



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 (Open)									
Merli Invitational	Indoor	12/19/2009	Sat	55 Meter			7.11	14	
Union County Championship	Indoor	1/23/2010	Sat	55 Meter			7.09	19	PR
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	55 Meter Dash			6.70	6	Final,
Catholic Conference Championship	Indoor	2/7/2010	Sun	55 Meter			6.99	20	PR
Non Public A State Championship	Indoor	2/19/2010	Friday	55 Meter			7.00	17	
Union County Championship	Indoor	1/22/2011	Sat	55 Meter			6.84	7	PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	55 Meter			6.79	2	PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	55 Meter			6.73	2	PR
Non Public A State Championship	Indoor	2/19/2011	Sat	55 Meter			6.90	7	
Non Public A State Championship	Indoor	2/19/2011	Sat	55 Meter			6.88	6	
Meet of Champions	Indoor	2/26/2011	Sat	55 Meter			6.88	24	
Eastern States Invitational	Indoor	3/1/2011	Tues	55 Meter			6.78	27	
Eastern States Invitational	Indoor	3/1/2011	Tues	55 Meter			6.86		
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	55 Meter Dash			6.80	6	
Union County Championship	Indoor	1/21/2012	Sat	55 Meter			6.76	7	6.77
Ed Church Invitational	Indoor	2/9/2012	Thurs	55 Meter Dash			6.74		
NJCTC Championship	Indoor	2/12/2012	Sun	55 Meter			6.72	2	
NJCTC Championship	Indoor	2/12/2012	Sun	55 Meter			6.70	2	
Non Public B State Championship	Indoor	2/17/2012	Friday	55 Meter			6.87		
Non Public B State Championship	Indoor	2/17/2012	Friday	55 Meter			6.77	4	
Meet of Champions	Indoor	2/25/2012	Sat	55 Meter			6.85	27	
Eastern States Invitational	Indoor	2/28/2012	Tues	55 Meter			6.81	36	
60 Y (Open)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed	60 Yard			7.00	3	
100 (Open)									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	100 Meter Dash			12.10		
Meet vs St Joe's Mon Don Notre Dame	Outdoor	3/28/2009	Sat	100 Meter Dash			12.80	3	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	100 Meter Dash			11.90		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	100 Meter Dash			11.70	1	



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Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	100 Meter Dash			11.40	2	
Mountain Valley Conference	Outdoor	5/5/2009	Tues	100 Meter Dash			11.40		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	100 Meter Dash			11.30	1	
Union County Championships	Outdoor	5/15/2009	Friday	100 Meter Dash			11.63	23	
NJCTC Frosh/Soph Championships	Outdoor	5/17/2009	Sun	100 Meter Dash			11.50	1	PR
Catholic Conference Championships	Outdoor	5/25/2009	Mon	100 Meter Dash			11.75	16	
Non Public A State Championships	Outdoor	5/29/2009	Friday	100 Meter Dash			11.61	16	
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	100 Meter Dash		49 Degrees, Partly Cloudy	12.00		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	100 Meter Dash		70 Degrees & Sunny	11.60	2	
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	100 Meter Dash			11.60	2	
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	100 Meter Dash			11.70		
UCC Divisional Championship	Outdoor	5/5/2010	Wed	100 Meter Dash			11.30		Semi
Union County JV Meet	Outdoor	5/11/2010	Tues	100 Meter Dash			11.70		
Union County Championship	Outdoor	5/14/2010	Friday	100 Meter Dash			11.81	17	
NP A South State Sectionals	Outdoor	5/21/2010	Friday	100 Meter Dash			11.82	11	
Meet vs Summit	Outdoor	4/5/2011	Tues	100 Meter Dash		42 Degrees	11.50	2	
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	100 Meter Dash		70, Sunny	11.00	2	PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	100 Meter Dash		75, Sunny	11.50	2	
UCC Divisional Championship	Outdoor	5/13/2011	Friday	100 Meter Dash			11.43	2	
UCC Divisional Championship	Outdoor	5/13/2011	Friday	100 Meter Dash			11.42	2	
Union County Championship	Outdoor	5/20/2011	Friday	100 Meter Dash		68, Cloudy	11.72	18	
Non Public A North State Sectionals	Outdoor	5/27/2011	Friday	100 Meter Dash			11.72	9	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	100 Meter Dash		58 and Sunny	11.40	1	
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	100 Meter Dash		65 and Sunny	11.40	1	
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	100 Meter Dash			11.70	1	
Union County Conference Championship	Outdoor	5/11/2012	Friday	100 Meter Dash			11.33	4	
Union County Conference Championship	Outdoor	5/11/2012	Friday	100 Meter Dash			11.30	5	
Union County Championship	Outdoor	5/17/2012	Thurs	100 Meter Dash		72, Sunny	11.41	13	
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	100 Meter Dash		78 Degrees, Sunny	11.29	8	
Non Public A North State Sectionals	Outdoor	5/25/2012	Friday	100 Meter Dash		78 Degrees, Sunny	11.35	8	
Non Public A State Championship	Outdoor	6/1/2012	Friday	100 Meter Dash		Cool, Windy	11.47	10	



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100 (Relay)									
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	4 x 100 Meter					
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	4 x 100 Meter					
Summit Relays	Outdoor	4/3/2010	Sat	4 x 100 Meter		75 Degrees, Sunny			
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 100 Meter		73 Degrees			
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 100 Meter					DNF
Penn Relays	Outdoor	4/23/2010	Friday	4 x 100 Meter					
Union County Relay Championship	Outdoor	4/29/2010	Thurs	4 x 100 Meter					
Summit Relays	Outdoor	4/2/2011	Sat	4 x 100 Meter		52 and Partly Sunny			
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 100 Meter		58, Partly Cloudy			
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 100 Meter		High 40's and Rainy			
Penn Relays	Outdoor	4/29/2011	Friday	4 x 100 Meter					
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 100 Meter					
Union County Relay Championship	Outdoor	5/5/2011	Thurs	4 x 100 Meter		65, Sunny			
Summit Relays	Outdoor	4/7/2012	Sat	4 x 100 Meter					
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 100 Meter		69 and Sunny			
The Penn Relays	Outdoor	4/27/2012	Friday	4 x 100 Meter					
Union County Relay Championship	Outdoor	5/3/2012	Thurs	4 x 100 Meter					
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	Swedish Relay 1-2-3-4			11.00		
New Balance Outdoor Nationals	Outdoor	6/14/2012	Thurs	SMR 1-1-2-4			10.90		
200 (Open)									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	200 Meter			24.70		
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	200 Meter			24.50	4	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	200 Meter			25.10		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	200 Meter			23.80		
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	200 Meter			23.90	1	
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	200 Meter			24.30	2	
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	200 Meter			23.80		
Union County Championships	Outdoor	5/15/2009	Friday	200 Meter			23.83	18	
Catholic Conference Championships	Outdoor	5/25/2009	Mon	200 Meter			24.05	20	
Non Public A State Championships	Outdoor	5/29/2009	Friday	200 Meter			24.05	20	



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NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	200 Meter			25.30		
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	200 Meter		49 Degrees, Partly Cloudy	24.70		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	200 Meter		70 Degrees & Sunny	23.90		
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Friday	200 Meter		65 Degrees	25.10	6	
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	200 Meter			24.30		
Union County JV Meet	Outdoor	5/11/2010	Tues	200 Meter			24.20		
Meet vs Summit	Outdoor	4/5/2011	Tues	200 Meter		42 Degrees	23.80		
Meet vs Arthur L. Johnson	Outdoor	4/20/2011	Wed	200 Meter		70, Sunny	23.40		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	200 Meter		75, Sunny	23.70		
Union County Championship	Outdoor	5/21/2011	Sat	200 Meter		68, Cloudy	23.97	24	
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	200 Meter			23.80		PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	200 Meter		65 and Sunny	23.60	3	
Union County Conference Championship	Outdoor	5/12/2012	Sat	200 Meter			23.54	12	
Union County Championship	Outdoor	5/18/2012	Friday	200 Meter		72, Sunny	23.32	17	PR
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	200 Meter		78 Degrees, Sunny	23.77	12	
200 (Relay)									
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 200 Meter			24.90		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			24.10		
Blue Devil Classic	Outdoor	4/18/2009	Sat	SMR 4-2-2-8			24.10		
Metuchen Frosh Soph 2	Outdoor	5/1/2009	Friday	4 x 200 Meter			24.90		
East Coast Relays	Outdoor	5/18/2009	Mon	SMR 2-2-4-8			23.40		
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 200 Meter			25.70		
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 200 Meter			24.50		PR
Catholic Conference Relays	Indoor	1/3/2010	Sun	SMR 4-2-2-8			24.80		
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			25.50		
Union County Relay Championship	Indoor	1/9/2010	Sat	4 x 200 Meter			25.40		
Non Public State Relays	Indoor	1/16/2010	Sat	SMR 4-2-2-8			25.00		
Eastern States Invitational	Indoor	2/23/2010	Tues	4 x 200 Meter			24.10		PR
Summit Relays	Outdoor	4/3/2010	Sat	SMR 2-2-4-8		75 Degrees, Sunny	23.80		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 200 Meter		73 Degrees	24.10		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 200 Meter			23.80		



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Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	4 x 200 Meter			24.30		Bad
Passarrelti Relays	Indoor	12/19/2010	Sun	SMR 2-2-4-8			24.90		
Passarrelti Relays	Indoor	12/19/2010	Sun	4 x 200 Meter			24.70		Slip at
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 200 Meter			23.80		PR
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	SMR 4-2-2-8			24.10		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 200 Meter			23.90		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 200 Meter			23.60		PR
Union County Relay Championship	Indoor	1/8/2011	Sat	4 x 200 Meter			25.60		Impede
Union County Relay Championship	Indoor	1/8/2011	Sat	SMR 4-2-2-8			24.30		
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 200 Meter			24.70		
New Balance Indoor Nationals	Indoor	3/11/2011	Friday	4 x 200 Meter			24.00		
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 200 Meter		58, Partly Cloudy	23.50		
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 200 Meter		High 40's and Rainy	23.80		
Blue Devil Relays	Outdoor	4/16/2011	Sat	SMR 4-2-2-8		High 40's and Rainy	24.10		
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 200 Meter			23.60		
Union County Relay Championship	Outdoor	5/5/2011	Thurs	SMR 2-2-4-8		65, Sunny	23.10		PR
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	4 x 200 Meter			23.90		
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	4 x 200 Meter			23.30		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 200 Meter			23.60		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	SMR 2-2-4-8			23.90		
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 200 Meter			23.90		
Union County Relay Championship	Indoor	1/6/2012	Friday	SMR 4-2-2-8			24.40		
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 200 Meter			23.70		
Non Public State Relays	Indoor	1/15/2012	Sun	SMR 4-2-2-8			23.70		
Summit Relays	Outdoor	4/7/2012	Sat	SMR 4-2-2-8			23.20		
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 200 Meter		75 Degrees and Sunny	22.90		
NJCTC Relays	Outdoor	4/15/2012	Sun	SMR 2-2-4-8		75 Degrees and Sunny	22.90		
Blue Devil Classic	Outdoor	4/21/2012	Sat	SMR 4-2-2-8		69 and Sunny	22.60		PR
Union County Relay Championship	Outdoor	5/3/2012	Thurs	SMR 2-2-4-8			22.70		
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 200 Meter			22.80		
East Coast Relays	Outdoor	5/21/2012	Mon	4 x 200 Meter		62, Heavy Rain	23.00		



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300 (Open)									
Catholic Conference Championship	Indoor	2/7/2010	Sun	300 Meter			40.21	38	
400 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	400 Meter			57.50	9	
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Friday	400 Meter		65 Degrees	56.60		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	400 Meter			54.90	3	PR
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	400 Meter			58.20		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	400 Meter		52, Sunny, Windy	54.90		
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	400 Meter		58 and Sunny	54.20		PR
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	400 Meter			53.40		PR
400 (Relay)									
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	4 x 400 Meter			57.70		
Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 400 Meter			57.90		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	4 x 400 Meter			56.10		
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	4 x 400 Meter			54.60		PR
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	DMR 12-4-8-16			55.90		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	4 x 400 Meter			54.90		
Merli Invitational	Indoor	12/19/2009	Sat	1600 Meter Relay			57.40		PR
Frank Burns Relays	Indoor	12/27/2009	Sun	DMR 12-4-8-16			58.40		
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 400 Meter			59.80		
NJCTC Frosh/Soph Championships	Indoor	1/30/2010	Sat	4 x 400 Meter			57.90		
Catholic Conference Championship	Indoor	2/7/2010	Sun	4 x 400 Meter			56.60		PR
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	4 x 400 Meter		49 Degrees, Partly Cloudy	58.10		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	4 x 400 Meter		70 Degrees & Sunny	57.60		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	54.90		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			55.80		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			57.50		27.9
Non Public State Relays	Indoor	1/15/2011	Sat	SMR 4-2-2-8			58.00		27.4
Summit Relays	Outdoor	4/2/2011	Sat	SMR 2-2-4-8		52 and Partly Sunny	55.30		
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 400 Meter		58, Partly Cloudy	54.80		



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Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 400 Meter			55.20		PR
NJCTC Championship	Indoor	2/12/2012	Sun	4 x 400 Meter			54.70	24.7	PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	4 x 400 Meter		52, Sunny, Windy	55.90		
440 Y (Relay)									
Union County Frosh/Soph Championship	Indoor	1/13/2010	Wed	1.0 Mile Relay			1:03.70		
3200									
UC -vs- Cranford	Warinanco Park	9/29/2009	Tues			65 Degrees / Clear	16:08.00		
Javelin									
Summit Relays	Outdoor	4/2/2011	Sat	Javelin		52 and Partly Sunny	70' 07.00"	57	
NJCTC Relays	Outdoor	4/10/2011	Sun	Javelin		58, Partly Cloudy	102'		PR
Long Jump									
Catholic Conference Relays	Indoor	12/29/2011	Thurs	Long Jump			14' 00.00"		