



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>55 (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	2/11/2007	Sun	55 Meter Dash			11.00		
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	55 Meter Dash			7.80		PR
<b>55 HH (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	2/11/2007	Sun	55 Meter HH			11.00		
Mountain Valley Conference	Indoor	1/3/2009	Sat	55 Meter HH			10.68		
Union County Championship	Indoor	1/24/2009	Sat	55 Meter HH			9.58	23	
NJCTC Championships	Indoor	2/8/2009	Sun	55 Meter HH			10.02	39	
Non Public A State Championship	Indoor	2/13/2009	Friday	55 Meter HH			9.63	32	
<b>55 HH (Relay)</b>									
Catholic Conference Relays	Indoor	1/4/2009	Sun	Shuttle Hurdles 55m					
Union County Relay Championship	Indoor	1/10/2009	Sat	Shuttle Hurdles 55m			8.70		
Non Public State Relays	Indoor	1/16/2009	Friday	Shuttle Hurdles 55m			8.50		
Frank Burns Relays	Indoor	12/27/2009	Sun	Shuttle Hurdles 55m			9.20		
<b>60 Y HH (Open)</b>									
Union County Novice Meet	Indoor	2/5/2007	Mon	60 Yard HH			10.70		
<b>100 (Open)</b>									
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	100 Meter Dash			13.20		
<b>110 HH (Open)</b>									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	110 Meter HH			24.80		
Union County Championships	Outdoor	5/19/2007	Sat	110 Meter HH			18.10	32	
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	110 Meter HH			18.50	1	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	110 Meter HH			18.60		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	110 Meter HH			17.20	2	
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	110 Meter HH			17.20	2	
Mountain Valley Conference	Outdoor	5/5/2009	Tues	110 Meter HH			16.80		
Union County Championships	Outdoor	5/15/2009	Friday	110 Meter HH			18.10	32	
Catholic Conference Championships	Outdoor	5/25/2009	Mon	110 Meter HH			17.14	20	
<b>110 HH (Relay)</b>									
Union County Relay Championships	Outdoor	5/3/2007	Thurs	Shuttle Hurdles 110m			16.80		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	Shuttle Hurdles 110m			18.40		
Union County Relay Championships	Outdoor	5/2/2008	Friday	Shuttle Hurdles 110m			16.80		
Colts Neck Relays	Outdoor	4/11/2009	Sat	Shuttle Hurdles 110m			18.40		
Blue Devil Classic	Outdoor	4/18/2009	Sat	Shuttle Hurdles 110m			16.70		
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	Shuttle Hurdles 110m			18.40		
Union County Relay Championships	Outdoor	4/30/2009	Thurs	Shuttle Hurdles 110m			16.80		
<b>200 (Open)</b>									
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	200 Meter			27.30		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	200 Meter			27.40		
Metuchen Frosh Soph 1	Outdoor	4/13/2007	Friday	200 Meter			28.30		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	200 Meter			28.20		
Metuchen Frosh Soph 4	Outdoor	5/11/2007	Friday	200 Meter			26.30	1	
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	200 Meter			26.40		
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	200 Meter			26.50		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	200 Meter			26.60		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	200 Meter			25.50		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	200 Meter			25.80		
<b>200 (Relay)</b>									
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 200 Meter			28.10		
Union County Novice Meet	Indoor	2/5/2007	Mon	4 x 200 Meter			30.70		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 200 Meter			26.20		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 200 Meter			26.50		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 200 Meter			26.10		
Non Public State Relays	Indoor	1/11/2008	Friday	4 x 200 Meter			26.50		
New Balance Games	Indoor	1/19/2008	Sat	4 x 200 Meter			25.60		
Union County Relay Championships	Outdoor	5/2/2008	Friday	SMR 2-2-4-8			24.90		
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 200 Meter			26.50		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			24.40		
<b>300 (Open)</b>									
NJCTC Frosh/Soph Championships	Indoor	2/11/2007	Sun	300 Meter			44.60		



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>400 (Open)</b>									
Seton Hall Invitational - Individual	Indoor	12/27/2006	Wed	400 Meter			1:05.25		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	400 Meter			1:02.00		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	400 Meter			1:05.00		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	400 Meter			1:00.60		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	400 Meter			1:01.50		
Mountain Valley Conference Novice Meet	Outdoor	5/14/2007	Mon	400 Meter			58.70		
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	400 Meter			57.60		PR
Catholic Conference Championship	Indoor	2/8/2008	Friday	400 Meter			57.70		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	400 Meter			58.20		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	400 Meter			55.80		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	400 Meter			56.50		
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	400 Meter			55.40		
Mountain Valley Conference	Indoor	1/3/2009	Sat	400 Meter			59.23		
Toms River Frosh - Novice	Indoor	2/4/2009	Wed	400 Meter			56.92		
Non Public A State Championship	Indoor	2/13/2009	Friday	400 Meter			56.36		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	400 Meter			56.80		
<b>400 (Relay)</b>									
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 400 Meter			1:02.50		
Union County Novice Meet	Indoor	2/5/2007	Mon	4 x 400 Meter			1:06.30		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	4 x 400 Meter			1:01.60		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 400 Meter			1:00.40		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 400 Meter			59.10		
New Balance Games	Indoor	1/19/2008	Sat	4 x 400 Meter			57.70		
Catholic Conference Championship	Indoor	2/8/2008	Friday	4 x 400 Meter			1:00.30		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	4 x 400 Meter			56.40		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	4 x 400 Meter			58.40		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 400 Meter			56.20		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	4 x 400 Meter			56.60		
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 400 Meter			57.70		
Union County Relay Championship	Indoor	1/10/2009	Sat	SMR 4-2-2-8			56.90		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public State Relays	Indoor	1/16/2009	Friday	4 x 400 Meter			57.50		
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	4 x 400 Meter			56.90		
Colts Neck Relays	Outdoor	4/11/2009	Sat	DMR 12-4-8-16			54.90		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	4 x 400 Meter			55.20		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 400 Meter			55.90		
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	4 x 400 Meter			54.90		
<b>400 IH (Open)</b>									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	400 Meter IH			1:03.00	2	
Meet vs St Joe's Mon Don Notre Dame	Outdoor	3/28/2009	Sat	400 Meter IH			1:04.20		
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	400 Meter IH			1:04.90		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	400 Meter IH			1:03.30		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	400 Meter IH			1:00.70	1	
Mountain Valley Conference	Outdoor	5/5/2009	Tues	400 Meter IH			1:00.10	5	
Union County Championships	Outdoor	5/15/2009	Friday	400 Meter IH			1:00.92	15	
Catholic Conference Championships	Outdoor	5/25/2009	Mon	400 Meter IH			59.93	9	
Non Public A State Championships	Outdoor	5/29/2009	Friday	400 Meter IH			1:02.08	20	
<b>400 IH (Relay)</b>									
Union County Relay Championships	Outdoor	5/3/2007	Thurs	3 x 400 IH			1:01.90		
Union County Relay Championships	Outdoor	5/2/2008	Friday	3 x 400 IH			1:01.90		
Colts Neck Relays	Outdoor	4/11/2009	Sat	3 x 400 IH			1:04.22		
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	3 x 400 IH			1:01.50		
Union County Relay Championships	Outdoor	4/30/2009	Thurs	3 x 400 IH			1:01.90		
<b>800 (Open)</b>									
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	800 Meter			2:25.40		
<b>800 (Relay)</b>									
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 800 Meter			2:17.70		
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 800 Meter			2:21.70		
NJCTC Championships	Indoor	2/8/2009	Sun	4 x 800 Meter			2:19.40		
<b>880 Y (Open)</b>									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	880 Yard			2:51.00		



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>2.1 miles</b>									
Union County Championship	Warinanco Park	10/25/2006	Wed				14:18.00		
<b>2.2 miles</b>									
Bernie Magee Class Meet	Warinanco Park	9/23/2006	Sat	2.2 Mile			15:02.00	103	
Stewart Memorial Invitational	Warinanco Park	9/30/2006	Sat	2.2 Mile			14:25.00	116	PR
Catholic Conference Championship	Warinanco Park	11/4/2006	Sat	2.2 Mile			14:27.00	68	
<b>3200</b>									
Shore Coaches Invitational	Holmdel Park	10/7/2006	Sat	3200 Meter Run			14:06.00	52	
Mountain Valley Conference	Pleasant Valley Park	10/10/2006	Tues	3200 Meter Run			13:36.00	12	
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues			65 Degrees / Clear	13:48.00	1	
<b>5000</b>									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	5K			20:29.00	73	
UC -vs- Governor Livingston	Governor Livingston HS	9/30/2008	Tues	5K			20:38.00	18	
<b>5150</b>									
UC -vs- Arthur L. Johnson, Newark	Warinanco Park	9/12/2006	Tues	5150 Meters			22:13.00	16	
UC -vs- Cranford	Warinanco Park	9/19/2006	Tues	5150 Meters			23:22.00	23	
UC -vs- Rahway, Governor Livingston	Warinanco Park	9/26/2006	Tues	5150 Meters			22:37.00	28	
UC -vs- Arthur L. Johnson, Rahway,	Warinanco Park	10/3/2006	Tues	5150 Meters			22:38.00	17	
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			20:19.00	15	PR
UC -vs- Cranford	Warinanco Park	9/23/2008	Tues	5150 Meters			20:20.00	18	
<b>5250</b>									
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	5250 Meters			20:11.00	123	
<b>Long Jump</b>									
Mountain Valley Conference Novice Meet Outdoor		5/15/2006	Mon	Long Jump			15' 11.00"		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	Long Jump					
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	Long Jump			13' 09.00"		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	Long Jump			14' 01.00"		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	Long Jump					
Mountain Valley Conference Novice Meet Outdoor		5/14/2007	Mon	Long Jump			15' 11.00"		



**Boys XC / Track / Field  
Performance History Report for:**

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b><i>Triple Jump</i></b>									
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	Triple Jump					