



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Open)									
Union County Frosh/Soph	Indoor	1/21/2009	Wed	1.0 Mile Run			5:22.00		
200 (Relay)									
Union County Relay Championship	Indoor	1/10/2009	Sat	4 x 200 Meter			27.70		
400 (Relay)									
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 400 Meter			1:04.50		
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 400 Meter			1:04.90		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	4 x 400 Meter			1:00.60		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	4 x 400 Meter		70 Degrees & Sunny	58.70		
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	58.10		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			57.60		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 400 Meter			58.10		
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			1:00.40		28.5,PR
Meet vs Summit	Outdoor	4/5/2011	Tues	4 x 400 Meter		42 Degrees	58.00		
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	4 x 400 Meter		75, Sunny	56.60		PR
800 (Open)									
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	800 Meter			2:25.00		
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	800 Meter			2:17.90		
Catholic Conference Championships	Outdoor	5/25/2009	Mon	800 Meter			2:16.07	38	
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	800 Meter		49 Degrees, Partly Cloudy	2:12.70	2	
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	800 Meter		70 Degrees & Sunny	2:08.10	2	
800 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 800 Meter			2:41.10		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 800 Meter			2:36.80		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 800 Meter			2:24.50		
Frank Burns Relays	Indoor	12/27/2008	Sat	4 x 800 Meter			2:23.20		
Catholic Conference Relays	Indoor	1/4/2009	Sun	DMR 12-4-8-16			2:19.60		
Catholic Conference Relays	Indoor	1/4/2009	Sun	4 x 800 Meter			2:20.00		
Metuchen Frosh Soph 1	Outdoor	4/3/2009	Friday	4 x 800 Meter			2:20.50		
Metuchen Frosh Soph 1	Outdoor	4/4/2009	Sat	4 x 800 Meter			2:34.30		



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Colts Neck Relays	Outdoor	4/11/2009	Sat	4 x 800 Meter			2:20.60		
Frank Burns Relays	Indoor	12/27/2009	Sun	4 x 800 Meter			2:21.90		
Catholic Conference Relays	Indoor	1/3/2010	Sun	4 x 800 Meter			2:17.70		PR
Catholic Conference Championship	Indoor	2/7/2010	Sun	4 x 800 Meter			2:15.70		PR
Summit Relays	Outdoor	4/3/2010	Sat	4 x 800 Meter		75 Degrees, Sunny	2:12.40		
Summit Relays	Outdoor	4/3/2010	Sat	SMR 2-2-4-8		75 Degrees, Sunny	2:09.60		PR
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 800 Meter		73 Degrees	2:10.70		
Blue Devil Relays	Outdoor	4/16/2010	Friday	4 x 800 Meter			2:09.70		1:02.5
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter			2:13.90		63.8,PR
Non Public State Relays	Indoor	1/15/2011	Sat	4 x 800 Meter			2:11.90		65, PR
Summit Relays	Outdoor	4/2/2011	Sat	4 x 800 Meter		52 and Partly Sunny	2:12.80		61.8
Blue Devil Relays	Outdoor	4/16/2011	Sat	SMR 4-2-2-8		High 40's and Rainy	2:16.90		64.5
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 800 Meter			2:13.70		
New Balance Outdoor Nationals	Outdoor	6/17/2011	Friday	4 x 800 Meter		85 Sunny	2:12.00		62
880 Y (Open)									
Union County Frosh/Soph	Indoor	1/21/2009	Wed				2:29.20	4	
Union County Frosh/Soph	Indoor	1/21/2009	Wed				2:29.20		
1000 (Open)									
Catholic Conference Championship	Indoor	2/7/2010	Sun	1000 Meter			2:53.98	21	
1000 (Relay)									
Union County Relay Championship	Indoor	1/10/2009	Sat	DMR 8-2-4-1K			2:58.10		
Union County Relay Championship	Indoor	1/9/2010	Sat	DMR 8-2-4-1K			2:58.80		
Union County Relay Championship	Indoor	1/8/2011	Sat	DMR 8-2-4-1K			2:57.10		2:21,PR
1200 (Relay)									
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			3:40.30		
Catholic Conference Relays	Indoor	1/3/2010	Sun	DMR 12-4-8-16			3:36.60		
Passarrelti Relays	Indoor	12/19/2010	Sun	DMR 12-4-8-16			3:37.20		67 74
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	DMR 12-4-8-16			3:36.40		2:20,PR
Summit Relays	Outdoor	4/2/2011	Sat	DMR 12-4-8-16		52 and Partly Sunny	3:31.90		2:20,PR
NJCTC Relays	Outdoor	4/10/2011	Sun	DMR 12-4-8-16		58, Partly Cloudy	3:28.10		66 2:15,



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1500 (Relay)									
NJCTC Relays	Outdoor	4/10/2011	Sun	1500 Meter		58, Partly Cloudy	4:31.00		2:18
1600 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	1600 Meter			5:50.00		
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/22/2008	Sat	1600 Meter			5:56.30		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	1600 Meter			5:41.40		
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	1600 Meter			5:37.30		
Metuchen Frosh Soph 3	Outdoor	4/18/2008	Friday	1600 Meter			5:37.80		
NJCTC Frosh/Soph Championships	Outdoor	5/18/2008	Sun	1600 Meter			5:24.00		
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	1600 Meter			5:21.90		
Toms River Frosh - Novice	Indoor	2/4/2009	Wed	1600 Meter			5:13.44		
Meet vs Arthur L Johnson	Outdoor	3/2/2009	Mon	1600 Meter			5:02.40		
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	1600 Meter			5:04.30		
Meet vs Roselle Catholic and Roselle	Outdoor	4/28/2009	Tues	1600 Meter			5:03.60	3	
Mountain Valley Conference Novice Meet	Outdoor	5/11/2009	Mon	1600 Meter			5:05.20	5	
Union County Championship	Indoor	1/23/2010	Sat	1600 Meter			4:55.58	21	PR
Metropolitan Invitational	Indoor	2/3/2010	Wed	1600 Meter			4:56.80		
Non Public A State Championship	Indoor	2/19/2010	Friday	1600 Meter			4:55.43	29	PR
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	1600 Meter			4:49.70	3	2:24.7
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	1600 Meter			4:51.90	2	
Union County JV Meet	Outdoor	5/11/2010	Tues	1600 Meter			4:48.70		2:13,PR
NP A South State Sectionals	Outdoor	5/21/2010	Friday	1600 Meter			4:46.55	25	PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	1600 Meter			4:54.65	23	2:21,PR
Meet vs Summit	Outdoor	4/5/2011	Tues	1600 Meter		42 Degrees	4:53.50	1	2:23
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	1600 Meter		70, Sunny	4:43.50		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	1600 Meter		75, Sunny	4:56.70	3	
Non Public A North State Sectionals	Outdoor	5/27/2011	Friday	1600 Meter			4:43.77	12	
1600 (Relay)									
Colts Neck Relays	Outdoor	4/11/2009	Sat	DMR 12-4-8-16			5:13.70		
Union County Relay Championships	Outdoor	4/30/2009	Thurs	4 x 1600 Meter			5:05.50		



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Metuchen Frosh Soph 4	Outdoor	5/8/2009	Friday	DMR 12-4-8-16			5:10.60		
Union County Relay Championship	Outdoor	4/30/2010	Friday	4 x 1600 Meter			4:51.90		2:24.3,
Blue Devil Relays	Outdoor	4/16/2011	Sat	DMR 12-4-8-16		High 40's and Rainy	4:48.50		2:21,PR
Randolph Relays	Outdoor	4/30/2011	Sat	DMR 12-4-8-16			4:53.90		2:21
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 1600 Meter		65, Sunny	4:49.90		2:17
2.1 miles									
Mountain Valley Conference	Warinanco Park	10/9/2007	Tues				14:51.00	19	
Union County Championship	Warinanco Park	10/24/2007	Wed				14:08.00	19	PR
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/22/2007	Sat	2.2 Mile			15:59.00	146	
Stewart Memorial Invitational	Warinanco Park	9/28/2007	Friday	2.2 Mile			15:18.00	62	PR
Catholic Conference Championship	Warinanco Park	11/3/2007	Sat	2.2 Mile			14:30.00	61	PR
3200									
Old Bridge Class Meet	Thompson Park	9/15/2007	Sat	3200 Meter Run			17:09.00	71	
3200 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/27/2008	Sun	3200 Meter			12:11.00		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	3200 Meter			12:54.50		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	3200 Meter			12:05.80		
Mountain Valley Conference	Indoor	1/3/2009	Sat	3200 Meter			11:12.60	7	
Union County Championship	Indoor	1/24/2009	Sat	3200 Meter			10:57.19	19	
NJCTC Frosh/Soph Championships	Indoor	1/31/2009	Sat	3200 Meter			10:58.70	5	
Meet vs Governor Livingston and	Outdoor	4/7/2009	Tues	3200 Meter			10:59.50	3	
Meet vs Cranford and Hillside	Outdoor	4/16/2009	Thurs	3200 Meter			11:16.80		
NJCTC Frosh/Soph Championships	Outdoor	4/17/2009	Friday	3200 Meter			10:54.30	1	PR
Non Public A State Championships	Outdoor	5/29/2009	Friday	3200 Meter			11:00.90	27	
Merli Invitational	Indoor	12/19/2009	Sat	3200 Meter			10:45.85	7	PR
UCC Divisional Championship	Outdoor	5/6/2010	Thurs	3200 Meter			10:29.70	7	PR
Union County Championship	Outdoor	5/15/2010	Sat	3200 Meter			10:28.66	14	PR
NP A South State Sectionals	Outdoor	5/22/2010	Sat	3200 Meter			10:25.19	18	PR
Union County Championship	Indoor	1/22/2011	Sat	3200 Meter			10:18.91	9	5:00,PR



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Non Public A State Championship	Indoor	2/19/2011	Sat	3200 Meter			10:42.93	22	5:02
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	3200 Meter		70, Sunny	10:59.00	1	
UCC Divisional Championship	Outdoor	5/14/2011	Sat	3200 Meter			10:21.42	4	PR
Union County Championship	Outdoor	5/21/2011	Sat	3200 Meter		68, Cloudy	10:26.11	11	
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	3200 Meter			10:28.69	9	
5000									
Cougar Invitational	Bucks Mill Park, Colts Neck	9/27/2008	Sat	5K			20:05.00	58	
UC -vs- Governor Livingston	Governor Livingston HS	9/30/2008	Tues	5K			19:59.00	15	
UC -vs- Summit, GL & Hillside	Memorial Park, Summit, NJ	9/22/2009	Tues	5K		78 Degrees. No Wind	18:11.00	3	
Cougar Invitational	Bucks Mill Park, Colts Neck	9/26/2009	Sat	5K		64 Degrees and Clear	17:56.00	35	PR
Non Public A State Championship	Holmdel Park	11/14/2009	Sat	5K		55 Degrees / Muddy	18:50.00	85	
Randolph Invitational	Freedom Park	9/10/2010	Friday	5K			17:53.59	18	
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	18:23.00	3	
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	18:02.00		PR
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat	5K		80 and Sunny	17:13.00	17	
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	5K			18:18.00	55	PR
Non Public A State Championship	Holmdel Park	11/13/2010	Sat	5K		55 and Sunny	18:07.33	59	PR
5150									
UC -vs- Cranford	Warinanco Park	9/18/2007	Tues	5150 Meters			25:57.00	25	
UC -vs- Rahway	Warinanco Park	9/25/2007	Tues	5150 Meters			25:17.00	20	PR
UC -vs- Arthur L. Johnson, Rahway,	Warinanco Park	10/2/2007	Tues	5150 Meters			22:56.00	32	PR
UC -vs- Arthur L. Johnson	Warinanco Park	9/16/2008	Tues	5150 Meters			20:09.00	13	PR
UC -vs- Cranford	Warinanco Park	9/23/2008	Tues	5150 Meters			19:28.00	13	PR
Mountain Valley Conference	Warinanco Park	10/14/2008	Tues	5150 Meters			21:55.00	27	
UC -vs- Arthur L. Johnson & Hillside	Warinanco Park	9/15/2009	Tues	5150 Meters		78 Degrees and Sunny	18:46.00	8	PR
UC -vs- Rahway	Warinanco Park	10/6/2009	Tues	5150 Meters		65 Degrees / Clear	19:23.00	11	
UC -vs- Roselle Catholic & Union	Warinanco Park	10/13/2009	Tues	5150 Meters			18:13.00	8	PR
UCC Divisional Championship	Warinanco Park	10/20/2009	Tues	5150 Meters			18:00.00	16	PR
Union County Championship	Warinanco Park	10/28/2009	Wed	5150 Meters		60 degrees / Muddy	18:05.00	34	
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	17:59.00	3	PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			17:56.00		PR



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UCC Divisional Championship	Warinanco Park	10/19/2010	Tues	5150 Meters		58 / Partly Sunny	17:08.00	3	PR
Union County Championship	Warinanco Park	10/28/2010	Thurs	5150 Meters		73 / Sunny / Windy	17:37.00	24	
5250									
Bernie Magee Class Meet	Warinanco Park	9/20/2008	Sat	5250 Meters			20:06.00	96	
Bernie Magee Class Meet	Warinanco Park	9/19/2009	Sat	5250 Meters		73 Degrees and Sunny	18:48.00	63	PR
Catholic Conference Championship	Warinanco Park	11/7/2009	Sat	5250 Meters		45 Degrees	18:25.00	72	PR
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	5250 Meters			17:55.20	32	PR
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	5250 Meters			17:59.86	44	PR