



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1.0 mile (Open)									
Passarrelis Relays	Indoor	12/19/2010	Sun	1.0 Mile Run			5:10.00	4	2:29
Bishop Loughlin Games	Indoor	12/21/2013	Sat	1.0 Mile Run			4:37.73	27	PR
1.0 mile (Relay)									
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	4xMile					748077
400 (Relay)									
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			1:03.50		30.5
Summit Relays	Outdoor	4/2/2011	Sat	4 x 400 Meter		52 and Partly Sunny	1:01.50		
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	4 x 400 Meter		75, Sunny	1:00.90		PR
Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 400 Meter			1:01.80		PR
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	4 x 400 Meter			56.20		PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	4 x 400 Meter		70 Degrees	55.40		PR
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	4 x 400 Meter		58 / Sunny	55.50		
800 (Open)									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	800 Meter			2:25.40	5	70
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	800 Meter			2:10.00		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	800 Meter			2:06.00	1	1:01,PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	800 Meter		70 Degrees	2:03.50	3	62.9,PR
800 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 800 Meter			2:25.90		71.1
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 800 Meter					Timing
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 800 Meter		58, Partly Cloudy	2:15.00		63
Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 800 Meter		High 40's and Rainy	2:19.80		68
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	4 x 800 Meter			2:13.00		32, 33,
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 800 Meter			2:13.20		31.6,
Union County Relay Championship	Indoor	1/6/2012	Friday	DMR 8-2-4-1K			2:15.50		65.5
Summit Relays	Outdoor	4/7/2012	Sat	4 x 800 Meter			2:16.70		67
NJCTC Relays	Outdoor	4/15/2012	Sun	DMR 12-4-8-16		75 Degrees and Sunny	2:12.10		PR
East Coast Relays	Outdoor	5/21/2012	Mon	SMR 2-2-4-8		62, Heavy Rain	2:11.20		1:00.2,
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 800 Meter			2:06.10		60 33



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Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 800 Meter			2:08.60		1:01.0
New Balance Games	Indoor	1/26/2013	Sat	SMR 4-2-2-8			2:05.60		59 1:31,
New Balance Indoor Nationals	Indoor	3/8/2013	Friday	4 x 800 Meter			2:03.50		PR
The Metuchen Relays	Outdoor	4/6/2013	Sat	4 x 800 Meter		Low 50's, Fairly Windy	2:04.80		27 57,
NJCTC Relays	Outdoor	4/14/2013	Sun	SMR 2-2-4-8		60 Degrees, Sunny, Light	2:08.20		61.4
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 800 Meter		58 Sun/Clouds	2:03.20		PR
Meet of Champions	Outdoor	6/5/2013	Wed	4 x 800 Meter		75 / Sunny	2:07.80		
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	4 x 800 Meter		82 / Sunny	2:11.10		
NJCTC Relays	Indoor	1/5/2014	Sun	4 x 800 Meter			2:05.10		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	4 x 800 Meter			2:04.40		
Armory Collegiate Invitational	Indoor	2/8/2014	Sat	4 x 800 Meter			2:01.20		PR
New Balance Indoor Nationals	Indoor	3/14/2014	Friday	4 x 800 Meter			2:00.70		PR
Arcadia Invitational	Outdoor	4/11/2014	Friday	4 x 800 Meter		85 / Sunny	2:01.70		58.3,PR
The Penn Relays	Outdoor	4/25/2014	Friday	4 x 800 Meter			1:58.67		PR
The Penn Relays	Outdoor	4/26/2014	Sat	4 x 800 Meter			2:01.43		
Non Public A State Championship	Outdoor	5/30/2014	Friday	4 x 800 Meter			2:00.10		
Meet of Champions	Outdoor	6/4/2014	Wed	4 x 800 Meter		80 & Sunny	2:00.70		
New Balance Outdoor Nationals	Outdoor	6/13/2014	Friday	SMR 2-2-4-8			2:00.90		
1.0 mile									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	1.0 Mile Run		50 and Windy	5:28.00	5	
1.25 miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2010	Sat	1.25 Mile		65 / Sunny	7:02.84	36	
1000 (Open)									
NJCTC Championship	Indoor	2/10/2013	Sun	1000 Meter			2:43.16	14	
1000 (Relay)									
Union County Relay Championship	Indoor	1/10/2011	Mon	DMR 8-2-4-1K			3:02.40		
1200 (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	DMR 12-4-8-16			3:51.70		2:30.6
Summit Relays	Outdoor	4/2/2011	Sat	DMR 12-4-8-16		52 and Partly Sunny	3:41.90		2:26
Blue Devil Relays	Outdoor	4/16/2011	Sat	DMR 12-4-8-16		High 40's and Rainy	3:39.70		PR



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Union County Relays	Outdoor	5/2/2013	Thurs	DMR 12-4-8-16		70 Sunny	3:12.90		PR
Union County Relay Championship	Indoor	1/8/2014	Wed	DMR 12-4-8-16			3:20.60		PR
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	DMR 12-4-8-16			3:16.00		PR
Union County Relay Championship	Outdoor	5/1/2014	Thurs	DMR 12-4-8-16		70 & Sunny	3:13.80		2:10
1500 (Relay)									
NJCTC Relays	Outdoor	4/15/2012	Sun	1500 Meter		75 Degrees and Sunny	4:26.90		
NJCTC Relays	Outdoor	4/14/2013	Sun	1500 Meter		60 Degrees, Sunny, Light	4:19.70		PR
1600 (Open)									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	1600 Meter			5:07.40		2:33
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	1600 Meter			5:18.30		2:32
Meet vs Summit	Outdoor	4/5/2011	Tues	1600 Meter		42 Degrees	5:03.90		2:25
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	1600 Meter		70, Sunny	4:56.60		PR
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	1600 Meter			4:58.00		2:29,PR
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	1600 Meter			4:48.50		2:23,PR
Ed Church Invitational	Indoor	2/9/2012	Thurs	1600 Meter			4:53.70	6	2:26
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	1600 Meter			4:56.00	2	72 2:27,
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	1600 Meter		52, Sunny, Windy	5:04.10		
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	1600 Meter		65 and Sunny	4:43.90	1	2:22,PR
Union County Conference Championship	Outdoor	5/11/2012	Friday	1600 Meter			4:42.12	6	PR
Union County Championship	Outdoor	5/17/2012	Thurs	1600 Meter		72, Sunny	4:41.09	14	PR
Union County Championship	Indoor	1/20/2013	Sun	1600 Meter			4:39.32	5	2:20,PR
NJCTC Championship	Indoor	2/10/2013	Sun	1600 Meter			4:49.89	21	2:17.6
Non Public B State Championship	Indoor	2/15/2013	Friday	1600 Meter			4:36.01	6	PR
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	1600 Meter			4:41.00	1	2:17,PR
Union County Conference Championship	Outdoor	5/10/2013	Friday	1600 Meter		72 Degrees	4:34.30	5	PR
Union County Championship	Outdoor	5/16/2013	Thurs	1600 Meter		82 / Sunny	4:37.00	9	
Varsity Classic	Indoor	2/3/2014	Mon	1600 Meter			4:45.20		Fell
NJCTC Championships	Indoor	2/9/2014	Sun	1600 Meter			4:33.44	1	PR
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	1600 Meter		58 / Sunny	4:45.60	1	2:23
Union County Conference Championship	Outdoor	5/9/2014	Friday	1600 Meter		68 / Light Rain	4:34.14	1	PR
Union County Championship	Outdoor	5/15/2014	Thurs	1600 Meter			4:33.23	10	PR



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public A South State Sectional 1600 (Relay)	Outdoor	5/23/2014	Friday	1600 Meter		68 Degrees	4:25.70	5	PR
Metuchen Frosh/Soph 2	Outdoor	4/8/2011	Friday	4 x 1600 Meter		45 and Rainy	5:01.90		2:30
NJCTC Relays	Outdoor	4/10/2011	Sun	DMR 12-4-8-16		58, Partly Cloudy	5:10.90		2:36
Union County Relay Championship	Outdoor	5/6/2011	Friday	4 x 1600 Meter		65, Sunny	4:56.90		2:28,PR
Summit Relays	Outdoor	4/7/2012	Sat	DMR 12-4-8-16			4:49.90		2:25 ,
Blue Devil Classic	Outdoor	4/21/2012	Sat	DMR 12-4-8-16		69 and Sunny	4:41.90		63,PR
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 1600 Meter			4:35.80		PR
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	DMR 12-4-8-16			4:37.50		2:20
Eastern States Invitational	Indoor	2/25/2013	Mon	DMR 12-4-8-16			4:31.20		PR
The Metuchen Relays	Outdoor	4/6/2013	Sat	DMR 12-4-8-16		Low 50's, Fairly Windy	4:42.50		2:21.3
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	4:38.90		2:15
Union County Relays	Outdoor	5/3/2013	Friday	4 x 1600 Meter		70 Sunny	4:35.90		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	DMR 12-4-8-16			4:36.50		
Eastern States Invitational	Indoor	2/24/2014	Mon	DMR 12-4-8-16			4:30.80		PR
Arcadia Invitational	Outdoor	4/12/2014	Sat	DMR 12-4-8-16		85 / Sunny	4:28.70		2:10,PR
Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 1600 Meter			4:31.90		
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 1600 Meter		70 & Sunny	4:32.40		2:19
2.1 miles									
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat			80 and Sunny	13:44.00	29	
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	2.2 Mile			14:06.70	62	
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	2.2 Mile			13:39.89	43	PR
2.5 Miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2011	Sun				14:38.94	40	
2655									
Randolph Invitational	Freedom Park	9/10/2010	Friday	2655 Meter Run			10:35.59	42	
3200									
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	3200 Meter Run			13:09.00	33	
XC Time Trial Two	Union Catholic Track	11/10/2012	Sat	3200 Meter		60, Partly Sunny	10:01.00	2	



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Cross Country Time Trial 1	Union Catholic Track	10/30/2013	Wed	3200 Meter		58	9:57.00	2	
3200 (Open)									
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	3200 Meter			10:47.50	6	5:18,
Catholic Conference Championship	Indoor	2/6/2011	Sun	3200 Meter			10:57.78	28	5:23
Non Public A State Championship	Indoor	2/19/2011	Sat	3200 Meter			10:50.08	24	5:17
Meet vs Summit	Outdoor	4/5/2011	Tues	3200 Meter		42 Degrees	11:58.00		
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	3200 Meter		70, Sunny	11:44.00		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	3200 Meter		75, Sunny	10:50.90	3	PR
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	3200 Meter			10:30.80	3	5:14,PR
Union County Championship	Outdoor	5/21/2011	Sat	3200 Meter		68, Cloudy	10:27.73	12	PR
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	3200 Meter			10:42.22	13	
Union County Championship	Indoor	1/21/2012	Sat	3200 Meter			10:14.97	5	PR
NJCTC Championship	Indoor	2/12/2012	Sun	3200 Meter			10:23.32	14	
Non Public B State Championship	Indoor	2/17/2012	Friday	3200 Meter			10:19.32	4	
Meet of Champions	Indoor	2/25/2012	Sat	3200 Meter			10:15.50	38	
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	3200 Meter			11:38.00		5:53
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	3200 Meter		52, Sunny, Windy	11:22.20	3	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	3200 Meter		58 and Sunny	10:40.40	2	5:16
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	3200 Meter		65 and Sunny	11:23.80		
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	3200 Meter			11:23.00		
Union County Conference Championship	Outdoor	5/12/2012	Sat	3200 Meter			10:05.31	2	PR
Union County Championship	Outdoor	5/18/2012	Friday	3200 Meter		72, Sunny	9:56.12	6	4:50,PR
Non Public A North State Sectionals	Outdoor	5/26/2012	Sat	3200 Meter		78 Degrees, Sunny	10:22.80	13	
Cross Country Time Trial	Outdoor	8/30/2012	Thurs	3200 Meter			10:28.00	2	
Union County Championship	Indoor	1/20/2013	Sun	3200 Meter			10:09.94	5	4:58,PR
Non Public B State Championship	Indoor	2/15/2013	Friday	3200 Meter			10:07.58	3	PR
Meet of Champions	Indoor	2/23/2013	Sat	3200 Meter			9:59.60	33	PR
Union County Conference Championship	Outdoor	5/11/2013	Sat	3200 Meter		72 Degrees	10:02.18	1	
Union County Championship	Outdoor	5/17/2013	Friday	3200 Meter		82 / Sunny	9:59.45	7	4:50
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	3200 Meter			10:15.76	12	5:02
Union County Championship	Indoor	1/24/2014	Friday	3200 Meter			9:51.97	5	PR



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Non Public A State Championship	Indoor	2/15/2014	Sat	3200 Meter			10:10.71	12	
Union County Conference Championship	Outdoor	5/10/2014	Sat	3200 Meter		68 / Light Rain	10:11.27	4	
Union County Championship	Outdoor	5/16/2014	Friday	3200 Meter			9:45.84	4	PR
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	3200 Meter		68 Degrees	9:58.10	12	
400									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	400 Meter		50 and Windy	1:06.00	9	
5000									
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	21:30.00		
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	20:25.00		
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	18:11.11	29	
Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	5K			18:11.00	38	
Non Public B State Championship	Holmdel Park	11/12/2011	Sat	5K		50 Degrees / Windy	18:47.44	47	
Meet of Champions	Holmdel Park	11/19/2011	Sat	5K		45 / A little Wind	19:28.97	174	
Randolph Invitational	Freedom Park	9/7/2012	Friday	5K			17:43.73	12	PR
UC vs ALJ and Rahway	Rahway Park	9/11/2012	Tues	5K		75 Degrees and Sunny	17:41.00		
Paul Short Run	Lehigh University	9/28/2012	Friday	5K		70 Degrees, Muddy	17:08.00	33	
Shore Coaches Invitational	Holmdel Park	10/6/2012	Sat	5K		68, Sunny	17:31.00	13	PR
Non Public A State Championship	Holmdel Park	11/17/2012	Sat	5K			17:24.23	42	PR
Randolph Invitational	Freedom Park	9/7/2013	Sat	5K			16:47.98	7	PR
UC vs ALJ and Rahway	Rahway Park	9/21/2013	Sat	5K		65 Sunny	16:43.00	3	
Non Public A State Championship	Holmdel Park	11/16/2013	Sat	5K			17:15.99	37	PR
5000 (Open)									
Metuchen Relays	Outdoor	4/5/2014	Sat	1000 Meter		58 / Windy!	16:21.21	12	
5150									
UC vs Cranford	Warinanco Park	9/29/2010	Wed	5150 Meters			20:43.00		
UC vs Rahway	Warinanco Park	10/5/2010	Tues	5150 Meters		55 / Rainy	20:18.00		PR
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			19:45.00		PR
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues	5150 Meters		80 Degrees / Sunny	18:53.00		PR
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	18:22.00	4	PR
UC vs Rahway	Warinanco Park	10/2/2012	Tues	5150 Meters		58, Cloudy	17:55.00		PR



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UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	17:02.00	4	PR
Union County Championship	Warinanco Park	10/24/2012	Wed	5150 Meters		61 Degrees, Great	17:06.00	20	
UC vs Cranford, GL, Rahway	Warinanco Park	9/24/2013	Tues	5150 Meters		72 Degrees			DNF
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		65 / Sunny	17:12.88	8	
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	16:40.00	12	PR
5250									
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	5250 Meters			17:59.20	11	
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	5250 Meters		75, Sunny	18:05.70	32	
Bernie Magee Class Meet	Warinanco Park	9/20/2013	Friday	5250 Meters		75, Sunny	17:05.00	14	PR
Catholic Conference Championship	Warinanco Park	11/9/2013	Sat	5250 Meters			17:10.00	22	