



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Relay)									
Summit Relays	Outdoor	4/2/2011	Sat	SMR 2-2-4-8		52 and Partly Sunny	13.20		
200 (Relay)									
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 200 Meter		58, Partly Cloudy	26.10		
400 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 400 Meter			1:02.20		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			1:02.30		28.0
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	4 x 400 Meter			1:02.10		29.5,PR
Summit Relays	Outdoor	4/2/2011	Sat	4 x 400 Meter		52 and Partly Sunny	1:01.70		
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	4 x 400 Meter		75, Sunny	1:00.80		PR
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	4 x 400 Meter			1:00.10		PR
Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 400 Meter			1:02.40		
NJCTC Championships	Indoor	2/9/2014	Sun	4 x 400 Meter			58.00		26,PR
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	4 x 400 Meter			57.20		PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	4 x 400 Meter		58 / Sunny	57.60		
Metuchen Relays	Outdoor	4/5/2014	Sat	4 x 400 Meter		58 / Windy!	56.90		PR
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	4 x 400 Meter		58 / Windy	53.90		PR
600 (Open)									
NJCTC Championships	Indoor	2/9/2014	Sun	600 Meter			1:34.95	24	
800 (Open)									
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	800 Meter		78, Sunny	2:30.60		
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	800 Meter		70 Degrees	2:18.20		64,PR
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	800 Meter			2:08.40	2	PR
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	800 Meter		58 / Windy	2:08.80		62
800 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 800 Meter			2:27.10		66.7
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter			2:24.90		72.6,PR
Union County Relay Championship	Indoor	1/10/2011	Mon	DMR 8-2-4-1K			2:27.00		
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 800 Meter		58, Partly Cloudy	2:20.50		66
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 800 Meter		High 40's and Rainy	2:26.70		



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Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 800 Meter			2:23.00		67,PR
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 800 Meter		60 Degrees, Sunny, Light	2:17.10		65,PR
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	2:18.20		
NJCTC Relays	Indoor	1/5/2014	Sun	4 x 800 Meter			2:09.40		PR
Union County Relay Championship	Indoor	1/8/2014	Wed	4 x 800 Meter			2:09.00		PR
Metuchen Relays	Outdoor	4/5/2014	Sat	4 x 800 Meter		58 / Windy!	2:05.70		61.9,PR
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	4 x 800 Meter		68 Degrees	2:06.40		
1.0 mile									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	1.0 Mile Run		50 and Windy	5:30.00	7	
1.25 miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2010	Sat	1.25 Mile		65 / Sunny	7:10.49	45	
1000 (Open)									
Bishop Loughlin Games	Indoor	12/21/2013	Sat	1000 Meter			2:51.16	72	
1200 (Relay)									
Summit Relays	Outdoor	4/2/2011	Sat	DMR 12-4-8-16		52 and Partly Sunny	3:42.70		2:26
NJCTC Relays	Outdoor	4/10/2011	Sun	DMR 12-4-8-16		58, Partly Cloudy	3:48.50		2:33
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	DMR 12-4-8-16			3:28.90		
1600 (Open)									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	1600 Meter			5:10.50		2:34
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	1600 Meter			5:10.30		2:32,PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	1600 Meter			5:20.11	54	2:31
Meet vs Summit	Outdoor	4/5/2011	Tues	1600 Meter		42 Degrees	5:14.10		2:32
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	1600 Meter		70, Sunny	5:13.50		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	1600 Meter		75, Sunny	5:13.60		
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	1600 Meter			4:59.80		PR
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	1600 Meter			5:16.50		73 83
NJCTC Championship	Indoor	2/12/2012	Sun	1600 Meter			5:37.54	58	
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	1600 Meter			5:26.10		73 2:33
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	1600 Meter		78, Sunny	5:30.20		
The Metuchen Relays	Outdoor	4/6/2013	Sat	1600 Meter		Low 50's, Fairly Windy	5:12.35	40	



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Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	1600 Meter		70 Degrees	5:08.40		2:32
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	1600 Meter			5:04.30		2:29
Union County JV Meet	Outdoor	5/6/2013	Mon	1600 Meter			5:08.00		
Union County Championship	Indoor	1/24/2014	Friday	1600 Meter			4:55.31	18	PR
Non Public A State Championship	Indoor	2/15/2014	Sat	1600 Meter			4:55.31	27	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	1600 Meter		58 / Sunny	4:48.70		PR
1600 (Relay)									
Metuchen Frosh/Soph 2	Outdoor	4/8/2011	Friday	4 x 1600 Meter		45 and Rainy	5:09.90		2:32
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 1600 Meter			5:16.50		
Blue Devil Classic	Outdoor	4/12/2014	Sat	DMR 12-4-8-16		70 / Sunny	4:50.40		PR
Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 1600 Meter			4:47.70		PR
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 1600 Meter		70 & Sunny	4:46.40		2:21,PR
2.1 miles									
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat			80 and Sunny	13:09.00	20	
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	2.2 Mile			13:36.40	39	
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	2.2 Mile			13:12.78	27	PR
2.5 Miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2011	Sun				15:15.37	66	
2655									
Randolph Invitational	Freedom Park	9/10/2010	Friday	2655 Meter Run			10:17.99	31	
3200									
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	3200 Meter Run			12:55.00	21	
Cross Country Time Trial 1	Union Catholic Track	10/30/2013	Wed	3200 Meter		58	10:38.00	4	
3200 (Open)									
Meet vs Summit	Outdoor	4/5/2011	Tues	3200 Meter		42 Degrees	11:58.00		
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	3200 Meter		70, Sunny	11:50.00		PR
400									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	400 Meter		50 and Windy	1:04.00	8	



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5000									
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	20:51.00		
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	19:29.00		
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	18:49.65	46	
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	5K			18:49.00	48	
Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	5K			18:57.00	77	
Non Public B State Championship	Holmdel Park	11/12/2011	Sat	5K		50 Degrees / Windy	19:07.20	64	
Meet of Champions	Holmdel Park	11/19/2011	Sat	5K		45 / A little Wind	20:09.68	181	
UC vs Summit	Rahway Park	9/24/2012	Mon	5K		70 Degrees	18:36.00		
Paul Short Run	Lehigh University	9/28/2012	Friday	5K		70 Degrees, Muddy	18:29.00	151	
Shore Coaches Invitational	Holmdel Park	10/6/2012	Sat	5K		68, Sunny	19:27.00	76	
Randolph Invitational	Freedom Park	9/7/2013	Sat	5K			17:56.51	15	PR
UC vs ALJ and Rahway	Rahway Park	9/21/2013	Sat	5K		65 Sunny	17:21.00	5	
Central Jersey Shootout	Thompson Park	9/28/2013	Sat	5K		70 / Sunny	17:49.00	34	Stud
Shore Coaches Invitational	Holmdel Park	10/5/2013	Sat	5K		76 / Sunny	18:05.00	28	PR
Non Public A State Championship	Holmdel Park	11/16/2013	Sat	5K			17:40.19	53	PR
5150									
UC vs Cranford	Warinanco Park	9/29/2010	Wed	5150 Meters			20:40.00		
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	19:42.00		PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			19:31.00		PR
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	19:06.00	32	PR
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	19:06.00	29	
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues	5150 Meters		80 Degrees / Sunny	19:46.00		
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			18:28.00		PR
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	18:55.00		
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	5150 Meters			19:51.00	34	
UC vs Rahway	Warinanco Park	10/2/2012	Tues	5150 Meters		58, Cloudy	18:28.00		
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	18:16.00	24	PR
Union County Championship	Warinanco Park	10/24/2012	Wed	5150 Meters		61 Degrees, Great	18:12.00	49	PR
UC vs Cranford, GL, Rahway	Warinanco Park	9/24/2013	Tues	5150 Meters		72 Degrees	19:16.00		
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	17:51.42	16	PR



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Union County Championship 5250	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	17:09.00	22	PR
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	5250 Meters			18:54.40	41	
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	5250 Meters		75, Sunny	19:25.60	85	
Bernie Magee Class Meet	Warinanco Park	9/20/2013	Friday	5250 Meters		75, Sunny	18:11.00	56	PR
Catholic Conference Championship	Warinanco Park	11/9/2013	Sat	5250 Meters			17:35.00	43	PR