter			50.60	5	2pts
Catholic Conference Championships	Outdoor	5/27/2007	Sun	400 Meter			50.57	6	
400 (Relay)									
Catholic Conference Relays	Indoor	1/9/2006	Mon	SMR 4-2-2-8			55.90		
Group 2 State Relays	Indoor	1/22/2006	Sun	SMR 4-2-2-8			55.45		
NJCTC Championships	Indoor	2/10/2006	Friday	4 x 400 Meter			57.30		
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	4 x 400 Meter			56.10		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	4 x 400 Meter			54.40		
Herm Johnson Relays	Outdoor	4/8/2006	Sat	SMR 2-2-4-8			52.70		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	4 x 400 Meter			53.50		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	DMR 12-4-8-16			55.50		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	4 x 400 Meter			55.70		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	SMR 2-2-4-8			51.00		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	4 x 400 Meter			53.50		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	SMR 2-2-4-8			52.70		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	DMR 12-4-8-16			53.00		
Union County Relay Championships	Outdoor	5/6/2006	Sat	DMR 12-4-8-16			52.40		
Union County Relay Championships	Outdoor	5/6/2006	Sat	SMR 2-2-4-8			52.30		
Union County Championships	Outdoor	5/20/2006	Sat	4 x 400 Meter			51.90		
Catholic Conference Championships	Outdoor	5/28/2006	Sun	4 x 400 Meter			51.47		
Meet of Champions	Outdoor	6/7/2006	Wed	4 x 400 Meter			53.30		



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Nike Outdoor Nationals	Outdoor	6/16/2006	Friday	DMR 12-4-8-16			50.40		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	SMR 2-2-4-8			53.80		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	DMR 12-4-8-16			52.90		
Marine Corps Holiday Classic	Indoor	12/27/2006	Wed	DMR 12-4-8-16			51.40		
Brown Invitational	Indoor	12/29/2006	Friday	SMR 4-2-2-8			52.70		DQ
Brown Invitational	Indoor	12/29/2006	Friday	4 x 400 Meter			53.10		
Group 1 State Relays	Indoor	1/12/2007	Friday	DMR 12-4-8-16			53.50		
Group 1 State Relays	Indoor	1/12/2007	Friday	4 x 400 Meter			52.90		
New Balance Games	Indoor	1/20/2007	Sat	SMR 4-2-2-8			51.40		
Group 1 State Championship	Indoor	2/15/2007	Thurs	4 x 400 Meter			51.10		
The National Hall of Fame Classic	Indoor	2/17/2007	Sat	4 x 400 Meter			50.50		
The National Hall of Fame Classic	Indoor	2/17/2007	Sat	SMR 4-2-2-8			51.70		
Winter Track Meet of Champions	Indoor	2/25/2007	Sun	4 x 400 Meter			51.80		
Eastern States Invitational	Indoor	2/27/2007	Tues	4 x 400 Meter			50.80		
National Scholastic Indoor Track	Indoor	3/9/2007	Friday	4 x 400 Meter			51.60		
National Scholastic Indoor Track	Indoor	3/9/2007	Friday	4 x 400 Meter					
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	4 x 400 Meter			52.30		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	4 x 400 Meter			52.40		
Cranford Cougar Classic Relays	Outdoor	4/14/2007	Sat	SMR 2-2-4-8			51.00		
Blue Devil Classic	Outdoor	4/21/2007	Sat	DMR 12-4-8-16			50.20		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 400 Meter			49.90		
The Penn Relays	Outdoor	4/28/2007	Sat	4 x 400 Meter			58.70		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	SMR 2-2-4-8			50.30		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	4 x 400 Meter			49.90		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	DMR 12-4-8-16			49.90		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	4 x 400 Meter			49.50		
Mountain Valley Conference	Outdoor	5/8/2007	Tues	4 x 400 Meter			49.70		
Union County Championships	Outdoor	5/19/2007	Sat	4 x 400 Meter			50.30		
East Coast Relays	Outdoor	5/21/2007	Mon	SMR 2-2-4-8			50.30		
East Coast Relays	Outdoor	5/21/2007	Mon	4 x 400 Meter			48.90		
Catholic Conference Championships	Outdoor	5/27/2007	Sun	4 x 400 Meter			50.50		



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Nike Outdoor Nationals	Outdoor	6/15/2007	Friday	DMR 12-4-8-16			50.40		
Meet of Champions	Outdoor	6/6/2010	Sun	4 x 400 Meter			50.30		
440 Y (Open)									
Union County Individuals	Indoor	1/31/2007	Wed	440 Yard			56.00	5	
440 Y (Relay)									
Union County Individuals	Indoor	1/31/2007	Wed	1.0 Mile Relay					
800 (Open)									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	800 Meter			2:11.30		
880 Y (Open)									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	880 Yard			2:18.00	3	
High Jump									
Mountain Valley Conference	Indoor	1/7/2006	Sat	High Jump			0' 00.00"		