



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 HH (Open)									
Merli Invitational	Indoor	12/19/2009	Sat	55 Meter HH			8.37	7	
Union County Championship	Indoor	1/23/2010	Sat	55 Meter HH			8.30	7	PR
Passarrelis Relays	Indoor	12/19/2010	Sun	55 Meter HH			8.20	2	PR
Union County Championship	Indoor	1/22/2011	Sat	55 Meter HH			8.08	5	PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	55 Meter HH			8.29	8	
Non Public A State Championship	Indoor	2/19/2011	Sat	55 Meter HH			8.06	4	
Non Public A State Championship	Indoor	2/19/2011	Sat	55 Meter HH			7.97	4	PR
Meet of Champions	Indoor	2/26/2011	Sat	55 Meter HH			8.05	23	
55 HH (Relay)									
Frank Burns Relays	Indoor	12/27/2009	Sun	Shuttle Hurdles 55m			7.70		
Catholic Conference Relays	Indoor	1/3/2010	Sun	Shuttle Hurdles 55m			7.90		
Union County Relay Championship	Indoor	1/9/2010	Sat	Shuttle Hurdles 55m			9.90		Fell
Non Public State Relays	Indoor	1/16/2010	Sat	Shuttle Hurdles 55m			7.80		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	Shuttle Hurdles 55m			7.60		PR
Catholic Conference Relays	Indoor	1/2/2011	Sun	Shuttle Hurdles 55m			7.40		PR
Union County Relay Championship	Indoor	1/10/2011	Mon	Shuttle Hurdles 55m			7.40		
Non Public State Relays	Indoor	1/15/2011	Sat	Shuttle Hurdles 55m			7.50		
100 (Relay)									
Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	4 x 100 Meter					
110 HH (Open)									
Union County Championships	Outdoor	5/19/2007	Sat	110 Meter HH			16.94	21	
Non Public A State Championships	Outdoor	6/1/2007	Friday	110 Meter HH			16.80	17	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	110 Meter HH			20.90		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	110 Meter HH			17.10	1	
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	110 Meter HH			16.40	3	PR
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	110 Meter HH			16.50	1	
Mountain Valley Conference	Outdoor	5/5/2009	Tues	110 Meter HH			16.10	5	
Union County Championships	Outdoor	5/15/2009	Friday	110 Meter HH			16.94	21	
Catholic Conference Championships	Outdoor	5/25/2009	Mon	110 Meter HH			16.89	18	



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Non Public A State Championships	Outdoor	5/29/2009	Friday	110 Meter HH			16.80	17	
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	110 Meter HH		70 Degrees & Sunny	16.30	2	
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	110 Meter HH			16.50	2	
NP A South State Sectionals	Outdoor	5/22/2010	Sat	110 Meter HH			16.99	12	
110 HH (Relay)									
Union County Relay Championships	Outdoor	5/3/2007	Thurs	Shuttle Hurdles 110m			17.90		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	Shuttle Hurdles 110m			16.60		
Union County Relay Championships	Outdoor	5/2/2008	Friday	Shuttle Hurdles 110m			17.90		
Colts Neck Relays	Outdoor	4/11/2009	Sat	Shuttle Hurdles 110m			17.40		
Blue Devil Classic	Outdoor	4/18/2009	Sat	Shuttle Hurdles 110m			16.50		
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	Shuttle Hurdles 110m			16.60		
Union County Relay Championships	Outdoor	4/30/2009	Thurs	Shuttle Hurdles 110m			17.90		
Summit Relays	Outdoor	4/3/2010	Sat	Shuttle Hurdles 110m		75 Degrees, Sunny	16.10		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	Shuttle Hurdles 110m		73 Degrees	16.10		
Blue Devil Relays	Outdoor	4/16/2010	Friday	Shuttle Hurdles 110m			16.60		
Union County Relay Championship	Outdoor	4/30/2010	Friday	Shuttle Hurdles 110m			15.70		PR
East Coast Relays	Outdoor	5/17/2010	Mon	Shuttle Hurdles 110m		70 Degrees / Sunny	15.70		
200 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	200 Meter			26.90		
200 (Relay)									
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 200 Meter			24.00		
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 200 Meter			24.40		
Union County Relay Championship	Indoor	1/9/2010	Sat	4 x 200 Meter			25.10		
Passarrelti Relays	Indoor	12/19/2010	Sun	4 x 200 Meter			24.40		
Eastern States Invitational	Indoor	3/1/2011	Tues	4 x 200 Meter			22.90		PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 200 Meter		High 40's and Rainy	23.50		Bad
400 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	400 Meter			57.30		
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	400 Meter			54.20	3	25.8



Boys XC / Track / Field

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400 (Relay)									
Meet vs Governor Livingston and Colts Neck Relays	Outdoor	4/7/2009	Tues	4 x 400 Meter			59.10		
Meet vs Cranford and Hillside	Outdoor	4/11/2009	Sat	4 x 400 Meter			56.90		
NJCTC Frosh/Soph Championships	Outdoor	4/16/2009	Thurs	4 x 400 Meter			56.90		
Blue Devil Classic	Outdoor	4/17/2009	Friday	4 x 400 Meter			53.90		PR
Metuchen Frosh Soph 4	Outdoor	4/18/2009	Sat	SMR 4-2-2-8			55.20		
Frank Burns Relays	Indoor	5/8/2009	Friday	DMR 12-4-8-16			55.20		
Catholic Conference Relays	Indoor	12/27/2009	Sun	4 x 400 Meter			54.30		
NP A South State Sectionals	Indoor	1/3/2010	Sun	4 x 400 Meter			54.50		
Catholic Conference Championship	Outdoor	5/22/2010	Sat	4 x 400 Meter			55.50		
Eastern States Invitational	Indoor	2/6/2011	Sun	4 x 400 Meter			51.80		25.3,PR
		3/1/2011	Tues	4 x 400 Meter			52.40		25.3
400 IH (Open)									
Meet vs St Joe's Mon Don Notre Dame	Outdoor	3/28/2009	Sat	400 Meter IH			1:11.90		
Meet vs Governor Livingston and Cranford and Hillside	Outdoor	4/7/2009	Tues	400 Meter IH			1:10.70		
Meet vs Roselle Catholic and Roselle	Outdoor	4/16/2009	Thurs	400 Meter IH			1:05.30		
Mountain Valley Conference	Outdoor	4/28/2009	Tues	400 Meter IH			1:04.20		
Union County Championships	Outdoor	5/5/2009	Tues	400 Meter IH			1:04.20		
NJCTC Frosh/Soph Championships	Outdoor	5/15/2009	Friday	400 Meter IH			1:05.41	33	
Catholic Conference Championships	Outdoor	5/17/2009	Sun	400 Meter IH			1:02.30	5	PR
Non Public A State Championships	Outdoor	5/25/2009	Mon	400 Meter IH			1:02.45	19	
Meet vs Arthur L. Johnson	Outdoor	5/29/2009	Friday	400 Meter IH			1:02.74	21	
UCC Divisional Championship	Outdoor	4/13/2011	Wed	400 Meter IH		70, Sunny	58.60	1	PR
		5/13/2011	Friday	400 Meter IH			59.53	5	
400 IH (Relay)									
Union County Relay Championships	Outdoor	5/3/2007	Thurs	3 x 400 IH			1:06.86		
Colts Neck Relays	Outdoor	5/2/2008	Friday	3 x 400 IH			1:06.86		
Mountain Valley Conference Relay	Outdoor	4/11/2009	Sat	3 x 400 IH			1:11.30		
Union County Relay Championships	Outdoor	4/21/2009	Tues	3 x 400 IH			1:06.40		
		4/30/2009	Thurs	3 x 400 IH			1:06.86		



Boys XC / Track / Field

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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Summit Relays	Outdoor	4/2/2011	Sat	3 x 400 IH		52 and Partly Sunny	59.60	6	PR
800 (Open)									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	800 Meter			2:34.00		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	800 Meter			2:18.80		
High Jump									
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	High Jump			5' 04.00"	3	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	High Jump					
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	High Jump					
Mountain Valley Conference Relay	Outdoor	4/21/2009	Tues	High Jump			5' 03.00"		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	High Jump					
Union County Relay Championships	Outdoor	4/30/2009	Thurs	High Jump			5' 03.00"		
Mountain Valley Conference	Outdoor	5/5/2009	Tues	High Jump			5' 06.00"	2	
Union County Championships	Outdoor	5/15/2009	Friday	High Jump			5' 08.00"	7	
Non Public A State Championships	Outdoor	5/29/2009	Friday	High Jump			5' 04.00"	13	
Merli Invitational	Indoor	12/19/2009	Sat	High Jump			5' 10.00"	5	
Frank Burns Relays	Indoor	12/27/2009	Sun	High Jump			5' 10.00"		
Catholic Conference Relays	Indoor	1/3/2010	Sun	High Jump			5' 08.00"		
Union County Relay Championship	Indoor	1/9/2010	Sat	High Jump			5' 06.00"		
Union County Championship	Indoor	1/23/2010	Sat	High Jump			5' 10.00"	2	
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	High Jump		49 Degrees, Partly Cloudy	5' 08.00"		
Summit Relays	Outdoor	4/3/2010	Sat	High Jump		75 Degrees, Sunny	6' 00.00"		PR
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	High Jump		70 Degrees & Sunny	6' 02.00"		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	High Jump		73 Degrees	5' 10.00"		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	High Jump			5' 10.00"	1	
Blue Devil Relays	Outdoor	4/16/2010	Friday	High Jump			5' 10.00"		
Union County Relay Championship	Outdoor	4/30/2010	Friday	High Jump					DNJ
UCC Divisional Championship	Outdoor	5/5/2010	Wed	High Jump			5' 10.00"	4	
Union County Championship	Outdoor	5/14/2010	Friday	High Jump			5' 08.00"	9	
NP A South State Sectionals	Outdoor	5/21/2010	Friday	High Jump			5' 10.00"	5	
Non Public A State Championship	Outdoor	5/28/2010	Friday	High Jump		Mid 70's / Party Cloudy	6' 00.00"	6	
Meet of Champions	Outdoor	6/3/2010	Thurs	High Jump					NH



Boys XC / Track / Field

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Passarrelis Relays	Indoor	12/19/2010	Sun	High Jump			6' 02.00"		
Catholic Conference Relays	Indoor	1/2/2011	Sun	High Jump			6' 00.00"		
Union County Relay Championship	Indoor	1/8/2011	Sat	High Jump			6' 04.00"	2	PR
Non Public State Relays	Indoor	1/15/2011	Sat	High Jump			6' 00.00"	2	
Union County Championship	Indoor	1/22/2011	Sat	High Jump			6' 00.00"	3	
Catholic Conference Championship	Indoor	2/6/2011	Sun	High Jump			6' 00.00"	3	
Non Public A State Championship	Indoor	2/19/2011	Sat	High Jump			6' 02.00"	2	
Meet of Champions	Indoor	2/26/2011	Sat	High Jump			6' 02.00"	7	
New Balance Indoor Nationals	Indoor	3/11/2011	Friday	High Jump			6' 03.25"	3	
Summit Relays	Outdoor	4/2/2011	Sat	High Jump		52 and Partly Sunny	6' 00.00"	2	
Meet vs Summit	Outdoor	4/5/2011	Tues	High Jump		42 Degrees	6' 00.00"	1	
NJCTC Relays	Outdoor	4/10/2011	Sun	High Jump		58, Partly Cloudy	6' 02.00"	1	
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	High Jump		70, Sunny	6' 00.00"		
Blue Devil Relays	Outdoor	4/16/2011	Sat	High Jump		High 40's and Rainy	5' 10.00"		
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	High Jump		75, Sunny	6' 02.00"	2	
Randolph Relays	Outdoor	4/30/2011	Sat	High Jump			6' 02.00"	1	
Union County Relay Championship	Outdoor	5/6/2011	Friday	High Jump		65, Sunny	6' 02.00"	2	
UCC Divisional Championship	Outdoor	5/14/2011	Sat	High Jump			6' 02.00"	4	
Union County Championship	Outdoor	5/20/2011	Friday	High Jump		68, Cloudy	6' 04.00"	2	
Carl Lewis Relays	Outdoor	5/23/2011	Mon	High Jump			6' 02.00"	1	
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	High Jump			6' 04.00"	1	
Non Public A State Championship	Outdoor	6/4/2011	Sat	High Jump			6' 04.00"	1	
Meet of Champions	Outdoor	6/9/2011	Thurs	High Jump			6' 02.00"	11	
Long Jump									
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	Long Jump					
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	Long Jump					
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	Long Jump					
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	Long Jump		70 Degrees & Sunny	18' 10.75"		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	Long Jump		73 Degrees	19' 01.00"		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	Long Jump			17' 07.75"		
Blue Devil Relays	Outdoor	4/16/2010	Friday	Long Jump			18' 08.00"		



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Union County Relay Championship	Outdoor	4/29/2010	Thurs	Long Jump			21' 00.50"		PR
UCC Divisional Championship	Outdoor	5/3/2010	Mon	Long Jump			21' 01.50"	3	PR
Union County Championship	Outdoor	5/14/2010	Friday	Long Jump			19' 04.50"	13	
NP A South State Sectionals	Outdoor	5/21/2010	Friday	Long Jump			21' 02.75"	1	PR
Non Public A State Championship	Outdoor	5/28/2010	Friday	Long Jump		Mid 70's / Party Cloudy			Foul
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	Long Jump			20' 02.25"	4	
Eastern States Invitational	Indoor	3/1/2011	Tues	Long Jump			19' 10.75"	19	
Meet vs Summit	Outdoor	4/5/2011	Tues	Long Jump		42 Degrees	19' 06.00"	2	
NJCTC Relays	Outdoor	4/10/2011	Sun	Long Jump		58, Partly Cloudy	20' 03.50"	1	
Blue Devil Relays	Outdoor	4/16/2011	Sat	Long Jump		High 40's and Rainy	20' 06.75"	1	
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	Long Jump		75, Sunny	20' 09.00"	1	
Randolph Relays	Outdoor	4/30/2011	Sat	Long Jump			20' 04.25"	2	
Union County Relay Championship	Outdoor	5/5/2011	Thurs	Long Jump		65, Sunny	21' 06.00"	2	PR
UCC Divisional Championship	Outdoor	5/14/2011	Sat	Long Jump			22' 01.00"	2	PR
Union County Championship	Outdoor	5/20/2011	Friday	Long Jump		68, Cloudy	22' 03.50"	2	PR
Carl Lewis Relays	Outdoor	5/23/2011	Mon	Long Jump			20' 06.50"	6	
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	Long Jump			22' 11.50"	2	PR
Shot Put (12 lb)									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	Shot Put (12 lb)			32' 03.75"		
Triple Jump									
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	Triple Jump					
Union County Relay Championships	Outdoor	4/30/2009	Thurs	Triple Jump			33' 01.50"		
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	Triple Jump		70, Sunny	39' 09.50"		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	Triple Jump		75, Sunny	39' 01.00"		
Randolph Relays	Outdoor	4/30/2011	Sat	Triple Jump			39' 04.75"		